

Learn how to create healthy meals and be physically active together as a family!

CREATE

FAMILY MEALS

Sevier County Admin Building | 250 N Main, B22 | Richfield

5:30 PM | No cost to attend | Dinner provided at each class

Tues, Jan 17th

Food Safety

Tues, Jan 24th

Mealtime Planning and Shopping Tips

Tues, Jan 31st

Create Breakfast for Families

Tues, Feb 14th

A Well-Stocked Pantry

To register visit: <https://tinyurl.com/7n53cbua>
For more information, visit CreateBetterHealth.org



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BETTER HEALTH

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