

Double Yarn Knit Slippers



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Project Skill: Make a pair of slippers using knit and purl stitches

Life Skills: Practicing creativity

Level: 1A

This is a simple basic slipper for knitters just learning how to knit. Two strands of worsted weight yarn are used to make the slippers more durable (and warm).

Supplies needed:

- 4 oz., 4-ply worsted weight yarn (two colors)
- Knitting needles size 8 or size needed for gauge
- Gauge: 8 sts=2"

Instructions:

Sole and sides:

- Cast on 29 sts with 2 strands of yarn. (Use double yarn throughout.)
- Row 1: (wrong side) K9, P1, K9, P1, K9.
- Row 2: K across row.
- Repeat these two rows for 5" or 2 1/2" less than length of foot, ending on the wrong side.

Toe:

- Row 1: (right side) P1, *K1, P1. Repeat from * to end of row.

- Row 2: K1, P1 to end of row.
- Repeat ribbing for 2 1/2 or 3". Break yarn leaving a 12" end. Thread yarn onto tapestry needle and slip stitches from knitting needle onto tapestry needle. Pull stitches up very tightly and fasten securely. Sew edges together for 3-5 inches from toe to instep. Fasten securely. Weave end of thread into slipper on wrong side. Sew up heel.
- Trim with pompom.

Adapted from 4-H Knitting I Pattern Ideas. 1972. T.V. Slippers. Extension Service, Oregon State University, Corvallis.

Variation:

Felted slipper: Knit slipper with two strands of worsted weight 100% wool yarn (do not use super washed wool yarn) using size 13 needles. Follow instructions making sole the length of foot and, ribbing (P1 K1) 4 inches longer than foot. To felt: Place slippers in a lingerie bag. The bag protects the knitting and prevents too much wool fuzz from clogging your washing machine. You will need to check your felting during the process and a lingerie bag with a zipper will make this easier. Set the washing machine to the hottest water temperature and the lowest water level. Add 2 tablespoons of mild laundry soap. This will soften the fibers. The key to successful felting is agitation. Set the machine for heavy duty. You want a longer cycle so the slippers have time to felt before the spin and rinse cycles. Agitate for 10 minutes. Do not spin. Remove slippers and check for size. If more felting is required, return to washing machine and agitate for additional 2-3 minutes. Check for size again. Continue the process until the desired size is reached. Rinse the felted slippers in cool to warm water. Squeeze out excess water with a towel. Fill slippers with clean dry paper towels and hand mold to the desired shape. Let air dry.

Authors

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