

## What is Your Relationship to Money?

1. Who managed the money when you were growing up?
2. What did you learn about saving money?
3. What did you worry about regarding money growing up?
4. What did you spend money on growing up?
5. What financial topic can start an argument within your household? With relatives? With friends?
6. Did you feel you had enough money when you were growing up?
7. What was the poorest choice you ever made with money?
8. What do you like to spend money on now?
9. If you received a \$10,000 gift, what would you do with it?
10. What are your financial worries?
11. What types of things does it bother you to spend money on?
12. How did your family handle money when you were growing up? How does that affect the way you handle money now?
13. What did you learn about saving growing up?
14. Consider how you spend money. Are you: too tight \_\_\_\_\_ too free \_\_\_\_\_ about right \_\_\_\_\_
15. What do you really like to save money for?
16. How has your attitude changed from childhood? In the last 3 to 5 years?
17. If you had to cut spending how would you do it?
18. How are spending decisions made in your home now?
19. What are your financial habits?
20. What do you buy? When do you buy?  
Where do you buy? With whom do you buy?  
Why do you buy?
21. What would you like to change about your financial behavior?

***Remember: If you keep doing what you are doing, you will keep getting what you are getting.***