



4-H PORTFOLIO STATE CONTEST 2024 COVER LETTER OBJECTIVES

Intermediates: 6th – 8th grade

Full points will be awarded for complete responses to either option under each topic. Please only answer A or B for each objective.

- **Objective 1: Bullying**
 - a. Describe what you learned about responding to bullies in 4-H during the last year.
 - b. How can 4-H teach youth about how to respond to bullies?

- **Objective 2: Technology Usage**
 - a. Describe how 4-H helped you to manage the time you spend on social media each day.
 - b. How can 4-H help you to learn about and manage your social media use?

- **Objective 3: Screen Time**
 - a. Describe how 4-H has helped you to manage your screen time and balance technology usage with other activities.
 - b. How could 4-H help youth manage their screen time and balance technology usage with other activities?

- **Objective 4: Wellbeing**
 - a. How has technology helped or harmed your wellbeing? Describe how 4-H has taught you to have a positive relationship with technology.
 - b. How has technology helped or harmed your peers' wellbeing? How can 4-H teach youth to have a positive relationship with technology?



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