

Fall 2018

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Inversion season is around the corner and now is the time to change habits for better health, happiness, and a healthier community by engaging in alternative modes of transportation. This newsletter features our most recent guest blogger, Meg McCarthy, who runs USU's Aggie Blue Bikes program. Also featured are tips for transportation, health and happiness, benefits of cycling, the Environmental Protection Agency's list of actions you can take to reduce air pollution, and the United Nation's tips on improving air quality. In addition, you will read about the Aggie Blue Bikes Winterize Your Wheels event, Utah's updated AirNow Air Quality Forecast website, alternative transit defined, and lastly, because halloween is around the corner, we are sharing a past USU Extension Sustainability blog post on Greening Your Halloween. Enjoy!

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