

4-H Glossary of Terms

4-H

The youth development program of USU Extension designed for young people ages 5-18; members participate in clubs, activities, events, retreats, complete project work with a group (club) or on their own.

4-H At Home

An option for families seeking to be involved in 4-H as individuals or family units.

4-H Classic

The culminating competition for youth to work in teams and as individuals to demonstrate knowledge and skills in a variety of project area topics. Contests focus on family and consumer science, livestock, and horse content.

4-H Year

4-H operates on an annual calendar that begins September 1 and ends August 30. Youth and volunteers register annually.

Achievement Night

An annual event that recognizes youth, volunteers, club leaders, and community partners for their achievements.

Ambassadors

Senior age youth who serve as leaders and mentors to 4-H members of all ages. Ambassadors organize trainings and retreats, support 4-H faculty, and mentor youth. Ambassadors include: project ambassadors (state and local - check with your county office), regional ambassadors, and state ambassadors.

Camp

A day or overnight learning experience that provides authentic hands-on, real-world experiences; topics are typically project area specific. Examples include: Mustang Camp, Summer Camps.

Citizenship Washington Focus (CWF)

An opportunity for youth, grade 9+, to visit the nation's capital. Participants learn about the government and how they can make an impact in their communities. The experience includes visits to historical monuments and government buildings. Utah 4-H participates on a rotating basis every 3-years.

Cloverbud

Youth ages 5-7 who are enrolled in 4-H. Youth engage in developmentally, age-appropriate project activities, camps, clubs, or events.

Club

A club is a group of 4-H members led by a volunteer adult. A chartered club consists of 5 youth from 5 different families that meets a minimum of 6 times (six hours) during the 4-H year.

*Family-based clubs that do not meet the above requirements enroll in 4-H At Home annually.

Contests

Learning experience for youth to demonstrate project area knowledge and skill. Examples of contests include: Demonstrations, Public Speaking, STEM Challenges, Bowls, Judging, Skill-a-thons, Presentations, and much more. ([link to Utah 4-H Contest page](#))

Danish Method

A system of judging that sets participants against an age-appropriate standard for the competition, rather than against other participants. The system is designed to be an educational tool and give 4-H'ers a feel for their level of execution in a specific area.

Design Teams

Youth leadership teams composed of 4-H members in grades 10-12 who under the supervision of a faculty member organize and lead retreats such as JYC, i4-H, Teen Summer Summit.

Event

An educational or social occasion scheduled at a particular time or place.

Fair/Show/Exhibition

4-H members demonstrate their project area accomplishments and mastery through exhibits, shows, or competitions. Judges evaluate the project(s) and award ribbons, trophies, and other awards based upon the quality of the work.

i4-H

Is a retreat for youth having completed grade 7 and 8. Youth engage in hands-on activities and design challenges led by youth Design Team members. Youth develop friendships, learn team-building, and just have fun. Held at a USU campus, this event takes place annually in June.

Intermediate

Youth ages 11-13/Grades 6-8 who are enrolled in 4-H. Youth engage in developmentally, age-appropriate project activities, camps, clubs, or events. Ages and grades are as of September 1 of the current 4-H year. Youth remain in their age category until the next 4-H year, this includes the summer months.

Junior

Youth ages 8-10/Grades 3-5 who are enrolled in 4-H. Youth engage in developmentally, age-appropriate project activities, camps, clubs, or events. Ages and grades are as of September 1 of the current 4-H year. Youth remain in their age category until the next 4-H year, this includes the summer months.

Junior Teen Council

A youth leadership club for youth in grades 6-8. Youth participate in learning workshops, service, and organizing events.

Junior Youth Conference (JYC)

A 3 -day, 2 -night event for youth having completed grades 5 and 6 designed to foster a sense of belonging. Typically offered in June each year; youth gather to engage in building relationships, develop communication skills, and simply have fun under the direction of youth leaders and adult chaperones.

Mustang Camp

This overnight camp will provide youth across the state the opportunity to learn about the federal entities dedicated to managing public lands, rangelands, wild horses, burros, and the relationship between healthy lands and healthy horses. Our hope is that this camp is a step towards understanding and appreciating the uniqueness of our wild horses and burros.

Positive Youth Development

Supports the growth and development of youth through connections with caring adults in high-quality settings. PYD provides the framework for youth to thrive as they develop positive social, emotional, cognitive, and behavioral habits.

Project

A developmentally appropriate series of hands-on learning activities which help youth reach their goals. Projects vary widely in scope and context.

Recognition

A program whereby all members have an opportunity to be recognized for their participation, experiences, and competition.

Retreat

A day or overnight learning experience that provides authentic hands-on, real-world experiences; topics are typically broader, utilize teen leaders such as Design Teams or Ambassadors and focus on building belonging, relationships, and teamwork within the context of a topic or theme. Examples include: Junior Youth Conference (JYC), i4-H, Teen Summit, Teen Winter Retreat (TWR).

State Fair

A state-wide opportunity for 4-H members to demonstrate their project area accomplishments and mastery through exhibits, shows, or competitions. Typically, state fair entries are determined by local county fair results. At state fair judges evaluate the project(s) and award ribbons, trophies, and other awards based upon the quality of the work.

Senior

Youth ages 14-18/Grades 9-12 who are enrolled in 4-H. Youth engage in developmentally, age-appropriate project activities, camps, clubs, or events. Ages and grades are as of September 1 of the current 4-H year. Youth remain in their age category until the next 4-H year, this includes the summer months.

Summer Camps

Camps vary from county to county, but often provide 1 or more days of hands-on learning in a specific project area. Contact your local 4-H Coordinator to learn more about summer camps in your county.

Teen Council

A county level youth leadership club held monthly at the county extension office. Youth engage in leadership learning activities, service opportunities, and work with county 4-H staff to lead events and activities for youth.

Teen Leaders

Older 4-H members, typically Intermediate or Senior, who under the mentorship of an adult organize and lead a retreat, camp, or activity. Examples include: Jr. Teen Council, Teen Council, TRY Teams (Teens Reaching Youth), Design Teams; Project, Region or State Ambassador

Teens Reaching Youth (TRY) Teams

A leadership opportunity for youth in grade 8+. Teams consist of 4-5 youth with one adult who attend a project area training and return to their counties to teach 6-8 hours of the learned curriculum to county youth through workshops or camps.

Teen Summer Summit

Teens Summit is the Premiere Youth Leadership Training Conference, hosted by Utah 4-H, for youth in 8th – 12th grade who are interested in developing meaningful leadership skills.

Through workshops, team building experiences, social networking and a collaborative exchange of ideas, this conference will empower teens to see their ability to effect change now and in the future, preparing them for the challenges they face today and tomorrow.

Teen Winter Retreat (TWR)

Designed for youth in grades 9-12, TWR provides youth led workshops on relationships and communications skills.

Utah Junior Livestock Shows

A series of events provided to 4-H youth by the Utah Junior Livestock Association that involves tagging and showing various livestock animals.

Volunteer

An individual who is giving of their time and talents to positively support a youth or group of youth in one or several project areas.

Volunteer Training

Utah 4-H ensures all volunteers are trained in their roles and responsibilities; as well as in the protection of minors. Volunteers complete the training online via Clover Academy, accessible via the volunteers Zsuite profile.

Zsuite

Member management website where youth and adults register for 4-H as well as events, complete training, manage club information, and locate general local program information. (www.4h.zsuite.org)