

Patchwork Hot Pad Instructions

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Finished Size: 8 1/2"

Supplies (2 hot pads): 1/8 yd. of at least three coordinating fabrics, 1/4 yd. of a 4th coordinating fabric, 1/4 yd. heat-resistant batting, 1/4 yd. cotton batting, 1/3 yd. fusible interfacing, 1 yd. extra-wide, double-fold bias tape (or 1/2 yd. of fabric to make your own), thread, pins, pinking shears, and an iron.



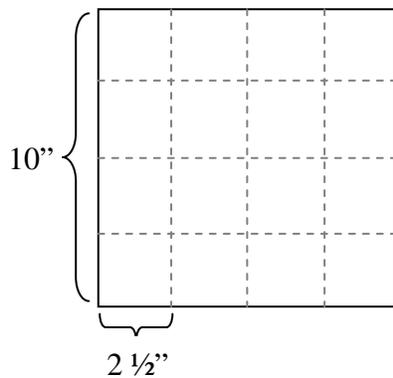
#1 Cut the Following (for one hot pad):

- One 10" square fusible interfacing
- Sixteen 2 1/2" squares coordinating fabrics*
- One 8 1/2" square heat-resistant batting (e.g., Insul-Bright)
- One 8 1/2" square cotton batting (e.g., Warm & Natural)
- One 8 1/2" square coordinating fabric (for back)
- One yard extra-wide, double-fold bias tape

*Hint: Cut the 16 patchwork squares with pinking

#2 Mark Interfacing Grid

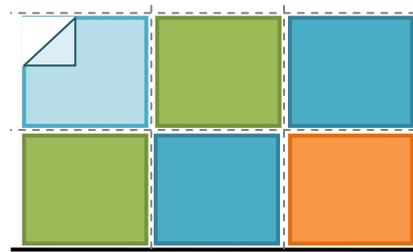
With the non-fusible side facing up, measure and mark interfacing at 2 1/2" intervals along each edge and draw six lines, connecting marks to create a grid.



#3 Fuse Patchwork Squares

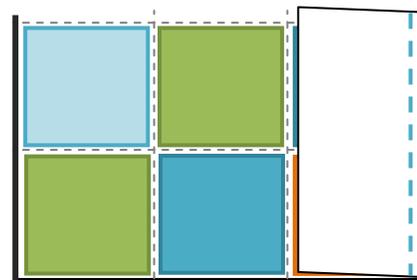
Flip interfacing over (fusible side up) and center a patchwork square (right side up) within each square on the grid.

Fuse squares with iron, using a pressing cloth. (Refer to interfacing guide sheet for complete instructions.)



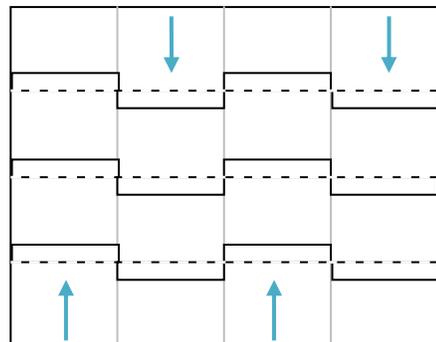
#4 Sew Patchwork

Fold interfacing (right sides of squares together) along the dotted line. Sew a 1/4" seam along the folded edge. Repeat for the other two lines going the same direction. Clip the interfacing at each intersection (*to* the seam).



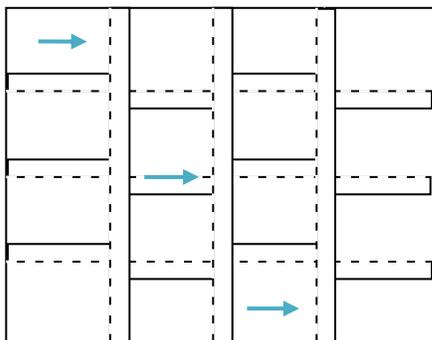
#5 Press and Sew Patchwork

Press each row in opposite directions. Along each seam, the clipped sections will alternate directions.



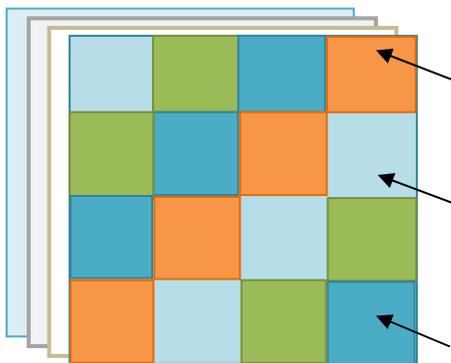
With right sides of squares together, fold along the last three dotted lines and sew as before.

Press the new seams all in the same direction (it won't matter which way).



#6 Connect Layers

Sandwich and pin materials together: backing (right side down) on bottom, heat resistant batting, cotton batting, and patchwork panel (right side up) on top.



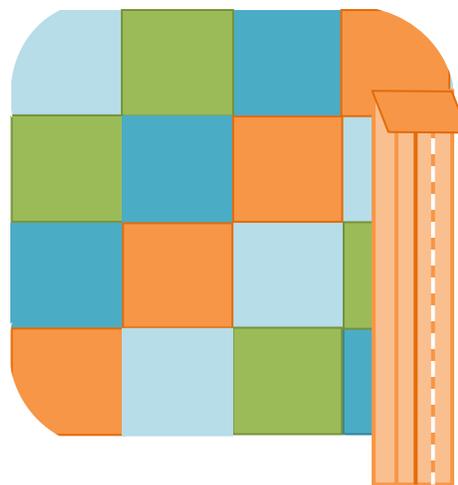
Using a cup or another round object, mark a semi-circle at each corner and cut to create rounded edges. Zigzag around the edge of hot pad.

#7 Attach Bias Tap

Cut a length of bias tape one inch (or four inches if you want a loop for hanging) longer than the circumference of your potholder. With patchwork face down, pin bias tape by unfolding the bias tape and laying its raw edge (right side down) against the edge of the back panel.

Stitch around hot pad directly on top of the fold closest to the pinned raw edge. Leave a small space between the two ends.

(One end should be sewn clear to its edge, and the other end should have an un-sewn "tail" that overlaps the first end.) Fold the tape over, enclosing the raw edge of the materials within the center fold of the bias tape.



Fold the "tail" under for a clean edge and overlap the first end, matching up the overlapping fold and the seam of the first end. Topstitch the tape, closing the gap where the ends meet. Stitch on the bias tape near the inner folded edge.

Note: Using a decorative topstitch will show fewer mistakes at the end if the seam doesn't perfectly align with the back fold of the bias tape.

To learn more about **bias tape** (and even how to make your own), search the internet for tutorials and step by step information.

Note: We recommend attaching the bias tape to the back side of the hot pad first, then top stitching it to the front side of hot pad.



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