DISCOVER & LEARN 2021

OCTOBER 9, 2021 • 9:00AM • UTAH COUNTY EXTENSION
1426 E 750 N Suite 202 Orem UT 84097
WORKSHOP BLOCKS
2021 TRAINING

OPENING
9:00 AM | Building 2

MORNING SESSIONS
Block 1 9:15am - 11:15am
Block 2 11:15am - 12:30pm

LUNCH
12:30pm - 1:30pm | Pavilion

AFTERNOON SESSIONS
Block 3 1:30pm - 3:00pm
Block 4 3:00pm - 4:30pm

Special Thanks to:
Jessica Rowley, Dave’s Bernina
Katherine O’Donnell, A Piece of Cake
Analane Powell, Angel Gowns by Analane
4-H Faculty, Staff & Volunteers

QUESTION?
CONTACT 385.268.6531
# Workshop Offerings

## Welcome & Check-In | Building 2

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WORKSHOP DESCRIPTIONS
2021 TRAINING

MORNING SESSIONS

Block 1a | 9:15am - 10:30am

4-H 101 | Introduction to 4-H
Melanie Ogan, UTCO 4-H Coordinator
An overview of 4-H programs and its history, participants are introduced to the many facets of 4-H involvement from 4-H At Home, Chartered Clubs, Sponsored Clubs, Contests, Camps and Retreats. Information regarding starting or finding a club, registering youth or as a volunteer, using the Discover Curriculum, and a general Q & A regarding 4-H to help the beginner get started on the right foot.

4-H 101 | Livestock Projects
Jessie Hadfield, 4-H Faculty
Jessie Hadfield, along with other 4-H representatives share updates regarding the Livestock program, provide important information regarding events and tagging animals, help you locate important resources, and answer questions about the supporting youth in your Livestock clubs.

Block 1b | 10:30am 11:15am

4-H 101 | 4-H Thrive Model
Melanie Ogan, UTCO 4-H Coordinator
The motto of 4-H is “To make the best better”. To this end, 4-H has adopted a model of positive youth development called the “Thriving Model”. This class will introduce you to the key concepts of this model and how they apply to you as volunteers in your clubs or roles as mentors to youth.

4-H 101 | Horse Project
Jessie Hadfield, 4-H Faculty
Jessie Hadfield, along with other 4-H representatives share updates regarding the Horse program, provide important information regarding events and rules, help you locate important resources, and answer questions about the supporting youth in your Horse clubs.

QUESTION?
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MORNING SESSIONS

Block 1 | Hands-on Classes
9:15am - 11:15am

Skill Building | Craft Project: Amigurumi
Extension Classroom
Allison Ogan & Elsa Huff, Volunteers | UTCO 4-H
Fee: $15

Amigurumi has a long and fascinating history and the tiny stuffed toys which are quick and satisfying to make have very much become a staple of Japanese kawaii culture. Join Allison and Elsa as they walk you through the basic stitches from the slip stitch to the magic ring in order to create these fun crocheted pieces of art. The class includes everything you need: crochet hook, yarn, pattern, and needle. This fun activity is easily transferable to a club meeting and will make great fair projects! (Image shown for reference, may not depict actual project.)

Limited Seats: 30

STEM Activities | General
Extension Sunroom
Joseph Huff, UTCO 4-HSTEAM Assistant

Robots, rockets, and slime, OH MY! Join Joseph to learn how to incorporate STEAM (Science, Technology, Engineering, Agriscience, and Mathematics) into your club meetings with fun and simple activities designed to introduce youth to STEAM topics and help to kindle that SPARK to learn more! He will share the resources available to Utah County volunteers, teach you to make the most of simple supplies, and encourage you all along the way.
MORNING SESSIONS

Block 2a | 11:15am - 12:00pm

4-H 101 | Service Learning
Vernon Parent, 4-H faculty
In this module we will examine the role of service learning and community service as a mode to developing youth leadership. Whether you are a 4-H At Home club or a Chartered club this class will help you incorporate intentional service into your program.

4-H 101 | Small Animal Projects
Jessie Hadfield, 4-H Faculty
Jessie Hadfield, along with other 4-H representatives share updates regarding the Small Animals program, provide important information regarding events and rules, help you locate important resources, and answer questions about the supporting youth in your clubs.

Block 2b | 12:00pm - 12:30pm

4-H 101 | Contest Basics
Melanie Ogan, UTCO 4-H Coordinator
A review of contests for all project areas, running contests at the club level and preparing for county contests; as well as state and national contest readiness. In addition we will review the various Achievement Recognitions and Awards youth can earn as they progress their way through the 4-H program from Cloverbud to Senior.

Roundtable Discussion & Idea Exchange
This is an unmoderated, open discussion opportunity to talk with other 4-H volunteers or parents to discuss any topic, ask questions, and share ideas about “how to 4-H”. These discussions are not project specific in order to encourage you to get ideas from a variety of many perspectives.

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MORNING SESSIONS

Block 2 | Hands-on Classes
11:15am - 12:30pm

Skill Building | Sewing Project: Jerome the Gnome
Extension Classroom
Jessica Rowley, Dave’s Bernina
Fee: $25

Let’s “Gnome” up the Holidays together with this fun “Jerome the Gnome” Doll. Come create this cute Gnome doll with fun fabrics and embellishments of your choice. This would be a fun Holiday activity for any club. Additional patterns are available at Dave’s Bernina in Provo. This is a **double session** class to ensure all participants have time to complete the project with the instructor. Image shown is actual project. Sign up for Block 3 "Holiday Gnome Doll" to complete the project.

**Limited: 25 seats (double session)**

Limited kits, complete with pattern, instructions, and fabric, are also available for purchase; $25.

STEM Activities | General
Extension Sunroom
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Block 3a | 1:30pm - 2:15pm

4-H 101: Indoor Fair Exhibits
Building 2
Megan Hendrickson, 4-H faculty
The Utah County Fair is the showcase event for 4-H: whether through "4-H Indoor Exhibits" or with the Livestock Show, youth are sharing their best work in a number of divisions identified in our Fair book. This class will introduce you to the steps of participating in the County Fair 4-H Indoor Exhibits with your club or as a 4-H At Home participant from beginning to end.

Block 3b | 2:15pm - 3:00pm

4-H 101 | Youth as Leaders
Building 2
Vernon Parent, 4-H faculty
Developing youth leadership skills and abilities is the heart of the 4-H program. In this course you will learn about leadership roles and responsibilities from the club level to the state level; as well as utilizing youth in your multiage club as leaders and mentors for younger youth.

4-H 101 | Navigating Zsuite
Extension Conference Room
Melanie Ogan, UTCO 4-H Coordinator
New to 4-H and not sure how the member management system works? Join us as we walk through Zsuite and learn where to find information, enroll in events, read the newsletter, and manage your club information.

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WORKSHOP DESCRIPTIONS
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Block 3 | Hands-on Classes
1:30pm - 3:00pm

Skill Building | Sewing Project: Jerome the Gnome (Con’t)
Extension Classroom
Jessica Rowley, Dave’s Bernina
Fee: $25

Complete your “Jerome the Gnome” Doll. Come with fun fabrics and embellishments of your choice. This would be a fun Holiday activity for any club. Additional patterns are available at Dave’s Bernina in Provo. This is a continuation of the previous class.

Limited: 25 seats (double session)

Limited kits, complete with pattern, instructions, and fabric, are also available for purchase; $25.

Skill Building | Cupcake Filling & Decorating
Extension Sunroom
Katherine O’Donnell, A Piece of Cake
Fee: $15

Katherine O’Donnell has worked as a professional Cake Decorator and instructor for almost 17 years and she is joining us to share her knowledge and skills! In this class you will receive instruction on filling and decorating cupcakes. Each participant will learn techniques to decorate and fill 6 cupcakes and receive a carry case to take them home! Learn new or practice existing skills to guide youth in creating fun and unique edible treats or fair entries! You can even book Kathrine for a fun club meeting at her bakery studio or your home!

Limited: 25 seats

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AFTERNOON SESSIONS

Block 4a | 3:00 pm - 3:45 pm

4-H 101 | 4-H At Home
Building 2
Danielle Huff, Volunteer / UTCO 4-H
4-H Volunteer and WHEN Club leader, Danielle Huff, will discuss how to infuse 4-H into your home and family without being a part of an “official” club. She will review the various options you have as an At Home 4-H member and answer questions about how to participate in the larger 4-H program.

4-H 101 | Shooting Sports
Extension Conference Room
Blake Clark, 4-H Faculty
Interested in shooting sports? Blake will join us via Zoom from Logan to provide program information, answer questions, and help you get your clubs started on the right foot.

Block 4b | 3:45 pm - 4:30 pm

4-H with Teens (Intermediate & Senior)
Extension Conference Room
Meggan Callister, SLC 4-H Coordinator
Are your club youth getting older? Working with older youth and teens can be challenging. Join Meggan as she gives tips to engage older youth in 4-H and to keep them participating well through high school.

Roundtable Discussion & Idea Exchange
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AFTERNOON SESSIONS

Block 4 | Hands-on Classes
1:30pm - 3:00pm

Skill Building | Service Sewing Projects
Analane Powell, Angel Gowns by Analane

In this class you will learn to sew beautiful angel pockets and gowns with 4-H volunteer Analane Powell. Working with your youth to create these simple and much needed items for local hospitals is a joyful experience for all involved. Analane will walk you through each step, help your club prepare and donate your completed items to a local hospital. Learn more about the Angel Pocket/Gown experience by visiting https://www.facebook.com/profile.php?id=100054199360908.

Limited seats: 15

STEM Activities | General
Extension Sunroom
Joseph Huff, UTCO 4-HSTEAM Assistant

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