



**Healthy
Relationships
Utah.org**

FREE RESEARCH- BASED COURSES THROUGHOUT UTAH

**Virtual and in-
person courses for
stepfamilies,
singles, couples,
and parents**

**Learn more and
register for a course**



Our Mission

The purpose of the Utah Marriage Commission is to encourage a healthy culture of strong marriages and stable families. The Commission promotes programs that educate individuals and couples on how to achieve strong and successful relationships between spouses and parents and children.

CONNECT WITH US

MarriageCommission@usu.edu
StrongerMarriage.org
Instagram/YouTube:
[@StrongerMarriageLife](https://www.instagram.com/StrongerMarriageLife)



**Extension
UtahStateUniversity.**



**Utah Marriage
Commission**
at Utah State University

**Free
Resources &
Learning
Opportunities**

StrongerMarriage.org

RELATE Assessment

RELATE is the #1 research validated relationship assessment in the world. With over 40 years of research, RELATE continues to be the best resource for couples to evaluate and gain a better understanding of their relationship.

ePREP

ePREP is an online program brought to you by PREP inc., the gold standard for strengthening relationships. The skills and strategies presented in ePREP have helped over a million couples around the world.

Complete ePREP for a Utah marriage license discount.

Marriage Handbook

50 pages of helpful marriage resources. Topics include managing your marriage, mental health, in-laws, money, remarriage, and domestic violence.

Webinars

A free and fun webinar series with relationship experts on topics such as:

- Dating & marriage
- Remarriage
- Communication
- Finances
- Sexual intimacy

Webinars are for the public and professionals. Eligible for 1-hour UAMFT approved CE.

Stronger Marriage Connection Podcast

Dr. Dave Schramm & Dr. Liz Hale

