



Exploring Leadership

INTERPERSONAL SKILLS: GENEROSITY

Generosity means giving more than expected, but it isn't always about objects or money. Generosity can show up in many ways, like giving your time, sharing your talents, or helping others. Today, we'll brainstorm more ways we can be generous.

CONVERSATION STARTERS:

Show this [YouTube video](#) (3:21 minutes). Describe the generosity of the players (people): What did they 'give'? What did they receive in return?

Generosity is an admirable quality that people deeply value. A truly generous person gives without expecting anything in return, but generosity brings its own rewards. It's not just about helping others; it can also make the giver feel great. Now, let's dive into how generosity benefits everyone, including you!

KEY OBJECTIVES:

- Identify ways to be generous and how it benefits everyone involved.
- Experience generosity firsthand.

WHAT YOU'LL NEED:

- Computer/Projector to show YouTube videos
- Large whiteboard or flip chart for brainstorming
- 5 markers

EXPLORATION ACTIVITY:

In this activity, we'll explore different ways we can be generous, even without money or fame. We'll work together to come up with things we can give to others.

FACILITATION TIPS:

- Watch the videos beforehand to prepare for the lesson.
- This lesson shows that generosity is its own reward, as the giver often feels just as good, or even better, than the receiver.
- Optional: To demonstrate generosity, give participants a small thank-you gift (or token) as they leave.

- Give markers to five participants and invite them to come up to the board.
- Ask them to write something they can give, even if they're not rich, and who they would give it to.
- Once each person finishes, they pass the marker to another participant, who writes something different. No duplicates allowed: each item must be unique.
- Continue until everyone has written at least one thing.
- Once everyone has contributed, the facilitator picks up a marker, says 'What else?' and writes down any additional ideas until no more come to mind.
- Now that the group has listed what they can give, let's talk about why generosity matters. Ask: Why do you think generosity is important?



REFLECTION QUESTIONS:

- Do you consider yourself generous? What do you gain from being generous?
- As you listed items, what did you learn about generous giving?
- Think about someone you know who is generous. What makes them different from others?

APPLICATION DISCUSSION:

- How can you be more generous in the future? What could you give, and who would it help?
- A truly generous person doesn't ask, 'What's in it for me?' What do you think is in it for the giver?
- Did the opening video make you feel emotional?
 - If so, the closing video will likely have a powerful impact!



CONCLUSION:

To wrap up today's lesson on generosity, let's reflect on what we've learned. Generosity is not just about giving money or objects, but about offering our time, kindness, and support in ways that can truly make a difference. Next, we'll watch a YouTube video ([TrueMove H: Giving](#) 3:02 minutes) that beautifully illustrates this point. Show the video.

In the video, we saw how one simple act of kindness—paying for medicine for a sick mother—comes full circle years later, demonstrating the lasting impact of generosity. Remember, as the video teaches, 'Giving is the best communication,' and the rewards of being generous reach far beyond what we can see. Let's continue to find ways we can be generous, knowing that even the smallest act can make a big difference.

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REFERENCES

- 5-Minute Film Festival: 10 Videos About Generosity and Giving Back: <https://www.edutopia.org/blog/film-festival-generosity-lesson-ideas>
- Generosity: Hands on Options: <https://kidsofintegrity.com/lesson/generosity/hands-on-options/>
- On the Road: Middle school football players execute life-changing play: https://youtu.be/0Ejh_hb15Fc?si=rB0kvbSbqIKinMjG (3:21 minutes)
- TrueMove H : Giving: <https://youtu.be/7s22HX18wDY?si=IGfm4l5zSWBtylZs> (3:02 minutes)