



4-H HORSE PROGRAM HELMET POLICY

The Utah 4-H Horse Program provides youth opportunities to develop horsemanship, leadership, citizenship, self-esteem, and social skills. The program is open to youth in grades 3–12 who are at least 8 years old at the time of participation.

HELMET REQUIREMENT

It is the policy of Utah State University Extension that all youth riders participating in Utah 4-H-sponsored horse activities must wear a properly fitted ASTM/SEI-certified equestrian helmet while mounted.

This requirement applies whenever a youth is riding as part of a Utah 4-H activity, including:

- Club practices and activities
- Horse shows, both inside and outside the show ring
- Clinics, workshops, and other 4-H-sponsored horse activities
- Other events or activities in which youth are riding while representing Utah 4-H

Wear a Helmet - Every Ride, Every Time.

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Utah4h.org



Extension
Utah State University

