



HEAD  
HEART  
HANDS  
HEALTH

I PLEDGE MY HEALTH TO  
**better  
living**

October 2023

#4HPLEDGE

# Tooele County 4-H

## A "Soup"erior 4-H Night, Monday, November 6th



4-H Achievement Night this year is "Soup"erior fun for the whole family! We are so excited to see you in person this year.

"Soup"erior 4-H Night is Monday, November 6, 2023 at 6:30 pm at the 4-H office (151 N. Main in Tooele). As you might have already guessed, we have a soup bar for dinner. Come for food, awards, fun and a little line dancing. Celebrate your 4-H year with us and check

out the improvements that we have made to the auditorium!

To ensure that we have enough food for everyone, please RSVP the number of people in your family attending by Sunday, Nov. 5. (email: [tamra.cox@usu.edu](mailto:tamra.cox@usu.edu) or phone: 435-277-2405) All 4-H youth and leaders are invited to come and bring your whole family!

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## 4-H Service Goosechase

It's that time of year again! You all look forward to being out of school and spending time with family and friends and sharing your love with them. One of the best ways to share your love is to offer service and here's a fun way to do it! Participate in the Tooele County 4-H Service Goosechase beginning at 8 am on Wednesday, November 22 (the day before Thanksgiving) and finishing at midnight on Tuesday, December 12. Just think of all the amazing service that can be done in these 2 weeks! We will announce the "winners" later that week.

Haven't joined in the Goosechase fun yet? First download the free Goosechase app to a phone or tablet. Then, find the Tooele County 4-H Goosechase. We will email the code out to you as soon as we have it set up. Check for new service missions that will randomly drop over the course of the event. Complete as many as you want. Its not over until its over. Enjoy the fun and competition and the most important part, the service you give to your family, friends, neighbors, teachers and community!



### Tooele County 4-H

151 N. Main St.  
Tooele, UT 84074  
Phone: (435) 277-2405  
[www.tooele4H.org](http://www.tooele4H.org)

## 4-H Outdoor Club

Do you enjoy the outdoors? A new 4-H club idea might interest you. Email Linden at [linden.greenhalgh@usu.edu](mailto:linden.greenhalgh@usu.edu) or text him at 435-840-2882 and let him know that you are interested.



## 4-H Arrowhead Necklaces

Thanksgiving wouldn't have happened without Native Americans. Commemorate them by making an arrowhead necklace. Nov. 20 from 4:30-5:30 pm at the office. 4-H youth in grades K-12 are welcome. Cost is \$4. Register in [4h.zsuite.org](http://4h.zsuite.org).

**THERE IS**  
*always, always,*  
**ALWAYS**  
**something**  
*to be thankful for*

Register for each of these 4-H activities on [zsuite.org](https://zsuite.org). Space is limited.

## 4-H Art Activities: (3rd grade and older)



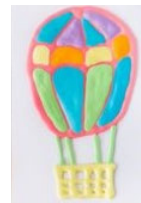
Art in a Necklace  
Nov. 14th  
4:30-5:30 pm  
\$4



Diamond Dotz Card & Ornament:  
Dec. 7th  
4:30-5:30 pm  
\$5



Drawing Is Fun!  
Jan. 24th  
4:30-5:30 pm  
\$3

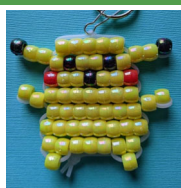


Home-made Puff Paint:  
Feb. 28th  
4:30-5:30 pm  
\$6

## 4-H STEM Activities: (3rd Grade & older)



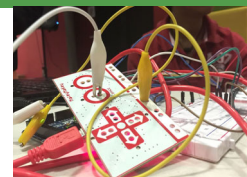
4-H Pixelations-Lego Challenge: Create a Lego pixelation project and then vote on your favorite. Nov. 15, 4:30-5:30 pm. Free, but you must register on zsuite.



4-H Pixelations-Pony Bead Pals: Design a keychain with a video game character of your choice. (Mario, pokemon, Minecraft, etc.) Jan. 3 from 1-2 pm, \$3



Squishy Circuits: Discover what conducts electricity & completes a circuit! Jan. 18, 4:30-5:30 pm, \$3



Makey Makey: Explore technology and engineering while inventing something amazing. You may find a new favorite STEM activity! Feb. 22, 4:30-5:30 pm, \$3

## County & State 4-H Pixelation Contests



Submit your County Pixelation Contest entry online by Jan 21, 2024. Then come and bring your family to see the outcome and celebrate on Jan 23rd at 7 pm at the 4-H office. Everyone will get feedback about their entries. That leaves just enough time to tweak your project and submit it to the State Pixelation Contest (online, again) which closes on Jan 30. Interested? It will be very cool! Call Tamra (435-277-2405) or Kortni (435-277-2401) for more information. The County Contest is open to 4-H youth in grades K-12, the State Contest is for those in grades 3-12.



## 4-H "Swifties Swap" Friendship Bracelets & Fun

Everyone needs friends. Here's a chance to make new ones and strengthen existing ones. Learn to make up to 5 friendship bracelets and trade them with fellow 4-H "swifties" all while singing along to Taylor Swift songs. Open to all 4-Hers in grades K-12. Nov. 10, 4:30-6:30 pm. \$5.

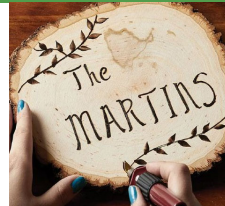
## 4-H Wood Burning: (Grades 7-12)



Tic Tac Toe Board: Wood burn the board and paint rocks as game pieces. Nov. 7, 4:30-5:30 pm, \$5



Personalized Mixing Spoon & Trivet: Great gift for someone who loves to cook! Dec. 4, 4:30-6 pm, \$8



Name Sign: Its a little larger project so it takes a little more time. Jan. 8, 4:30-6:30 pm \$10

## 4-H Gives Back Project



Help out some lovable friends at the animal shelter! Make beds, toys and treats. Nov. 28 from 4:30-6 pm. All 4-H youth from K-12 grade are welcome. No cost, but please register on zsuite to attend.

## 4-H Boxing Day Engineering



You know, sometimes the best part of the gift is the box! Bring boxes left over from Christmas and see what you can do with them! December 26 from 1-3 pm at the 4-H office. 4-H youth in grades K-12 are welcome. No charge, but you must register on zsuite to attend.



## Just for Cloverbuds (K-2nd Grade)



Register for each of these activities through [4h.zsuite.org](http://4h.zsuite.org). Space is limited. Questions? Call 435-277-2405.

**Cloverbud STEM:** its all about discovery and “hands on” fun!

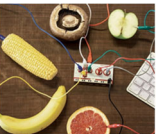
### Pixelations-Lego Challenge:

Build a pixilation project with legos. Nov. 14, 4:30-5:30 pm, No charge but must register in zsuite



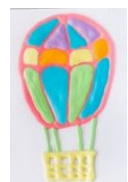
**Pixelations-Beadies:** Make a key-chain out of pony beads with your favorite video game character. Jan 3, 11 am-noon, \$3

**Squishy Circuits:** Discover what conducts electricity & completes a circuit! Jan. 17, 4:30-5:30 pm, \$3



**Makey Makey:** technology & engineering & FUN! Feb. 21, 4:30-5:30 pm, \$3

**Cloverbud Art:** Express yourself and try something different.



**Art in a Necklace:** \$5  
Nov. 15, 4:30-5:30 pm

**Diamond Dotz Ornaments:** \$4, Dec. 11, 4:30-5:30 pm

**Doodle Drawing:** \$3, Jan. 25, 4:30-5:30 pm

**Home-made Puff Paint:** \$6, Feb. 28 4:30-5:30 pm

**Cloverbud Cooking:** Yummy, yummy, happy, happy tummy.

**Snack Attack:** Easy snacks you can make yourself. Your mom will agree since they are healthy too! Dec. 6, 1:30-2:30 pm, \$6



**Edible Holiday Houses:** Make a cute holiday house you can use for decoration and then eat it up. (see project picture below for the older kids) Dec. 13, 4:30-5:30, \$6

## 4-H Food Fun! (Grades 3-12)



**Pie Maker Day:** Learn about and make a pie to take to your Thanksgiving Dinner. Nov. 22nd from 10 am-2 pm. Grades 3-12. Space is limited. Cost is \$12.



**Magical Mini Meals:** Make some amazing food that will satisfy your taste buds and calm your hunger. Watch it disappear! Dec. 6th from 4:30-6:30 pm. Grades 3-12. Space is limited. Cost is \$10



**Edible Holiday Houses:** Try this new type of decorative, edible house to enjoy or give away. So bright and colorful! Dec. 14th from 4:30-5:30 pm. Grades 3-12. Limited space. Cost is \$6.



**4-H Cookie Club:** For 6 weeks you'll learn about different baking methods while making lots of different types of cookies. Tuesdays from 4:30-6:30 pm from Jan. 23-Feb 27. Grades 3-12. Cost is \$25 and covers all six meet-

## Give \$4 for 4-H on “Giving Tuesday”, November 28

You've heard of “Black Friday” and “Cyber Monday” but now there is “Giving Tuesday”. Seriously, it's a real thing! Contribute to your favorite organizations and encourage friends and family to do the same. There are many worthy causes out there. Of course, we hope you will consider giving \$4 to 4-H. (more if you feel generous!)

This year there are 2 ways to donate to 4-H online or you're always welcome to drop it off or mail it.

1. Log into zsuite and then ‘events’ and find “2023 Donate to Utah 4-H”. Be sure the toggle at the top is set to show state events. Register your donation just like you would register for an event.
2. Go to [utah4h.org](http://utah4h.org) and click on the “Donate” box at the bottom of the page. Check Tooele County on the dropdown and your donations will stay here in our county to help our 4-H program.

Encourage friends and family to help us out too! The idea here is to give a spark a chance to ignite a passion. 4-H can provide that spark. Amazing things can happen!



## New 4-H Year: Time to re-enroll



The 2023-24 new 4-H year started on September 1st. That means on the 1st of September everyone's 4-H membership status became "inactive". Everyone needs to re-enroll in 4-H for this 4-H year through [4h.zsuite.org](http://4h.zsuite.org). After your 4-H registration is approved and active, you will be able to register in 4-H events and activities through [4h.zsuite.org](http://4h.zsuite.org) until September 1st of 2024 when it happens all over again!

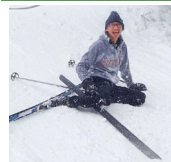
### Tooele County 4-H Teen Council

Calling all 4-H youth ages 13 and up, 4-H Teen Council is for you! "What is it?" you ask. It's a 4-H club that promotes leadership, service and, of course, fun for teens. Robyn Handley is the advisor but this is a youth led group. You can be in Teen Council even if you are in another 4-H club!

Teen Council meets the first Thursday of every month at 7 pm at the 4-H office. The next meeting is November 2nd. It will be amazing!!! Come try it out. For more information about 4-H teen council, contact Robyn Handley at 435-277-2402.



### Teen Winter Retreat



Always popular and a highlight of the season, Teen Winter Retreat 2024 registration opens Nov. 1 on [zsuite](http://zsuite). This is an overnight camp for youth in grades 9-12 with workshops, snowshoeing, X-country skiing and fun. Keep an eye on [zsuite](http://zsuite) for registration opening up. This camp always fills really early. Don't get left in the cold, plan to register as soon as it opens.

#### Linden Greenhalgh

Agriculture/4-H  
County Director

#### Extension

Utah State University

Utah State University is an affirmative action/equal opportunity institution



#### Darlene Christensen

Home & Community/4-H

#### Tamra Cox

4-H Admin Asst.

#### Robyn Handley

4-H Coordinator

#### Kortni Hafen

Home & Community Asst.

#### Nickole Brown

Extension Admin Asst.

## Upcoming 4-H Events

### November 2023

2	Teen Council	7 pm
6	'Soup'erior 4-H Achievement Night please RSVP by Sunday, Nov 5	6:30 pm
7	4-H Wood Burning: Tic Tac Toe (7-12 grades)	4:30 pm
9-11	Utah Jr. Turkey Show-auction on 11th at 10 am, Tremonton	
10	4-H 'Swifties' Karaoke & Bracelet Swap	4:30 pm
13	Tooele County Jr. Turkey Show, Tooele High	6:30 pm
14	4-H Art: Art in a Necklace (3-12 grades)	4:30 pm
14	Cloverbud Pixelations: Lego Challenge (K-2 grds)	4:30 pm
15	Cloverbud Art: Art in a Necklace (K-2 grades)	4:30 pm
15	4-H Pixelations: Lego Challenge (3-12 grades)	4:30 pm
20	4-H Arrowhead Necklaces (K-12 grades)	4:30 pm
22	4-H Service Goosechase begins	8 am
22	4-H Pie MakerDay (3-12 grades)	10 am
28	4-H Gives Service Activity	4:30 pm
28	Giving Tuesday: Donate \$4 to 4-H	(all day)

### December 2023

4	4-H Wood Burning: Spoon&Trivet (7-12 grds)	4:30 pm
6	Cloverbud "Snack Attack" (K-2 grades)	1:30 pm
6	4-H "Mini Meal Masters" (3-12 grades)	4:30 pm
7	4-H Art: Diamond Dotz (3-12 grades)	4:30 pm
7	Teen Council	7 pm
11	Cloverbud Art: Diamond Dotz (K-2 grades)	4:30 pm

12	Cloverbud Holiday Houses (K-2 grades)	4:30 pm
13	4-H Holiday Houses (3-12 grades)	4:30 pm
14	4-H Service Goosechase ends	midnight
26	4-H Boxing Day Engineering (3-12 grades)	1 pm

### January 2024

3	Cloverbud Pixelations: Beadies (K-2 grades)	11 am
3	4-H Pixelations: Beadies (3-12 grades)	1 pm
4	Teen Council	7 pm
8	4-H Wood Burning: Name Sign (7-12 grades)	4:30 pm
17	Cloverbud STEM: Squishy Circuits	4:30 pm
18	4-H STEM: Squishy Circuits (3-12 grades)	4:30 pm
21	County Pixelation Contest submission deadline	midnight
23	4-H Cookie Club (3-12 grades)	4:30 pm
23	County Pixelation Contest Recognition	7 pm
24	4-H Art: Drawing (3-12 grades)	4:30 pm
25	Cloverbud Art: Doodling (K-2 grades)	4:30 pm

### February 2024

1	Teen Council	7 pm
21	Cloverbud STEM: Makey Makey (K-2 grades)	4:30 pm
22	4-H STEM: Makey Makey (3-12 grades)	4:30 pm
28	Cloverbud Art: Puff Paint (K-2 grades)	4:30 pm
29	4-H Art: Puff Paint (3-12 grades)	4:30 pm