

Exploring Leadership

INTERPERSONAL SKILLS: GENEROSITY

The dictionary defines generosity as the quality of giving more than is usually expected. Because being generous implies giving, we tend to think of objects or money as a measure of generosity. But there are other ways to be generous, like giving of your time or offering your skills and talents to help someone. Today we'll work together to come up with more ways to show generosity.

CONVERSATION STARTERS:

- Show this [YouTube video](#).
- Describe the generosity of the players: What did they "give"? What did they receive in return?

Generosity is an admirable and highly desirable character trait, and although a truly generous person gives freely without thought of payback, there are rewards to generosity.

EXPLORATION ACTIVITY:

- Hand out markers to five random participants, and ask them to go to the board and write something they can give (and to whom) to show their generosity.
- As they finish, have them hand the markers to five other participants, who will go to the board and do the same thing. No duplicates allowed.
- Continue until each participant has written at least one thing that they can give.
- The facilitator then takes a marker and says, "What else?" and writes down any other items until the ideas are exhausted.
- Now that we have established all the things we might be generous with even if we aren't rich and famous, the question is *Why?*
- Even though a truly generous person would never ask "What's in it for me?" What is in it for the giver?
- Accept all reasonable ideas as valid.

FACILITATION TIPS:

- This lesson is intended to illustrate that generosity is its own reward, in that the person who gives feels as good or better than the person who receives.
- If you'd like to test that, give all the participants some kind of treat as they leave to thank them for their participation

KEY OBJECTIVES:

- Identify ways to be generous and why it pays to do so.
- Experience generosity.

WHAT YOU'LL NEED:

- Computer/Projector to show YouTube videos
- Big whiteboard or flipchart on which to brainstorm
- 5 markers



REFLECTION QUESTIONS:

- While listing items, what realizations did you make about generous giving?
- Who is someone you would categorize as generous and why?
- Are you a generous person? What “reward” is there for your generosity?

APPLICATION DISCUSSION:

- In the future, how can you make an effort to be more generous?
What can you give and to whom?
- Did you cry during the opening video? Why? (If so, the closing video will kill you.)



CONCLUSION:

Show this [YouTube video](#).

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REFERENCES

- <https://www.edutopia.org/blog/film-festival-generosity-lesson-ideas>
- <https://www.kidsfintegrity.com/lessons/generosity/hands-options>