

Utah County 4-H

NEWSLETTER



Extension
UtahStateUniversity



January 2024

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JANUARY 2024 4-H Calendar

JAN 4 Teen Winter Retreat Registration Closes
4-H STEM | 5-6 pm | Salem City Library

JAN 6 Dog Club | 2 pm - 4 pm | Eagle Mountain, UT

JAN 10 Junior Teen and Teen Council Meeting | 4 pm- 5 pm | 4-H Office

JAN 11 4-H STEM | 5 pm - 6 pm | Salem City Library

JAN 15 Family Game Night (Livestock) | 6 pm | Spanish Fork Fairgrounds

JAN 16 MELP Club | 4:30 pm - 5:30 pm | 4-H Office

JAN 18 Learn Livestock Education Series | 4:30 pm - 5:30 pm | Spanish Fork Fairgrounds
4-H STEM | 5 pm - 6 pm | Salem City Library

JAN 19-20 Teen Winter Retreat | Aspen Grove, UT

JAN 20 Livestock Tagging #2 | 1-2 pm | Arrowhead Vet Clinic Benjamin, UT

JAN 22 Dog Club | 6:30 pm - 7:30 pm | Orem, UT

JAN 23 MELP Club | 4:30-5:30 pm | 4-H Office

JAN 25 4-H STEM | 5 pm - 6 pm | Salem City Library

JAN 29 Dog Club | 6:30 pm - 7:30 pm | Orem, UT

See our online events calendar and follow us on social media for event info and updates!



MEET OUR NEW 4-H COORDINATOR



We're excited to announce a new addition to our 4-H team!

Emily Van Wagoner is thrilled to join Utah County 4-H as the new STEAM Coordinator.

She grew up in the 4-H program, participating in robotics, engineering, FCS, and leadership programs. Her favorite 4-H memories include the adventures she went on with Teen Council, State events, and her time serving as a State Ambassador. Emily is excited to continue to serve in 4-H in our county!

Emily is a “nerd” and loves reading, mythology, the Mandalorian, and Harry Potter. She also loves playing board games and going on adventures with her family.

She can't wait to create new 4-H adventures with our amazing youth and volunteers!

How to contact Emily

Email: emily.vanwagoner@usu.edu

Phone: (385) 268-6533

3 Fun Facts about Emily

1. She was an Irish dancer.
2. She learned to joust when she was young.
3. She followed a pod of orcas up the Oregon coast last summer.

4-H STATE PORTFOLIO CONTEST



Portfolio Objectives

The 2023-2024 4-H Portfolio State Contest cover letter is centered on the culminating outcomes that youth may gain from their 4-H experience. The cover letter objectives are aligned to the top emerging issues in each age group. Points will be awarded for complete answers – not for the best description of a positive 4-H experience.

Why submit a 4-H portfolio?

This is a great time to receive state-level feedback.

The portfolio is a part of leadership positions and other opportunities.

You'll receive a blue, red, or white ribbon and certificate based on your submission.

Submitting Your Portfolio

Submit your cover letter and resume in ZSuite! The contest is open until February 15!

Before submitting, give yourself time for review and make sure your portfolio is free of grammar and spelling mistakes. Ask a family member, friend, or your 4-H coordinator to review it.

The 4-H Portfolio is the standard application tool for all 4-H leadership positions, a valuable resource as youth seek employment, and gathers the information needed to apply for scholarships. Competing in the State 4-H Portfolio Contest will give youth a competitive advantage as they apply for opportunities throughout the year. High school seniors will automatically be entered for the 4-H Career Honor Award! Learn more at: <https://extension.usu.edu/utah4h/more/4-h-portfolios>.



4-H PROM

Light Up the Night

Come support the 4-H State Ambassadors at their annual 4-H Prom Fundraiser. This will be a great evening of 4-H dancing, treats and pictures. This year's theme is "Light Up the Night." There is nothing better than a 4-H dance!

Details

For: Teens (9th -12th grade) and Alumni
(do not need to be enrolled in 4-H)

Date: February 17, 2023 from 7:30 - 9:30 pm

Cost: \$12 per person (if registered in ZSuite)
or \$20 at the door

Location: Larsen Elementary (117 Flonette
Ave, Spanish Fork, UT 84660).

Registration is open until February 8th! Not
enrolled? Sign up here:

[https://4h.zsuite.org/external-event-
registration/16492](https://4h.zsuite.org/external-event-registration/16492)





JUNIOR TEEN COUNCIL AND TEEN COUNCIL

This club is an excellent way for youth to build essential leadership skills, develop new friendships, and have a meaningful impact on their community.

These councils serve as the leadership team for our county youth. They help plan retreats, camps, and participate in service projects. They also help provide training to club officers.

Junior Teen Council is for youth grades 6th-8th.
Teen Council is for youth in grades 9th-12th.

For more information, contact Holly at elmradacompanies@gmail.com.

Monthly Meeting

January 10

Interested in joining the council? We'd love to see you at our monthly meeting. Meetings are held at the 4-H Office from 4 pm to 5 pm. Come see what it's all about!



MELP CLUB

Do you enjoy STEM and art? Want to build your leadership skills? Join the MELP Club (formerly the WELP Club). This club meets to do STEM activities, crafts, learn about leadership, and have fun!

They usually meet the first and third Tuesday of the month at the 4-H office. For all youth ages 13 and up.

For more information, contact the club leader, Danielle, at huffthepuff@gmail.com.

January Club Schedule

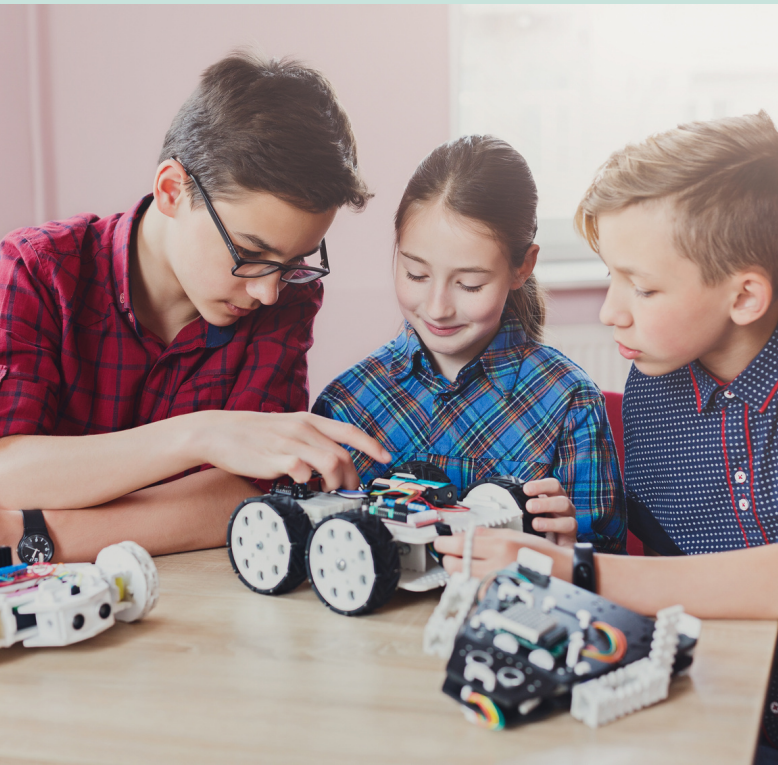
January 16

Mechatronics | 4:30 pm | 4-H office

January 23

Cricut shirt making | 4:30 pm | 4-H Office



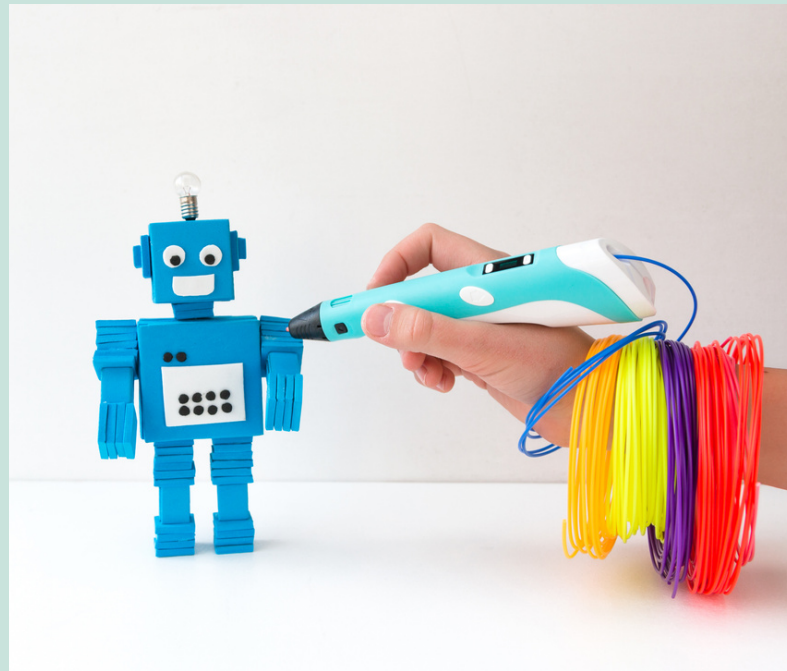


4-H STEM ACTIVITIES

Join us for free, weekly STEM classes! These classes are sponsored by Utah State University and our local 4-H. Our 4-H instructor introduces kids to science, technology, engineering, and math through engaging hands-on activities. For youth in grades 3-8. All are welcome! You do not have to reserve a spot.

For information, contact our instructor, Joseph, at joseph.huff@usu.edu.

Thursdays
5 pm - 6 pm
Salem City Library



LEARN LIVESTOCK EDUCATION SERIES



Come learn all about livestock! Not only will you expand your knowledge, you will learn skills that you will be able to apply to your own efforts in raising and showing livestock. The series covers all four species: cattle, hogs, sheep, and goats. This is a great way to study for livestock knowledge tests and livestock knowledge bowl! Each session includes a lesson, hands-on activities, and lasts one hour. Some sessions are a skill-a-thon, in which youth can demonstrate the knowledge and skills they have gained at previous sessions. All youth ages 8-18 are invited to attend.

Please note the series has been postponed until January 18th. We hope to see you then!

Questions? Contact Corianne Topham at corianne.topham@usu.edu or (385) 225-7740,

January 18th

4:30 pm - 5:30 pm

Spanish Fork Fairgrounds



LIVESTOCK TAGGING #2



January 20th

1:00 pm - 2:00 pm

**Arrowhead Veterinary Clinic
Benjamin, UT**

Cattle Tagging Deadline For:

- Utah State Junior Livestock Show
- Millard County Junior Livestock Show

Livestock Tagging Process

Step 1: Register for 4-H at 4h.zsuite.org. All youth must have an “active” status before animals may be tagged.

Step 2: Attend a tagging event. All tags are \$2 each. Payment is required at time of tagging (cash or check made out to Utah County 4-H).

Questions? Contact Corianne Topham at corianne.mangelson@usu.edu or (385) 225-7740.



FAMILY GAME NIGHT



January 15th

6 pm

Spanish Fork Fairgrounds

Join us for a night of family fun! There will be games and activities that the whole family can participate in.

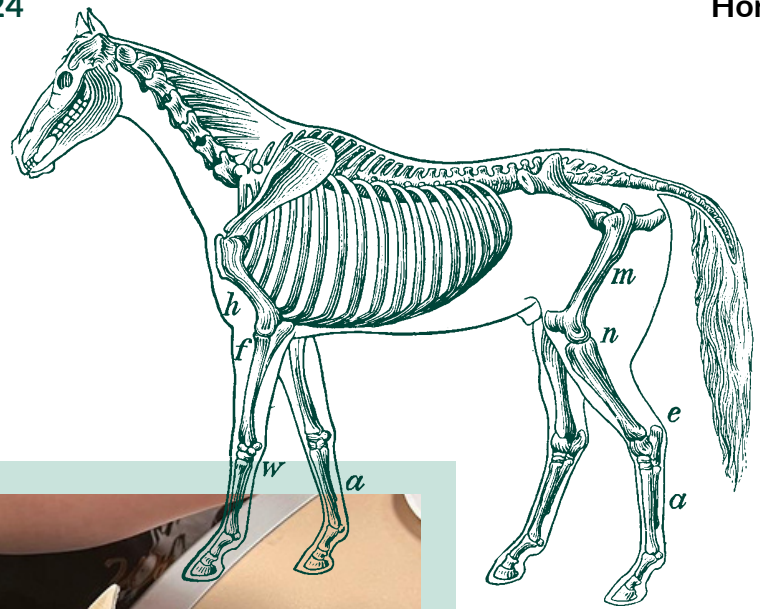
Whether you just started showing livestock, or are seasoned veterans, this is a great opportunity to meet others in the 4-H livestock program.

Come play games, spend time with loved ones, and make new friends. This event is free and open to all 4-H members and their families. We hope to see you there!

Questions? Please contact Corianne Topham at corianne.manglenson@usu.edu or (385) 225-7740.



HORSE SCIENCE



Date and time TBD
Held at the 4-H office

Join the Horse Science Club! You do not need to own your own horse to participate. Come explore the equine industry, grow your knowledge, and experience hands-on activities that are sure to excite all horse enthusiasts.

Each club meeting starts off with a short ice-breaker game, or get to know you activity. This is followed by a lesson on a specific horse-related topic. Youth do not need any prior experience with horses or knowledge/skill level. Meetings typically end with a hands-on activity or game to help apply the newly gained knowledge, and last one hour. Club meetings are held once a month. Stay tuned for the date of January's meeting! All youth ages 8-18 are welcome!

Questions? Contact Heather at heather.thomson.usu.edu or call (385) 268-6531.

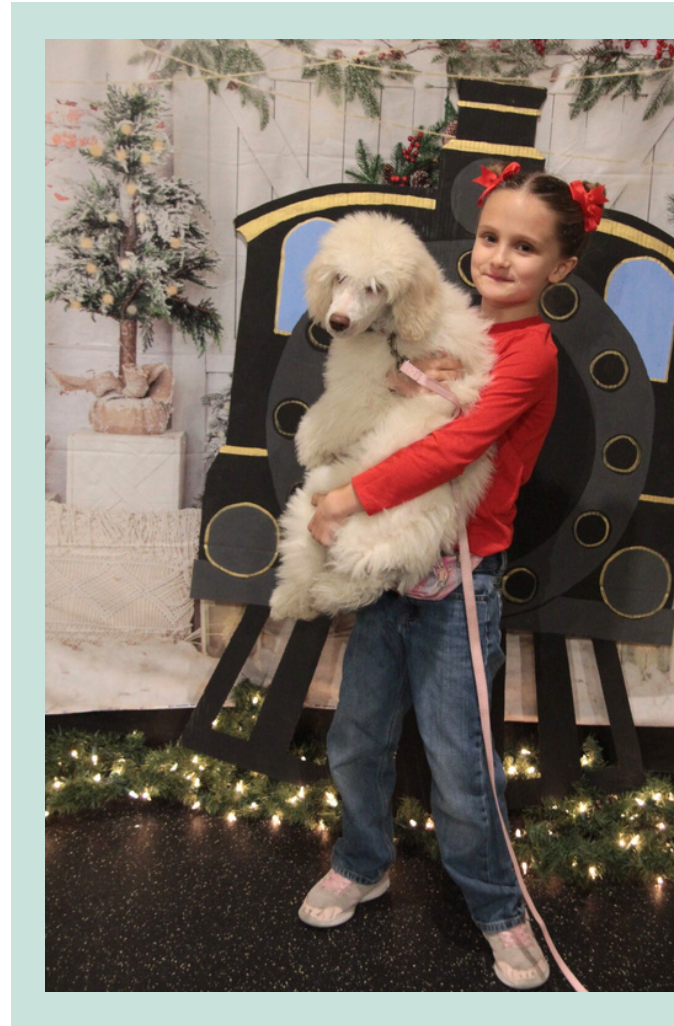
DOG CLUB

Learn about Dogs, from Their Nose to Their Toes

The Utah County 4-H Dog is still accepting members! At weekly meetings, club members will learn all about the proper care and handling of dogs from their nose to toes. They also learn how to compete in 4-H showmanship, American Kennel Club obedience and rally.

To compete, youth must be ages 8 to 18 but we allow youth 5 and up to participate. All ages and breeds or mixed breed dogs are allowed to be part of the project. Youth may compete with more than one dog and siblings may share one dog and compete in separate events. The club also is branching out to attend community events and learning about careers in the pet industry.

To learn more, email utahcountydogg4H@gmail.com.



January Club Schedule

January 6

Agility Practice | 2-4 pm | Eagle Mountain, UT

January 8, 22, and 29

Club Meeting | 6:30-7:30 pm | Orem, UT