

Utah County 4-H



# NEWSLETTER



Extension  
**UtahState**University.



# May 2023

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# TAKING YOUR 4-H EXPERIENCE TO THE NEXT LEVEL

By Kimberly McClellan



4-H members strive to exemplify the 4-H motto “make the best better” by bettering themselves as well as their club, their community, and their world. Here are some ways you can develop your skills and take your 4-H experience to the next level.

## Get Out of Your Comfort Zone

Participate in public speaking, volunteer to lead the 4-H pledge, or speak to someone new in your club even if it makes you uncomfortable. Sometimes to grow, you must step outside of your comfort zone. It may take a few tries before you feel confident doing it, but the more often you step outside of your comfort zone, the easier it will become.

## Try Something New

Maybe you’ve never shown an animal before, or participated in a 4-H contest, or gone to a 4-H camp. Set a goal to try something new. If you are not sure what opportunities might be right for you, ask your 4-H leaders for guidance. Your confidence will grow as you discover new talents, skills, and friendships.

*Continued on page 3*





## Help Others

Are you an experienced 4-H'er who knows all the ins and outs of your project area? Use your expertise to help other members. Help mentor them as they go through their 4-H project. Teach them how to write a resume and cover letter for their 4-H portfolio. As you help others your own knowledge, skills, and leadership abilities will grow.

## Plan a Service Project

You have probably participated in a service project, but have you ever planned one? Look for a need in your community. Last holiday season, the Utah County 4-H Livestock Ambassadors made meal kits for kids in the Nebo School District experiencing food insecurity. Perhaps your local park needs cleaning up, or the residents at a nearby senior living facility could use some cheer. Think of ways you can fulfill this need and work with your 4-H leaders to implement a plan.



## Run for a Leadership Position

If you are not currently in a leadership position, run for one. Become a club officer to help lead your fellow 4-H members. Apply to be a county or state project ambassador to educate others about 4-H and your project area. Join Junior Youth Council or Teen Council, where you will strengthen your leadership skills by mentoring and teaching others in 4-H. As a leader, you will have the opportunity to empower and inspire others.



# County 4-H Calendar

# MAY 2023



**MAY 2 - 6** Utah State Junior Livestock Show | Spanish Fork Fairgrounds

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**MAY 2 - 16** Tabitha's Way Food, Hygiene, Items and Diaper Drive (See the [FCS and STEM Programs page](#) for details)

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**MAY 4** 4-H Entrepreneurs Class #4 | 5:30 pm | 4-H office

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**MAY 5** USJLS Cornhole Tournament | 5:30 pm | Spanish Fork Fairgrounds

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**MAY 8** Livestock Ambassadors Meeting | 6 pm | Spanish Fork Fairgrounds

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**MAY 10** Horse Study Night | 6 pm | 4-H Office

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**MAY 16** Jr. and Teen Council Meeting | 5:30 pm | 4-H office  
Cans for Cookies | 6:30 pm | 4-H Office

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**MAY 20** Livestock Tagging # 5 (see the [livestock program page](#) for details)

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**MAY 24** Learn About Livestock | 4:00 pm | Spanish Fork Fairgrounds

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**MAY 30 - JUN 2** Millard County Junior Livestock Show | Millard County Fairgrounds

## RECURRING EVENTS

**DOG CLUB** Every Monday | 6 pm | Orem

See our online events calendar and follow us on social media for event updates!



# State 4-H Calendar

# MAY 2023



|                       |  |
|-----------------------|--|
| <b>MAY 1</b>          | Teen Summit Registration Opens                                 |
| <b>MAY 5-6</b>        | State Invention Covention and Design Challenge                 |
| <b>MAY 6-7</b>        | State Invention Convention and Design Challenge                |
| <b>MAY 8-9</b>        | 4-H Shooting Sporting Sports State Contest #1  Hurricane, Utah |
| <b>MAY 10-13</b>      | State Ambassador Mandatory Training (State Ambassadors only)   |
| <b>MAY 15</b>         | JYC Registration closes  |
| <b>MAY 22</b>         | i4-H Registration closes                                       |
| <b>MAY 30 - JUN 2</b> | Color Country Natural Resource Camp                            |

See the Utah 4-H State Calendar online for more details: [extension.usu.edu/utah4h/calendar](https://extension.usu.edu/utah4h/calendar)

# STEM AND FCS

## Tabitha's Way Food, Hygiene, Items and Diaper Drive



The Junior Teen Council is collecting canned goods, hygiene items, and diapers for Tabitha's Way of American Fork.

Items can be dropped off at the Utah County Extension Office between May 1 - May 16, 2023. Those living in Saratoga Springs, Lehi, Spanish Fork areas please message us for a local drop off location.

Please share with your family and friends!



### Upcoming Events

#### Cans for Cookies

**May 16 | 5:30 pm | 4-H Office**

To close out the Tabitha's Way Food, Hygiene, Items and Diaper Drive the Junior Teen Council is hosting a "cans for cookies" event. Bring canned goods and get to cookies to decorate and enjoy! These items are also needed: shampoo and conditioner, toothpaste, toothbrushes, bars of soap or body wash, deodorant, and razors. We'll also take packages of size 5 and 6 diapers. [RSVP in ZSuite!](#)

#### Fair Craft Camp

**June 5 | 10 am - 12 pm | 4-H Office**

Activities include bracelet and yarn crafts, 3D modeling and printing, decorate your duds and more! Open to all 4-H youth 8 plus. Only \$8 to complete as many crafts as you can! [Sign up in ZSuite.](#)



### Quick Tips

Before cooking, set up your work space. Gather any clean bowls, tools, and utensils you will need. And don't forget to have a garbage can within arms reach.



Need a reminder? Sign up for the Utah County 4-H text remind system by texting @4hutco" to 708-589-7727



# LIVESTOCK

## Upcoming Events

### **Utah State Junior Livestock Show**

**May 2 -6 | Spanish Fork Fairgrounds**

For more information visit: [usjls.weebly.com](https://usjls.weebly.com)

### **USJLS Cornhole Tournament**

**May 5 | 5:00 pm | Spanish Fork Fairgrounds**

Join the Utah County Livestock Ambassadors for their 2nd Annual Cornhole Tournament Fundraiser. There are two age divisions, ages 4-14 and ages 15 plus. \$20 entry fee per a team. Prizes will be awarded to the top teams in each division!

### **Learn About Livestock**

**May 24 | 4:00 pm | Spanish Fork Fairgrounds**

Come test the skills and knowledge that you have learned from the Learn About Livestock Series. Open to all youth ages 8-18.

### **Millard County Junior Livestock Show**

**May 30 - June 2 | Millard County Fairgrounds**

For more information visit:  
[millardcountyjrlivestockshow.com](https://millardcountyjrlivestockshow.com)

## **Tagging # 5**

**Saturday, May 20th**

### **South County Location**

8 - 9 AM

Salem City Fairgrounds - Arrowhead Trail,  
Salem, Utah 84653

### **North County Location**

9:30 - 10 AM

Lehi City Fairgrounds - 105 N 500 W St,  
Lehi, UT 84043

### **Cattle Tagging Deadline for:**

Utah State Fair - (Salt Lake City, Ut)

### **Lambs/Hogs/Goats Tagging Deadline for:**

- Utah County Fair - (Spanish Fork)
- Salt Lake County Jr. Livestock Show (South Jordan, Ut)



## Quick Tips

### Combing Cattle Hair

#### From Utah County 4-H Livestock Ambassador Quaid Wride

Scotch & Fluffer combs are used when grooming the cattle's hair. Run the comb in a forward and upward direction, on the hip you will comb straight up and as you move forward you will angle it more towards the head. A fluffer comb is used much like that of the regular scotch comb, but its teeth are set further apart allowing the hair of the animal to pop or "fluff" as the comb is run through the hair.



## 2023 Scholarship Opportunity for Graduating Seniors

The 2023 Utah State Fair Junior Livestock Booster Club Scholarship is available to graduated senior (class of 2023) in each of the four market species exhibited at the Utah State Fair: beef, sheep, goats and swine. There will be a \$1,000 award given to the winning applicant in each species. Scholarships will be presented immediately prior the start of the Junior Livestock Auction at the Utah State State Fair.

Requirements:

1. The applicant must be a member in good standing of a 4-H Club or FFA Chapter.
2. The applicant must submit a current project record book with application.
3. The applicant must show at the 2023 Utah State Fair Jr. Livestock Show and participate in their species of choice Fitting & Showmanship contest at the Utah State Fair.
4. Finalists must be available for interview (virtual or in-person) with the Scholarship Committee.
5. Completed applications and record books will be submitted by August 21, 2023 to [livestockscholarship@gmail.com](mailto:livestockscholarship@gmail.com) Please submit application and record book in PDF. Additional pages are permitted.



Need a reminder? Sign up for the Utah County 4-H Livestock text remind system by texting "@4-hutstock" to 81010



# HORSE



## 20 Show 23 Schedule



### Show 1

**June 6 | Spanish Fork Fairgrounds**

Registration open May 1st - 24th

Test open May 29th - June 2

### Show 2

**June 29 | Spanish Fork Fairgrounds**

Registration open June 7th -16th

Test open June 19th - 26th

### Show 3

**July 11 | Spanish Fork Fairgrounds**

Registration open June 27th - July 3

Test open July 5th - 9th



## Upcoming Events

### Horse Study Night

**March 10 | 6 pm | 4-H office**

Join us for a fun night of learning about horses. Open to all youth ages 8-18. Parents and leaders are welcome to attend.

### Trivia Tuesdays

**Every Tuesday**

Brush up on your horse knowledge for the upcoming show season. A five question quiz will be sent out weekly via Remind and social media. Weekly winners will be entered in a drawing for a prize at the end of the month. Open to all 4-H youth.



## Quick Tips

Bath and trim your horse the night before the show. Afterwards, put a stall sheet on to keep them clean as possible. Use waterless shampoo or spot cleaner to touch them up the day of. This will save you time on show day, so you have more time to warm up and review patterns.



Need a reminder? Sign up for the Utah County 4-H Horse text remind system by texting "@4huthorse" to 224-207-8560.