

Utah County 4-H



Extension
UtahStateUniversity



NEWSLETTER



October
2023

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4-H Calendar

OCTOBER 2023



OCT 1-7 National 4-H Week

OCT 1-31 Spooky Season 4-H Photo Contest

OCT 2 Dog Club | 6 pm | Orem, UT

OCT 3 MELP Club Board Game Party | 4:30 pm | 4-H Office

OCT 4 Jr/Teen Council Meeting | 4:00 pm - 5 pm | 4-H Office

OCT 4-15 Tractor Supply Paper Clover Fundraiser

OCT 5 4-H STEM | 5 pm | Salem City Library

OCT 7 State Drone Competition | Sanpete County

OCT 9 Dog Club | 6 pm | Orem, UT

OCT 12 4-H STEM | 5 pm | Salem City Library

OCT 16 Dog Club | 6 pm | Orem, UT

OCT 19 4-H STEM | 5 pm | Salem City Library

OCT 20-21 Design Team Training

OCT 21 4-H University | 10:30 am - 11:30 am | Virtual

OCT 23 Dog Club | 6 pm | Orem, UT

OCT 24 MELP Club | 4:30 pm | 4-H Office

OCT 25 Jr/Teen Council | 4:00 pm - 8:30 pm

OCT 26 4-H STEM | 5 pm | Salem City Library

OCT 30 Dog Club | 6 pm | Orem, UT
Horse Science | 6 pm - 7 pm | 4-H Office

See our online events calendar and follow us on social media for event updates!



NATIONAL 4-H WEEK

October 1-7

Celebrate 4-H

During the week, celebrate 4-H by sharing about your 4-H experiences, memories, and what 4-H means to you. This year's theme is I heart 4-H. Tag @National4h and use the hashtags #National4hWeek #IHeart4h. And don't forget to wear your 4-H swag!



Giveaway

To celebrate National 4-H week, we are doing a giveaway! Enter for chance to win one of these items: a 4-H duffle bag, water bottle, one year 4-H membership, or a 4-H beanie, bracelet, and sunglasses.

How to enter:

- Like our giveaway post on social media
- Comment why you love 4-H or why you want to join 4-H
- Tag four friends

Share the post to your story for bonus points! Enter before October 7th at midnight! You must be a Utah County resident to enter. Winners will be announced the following week.



SPOOKY SEASON

4-H Photo Contest

Submit your spooky season photos from:

**October 1st to
October 31st**

How to enter:

Enter now to win some 4-H swag!
Bonus points if your photos include your 4-H project. Entries are open until October 31st at midnight.

To submit your photos, please upload them via this link: :
<https://forms.gle/sc5L5JeSt9Ci2VMp7>



4-H UNIVERSITY



October 21, 2023

10:30 am - 11:30 am

Virtual

What is 4-H University?

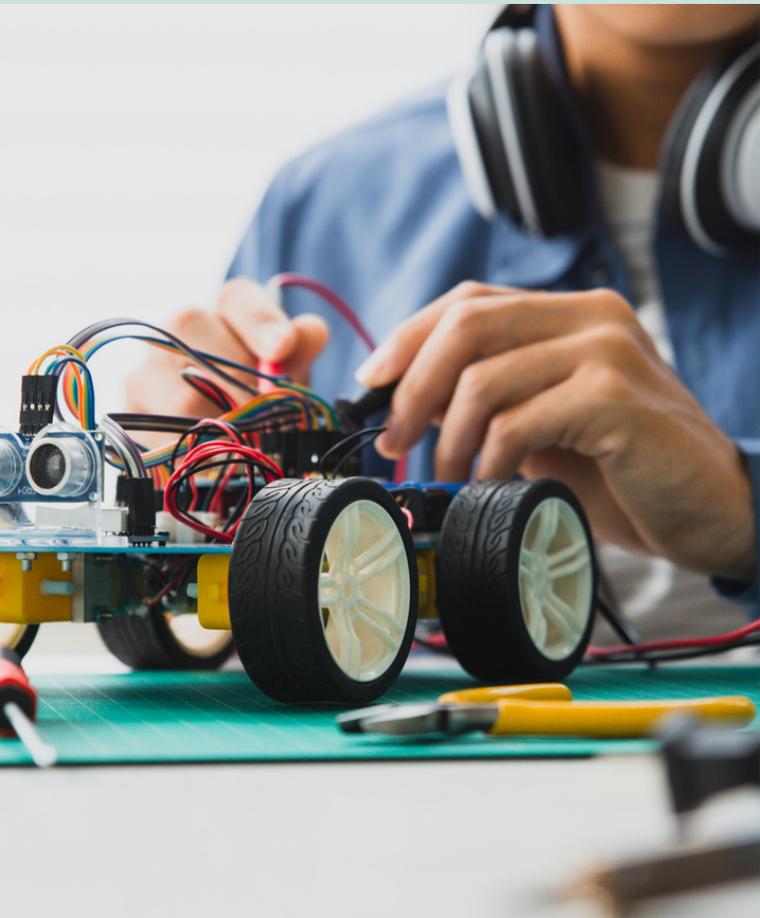
4-H University is a day camp hosted by the State 4-H Office at to teach Intermediate aged 4-H members about the next steps toward a successful future. We partner with on campus departments to allow youth to experience what it would be like to earn a degree and work in a career related to their current interests. Youth attendees will have the opportunity to choose between Ag/Animal Science, Aviation, Outdoor Product Design, Small Business Development, or Outdoor Recreation and Tourism for their departmental experiences. We also host workshops for all attendees about career readiness such as scholarship preparation, communication skills, interviewing, resume development, adulting, and financial readiness. This is an incredible opportunity for 6-8th grade youth to explore ideas for their education and career readiness.

Registration

Registration is open from October 1st to October 20th. To learn more and to register, visit: extension.usu.edu/utah4h/events/4h-university.

Questions?

Contact Kelsey Romney at kelsey.romney@usu.edu or (801) 502-4423.



MELP CLUB

Do you enjoy STEM and art? Want to build your leadership skills? Join the MELP Club (formerly the WELP Club). This club meets to do STEM activities, crafts, learn about leadership, and have fun!

They meet the first and third Tuesday of the month at the 4-H office. For all youth ages 13 and up.

For more information, contact the club leader, Danielle, at huffthepuff@gmail.com.

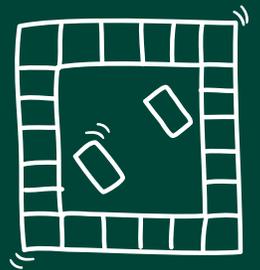
Tie Dye Night

October 24

Spark your creativity and get to know other 4-H'ers as you tie dye! We will do either bandannas or bags. Meet at the 4-H office at 4:30 pm. Materials are provided and no experience is required.

Board Game Party

October 3rd



Have fun, build your team work skills, and get to know your fellow 4-H'ers as you play board games! We will meet at the 4-H office at 4:30 pm.

JUNIOR TEEN COUNCIL AND TEEN COUNCIL

It's not too late to join Junior Teen Council or Teen Council!

It's an excellent way for youth to build essential leadership skills, develop new friendships, and have a meaningful impact on your community.

These councils serve as the leadership team for our county youth. They help plan retreats, camps, and participate in service projects. They also help provide training to club officers. The councils meet monthly at the 4-H office.

Junior Teen Council is for youth grades 6th-8th.
Teen Council is for youth in grades 9th-12th.

For more information, contact Holly at elmradacompanies@gmail.com.



Monthly Meeting

October 5

Interested in joining the council? We'd love to see you at our monthly meeting. Meetings are held at the 4-H Office from 4 pm to 5 pm.

Halloween Carnival for 4-H Mentoring

October 5

Every year, the 4-H mentoring program holds a Halloween carnival. The Jr/Teen Council will be helping to plan and put on this event. Plan on being there from 4:00 pm to 8:30 pm. Contact Holly for location.



4-H STEM

Join us for free, weekly STEM classes! These classes are sponsored by Utah State University and our local 4-H. Our 4-H instructor introduces kids to science, technology, engineering, and math through engaging hands-on activities. For youth in grades 3-8. All are welcome! You do not have to reserve a spot.

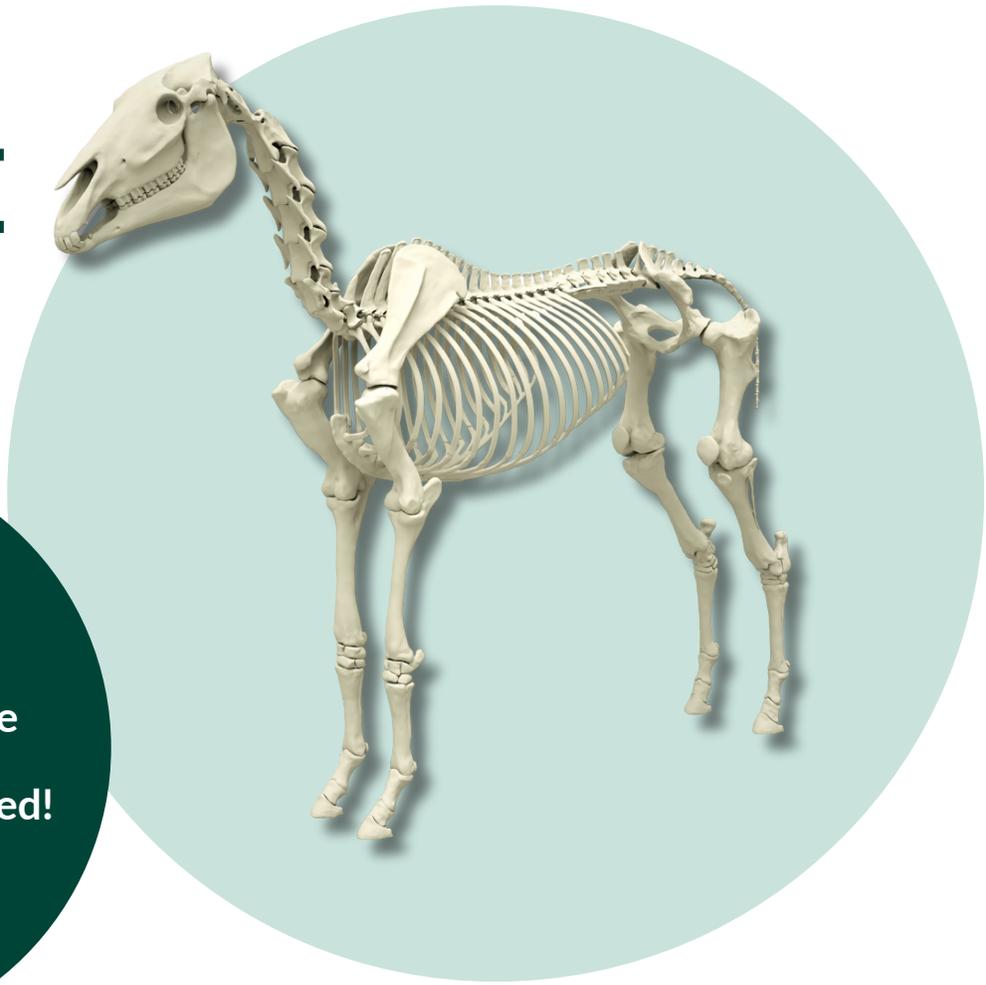
For information, contact or instructor, Joseph, at joseph.huff.usu.edu

Every Thursday
5 pm - 6 pm
Salem City Library



HORSE SCIENCE

HALLOWEEN NIGHT



October 30, 2023

6 pm at the 4-H office

All 4-H youth are invited!

Join us for a Halloween themed Horse Science night! This month's lesson will be on the skeleton of the horse, followed by a fun game to help master the major bones that make up a horse's skeleton. Apple cider and donuts will be provided.

You do not need to own your own horse or have any prior experience with horses to participate. Open to all 4-H youth, ages 8-18.

Join our remind group by texting @horseless4 to 81010.

Questions? Contact Heather at heather.thomson@usu.edu.

DOG CLUB

Learn about Dogs, from Their Nose to Their Toes

The Utah County 4-H Dog is still accepting members! At weekly meetings, club members will learn all about the proper care and handling of dogs from their nose to toes. They also learn how to compete in 4-H showmanship, American Kennel Club obedience and rally.

To compete, youth must be ages 8 to 18 but we allow youth 5 and up to participate. All ages and breeds or mixed breed dogs are allowed to be part of the project. Youth may compete with more than one dog and siblings may share one dog and compete in separate events. The club also is branching out to attend community events and learning about careers in the pet industry.

To learn more, email utahcountydogg4H@gmail.com.



Mondays at 6 pm
Orem, UT
All 4-H Youth