

Prioritizing Dates with Your Spouse

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Do you remember the first time you went on a date with your spouse? Do you remember those feelings you had every time you went on a date with them? The butterflies you would get in your belly?

Those were very exciting times in all of our lives. We were so worried about what we were going to wear, how to act and what we would talk about. We looked forward to getting to spend that one-on-one time with them and getting to know them better.

After marriage, you might not be as worried about what to wear and how to act, but you should still look forward to getting to spend that one-on-one time with each other. You might think you already know everything about each other, but they might surprise you with something you did not know!

Once you get married it is so easy to put dating your spouse to the side. Life gets busy, you have kids and your life changes. You might not see the importance of it anymore, but it's still important. It will probably look different from those early dates that you first went on.

Our dates have changed a little since having children. They are nothing fancy like they used to be.

Here are some of our favorite simple dates:

- A bowl of popcorn and our favorite movie
- Getting ice cream
- Playing a favorite game together
- Going for a drive
- Cooking something together

More extravagant date ideas:

- Going out to eat
- Going for a hike or bike ride
- Going to see a play or concert

A recent simple date my husband and I did was we played a game of asking each other questions the other person may or may not know about you. It was so fun to see how well we truly knew each other, and to learn new things.

We have learned that date night does not need to be something fancy that takes a lot of time. It can be simple, but most importantly you are spending undisturbed time together. Time needs to be set aside for date night. Even if you are staying home watching a movie, if you designate that time for date night it makes that time just that more special with the ones you love.

I know some people have a hard time coming up with dates, or it always gets put on one spouse to plan it. Take turns planning date night. That way it is not just one person's responsibility. It can be done together. Maybe try surprising each other to keep it exciting and something to look forward to in your week. There are so many different fun ideas out there on how to keep date night fun and exciting! If you need more date ideas read any of the blogs under dating to help you start brainstorming a fun date for the one you love.