

Quilt-as-you-go Table Runner

Sewing the thread of life.

SEWING AND TEXTILES

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Materials Needed:

4 coordinating fat quarters

½ yard backing fabric

16" x 45" cotton batting

¼" yard binding fabric

Matching neutral thread

9° Wedge ruler

(All fabric should be cotton quilting fabric – 45-in. width)

Finished Size: 15" x 43"



Cutting Instructions:

1. Cut 16 wedges (4 of each fabric) using the wedge ruler. If you would like a longer table runner, then add more wedge pieces and adjust the amount of backing fabric and batting. To cut wedges, trim the width of the fat quarter to 15". Lay the wide edge of the ruler on one edge of the fabric so that it is even. Cut on each side of the wedge ruler. Then, turn the ruler the other way and line up the cut side of fabric with the ruler and then cut on the opposite side. Continue doing this until the desired number of wedge fabric pieces have been cut.



2. Cut the first wedge evenly in half lengthwise.



3. Spray baste the batting onto the wrong side of the backing fabric. The backing fabric will be a little larger, so center the batting onto the backing. Draw a straight line along short end of the batting. Now, draw two lengthwise lines 15 inches apart to the end of the batting. Lay the straight edge of the wedge that was cut in half along the shorter line drawn on the batting.



4. Sew $\frac{1}{4}$ " from straight edge of fabric.



5. Next, turn the fabric sandwich around and starting from the opposite end this time and sew another line. During this step, figure out how far apart you would like the quilting stitches to be. Moving the needle position each time and then using the edge of the presser foot as a guide is one way to achieve this result. The stitching can be evenly spaced or random widths with each stitching line. When the stitching meets the side of the fabric wedge, then stop and backstitch one of two stitches.



6. When the first section is all "quilted", then add the second piece by alternating wedge widths along the edge. Place the next fabric right sides together with the previously quilted fabric piece. Line up the edges of the fabric and sew a $\frac{1}{4}$ " seam to attach.



7. Fold the newest piece of fabric back along the batting and press.



8. Now, start sewing the quilting lines on the most recent piece of fabric that has been sewn on.



9. Continue repeating steps 5 through 8 on the rest of the fabric wedge pieces.

10. The end piece should be the other half of the first piece.

11. Trim off excess backing fabric and batting. Measure across to make sure it is trimmed evenly.

12. Bind.

13. Enjoy!