



*Research-based relationship education strengthening Utah families.*

## WHO WE ARE

The Utah Marriage Commission (UMC) is a statutory organization funded by marriage license fees and grants and directed by volunteer professionals and experts appointed by the Governor. UMC is hosted by Utah State University, and commission efforts are supported by USU Extension staff.

Founded in 1998, UMC exists because strong, stable marriages are consistently linked to stronger, more stable societies.

## WHY MARRIAGE MATTERS ACCORDING TO RESEARCH



Better physical & mental health outcomes



Increased economic stability & reduced poverty risk



Improved child well-being & educational outcomes

## WHY UMC MATTERS



Provides prevention-focused education.



Supports relationships at any stage.



Strengthens families before crisis occurs.

## IMPACT AT A GLANCE

**5,455** Marriage license discounts provided



**10,500+** Participants attended relationship webinars



**9,350+** RELATE & READY assessments completed



**160,000+** Podcast downloads



**100+** Courses and educational programs created

## EVIDENCE-BASED RESOURCES

Resources are research-based, brief, and publicly available at StrongerMarriage.org, including:



**12** Full-length e-courses



**100+** Mini courses



**160+** Podcast episodes



**90+** Expert-led webinars

Plus, **FREE** access to RELATE, the world's most validated relationship assessment, and **3 USBE-approved** Success Sequence lessons for Utah classrooms.

UMC delivers measurable impact, policy-relevant research, and scalable education that helps Utah individuals, couples, and families flourish.

Learn more at **StrongerMarriage.org**