

Utah County 4-H 

NEWSLETTER



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July
2023

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16 IDEAS FOR 4-H EXHIBITS

By Kimberly McClellan

During the summer, many flock to county fairs across the nation. Savory food, thrilling carnival rides, and talented performances by entertainers attract people in droves. Amid all the attractions, the 4-H exhibits stand apart. The fair allows 4-H youth to shine as they showcase their accomplishments, skills, and talents to the community.

There are many ways members can participate in the fair. Parents and volunteers can help youth by guiding them as they prepare their exhibits. Here are some ideas for your exhibits:



1. Show livestock or small animals.
2. Show a horse.
3. Create a poster or video demonstration about an animal science topic (includes livestock, horse, and companion animals).
4. Build a Lego kit or create an original design.
5. Do leathercraft or woodcraft.
6. Create something using a 3D printer.
7. Take photos of animals, people, or landscapes.
8. Create something that exhibits developed leadership skills in 4-H.

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9. Create something that highlights a 4-H service project.
10. Display how 4-H teaches career readiness skills (job interviews, resume development, job applications, showing respect in the workplace, etc.)
11. A 4-H portfolio (includes resume and cover letter)
12. Bake cookies, muffins, brownies, fruit pie, cake, or bread.
13. Decorate cupcakes or a cake.
14. Sew, knit, or crochet an article of clothing.
15. Showcase fruits and vegetables grown in a garden or orchard.
16. Showcase fruits and vegetables grown in a garden or orchard.

Before preparing an exhibit, know the rules and guidelines of the exhibit category. Before showing your animal or giving a presentation, practice often. Be ready to answer questions from fairgoers regarding your exhibit and 4-H. With careful preparation, your dedication, talent, and passion will shine.



County 4-H Calendar

JULY 2023



JUL 4 Office closed for holiday

JUL 5 4-H STEM | 11:30 am - 12:30 pm | Payson City Library
4-H STEM | 1:30 pm - 2:30 pm | Mapleton Library
4-H STEM | 3 pm - 4 pm | Vineyard Library

JUL 7 4-H STEM | 4 pm - 5 pm | Salem City Library

JUL 10 Livestock Clinic | 9:00 am - 1:00 pm | Spanish Fork Fairgrounds
STEMobile | 5 pm - 6 pm | Vineyard Grove Park, Vineyard, UT

JUL 11 Lego Robotics Series | 2 pm - 4 pm | 4-H Office
STEMobile | 4:30 pm - 5:30 pm | 15456 W 12800 S Elberta, UT

JUL 12 STEMobile | 11:30 am - 12:30 pm | 3278 S 7300 S Benjamin, UT
STEMobile | 2:30 pm - 3:30 pm | 5237 W 10400 S West Mountain, UT
4-H STEM | 3 pm - 4 pm | Vineyard Library

JUL 12-14 Pony Camp | 10 am - 12 pm each day | 4-H Office

JUL 14 4-H STEM | 4 pm - 5 pm | Salem City Library

JUL 18 STEMobile | 12 pm - 1 pm | Creekside Park, Alpine, UT
Lego Robotics Series | 2 pm - 4 pm | 4-H Office

JUL 18-20 Rocket Camp | 10 am - 12 pm each day | 4-H Office

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JUL 19 4-H STEM | 11:30 am - 12:30 pm | Payson City Library
4-H STEM | 1:30 pm - 2:30 pm | Mapleton Library
4-H STEM | 3 pm - 4 pm | Vineyard Library

JUL 21 4-H STEM | 4 pm - 5 pm | Salem City Library

JUL 24 Office closed for holiday

JUL 25 STEMobile | 4:30 pm - 5:30 pm | 15456 W 12800 S Elberta, UT

JUL 26 STEMobile | 11:30 am - 12:30 pm | 3278 S 7300 S Benjamin, UT
STEMobile | 2:30 pm - 3:30 pm | 5237 W 10400 S West Mountain, UT

JUL 29 4-H Indoor Fair Exhibits Entries Due

Club Meetings

DOG CLUB Every Monday | Orem, UT

RABBITS & POULTRY CLUB July 11, 25 | Zoom



State 4-H Calendar

JULY 2023



JULY 10-12 Teen Summit

JULY 15 Clover Award Applications Due

JULY 15 Club Award Applications Due

JULY 27-28 Mustang Camp

JUNE 19-20 State Project Ambassador Training

See the Utah 4-H State Calendar online for more details: extension.usu.edu/utah4h/calendar

4-H SUMMER CAMPS

Rocket Camp

Discover the world of flight with rockets! Campers will construct their own rockets, learn all about the needed force to send them "into space", and learn the importance of an accomplished mission.

July 18-20

10 am - 12 pm each day

Grades 5+/Ages 10+

\$65

Utah County 4-H Office

4-H members sign up here:

4h.zsuite.org/event-registrations/21370

Not a 4-H'er yet? Sign up here:

4h.zsuite.org/external-event-registration/21370



Pony Camp

Let's ride! Pony camp is filled with fun pony related activities. Campers will create their own "pony" and other fun crafts as well as enjoy a trail ride and take part in our very own 4-H Pony Camp Derby and Rodeo!

July 18-20

10 am - 12 pm each day

Grades 5+/Ages 10+

\$65

Utah County 4-H Office

4-H members sign up here:

h4h.zsuite.org/event-registrations/21371

Not a 4-H'er yet? Sign up here:

4h.zsuite.org/external-event-registration/21371



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Drone Camp

Soar into the world of drones! Join Salt Lake County 4-H and the USU Aggie Drone Academy for this Drone Camp. Youth will build a chuck-glider, learn the rules and regulations of flying drones, and participate in a quadcopter flying activity. Each camper will leave the camp with a chuck glider and a mini drone. Please choose only one day to attend.

August 7 or 8

8:30am - 4pm

Grades 6-12

\$60

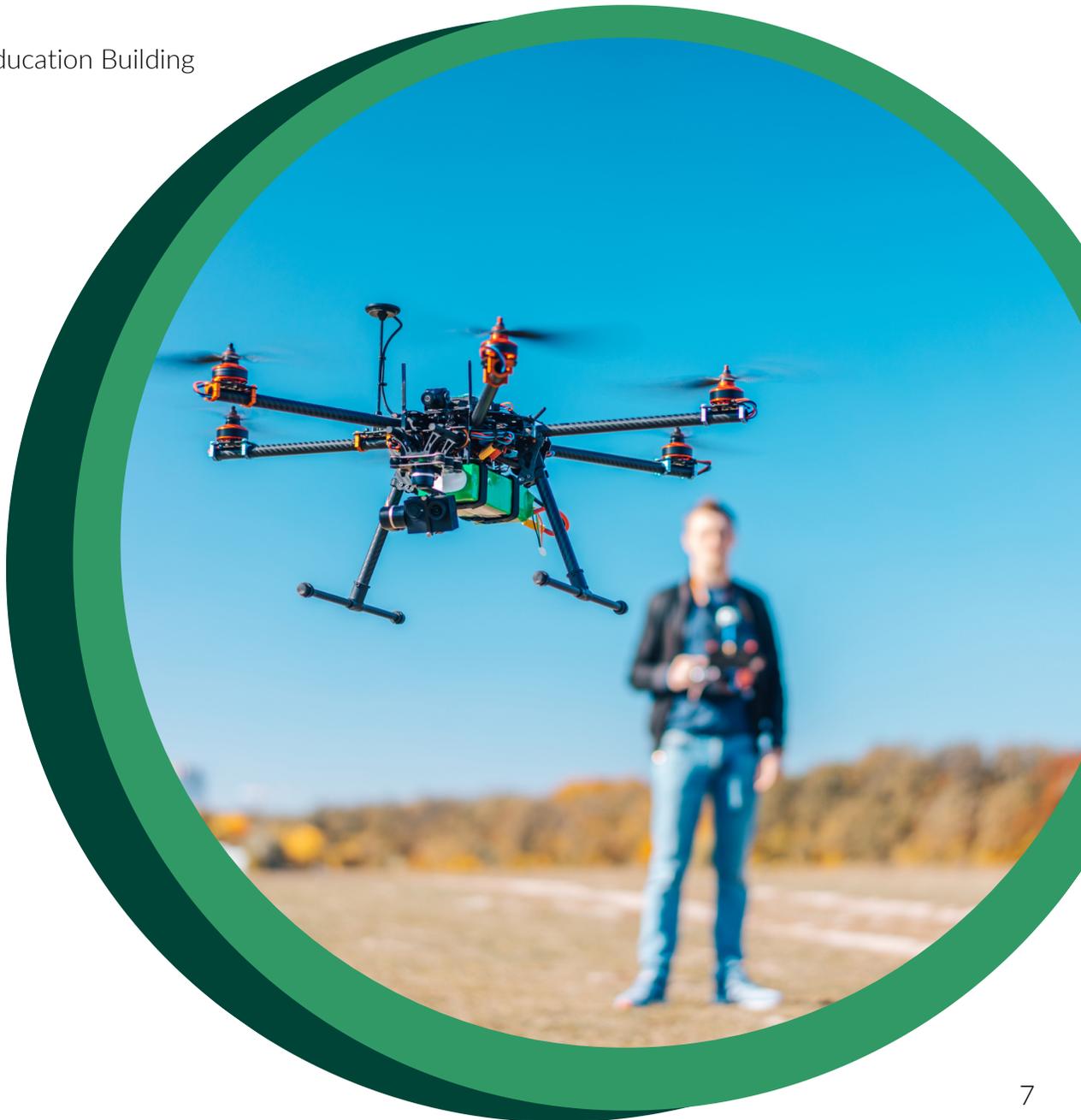
Wheeler Farm Education Building

Sign up for Day 1:

zsuite.org/external-event-registration/19430

Sign up for Day 2:

4h.zsuite.org/external-event-registration/19431



STATE 4-H EVENTS

Teen Summit

Teen Summit empowers youth to see their ability to effect change now and in the future - preparing them for the challenges they'll face today and tomorrow. For teens in 8th - 12th grade interested in developing leadership skills, building new friendships, and strengthening skills that promote success. Includes workshops, team-building activities, social networking, and collaborative exchange of ideas.

July 10-12

Utah State University | Main Campus | Logan, UT
Registration open May 1 - June 16

Learn more at register and at:
extension.usu.edu/utah4h/events/teen-summit



Mustang Camp

This overnight camp is an opportunity for youth across Utah to learn about managing public lands, rangelands, wild horses, and burros, looking deeper at the relationship between healthy lands and healthy horses.

July 27-29

Sevier County

More details to come!

Registration cost is \$60 per youth and includes: 4 meals, overnight lodging, camp materials and camp activities.

Learn more and register at:

extension.usu.edu/utah4h/events/mustang-camp



STEM, FCS AND GENERAL 4-H



Utah County Fair 4-H Exhibits



August 2-5

The Utah County Fair is ultimate showcase opportunity for 4-H youth! Participants will have the opportunity to exhibit their projects, ranging from 3D printing, to cooking, to photography! Youth can also exhibit rabbits, chickens, and [livestock](#). For information, check out our [Fair Book](#). Entries are due July 29th!



Upcoming Events

4-H Summer Camps

July - August

4-H summer camps are great way to learn new skills and make new friends! From rockets to ponies, there's something for everyone! Camps are open to all 4-H and non 4-H youth. See the [summer camps page](#) for details!

4-H STEM Activities

July - August

During the summer months, our 4-H instructors will be hosting free, one-hour, hands-on STEM activities! They will be held at multiple libraries in Utah county. They will also be held at various locations alongside our Bookmobile. For dates and locations, see our [events calendar](#)!



Quick Tips

Keep track of your 4-H experiences, achievements, and leadership positions. These are all things that you can put in your resume and cover letter, which makes up your 4-H portfolio.



Need a reminder? Sign up for the Utah County 4-H text remind system by texting @4hutco" to 708-589-7727



LIVESTOCK

Upcoming Shows

Utah County Fair Junior Livestock Show

August 1-5 | Spanish Fork Fairgrounds

Entries are due July 2! For more information visit:
extension.usu.edu/utah/4h/animals/livestock/jrlivestockshows

Salt Lake County Junior Livestock Show

August 9-12 | Bastian Agricultural Center

Late entries are being accepted until July 7th with a \$25 late fee. For more information visit:
extension.usu.edu/utah/4h/animals/livestock/jrlivestockshows

Quick Tips

Did you know water is the most important nutrient? Provide fresh, clean water to livestock all times. Place water the shade to keep it cool during the hot summer months. When going to a show, animals may not want to drink because the water tastes different. Consider taking water from home to the show. Watch your animals' drinking habits closely, and treat any dehydration immediately.



Need a reminder? Sign up for the Utah County 4-H Livestock text remind system by texting "@4-hutstock" to 81010

Livestock Showmanship and Knowledge Clinic



Join the Utah County 4-H Livestock Ambassadors for day of learning! Topics include beginner tips, show ring presence, sportsmanship, basic nutrition and much more. All species are included. Registration fee includes lunch, treats and prizes.

July 10

9 am - 1 pm

Spanish Fork Fairgrounds

\$15

Sign up here:

4h.zsuite.org/event-registrations/22006



HORSE



20 Show 23 Schedule



Show 1

June 6 | Spanish Fork Fairgrounds

Registration open May 1st - 24th

Test open May 29th - June 2

Show 2

June 29 | Spanish Fork Fairgrounds

Registration open June 7th - 16th

Test open June 19th - 26th

Show 3

August 1 | Spanish Fork Fairgrounds

More details to come!



Announcements

The third 4-H Horse Show has been rescheduled to August 1st, 2023, and will be in conjunction with the Utah County Fair. Given that we will only have access to two out of three arenas that day, this show will once again be a morning show. Please check your emails, as there will be more details to come!



Quick Tips

When at a show, make time to watch the exhibitors that go before you. Look for signs of what the judge is looking for. You will often learn something from those that are successful. If you are going first, give yourself time to warm up and practice the pattern. And don't be afraid to ask the judges questions. They are often willing to answer your questions when appropriate. Remember, they want to see you succeed!



Need a reminder? Sign up for the Utah County 4-H Horse text remind system by texting "@4huthorse" to 224-207-8560.