



4-H Classic 2022 - New Heights

Monday June 27

Time	Title of Contest/Workshop	Workshop Description	Presenters	Cost if any	Location
Contests:					
9-5:50	Horse Judging	Intermediate & Senior Youth Only - lunch included		\$ 20.00	Fairgrounds
9-5:50	Hippology	Intermediate & Senior Youth Only - lunch included		\$ 20.00	Fairgrounds
10-11:50	Horse Skill-a-thon	Juniors Only			Fairgrounds
2-5:50	Cooking Challenge	All (assigned individual time slots)			Merit Academy
2-5:50	Favorite Foods	All (assigned individual time slots)			Merit Academy
2-5:50	Livestock Bowl	Intermediate & Senior Youth Only			Merit Academy
Workshops:					
2-5:50	Youth Rank Advancements with your Utah 4-H State Horse Ambassadors	Youth are invited to join the Utah 4-H State Horse Ambassador team to learn more about the rank advancement program and pass off ranks. Included is your own spiral bound Rank Advancement book and the Horse Program 4-H Patch.	Utah 4-H State Horse Ambassadors	\$ 5.00	Fairgrounds
2-2:50	What is 4-H State Ambassadors?	Come learn what is involved to apply to be a 4-H State Ambassador. Learn about the 3 month project and all components of the interview process. Also learn what some of the duties and responsibilities are once to become a 4-H State Ambassador you need to fulfill to get the \$10,000 scholarship to Utah State University.	Angela Eckhardt & 4-H State Ambassador Team		Merit Academy
2-2:50	Punch Needle Embroidery	Learn the basics of punch needle embroidery. All the needed materials and equipment will be provided. Choose from two different patterns and decide time you will want to put into the project.	Chris Jessen	\$ 10.00	Merit Academy
2-2:50	Create with us VIRTUAL 3-D Printing	Don't be scared to go out of your comfort zone and do things over zoom. Even 3-D printing can be done over zoom.	Courtney Stephenson		Merit Academy
2-2:50	Teamwork Learning Activities	Building a team is not always easy. These activities can build a sense of belonging and improve communication, critical for team success. Learn how to select activities as well as facilitate them for you and adults.	Vernon Parent		Merit Academy
3-3:50	Punch Needle Embroidery	Learn the basics of punch needle embroidery. All the needed materials and equipment will be provided. Choose from two different patterns and decide time you will want to put into the project.	Chris Jessen	\$ 10.00	Merit Academy
3-3:50	Teamwork Learning Activities	Building a team is not always easy. These activities can build a sense of belonging and improve communication, critical for team success. Learn how to select activities as well as facilitate them for you and adults.	Vernon Parent		Merit Academy
3-3:50	Deep Space	Join us for an hour long deep space adventure. We will provide space challenges that you can take back with you to local clubs or camps.	STEM Working Group		Merit Academy

3-3:50	Character: Civic Engagement in 4-H Ideas for leaders	Character is an important principal of civic engagement. We will present short learning activities (15 minutes or less) that teach the principle of character. The activities will come from a new 4-H Civic Engagement curriculum. Every youth needs to develop character, come learn some ways to incorporate in your 4-H club and activities.	Craig Dart		Merit Academy
4-4:50	Character: Civic Engagement in 4-H Ideas for leaders	Character is an important principal of civic engagement. We will present short learning activities (15 minutes or less) that teach the principle of character. The activities will come from a new 4-H Civic Engagement curriculum. Every youth needs to develop character, come learn some ways to incorporate in your 4-H club and activities.	Craig Dart		Merit Academy
4-4:50	Fun with Macramé	Macramé is a creative knotting technique that can be used to make a variety of items. In this hands-on class learn basic knotting techniques to make a macramé keychain. 	Amy Defa & Tricia Mathis	\$ 3.00	Merit Academy
4-4:50	Create a Cloverbud Club	Cloverbud Clubs can be so much fun! This class will teach how to create a routine with fun, hands-on activities designed specifically for Kindergarten - 2nd Graders. This class is designed for adult leaders or youth mentors.	Pamela Van Wagoner		Merit Academy
4-4:50	Deep Space	Join us for an hour long deep space adventure. We will provide space challenges that you can take back with you to local clubs or camps.	STEM Working Group		Merit Academy
4-4:50	Engaging Youth in Leadership	Youth Leadership is critical for developing youth led 4-H programs. Learn from active teens and successful adult advisors, how they engage youth in leadership roles, what that looks like and the social environment they foster to retain them.	Robyn Handley and Teen Council		Merit Academy
5-5:50	What is 4-H State Ambassadors?	Come learn what is involved to apply to be a 4-H State Ambassador. Learn about the 3 month project and all components of the interview process. Also learn what some of the duties and responsibilities are once to become a 4-H State Ambassador you need to fulfill to get the \$10,000 scholarship to Utah State University.	Angela Eckhardt & 4-H State Ambassador Team		Merit Academy

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Tuesday, June 28					
Time	Title of Contest/Workshop	Workshop Description	Presenters	Cost if any	Location
Contests:					
9-2:50	Livestock Judging	Intermediate & Senior Youth Only lunch provided		\$ 20.00	Fairgrounds
9-11:50	Livestock Skill-a-thon	Juniors Only			Fairgrounds
9-12:50	Fashion Revue	All (assigned individual time slots)			
9-12:50	Prepared Speech & Horse Public Speaking	Intermediate & Senior Youth Only			Merit Academy
9-12:50	FCS Skill-a-thon	All			Merit Academy
2-5:50	Impromptu Speech	Intermediate & Senior Youth Only			Merit Academy
2-5:50	Horse Bowl	Intermediate & Senior Youth Only			Merit Academy
2-5:50	Consumer Decision Making	All			Merit Academy
Workshops:					
9:-9:50	Balloon Art	Learn the basics of balloon modeling. Participants will create their own balloon masterpieces while they explore STEM concepts like volume, pressure, elasticity, friction, three dimensional shapes, pattern, and symmetry. The workshop will also aid participants in developing life skills such as confidence, critical thinking, coordination, and patience.	Rowe Zwahlen		Merit Academy

9-9:50	Facilitating the Growth of your Team – How to Integrate and Build Your Council	Councils can be messy. They can also be one of your strongest assets. Learn how to build and sustain useful youth and adult councils. Understand group dynamics and receive resources that would empower you to build active and productive councils that strengthen your	Craig Dart		Merit Academy
9-9:50	4-H Rocks!	Join us to learn about geology and the rocks around us! Go home with the basics to teach about rocks around you. Supplies and curriculum included.	STEM Working Group		Merit Academy
9-9:50	Pickleball Basics	Have you heard of Pickleball? No, you don't eat pickles while juggling- it's a mix of badmitton, tennis, and ping-pong and it's super fun! Come learn the basics in this hands-on workshop.	Janette Wagner & Britton Singleton		Merit Academy
9-10:50	Easy Electric Pressure Cooking	Using your electric pressure cooker is a great way to save time and money for you and your family's meal time. Are you nervous? Not sure where to start? Want to add to your current recipes? Learn everything from the basics and more in this workshop.	Brandee Mills	\$ 3.00	Merit Academy
10-10:50	Balloon Art	Learn the basics of balloon modeling. Participants will create their own balloon masterpieces while they explore STEM concepts like volume, pressure, elasticity, friction, three dimensional shapes, pattern, and symmetry. The workshop will also aid participants in developing life skills such as confidence, critical thinking, coordination, and patience.	Rowe Zwahlen		Merit Academy
10-10:50	Facilitating the Growth of your Team – How to integrate and build your council	Councils can be messy. They can also be one of your strongest assets. Learn how to build and sustain useful youth and adult councils. Understand group dynamics and receive resources that would empower you to build active and productive councils that strengthen your	Craig Dart		Merit Academy
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11-11:50	Staying Strong When Life Gets Tough	Participants will learn ways to deal with stress, how to build their emotional intelligence skills, and strategies to stay resilient even in challenging times. It will include discussions, hands-on demonstrations, and self-reflection activities designed to help you understand more about yourself and how you want to deal with things vs. how you currently deal with things.	Lisa Schainker		Merit Academy

11-11:50	Mutual Respect & Understanding: Civic Engagement in 4-H - Ideas for leaders	Mutual respect & understanding is an important principal of civic engagement. We will present short learning activities (15 minutes or less) that teach the principle of mutual respect and understand. The activities will come from a new 4-H Civic Engagement curriculum. Every youth needs to develop these skills, come learn some ways to incorporate in your 4-H club and activities.	Sage Platt		Merit Academy
11-11:50	Patterns & Puzzles	Many things are made of patterns. Some patterns are man-made, and many patterns appear in nature. Bring your creative side as we design and explore different patterns.	STEM Working Group		Merit Academy
10-11:50	Horse Scribing	Many people are required for horse shows to run smoothly and operate efficiently. One of those responsibilities is Scribing. Scribing for a judge is simple and straight forward. A scribe's responsibility is to note what the judge says throughout the show and record scores vocalized by the judge on the official score sheets. Come learn what it takes to be a scribe.	Horse Working Group		Merit Academy
11-11:50	What is Utah Envirothon?	Come learn about this fun competition/event held every May. We will be introducing this annual environmental issues related competition and the benefits of participation. Providing the basic WHAT & HOW for the 4-H clubs to prepare for this event.	Lisa Chen & Josephine Chiu		Merit Academy
11-12:50	Easy Electric Pressure Cooking	Using your electric pressure cooker is a great way to save time and money for you and your family's meal time. Are you nervous? Not sure where to start? Want to add to your current recipes? Learn everything from the basics and more in this workshop.	Brandee Mills	\$3.00	Merit Academy
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1-2:50	Livestock Ranks with the Livestock Ambassadors	Youth are invited to join the Utah 4-H State Livestock Ambassador team to learn more about the rank advancement program and pass off ranks. Included is your own spiral bound Rank Advancement book and the Livestock Program 4-H Patch.	Utah 4-H State Livestock Ambassadors	\$ 5.00	Fairgrounds
2-2:50	Be Money Wise - Have Smart Cents	Come learn fun creative ways to learn smart money choices while you are young that will help you throughout your entire life.	Ryan Murri		Merit Academy
2-2:50	Pickleball Basics	Have you heard of pickleball? No, you don't eat pickles while juggling- it's a mix of badminton, tennis, and ping-pong and it's super fun! Come learn the basics in this hands-on workshop.	Janette Wagner & Britton Singleton		Merit Academy
2-2:50	Successful Babysitting Clubs/Business	Are you interested in starting a babysitting business or learn how to host a summer camp to teach youth how to start a successful business? If so, then this workshop is for you! Participants will learn how to market your business as well as create a lot of fun hand-on activities that you can use as a babysitter.	Meggan Callister		Merit Academy
2-2:50	Harm Reduction Naloxone Workshop	Naloxone helps reverse an opioid overdose and potentially save lives of youth and adults alike. Attendees will learn how to recognize signs of an overdose, how to administer Naloxone to help reverse a potential overdose, and learn stigma reduction strategies in personal and professional interactions. Attendees will receive a Naloxone kit at the end of the workshop.	Gabi Murza, Tim Keady, Ashley Yaughner, Sadie Wilde, & Maren Voss		Merit Academy
2-3:50	Pixelation Quilts	Learn how to make a quilt square using Pixelations! Pixelations are the tiny squares that make up computerized displays. Learn to make a pixelated quilt using the easy piecing technique. 2 hour time workshop. Bring a sewing machine to create a quilt square. All material will be provided	Debra Bore		Merit Academy
3-3:50	Cooking Diabetic - Simple & Real	Come learn how to convert regular recipes to diabetic recipes. Sample and learn how to cook delicious foods and learn real techniques.	Chris Jessen	N/A	Merit Academy
3-3:50	Successful Babysitting Clubs/Business	Are you interested in starting a babysitting business or learn how to host a summer camp to teach youth how to start a successful business? If so, then this workshop is for you! Participants will learn how to market your business as well as create a lot of fun hand-on activities that you can use as a babysitter.	Meggan Callister		Merit Academy

3-3:50	Camp Mash-up	We love 4-H camps! Come to this workshop to play "camp" with us. You'll participate in a cooking challenge, learn outdoor essentials, test your skills with nerf archery, and learn all about the great camp guides Utah 4-H has available for your use.	Janette Wagner, David Widdison, Robyn Handley, Amy Defa & Chris Jessen		Merit Academy
3-3:50	Harm Reduction Naloxone Workshop	Naloxone helps reverse an opioid overdose and potentially save lives of youth and adults alike. Attendees will learn how to recognize signs of an overdose, how to administer Naloxone to help reverse a potential overdose, and learn stigma reduction strategies in personal and professional interactions. Attendees will receive a Naloxone kit at the end of the workshop.	Gabi Murza, Tim Keady, Ashley Yaughner, Sadie Wilde, & Maren Voss		Merit Academy
3-5:50	Livestock Handling Clinic	Come learn techniques working with your livestock & showmanship.	Livestock Working Group		Fairgrounds
4-5:50	Pixelation Quilts	Learn how to make a quilt square using Pixelations! Pixelations are the tiny squares that make up computerized displays. Learn to make a pixelated quilt using the easy piecing technique. 2 hour time workshop. Bring a sewing machine to create a quilt square. All material will be provided	Debra Bore		Merit Academy
4-4:50	Cooking Diabetic - Simple & Real	Come learn how to convert regular recipes to diabetic recipes. Sample and learn how to cook delicious foods and learn real techniques.	Chris Jessen		Merit Academy
4-4:50	Camp Mash-up	We love 4-H camps! Come to this workshop to play "camp" with us. You'll participate in a cooking challenge, learn outdoor essentials, test your skills with nerf archery, and learn all about the great camp guides Utah 4-H has available for your use.	Janette Wagner, David Widdison, Robyn Handley, Amy Defa & Chris Jessen		Merit Academy
4-4:50	Card Creations	Come learn how to make several types of greeting cards that can be used to teach youth about energy and design concepts.	Pamela Van Wagoner		Merit Academy
4-4:50	Youth Voice: Civic Engagement in 4-H Ideas for leaders	Youth Voice is an important principle of civic engagement. We will present short learning activities (15 minutes or less) that teach the principle of youth voice. The activities will come from a new 4-H Civic Engagement curriculum. Every youth needs their voice to be heard, come learn some ways to incorporate this in your 4-H club and activities.	Tasha Howard		Merit Academy
5-5:50	Be Money Wise - Have Smart Cents	Come learn fun creative ways to learn smart money choices while you are young that will help you throughout your entire life.	Ryan Murri		Merit Academy
5-5:50	Card Creations	Come learn how to make several types of greeting cards that can be used to teach youth about energy and design concepts.	Pamela Van Wagoner		Merit Academy

5-5:50	Youth Voice: Civic Engagement in 4-H Ideas for leaders	Youth Voice is an important principle of civic engagement. We will present short learning activities (15 minutes or less) that teach the principle of youth voice. The activities will come from a new 4-H Civic Engagement curriculum. Every youth needs their voice to be heard, come learn some ways to incorporate this in your 4-H club and activities.	Tasha Howard		Merit Academy
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Wednesday June 29


Time	Title of Contest/Workshop	Workshop Description	Presenters	Cost if any	Location
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Contests:

9-11:50	Meats Judging	Intermediate & Seniors only			Fairgrounds & Off Site
9-11:50	FCS Presentation	All (assigned individual time slots)			Merit Academy
9-11:50	4-H, Ag, & Horse Demonstration	All (assigned individual time slots)			Merit Academy
1-4:50	Agri-Science Fair	Intermediate & Senior only			Merit Academy
1-4:50	FCS Bowl	All			Merit Academy
4-4:50	Fashion Show Practice	All - everyone in Fashion Revue contest return practise modeling for the fashion show at the			Merit Academy
1-4:50	4-H Problem Solvers Design Challenge	All			Merit Academy



Workshops:

9-9:50	Healthy Snacks	Trust me, I know what you are thinking. Healthy and snacks should not be in the same sentence. However, they can be and it does not have to just be carrots and broccoli! Come explore and learn how the classic afterschool snack can be delicious and good for you.	Lauren Montgomery	\$ 5.00	Merit Academy
9-9:50	Round Weaving	Learn how to weave on a round ring. Use a variety of yarns and textiles to create a one-of-a-kind contemporary project. 	Tricia Mathis & Amy Defa	\$ 5.00	Merit Academy
9-9:50	When Spheres Collide	Come learn about a new 4-H In-School Program. Participants will learn about the new iSEE program, where 4-H is going in to all 5th grade classes in the state of Utah. This environmental science workshop looks at the interaction between Earth Systems and how it enhances 5th grade classes around the state.	Meggan Callister		Merit Academy

9-9:50	Building Self-Confidence	Participants will engage in hands-on activities designed to build self-confidence in one or more of the six key areas: self-confidence, self-efficacy, connection, contribution, leadership, and teamwork.	Eva Timothy		Merit Academy
9-11:50	Pet Advocate Skills and Stations workshop	Come learn about the Pet Advocate program. If you have a favorite pet, whether a dog, cat, hamster, snake or whatever, this project is for	Pet Advocate Group		Merit Academy
10-10:50	Healthy Snacks	Trust me, I know what you are thinking. Healthy and snacks should not be in the same sentence. However, they can be and it does not have to just be carrots and broccoli! Come explore and learn how the classic afterschool snack can be delicious and good for you.	Lauren Montgomery	\$ 5.00	Merit Academy
10-10:50	The Quiet Leader: Empowering Introverted Leaders, Volunteers, and Youth in the 4-H Environment	This presentation will explore quiet leadership and answer the question, can leaders with an introverted personality create an impact in the world of 4-H? Through discussion and engaging activities, participants will come to understand the qualities and traits of introverted individuals and their impact on leadership in 4-H.	Melanie Dabb & Christina Pay		Merit Academy
10-10:50	Round Weaving	Learn how to weave on a round ring. Use a variety of yarns and textiles to create a one-of-a-kind contemporary project. 	Tricia Mathis & Amy Defa	\$ 5.00	Merit Academy
10-10:50	Building Self-Confidence	Participants will engage in hands-on activities designed to build self-confidence in one or more of the six key areas: self-confidence, self-efficacy, connection, contribution, leadership, and teamwork.	Eva Timothy		Merit Academy
11-11:50	15 Minutes of Leadership Power	Teaching and learning leadership can be simple and FUN! Like many big subjects, if broken down to their basic elements, even leadership can be understood and used by our youngest 4-Hers. This hands-on workshop will showcase a new free and easy to access curriculum that takes only 15 minutes of your club time and can be easily be taught by either teens or adults.	Megan Williams		Merit Academy
11-11:50	The Quiet Leader: Empowering Introverted Leaders, Volunteers, and Youth in the 4-H Environment	This presentation will explore quiet leadership and answer the question, can leaders with an introverted personality create an impact in the world of 4-H? Through discussion and engaging activities, participants will come to understand the qualities and traits of introverted individuals and their impact on leadership in 4-H.	Melanie Dabb & Christina Pay		Merit Academy

11-11:50	Maintaining Fences	The UTAC "Maintaining Fences" curriculum, discusses how repairing fences can be similar to maintaining mental health. The training assists youth in gaining a better understanding of mental health, by allowing discussions of changing stigma and providing mental health resources available to youth.	Jake Hadfield, Tasha Howard, Paige Wray, Callie Ward Josh Dallin		Merit Academy
11-11:50	When Spheres Collide	Come learn about a new 4-H In-School Program. Participants will learn about the new iSEE program, where 4-H is going in to all 5th grade classes in the state of Utah. This environmental science workshop looks at the interaction between Earth Systems and how it enhances 5th grade classes around the state.	Meggan Callister		Merit Academy
11-11:50	Maze Design	We will use engineering design to create mazes out of different materials. Come and try your hand at maze design! Test your maze using a sphero . (all ages)	STEM Working Group		Merit Academy
1-1:50	Poultry & Rabbits Showmanship	Have you ever wanted to do something more with that cute chicken in your backyard or that fuzzy rabbit in your rabbit hutch or have you ever thought about getting one of these critters? Come and let us show you the basics of showing your chicken or your rabbit if you ever decide to take on a 4H project and show that critter at your county fair! Why let all those livestock kids with steers or hogs have all the fun!?!	Mona Etelu, Nicole Reed & Brandi Reber		fairgrounds
1-1:50	Air Fryer 101	We will talk all things air fryer. Learn what types of air fryers to purchase, how to use them, and what foods cook best in an air fryer. We will also demonstrate a few recipes and enjoy tasting some yummy food!	April Litchford	\$ 3.00	Merit Academy
1-1:50	4-H Portfolios	Come to a FUN 4-H Portfolio workshop and learn about how to add content, style your documents, and produce top notch cover letters and resumes to submit to 4-H Portfolio Contests.	Kelsey Romney		Merit Academy
11-11:50	Maze Design	We will use engineering design to create mazes out of different materials. Come and try your hand at maze design! Test your maze using a sphero . (all ages)	STEM Working Group		Merit Academy
1-1:50	Adulting 101: Developing Resilience	Becoming an adult can be one of the biggest challenges you'll face. But there are skills you can work on to make that transition a little easier. Engage in an adulting activity while learning resiliency strategies to help you respond to and learn from life's challenges.	Gabriela Murza		Merit Academy
1-1:50	Maintaining Fences	The UTAC "Maintaining Fences" curriculum, discusses how repairing fences can be similar to maintaining mental health. The training assists youth in gaining a better understanding of mental health, by allowing discussions of changing stigma and providing mental health resources available to youth.	Jake Hadfield, Tasha Howard, Paige Wray, Callie Ward Josh Dallin		Merit Academy

2-2:50	4-H Career Pathways Workshop	Join us to explore future careers related to Animal Science, Aviation, Outdoor Product Design & Development, Engineering, or Entrepreneurship. There will be hands-on fun experiences for each field to choose from!	Kelsey Romney		Merit Academy
2-2:50	Poultry & Rabbit Showmanship	Have you ever wanted to do something more with that cute chicken in your backyard or that fuzzy rabbit in your rabbit hutch or have you ever thought about getting one of these critters? Come and let us show you the basics of showing your chicken or your rabbit if you ever decide to take on a 4H project and show that critter at your county fair! Why let all those livestock kids with steers or hogs have all the fun!?!	Mona Etelu, Nicole Reed & Brandi Reber		fairgrounds
2-2:50	Air Fryer 101	We will talk all things air fryer. Learn what types of air fryers to purchase, how to use them, and what foods cook best in an air fryer. We will also demonstrate a few recipes and enjoy tasting some yummy food!	April Litchford	\$ 3.00	Merit Academy
2-2:50	Adulting 101: Developing Resilience	Becoming an adult can be one of the biggest challenges you'll face. But there are skills you can work on to make that transition a little easier. Engage in an adulting activity while learning resiliency strategies to help you respond to and learn from life's challenges.	Gabriela Murza		Merit Academy
2-2:50	The Art of Public Speaking	This 1 hour class will teach the basics of public speaking and self-presentation: <input type="checkbox"/> Do's and Don'ts <input type="checkbox"/> Organizing your speech <input type="checkbox"/> Posture, gestures, clothing, shoes. <input type="checkbox"/> Anxiety as a motivator <input type="checkbox"/> Delivery techniques	Mary Sorenson		Merit Academy
3-3:50	Livestock and Small Stock Rank Advancements for Volunteers	The Utah 4-H Livestock Program Rank Advancements are designed as a tool for participants to set goals and achieve mastery within their project. Youth can earn ranks for market projects, breeding projects, small stock, and more. Join this workshop to get all your questions answered and discover how to earn recognition and awards through the rank advancement program!	Brandi Reber		Fairgrounds
3-3:50	Activating Youth-Adult Partnerships	Youth-adult partnerships arise from the conviction that young people have a right to participate in developing the programs that will serve them and have a voice in shaping the policies that will affect them. This interactive presentation will address how both youth and adults can be the catalyst for implementing positive youth-adult partnerships.	Ed Larsen		Merit Academy

3-3:50	The Art of Public Speaking	<p>This 1 hour class will teach the basics of public speaking and self-presentation:</p> <ul style="list-style-type: none"> - Do's and Don'ts - Organizing your speech - Posture, gestures, clothing, shoes. - Anxiety as a motivator - Delivery techniques 	Mary Sorenson		Merit Academy
3-3:50	Hand Knitted Pillow	<p>Make a super comfy hand-knitted pillow. You can make either oblong or round fuzzy pillow. No knitting needles required. It is all done with your hands.</p> 	Brenda Sturdevant	\$ 5.00	Merit Academy
3-3:50	4-H Portfolios	<p>Come to a FUN 4-H Portfolio workshop and learn about how to add content, style your documents, and produce top notch cover letters and resumes to submit to 4-H Portfolio Contests.</p>	Kelsey Romney		Merit Academy
3-3:50	4-H Matters!	<p>Join us to learn about states of matter! How do things change when they are heated, cooled, or chemically combined? Join us to learn about activities you can take back to your county for clubs and camps.</p>	STEM Working Group		Merit Academy
4-4:50	Hand Knitted Pillow	<p>Make a super comfy hand-knitted pillow. You can make either oblong or round fuzzy pillow. No knitting needles required. It is all done with your hands.</p> 	Brenda Sturdevant	\$ 5.00	Merit Academy