

H.A.R.D GOALS & OBJECTIVES

Terms Defined

- Your Purpose is the reason you do or plan something, and the thing you want to achieve when you do it. (WHY you are doing something.)
- A Goal is a general statement of what course, or activity you intend to accomplish. (WHAT you want to accomplish.)
- Objectives are specific, measurable steps that can be taken to meet the goal. (HOW you want to accomplish it.)

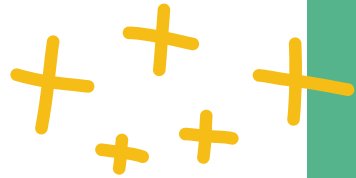


BRAINSTORMING ORDER A, H, D, R

- Animated – Where do you want to be and exactly what you will be doing in 3 months or 1 year
- Heartfelt – Describe at least three reasons why you want this goal (note: the reasons can be intrinsic, personal, and/or extrinsic).
- Difficult – What are the three to five most important skills you'll need to develop to achieve this goal? How will you develop those skills?
- Required – What do you need to have accomplished by the end of the next six months to keep on track toward achieving this goal? What about by the end of the next 90 days? The next 30 days? What's one thing you can accomplish today?

References

<https://www.forbes.com/sites/markmurphy/2017/06/11/hard-goals-not-smart-goals-are-the-key-to-career-development/?sh=463daae670fb> <https://public.summaries.com/files/samples/hard-goals.pdf>



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YL Purpose (why does your Youth Council exist?):

Vision (what you as a leadership team see your council as):

Goals (General outcome that you strive for. 2-5 goals):

-Examples - improve the council's public speaking skills

Objectives (specific things you will accomplish, skills you will develop. 2+ objectives for every goal):

-Examples - complete a service project, hold a workshop on public speaking.

