

Utah County 4-H

NEWSLETTER

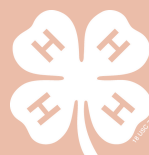


Extension
UtahStateUniversity



February 2024

TABLE OF CONTENTS



Articles for All

Click on the number to go to the page

4-H Calendar - February 2024	<u>1</u>
State 4-H Portfolio Contest	<u>3</u>
4-H Prom: Light Up the Night	<u>4</u>
Join These New 4-H Clubs	<u>5</u>
County 4-H Contests	<u>6</u>

STEM, FCS and Leadership

Junior Teen Council and Teen Council	<u>8</u>
MELP Club	<u>9</u>

Livestock

Livestock Tagging #3	<u>10</u>
Learn Livestock Education Series	<u>11</u>
Livestock Judging Series	<u>12</u>
Utah State Junior Livestock Show Legacy Scholarship	<u>13</u>

Horse

Horse Science: 4-H Horse Demonstrations	<u>14</u>
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Small Animals

Dog Club: Learn about Dogs, from Their Nose to Their Toes	<u>15</u>
-----------------------------------------------------------------	---------------------------



4-H Calendar

FEBRUARY 2024



FEB 3 Dog Club (agility) | 2 pm - 4 pm | Eagle Mountain, UT

FEB 5 Dog Club | 6:30 pm - 7:30 pm | Orem, UT

FEB 6 MELP Club | 4:30 pm - 5:30 pm | 4-H Office

FEB 7 Junior Teen and Teen Council Meeting | 4 pm- 5 pm | 4-H Office

FEB 8 Learn Livestock Education Series #5 | 4:30 pm - 5:30 pm | Spanish Fork Fairgrounds

FEB 9 County Portfolio Contest Submissions Due (STEM, FCS, leadership)

FEB 12 Dog Club | 6:30 pm - 7:30 pm | Orem, UT
Learn Sheep and Goat Evaluation | 6:30 pm | 4-H office

FEB 15 4-H State Portfolio Contest Submissions Due

FEB 17 4-H Prom | 7:30 - 9:30 pm | Larsen Elementary School

FEB 19 Dog Club | 6:30 pm - 7:30 pm | Orem, UT

FEB 20 MELP Club | 4:30 pm - 5:30 pm | 4-H Office

Continued on page 2

FEB 22

Learn Livestock Education Series #6 | 4:30 pm - 5:30 pm | Spanish Fork Fairgrounds

FEB 24

[Livestock Tagging #3](#)

FEB 26

Horse Science and 4-H Demo Contest | 6 pm | 4-H Office

Dog Club | 6:30 pm - 7:30 pm | Orem, UT

Learn Cattle and Swine Evaluation | 6:30 pm | 4-H Office

FEB 28

Digital Arts and Pixelations Contest Submissions Due

See our online events calendar and follow us on social media for event info and updates!



4-H STATE PORTFOLIO CONTEST



Portfolio Objectives

The 2023-2024 4-H Portfolio State Contest cover letter is centered on the culminating outcomes that youth may gain from their 4-H experience. The cover letter objectives are aligned to the top emerging issues in each age group. Points will be awarded for complete answers – not for the best description of a positive 4-H experience.

Why submit a 4-H portfolio?

This is a great time to receive state-level feedback.

The portfolio is a part of leadership positions and other opportunities.

You'll receive a blue, red, or white ribbon and certificate based on your submission.

Submitting Your Portfolio

Submit your cover letter and resume in ZSuite! The contest is open until February 15!

Before submitting, give yourself time for review and make sure your portfolio is free of grammar and spelling mistakes. Ask a family member, friend, or your 4-H coordinator to review it.

The 4-H Portfolio is the standard application tool for all 4-H leadership positions, a valuable resource as youth seek employment, and gathers the information needed to apply for scholarships. Competing in the State 4-H Portfolio Contest will give youth a competitive advantage as they apply for opportunities throughout the year. High school seniors will automatically be entered for the 4-H Career Honor Award! Learn more at: <https://extension.usu.edu/utah4h/more/4-h-portfolios>.



4-H PROM

Light Up the Night

Come support the 4-H State Ambassadors at their annual 4-H Prom Fundraiser. This will be a great evening of 4-H dancing, treats and pictures. This year's theme is "Light Up the Night." There is nothing better than a 4-H dance!

Details

For: Teens (9th -12th grade) and Alumni (do not need to be enrolled in 4-H)

Date: February 17, 2023 from 7:30 - 9:30 pm

Cost: \$12 per person (if registered in ZSuite) or \$20 at the door

Location: Larsen Elementary (117 Flonette Ave, Spanish Fork, UT 84660).

Registration is open until February 8th! Not enrolled? Sign up here:

<https://4h.zsuite.org/external-event-registration/16492>



JOIN THESE NEW 4-H CLUBS

We're excited to announce the start of two new clubs! These clubs are led by trained 4-H volunteers and are open to all youth. Age requirements vary by club.



Mount Nebo Shooting Sports Club

This is a joint county club (Utah and Juab) with bi-monthly meetings in Nephi, weather permitting. Winter will focus on archery, with summer expanding into the other disciplines (rifle and shotgun). Hunter safety is required. For youth in grades 3-12.

If you're interested in joining, contact Heather (heather.thomson@usu.edu) or Christi (christi.nicholls@usu.edu).



Xar's Strategy Club

If you love strategy board games, this is the club for you! Come play games such as Root with Underworld, Cosmic Encounter, and more! They will meet on Fridays from 7 pm - 9 pm in Orem. For all youth ages 16-18.

If you're interested in joining, please contact Emily at emily.vanwagoner@usu.edu. To reserve your spot, check the [schedule](#) and scan the QR code to register for the game you'd like to play. The games have a limited amount of players, so don't delay!

COUNTY 4-H CONTESTS



Digital Arts

Register and submit by February 28th

Enter in any (or all) of the following categories: photography, videography, graphic design, 3D art, or 30-hour shoot. Rules and more details can be found on ZSuite.

State contest date to come! Judging rubrics will be emailed out.

<https://4h.zsuite.org/event-registrations/25809>



Pixelations

Register and submit by February 28th

In this contest, youth will use computational thinking strategies to make their own pixelation picture using a medium of their choice. What is a pixel? Pixels are the individual building blocks of every digital photograph and most other digital images. In addition to pixels in a digital image, pixels can refer to pixels in a digital display, a digital camera sensor, and other devices.

<https://4h.zsuite.org/event-registrations/25807>

Continued on page 7

4-H Demonstrations

February 26 | 6 PM | 4-H Office

Giving a 4-H project demonstration can be fun! In a demonstration, you show and tell about a fact, idea, or process. You've probably given demonstrations in the past but didn't know it. When you have learned how to do something in your 4-H project and then showed another club member, you gave a demonstration. Sign up in ZSuite!

This contest will be in conjunction with Horse Science, where youth will be giving demonstrations on horse related topics.

<https://4h.zsuite.org/event-registrations/26617>



4-H Portfolio

Submit your cover letter and resume by February 9th

Youth in the STEM, FCS, and leadership project areas are highly encouraged to submit their portfolios before entering the State Portfolio Contest. This is a great opportunity to receive feedback. There are senior, intermediate, and junior age divisions. Submit in ZSuite!

<https://4h.zsuite.org/event-registrations/26209>



JUNIOR TEEN COUNCIL AND TEEN COUNCIL

This club is an excellent way for youth to build essential leadership skills, develop new friendships, and have a meaningful impact on their community.

These councils serve as the leadership team for our county youth. They help plan retreats, camps, and participate in service projects. They also help provide training to club officers.

Junior Teen Council is for youth grades 6th-8th. Teen Council is for youth in grades 9th-12th.

For more information contact our club leader, Holly, at elmradacompanies@gmail.com.

Monthly Meeting

February 7th

Interested in joining the council? We'd love to see you at our monthly meeting. Meetings are held at the 4-H Office from 4 pm to 5 pm. Come see what it's all about!



MELP CLUB

Do you enjoy STEM and art? Want to build your leadership skills? Join the MELP Club (formerly the WELP Club). This club meets to do STEM activities, crafts, learn about leadership, and have fun!

They usually meet the first and third Tuesday of the month at the 4-H office. For all youth ages 13 and up.

For more information, contact our club leader, Danielle, at huffthepuff@gmail.com.

FEBRUARY CLUB SCHEDULE

February 6

Cupcake Decorating | 4:30 pm | 4-H office

February 20

TBD | 4:30 pm | 4-H Office





LIVESTOCK TAGGING #3

Cattle Tagging Deadline

Uintah Basin Junior Livestock Show (Vernal, UT)

Sheep/Hog/Goats Tagging Deadline

Utah State Junior Livestock Show (Spanish Fork, UT)

Livestock Tagging Process

Step 1: Register for 4-H at 4h.zsuite.org. All youth must have an “active” status before animals may be tagged.

Step 2: Attend a tagging event. All tags are \$2 each. Payment is required at time of tagging (exact cash or check made out to Utah County 4-H).

Questions? Contact Corianne Topham at corianne.mangelson@usu.edu or (385) 225-7740.

February 24th

7:30 am - 9:00 am

**Salem Rodeo Grounds
Arrowhead Trail Salem, UT**

9:30 am - 10:00 am

**Lehi Rodeo Grounds
105 N 500 W St Lehi, UT**

*Please note: Tagging an animal does not register youth for show participation.

*Please note: Youth must be at least 8 years old and in 3rd grade by the tagging deadline for the shows in order to participate.

*If you are unable to attend the tagging contact Corianne before the tagging event to schedule a Farm Visit, a fee will apply.

LEARN LIVESTOCK EDUCATION SERIES

Come learn all about livestock! Not only will you expand your knowledge, you will learn skills that you will be able to apply to your own efforts in raising and showing livestock. The series covers all four species: cattle, hogs, sheep, and goats. This is a great way to study for livestock knowledge tests and livestock knowledge bowl! Each session includes a lesson, hands-on activities, and lasts one hour. Some sessions are a skill-a-thon, in which youth can demonstrate the knowledge and skills they have gained at previous sessions. All youth ages 8-18 are invited to attend.

Questions? Contact Corianne Topham at corianne.mangelson@usu.edu or (385) 225-7740,



PART 5

Reproduction and Genetics

February 8th

4:30 pm to 5:30 pm

Spanish Fork Fairgrounds

PART 6

Herd Management, Illnesses and Treatment

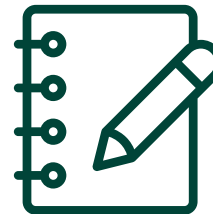
February 22nd

4:30 pm to 5:30 pm

Spanish Fork Fairgrounds



LIVESTOCK JUDGING SERIES



Learn Sheep and Goat Evaluation

Join the Utah County 4-H Livestock Ambassadors to advance your knowledge in sheep and goat evaluation priorities, terminology, note taking and oral reasons. For all 4-H youth ages 8-18.

February 12th

6:30 PM

Utah County 4-H Office

Learn Cattle and Swine Evaluation

Join the Utah County 4-H Livestock Ambassadors to advance your knowledge in cattle and in cattle and swine evaluation priorities, terminology, note taking and oral reasons. For all 4-H youth ages 8-18.

February 26th

6:30 PM

Utah County 4-H Office



UTAH STATE JUNIOR LIVESTOCK SHOW LEGACY SCHOLARSHIP



Are you a graduating senior in 2024? Showing livestock at USJLS in May? Wanting to earn money for college or vocational school?

The Utah State Junior Livestock Show is celebrating its 100-year anniversary this year! To commemorate this amazing milestone the USJLS Committee is pleased to announce the start of the NEW USJLS Legacy Scholarship. This scholarship is available to all graduating seniors who enter the Utah State Junior Livestock Show. This includes all species; beef, goats, sheep, and hogs. Scholarships will be presented at the awards jamboree during the stock show. The committee has put things in place that will continue the scholarship opportunity for the next 100 years.

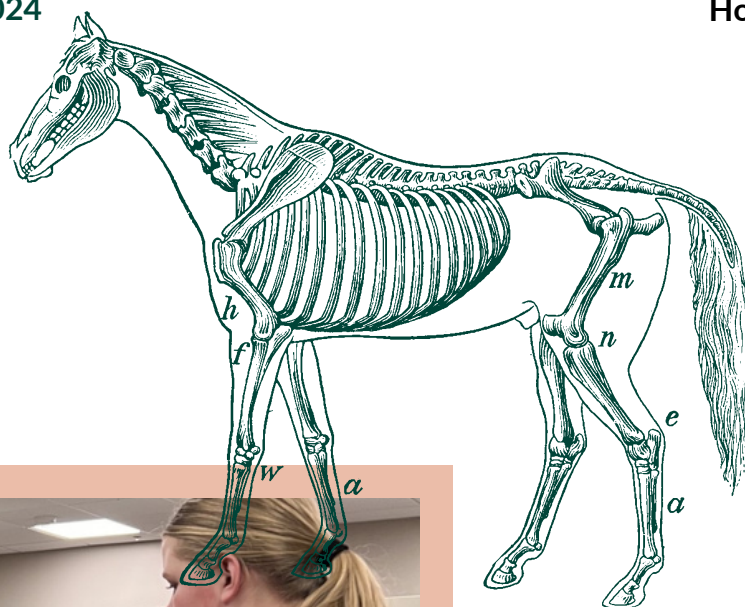
Questions? Email Darann at usjls100@gmail.com.

Apply by
April 20, 2024

Fill out the [application form](#) and send it to usjls@gmail.com by the **deadline**.

HORSE SCIENCE

Horse Demonstrations



February 26th

6 PM

Utah County 4-H Office

Last month, club members learned about the horseless 4-H event, Horse Demonstrations. In this event, groups or individuals give a demonstration on horse skills or methods. At this month's meeting, groups and individuals will have the opportunity to present their very own demonstrations. Topics can range from equine science, to grooming techniques, to taking care of tack. If you're planning on presenting, please sign up in Zsuite: <https://4h.zsuite.org/event-registrations/26617>.

Our club is dedicated to creating a welcoming and inclusive environment for everyone who shares a passion for horses. Whether you are a beginner or an experienced equestrian, there is always something to learn and someone to meet.

If you have any questions about the event or our club, please do not hesitate to reach out to Heather at heather.thomson@usu.edu or call (385) 268-6531.

DOG CLUB

Learn about Dogs, from Their Nose to Their Toes

The Utah County 4-H Dog is still accepting members! At weekly meetings, club members will learn all about the proper care and handling of dogs from their nose to toes. They also learn how to compete in 4-H showmanship, American Kennel Club obedience and rally.

To compete, youth must be ages 8 to 18 but we allow youth 5 and up to participate. All ages and breeds or mixed breed dogs are allowed to be part of the project. Youth may compete with more than one dog and siblings may share one dog and compete in separate events. The club also is branching out to attend community events and learning about careers in the pet industry.

To learn more, email utahcountydogg4H@gmail.com.



February Club Schedule

February 3

Agility Practice | 2-4 pm | Eagle Mountain, UT

February 12, 19, and 26

Club Meeting | 6:30-7:30 pm | Orem, UT