

PERSPECTIVE

Use this worksheet to challenge your assumptions, highlight the impact of small actions, and help you discover what truly motivates you to serve others.

1. Think of someone in your school, neighborhood, or community who faces challenges.

- a. What struggles do they face that you might not fully understand?
 - a. What strengths do they have that some may overlook?
- o Imagine switching places with them for a day:
 - i. What would be hard for you to handle?
 - i. What new things might you learn about their life?
- o If you could do one meaningful act to support them, what would it be?

2. Reflect on the saying "It Takes a Village." Think about the people who impact your life:

- o What are some things that others have done that helped you become who you are?
- o How can you be that person for someone else?

3. Finding Your "Why"

- o What are one or two issues in your community that really matter to you? (This could be in your school, family, neighborhood, or a larger social issue.)
- o **Why** do you want to help others?

TAKE ACTION

Helping others doesn't just change their lives—it changes yours, too. It builds confidence, empathy, and leadership skills. Even the smallest acts of kindness can have a huge impact. It can change how you view the world.

Challenge: Pick one act of service to do today, big or small. Think about how it makes you feel and how it might affect others.