

# TEENS LIFTING TEENS PROGRAM EXPECTATIONS



Upon qualifying for a Teens Lifting Teens program there are specific criteria that need to be implemented to ensure the mission of Teens Lifting Teens is carried out. These criteria include the following: Outreach Events, Trainings, Near-peer Mentoring, Target Audience, Reporting, and Evaluation.



## TARGET AUDIENCE

### **Recruit and serve youth from at-risk populations**

In both the teen councils and the mentee youth they serve there should be an effort to recruit and serve youth from at-risk populations.



## OUTREACH EVENTS

### **There should be 3 teen-planned and teen-implemented outreach programs or events a year.**

Examples: Family Night Out, Night at the Library, Camps, Day at the Park, Near peer mentoring/service learning projects, etc.



## NEAR-PEER MENTORING

### **Each teen will mentor at least 3 other youth every year.**

Mentoring can occur individually or in small groups. We encourage small groups (2-4 youth mentees per teen mentor) and/or groups of mentors and youth working together in group activities. Mentoring for at least 1 hour counts as a full mentoring experience. A light mentoring experiences is 10 minutes or so at an outreach event. If teen mentors work with several youth for the equivalent of an hour this will count as a full mentoring experience as well.

Examples: booths at an outreach event, try team event, design team, partnering with Jr. High afterschool program, etc.

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## TRAININGS

**Various types of training are held to ensure quality youth development**

### Local Training

Your regular team meetings should happen at least 10 times a year. Teach a 10-15 minute curriculum on Leadership, Service Learning, or Near Peer Mentoring at least 10 times a year. You're free to choose whichever curriculum from our resources you would like to teach.

<https://extension.usu.edu/utah4h/more/leadership-resources>

### Advisor Training

Is held once a year in the fall, and we expect advisors to attend.

### Youth Training

Teen Summit, TRY Team, Design Team, are some of the youth conferences the youth are encouraged to attend. We expect youth councils to come to at least one a year. Funding is available for each Teen Mentor to attend 2 trainings per year.

### Multi-Council Training

We plan on holding these quarterly in different locations across the state. We expect the Teen Mentors to attend at least 1 per year. The purpose of these trainings are for teens and advisors to develop their programs and network with other youth councils in their area.



## REPORTING & EVALUATION

**Activities are reported and a discussion is held on improving.**

Youth and Advisors participate in completing quarterly surveys and Annual Evaluations.

**Yearly Background check, Code of Conduct, Non-Disclosure Agreement**

