

Easy Hot Pad

SEWING AND TEXTILES

extension.usu.edu/sewing

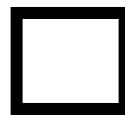
Susan Haws, USU Extension Agent, Uintah County
Debra Proctor, USU Extension Agent, Wasatch County
Ronda Olsen, USU Extension Agent, Uintah County

Supplies needed:

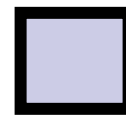
- 8 ½" Insul-Bright™ batting 8
- ½" cotton batting
- 9" fabric Matching thread
- 1 small plastic ring
- Sewing machine
- Basic sewing supplies (see Basic sewing supplies)



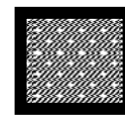
Diagram Key:



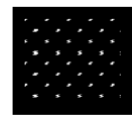
Batting



Insul-Bright

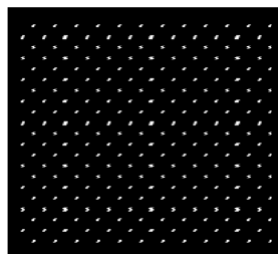
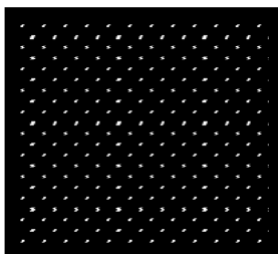


Right side



Wrong side

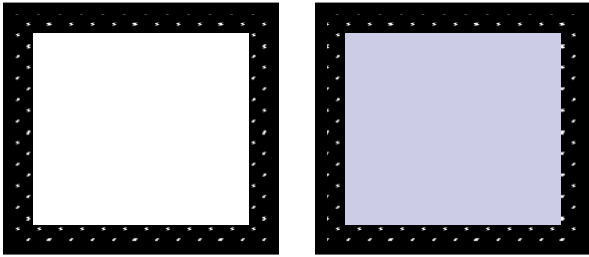
Cutting instructions:



Step # 1

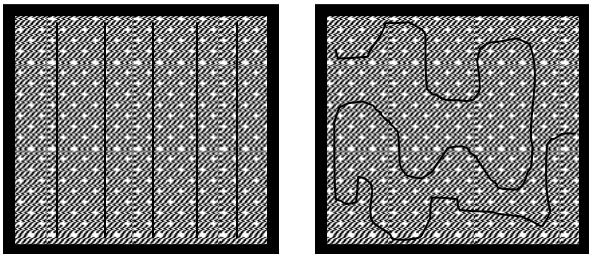
- ✂ Cut 1 - 8 1/2" Square of Insul-Bright™ batting
- ✂ Cut 1 - 8 1/2" Square of cotton batting
- ✂ Cut 2 - 9" Squares of Fabric

Hot pad construction:



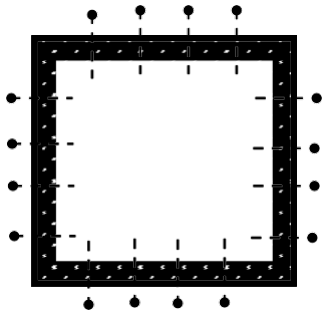
Step #1

✂ Place Cotton batting square on wrong side of the fabric square. Place Insul-Bright™ on wrong side of the other fabric square.



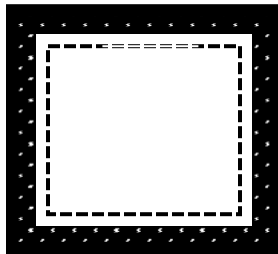
Step #2

✂ Machine quilt both of the squares. One square with a straight stitching and the other with a curved free hand design keeping the fabric and batting flat.



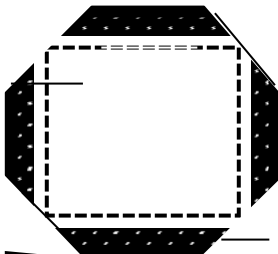
Step #3

✂ Pin quilted squares right sides together



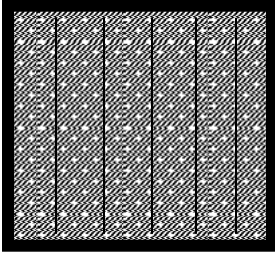
Step #4

✂ Stitch a 5/8" seam starting 2 inch from the edge. Backstitch at the beginning and sew to 5/8" from the edge of the fabric. Lower the needle in the down position and pivot the hot pad. Continue sewing a 5/8" seam around the hot pad pivoting at each corner. Leave a 4" opening and backstitch.



Step #5

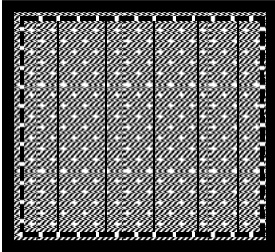
✂ Clip corners of the hot pad to the stitching line but not through it. Press flat to set the seam.



Step #6

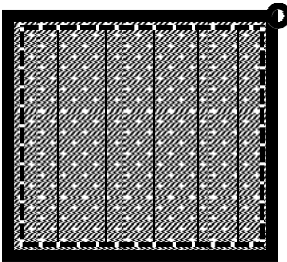
✂ Turn the square to the right side making sure the corners and sides are pulled completely out.

👉 Press



Step #7

✂ Tuck seam allowance in and pin closed. Top- stitch using the edge of the presser foot as a guide. Pivot at each corner and overlap 4 to 5 stitches.



Step #8

✂ Hand stitch small plastic ring in on corner of hot pad.