



HEAD  
HEART  
HANDS  
HEALTH

I PLEDGE MY HEALTH TO

*better  
living*

November 2022

#4HPLEDGE

# Tooele County 4-H

## 4-H "Nacho Average A-cheese-ment" Night is Monday, November 14th



4-H Achievement Night this year is fiesta fun for the whole family! We are so excited to see you in person this year.

"Nacho Average A-cheese-ment" Night is Monday, November 14, 2022 at 6:30 pm at the 4-H office (151 N. Main in Tooele). As you

might have already guessed, we have a Nacho Bar for dinner. We will eat, present awards and finish with a little line dancing. Come and celebrate 4-H with us and check out the improvements that we are making to our auditorium!

To be sure that we have enough food for everyone, please RSVP the number of people in your family attending by Sunday, Nov. 13. (email: [tamra.cox@usu.edu](mailto:tamra.cox@usu.edu) or phone: 435-277-2405) All 4-H youth and leaders are invited to come and bring your whole family!



### Inside this Issue:

4-H STEM Activities	2
4-H Art Activities	2
4-H Teen Council	2
Cloverbud Activities	3
4-H Entrepreneurs	3
Giving Tuesday	3
Public Speaking Camp	4
Teen Winter Retreat	4
Calendar	4



## 4-H Service Goosechase

It's that time of year again! You all look forward to being out of school and spending time with family and friends and sharing your love with them. One of the best ways to share your love is to offer service and here's a fun way to do it! Participate in the Tooele County 4-H Service Goosechase beginning on November 23 (the day before Thanksgiving) and finishing on December 12. We will announce the "winners" later that week.

Join in the Goosechase fun by downloading the free Goosechase app to a phone or ipad. Then, find the Tooele County 4-H Goosechase. We will email the code out to you as soon as we have it set up. Check for new service missions that will randomly drop over the course of the event. Complete as many as you want. Its not over until its over. Enjoy the fun and competition and the most important part, the service you give to your family, friends, neighbors, teachers and community!

### Tooele County 4-H

151 N. Main St.  
Tooele, UT 84074  
Phone:(435) 277-2405  
[www.tooele4H.org](http://www.tooele4H.org)



## 4-H Art Activities



**Stained Glass Painting:**  
November 15th  
4:30-5:30 pm  
for 3rd grade  
and up. \$4



**Advanced Card Making:**  
November 29th  
4:30-6 pm  
for 3rd grade  
and up, \$3



**Wintry Wreaths:**  
Make a winter wreath with a touch of holiday.  
December 7th  
4:30-5:30 pm  
for 3rd grade and up. \$8

Register for each of these art activities on [zsuite.org](http://zsuite.org). Space is limited. If you have questions, call Nickole at 435-277-2409.



**Winter Acrylic Painting:**  
January 17th  
4:30-5:30 pm  
for 3rd grade  
and up. \$4



**Stone Photo/Note Holders:**  
February 7th & 9th, sign up for either session  
4:30-5:30 pm  
\$3 per holder, can make 1 or 2.

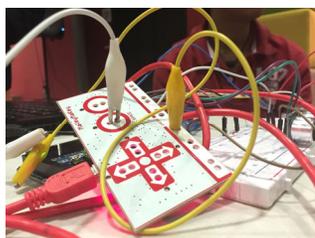
## STEM Activities:

**STEM, Hogwarts Style:** There is magic in STEM. Come and see what we've conjured up. You might have so much fun you'll be charmed by 4-H STEM forever. November 17, from 4:30-5:30 pm. Space is limited and this one will be popular. Register early! \$5.



**4-H Coding:** Talk to a computer in a language that they understand! They can do amazing things with you know how to tell them what to do!  
2 sessions: Jan. 12 and Feb. 16 both from 4:30-5:30 pm. \$3.

**Robotics Camp:** January 23-25, 4-6 pm, 5th grade and older. \$5. (due to scheduling issues, Wednesday the 25th will be from 3-5 pm. Please call 435-277-2402 if this is a problem) Three epic days of robotics after school. Build a robot out of legos and then program it with a computer to complete certain tasks. Then see how fast and smoothly you can make it happen.



**Makey Makey Invention Exploration Workshop:** Introduction to engineering and technology while inventing something amazing. We've never done this activity in Tooele County. Come and be one of the first to see what its all about! You may find a new favorite STEM activity! February 23, 4:30-5:30 pm. \$3.

## 4-H Teen Council

Calling all 4-H youth ages 13 and up, 4-H Teen Council is for you! "What is it?" you ask. It's a 4-H club that promotes leadership, service and, of course, fun for teens. Robyn Handley is the advisor but truthfully, it is run by the youth members.

Teen Council members help plan and produce of many of our county 4-H activities like 4-H Family Camp, 4-H Super Saturday and 4-H Achievement Night. They do amazing community service activities. And don't forget the special, "Just for Teen Council" activities and retreat. Most of all, they have a lot of fun while building life skills.

Teen Council meets the first Thursday of every month at 7 pm here at the 4-H office. The next meeting is December 1st. It will be amazing!!! Come and see for yourself. For more information about 4-H teen council or to apply to become a member of 4-H teen council, contact Robyn Handley at 435-277-2402.



## Just for Cloverbuds (K-2nd Grade)



**Cloverbud STEM:** its all about discovery and “hands on” fun!

**STEM Hogwarts Style:** Magical STEM fun & games. Nov. 16, 4:30-5:30 pm, \$3

**Computer Coding:** learn how to write code and make something happen  
Jan. 11, 4:30-5:30 pm, \$3  
Feb. 15, 3:30-4:30 pm, \$3

**Makey Makey:** Explore technology & engineering. Feb. 21, 4:30-5:30 pm, \$3

Register for each of these activities through [4h.zsuite.org](http://4h.zsuite.org). Space is limited. Questions? Call 435-277-2405.

**Cloverbud Art:** Express yourself and try something different.



**Stained Glass painting:** \$4  
Nov. 22, 4:30-5:30 pm



**Wintry Holiday Wreath** \$8  
Dec. 6, 4:30-5:30 pm



**Acrylic “Winter” Painting:** \$4  
Jan. 19, 4:30-5:30 pm



**Stone Photo/Note Holders:**  
\$3 each (make 1-2)  
Feb. 7 or 9 (register for either date)  
4:30-5:30 pm

## 4-H Entrepreneur Opportunities



Do you like to create things or solve problems or help people get things done? Do you look at something and think “I know how to make that even better!”? Do you like the idea of being your own boss? Maybe you have even thought about starting your own business. This 4-H Entrepreneur activity is just for you!

There will be 2 sessions open to 4-H youth in 3rd grade or older. Space is limited so register early on [zsuite.org](http://zsuite.org). Cost is \$10 per youth and will include a custom “business” shirt with their own logo that they will design. Youth learn product development, business plan, budget, licensing, funding, investors, production, branding, advertising, customer service, accounting, reporting and more. Those who complete the entire course will be eligible for \$100 “seed money” as reimbursement for supplies and materials for the business and have the opportunity to sell their product or service at a 4-H sponsored event. Parent involvement is essential for youth to be successful. See more information about this project on [zsuite.org](http://zsuite.org) and [tooele4h.org](http://tooele4h.org).

- **Session 1** begins November 15 and meets 4 times (Nov. 15, 21, 29 & Dec. 6) from 4:30-7 pm. Participants can sell their items at a Youth Entrepreneur Holiday Boutique on Saturday, December 11th from 10 am-2 pm.
- **Session 2** begins January 12 and meets 4 times (Jan 12, 19, 26 & Feb 2) from 4:30-7 pm. There will be a Youth Entrepreneur Sweetheart Boutique to sell your products on Saturday, February 11th from 10 am-2 pm.

Questions? Call or text Darlene at 435-840-4404 or email her at [darlene.christensen@usu.edu](mailto:darlene.christensen@usu.edu).

## Give \$4 for 4-H on “Giving Tuesday”, November 29



You’ve heard of “Black Friday” and “Cyber Monday” but now there is “Giving Tuesday”. Seriously, it’s a real thing! Contribute to your favorite organizations and encourage friends and family to do the same. There are many worthy causes out there. Of course, we hope you will consider giving \$4 to 4-H. (more if you feel generous!)

This year there are 2 ways to donate to 4-H online or you’re always welcome to drop it off or mail it.

1. Log into [zsuite](http://zsuite.org) and then ‘events’ and find “2022 Donate to Utah 4-H”. Be sure the toggle at the top is set to show state events. Register your donation just like you would register for an event.
2. Go to [utah4h.org](http://utah4h.org) and click on the “Donate” box at the bottom of the page. Check Tooele County on the dropdown and your donations will stay here in our county to help our 4-H program.

Encourage friends and family to help us out too! The idea here is to give a spark a chance to ignite a passion. 4-H can provide that spark. Amazing things can happen!



## New 4-H Year: Time to re-enroll



The new 2022-23 4-H year started on September 1st. That means on the 1st of September everyone's 4-H membership status became "inactive". Everyone will need to re-enroll in 4-H for the new 4-H year through 4h.zsuite.org. After your 4-H registration is approved and active, you will be able to register in events and activities through 4h.zsuite.org until September 1st of 2023 when we will do it all over again!

### "Words of Power" Public Speaking Camp



You can learn to hold a room of people transfixed by the power of your voice. Act fast on this one! A one day state sponsored activity that focuses on the

power of using words. It will be held on Nov. 19 at the USU-Salt Lake Center at 920 W. Levoy Dr., Taylorsville. 4-H youth ages 11-18 are invited to attend. Cost is \$15. Register on zsuite.org. Hurry registration closes Nov. 11.



### 'Hooked on a Feeling' Teen Winter Retreat



Always popular, Teen Winter Retreat is Jan 20-21, 2023. This is an overnight camp for youth in grades 9-12 held at Aspen Grove Conference Center in Provo Canyon. Cost is \$48 and covers food, lodging, workshops, snowshoeing or cross country skiing

and fun. We will coordinate transportation for youth from Tooele County. Registration is open on zsuite.org. Deadline is Jan. 5 but this camp always fills fast. Don't get left in the cold, register soon.

**Linden Greenhalgh**

**Agriculture/4-H  
County Director**

**Extension**

**UtahStateUniversity®**

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**Darlene Christensen**

**Home & Community  
Science/4-H**

**Tamra Cox**  
**4-H Secretary**

**Robyn Handley**  
**4-H Coordinator**

**Nickole Brown**  
**Extension Secretary**

## Upcoming 4-H Events

### November

14	4-H Achievement Night	6:30 pm
	RSVP by Sunday, Nov 13	
15	4-H Art (3rd +): Stained Glass painting	4:30 pm
15	4-H Entrepreneurs (session 1) begins	4:30 pm
16	Cloverbud STEM: Hogwarts Style	4:30 pm
17	4-H STEM (3rd +): Hogwarts Style	4:30 pm
19	State 4-H 'Words of Power' Camp – Taylorsville	
22	Cloverbud Art: Stained Glass painting	4:30 pm
23	4-H Service Goosechase Begins	
29	Giving Tuesday: Donate \$4 to 4-H (all day)	
29	4-H Art (3rd +): Adv. Card Making	4:30 pm

### December

1	Teen Council	7 pm
6	Cloverbud Art: Wreath	4:30 pm
7	4-H Art (3rd +): Wreath	4:30 pm
11	Youth Entrepreneur Holiday Boutique	10 am-2 pm
12	4-H Service Goosechase ends (midnight)	

### January

5	Teen Council	7 pm
11	Cloverbud STEM: Coding	4:30 pm
12	4-H STEM (3rd +): Coding	4:30 pm
12	4-H Entrepreneurs (session 2) begins	4:30 pm
17	4-H Art (3rd +): Acrylic Painting	4:30 pm
19	Cloverbud Art: Acrylic Painting	4:30 pm
20-21	Teen Winter Retreat (9-12th grade)	
23-25	4-H Robotics Camp (5th +)	4 pm

### February

2	Teen Council	7 pm
7	Cloverbud/4-H Art: Photo Holder	4:30 pm
9	Cloverbud/4-H Art: Photo Holder	4:30 pm
11	Youth Entrepreneur Sweetheart Boutique	10 am-2 pm
15	Cloverbud STEM: Coding	3:30 pm
16	4-H STEM (3rd +): Coding	4:30 pm
21	Cloverbud STEM: Makey Makey	4:30 pm
22	4-H Science (3rd +): Makey Makey	3:30 pm

Please select the 4-H age division(s) of your child(ren). (please select all that may apply)

- Cloverbud (K to 2nd grade)
- Junior (3 to 5th grade)
- Intermediate (6 to 8th grade)
- Senior (9 to 12th grade)

What town are you closest to?

- Grantsville
- Tooele
- Stansbury Park
- Erda
- Lake Point
- Stockton
- Vernon
- Dugway

What Project Areas do your youth currently participate in or have recently participated in?(please check all that apply)

- 4-H After-school (if not currently offered in your area)
- Agriculture
- Animals: Companions (Dogs, Cats, Pet Advocate, Exotics, etc)
- Animals: Large Livestock (Beef, Sheep, Swine, Goats)
- Animals: Small Animals (Rabbits, Turkeys, Chickens, etc.)
- Animals: Horse/Pony
- Arts and Crafts
- Biological Sciences (Entomology, Bees, Veterinary Science, etc)
- Career Readiness (Career Exploration, Entrepreneurship, etc.)

- Culture: Exchange/ Study of Languages, Beliefs, History
- Emergency Preparedness and Personal Safety
- Engineering: Mechanical, Civil, Aerospace, Coding, Electrical
- Family and Consumer Science (Child Care, Interior Design, Financial Literacy, etc.)
- Fine Arts (Drawing, Painting, Performing Arts, Writing, Communications, etc.)
- Foods (Cooking, Food Preservation, Nutrition, etc.)
- Gardens and Plants (Jr. Master Gardener, Plants, etc.)
- Health and Wellness: Mental, Emotional, Social and Physical (Sports, Relationships, etc.)
- Introductory 4-H (Cloverbud Youth age 5-8)
- Leadership Development (Teen Council, Region Ambassadors, Club Officer, etc)
- Needle Arts (Crochet, Knitting Needlework, etc.)
- Outdoor Recreation & Education/ Natural Resources (Fishing, Outdoor Education, Rappelling, etc.)
- Photography and Film Making
- Physical Sciences (Physics, Chemistry, Earth and Water Sciences, etc.)
- Service (Service Learning, Civic Engagement, Volunteerism, etc.)
- Sewing (Construction, Quilting, Modeling, etc.)
- Shooting Sports (Archery, Shotgun, Rifle, etc.)
- Social Science (Archaeology, Anthropology, Misc. Sciences, etc.)
- STEM (Maker, STEAM Projects, STEM Creative Projects, etc.)

How does your child(ren) typically participate in their 4-H Project areas? (check all that apply)

- Program held at school
- Family 4-H (independent study)
- Chartered Community Club with at least 5 children from 3 or more families
- County sponsored group/activity (Teen Council, Summer Camps, etc)
- Short-Term Camps or Clinics
- State 4-H Events (JYC, i4-H, Teen Summit, TRY Team, Retreats, etc)

How do you volunteer in the 4-H Program? (check all that apply)

- I am not currently a 4-H Volunteer.
-

- I am a Project Leader.
- I am a Club Leader.
- I am on a council or committee that oversees 4-H Project Areas (Horse Council, Livestock Committee, etc.)
- I am a parent volunteer - helping when needed

What Project Areas would you like to see made available to your youth?(please check all that apply)

- 4-H After-school (if not currently offered in your area)
- Agriculture
- Animals: Companions (Dogs, Cats, Pet Advocate, Exotics, etc)
- Animals: Large Livestock (Beef, Sheep, Swine, Goats)
- Animals: Small Animals (Rabbits, Poultry, etc.)
- Animals: Horse/Pony
- Arts and Crafts
- Biological Sciences (Entomology, Bees, Veterinary Science, etc)
- Career Readiness (Career Exploration, Entrepreneurship, etc.)
- Culture: Exchange/ Study of Languages, Beliefs, History
- Emergency Preparedness and Personal Safety
- Engineering: Mechanical, Civil, Aerospace, Coding, Electrical
- Family and Consumer Science (Child Care, Interior Design, Financial Literacy, etc.)
- Fine Arts (Drawing, Painting, Performing Arts, Communications, etc.)
- Foods (Cooking, Preservation, Nutrition, etc.)
- Gardens and Plants (Master Gardener, Plants, etc.)
- Health and Wellness: Mental, Emotional, Social and Physical (Sports, Relationships, etc.)
- Introductory 4-H (Cloverbud Youth age 5-8)
- Leadership Development (Teen Council, Region Ambassadors, Club Officer, etc)
- Needle Arts (Crochet, Knitting Needlework, etc.)
- Outdoor Recreation & Education/ Natural Resources (Fishing, Outdoor Education, Rappelling, etc.)
- Photography and Film Making
- Physical Sciences (Physics, Chemistry, Earth and Water Sciences, etc.)
- Service (Service Learning, Civic Engagement, Volunteerism, etc.)
- Sewing (Construction, Quilting, Modeling, etc.)

- Shooting Sports (Archery, Shotgun, Rifle, etc.)
- Social Science (Archaeology, Anthropology, Misc. Sciences, etc.)
- STEM (Maker, STEAM Projects, STEM Creative Projects, etc.)

What is the best delivery method for 4-H Projects for your youth? (check all that apply)

- Program held at school
- Community or Chartered Club with children from 3 or more families (Club functions all year and is on-going)
- Discovery 4-H Clubs (Short-term Club where topic is taught over the space of 6 meetings)
- Short-Term Camps or Clinics (i.e. Sewing Camp, Sheep Fitting Clinic, Science Camp, etc)
- State 4-H Events (JYC, i4-H, TLT, TRY TEAMS, Retreats, etc)

Would you be willing to volunteer as a club leader or project area leader in the 4-H program? (If yes, please leave contact information in the comment section)

- Yes, I would love the opportunity to share my knowledge of a Project Area
- Maybe, I would need more information before committing to volunteer
- I am not sure about leading a club but would be happy to help and assist where needed
- I am not able to volunteer at this time

How do you hear about upcoming 4-H Programs? (check all that apply)

- Facebook
- Text Message
- Email
- Website

How do you prefer to hear about upcoming 4-H Programs/ Events? (check all that apply)

- Facebook ([facebook.com/sanpetecounty4h/](https://facebook.com/sanpetecounty4h/))
- Text Message (texts are sent out with the Remind App)
- Email (emails are sent out via zsuite)
- Website ([www.extension.usu.edu/tooele](http://www.extension.usu.edu/tooele) or [tooele4h.org](http://tooele4h.org))

Please include your contact information if you would like more information on 4-H opportunities or Volunteer information.

Comment: If we have left anything out, let us know. We value your input.



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