



# Fabric Journal

USU Clothing and Textile Training 2026

## MATERIALS NEEDED

- 3 coordinating fabrics
- 1/3 yard flannel
- 10" flat decorative elastic
- Notebook ( Mead Composition 7 1/4" x 9 3/4")

## CUTTING INSTRUCTIONS

### Fabric #1 - Main

- (1) 10 3/4" x 18"
- (1) 10 3/4" x 8"

### Fabric #2 - Background of pen pocket

- (1) 2 1/2" x 10 3/4"

### Fabric #3 - Pen pocket

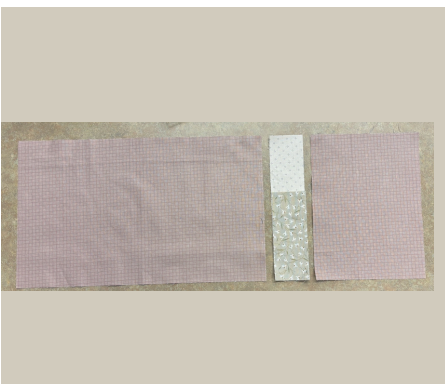
- (1) 2 1/2' x 13"

### Flannel

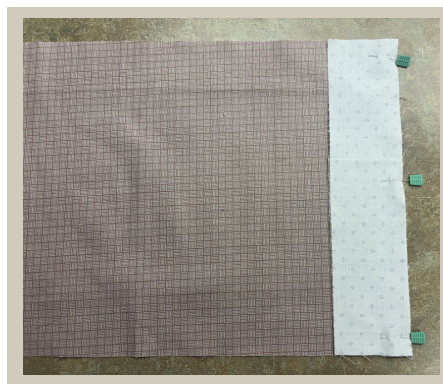
- Trim to size of sewn cover about 10 3/4" x 27 1/2"



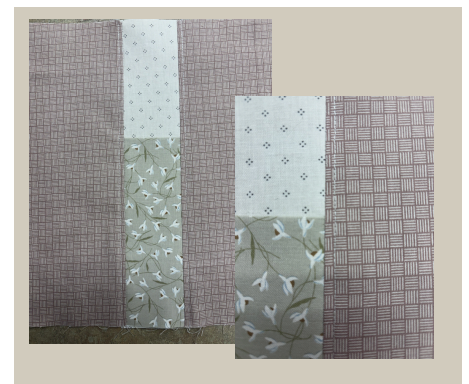
## ASSEMBLY INSTRUCTIONS



1. Lay out the main fabric and the pocket and pocket backing fabric (layered) as shown above.



2. Pin the 10 3/4" x 18" of the main fabric to the left side of the center pocket/pocket background piece right sides together. Sew using 1/4" seam allowance. Then, pin and sew the 10 3/4" x 8" main fabric to the right side. Press both seams towards the main fabric.



3. Top Stitch each side of the pocket piece on the main fabric, 1/8" from the pocket piece.



4. Now place the flannel fabric on the wrong side of the journal fabric.



5. Hem the 10 3/4" ends by folding back 1/4" and stitching.



6. Fold back both sides of the journal cover 6". Insert the elastic on the back side (larger part of the main fabric) 3/4" from the folded edge and between the fabrics. Pin on top and bottom. The measurement between the two pins should be 15".



7. Sew the top and bottom on each side using 3/8" seam allowance and backstitching at the beginning and end of each seam.



8. Trim corners to reduce bulk.



9. Turn right side out and poke out corners so they are square.



10. Put the fabric cover onto the composition notebook.

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