

Pillow Case Dress
Two Complimenting Fabrics
Lace and/or Ribbon can be added when dress is complete

Dress – It is recommended to prewash and dry your fabric so that any shrinkage will happen before the fabric is cut.

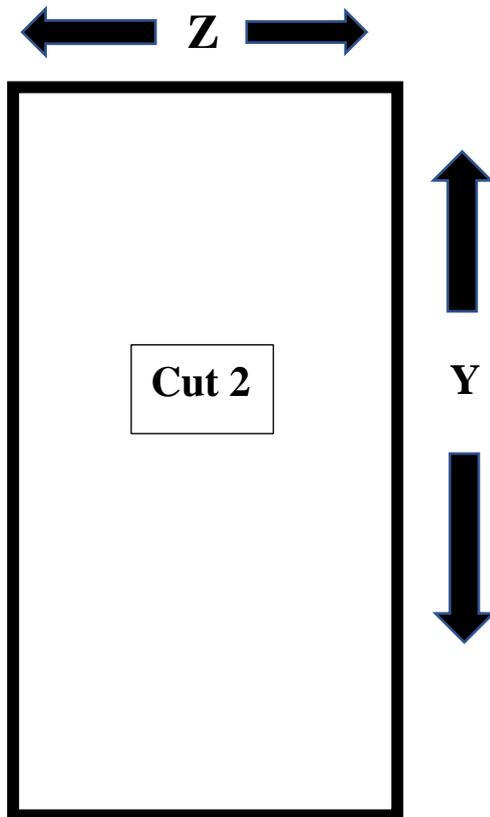
Measure how long you want the dress... Top of the shoulder to where you want the dress to end, then add three inches. Ex: top of knee, mid-calf however long or short you want the dress you want the dress.

Then you need to measure the waist and add 20 inches. (I know it seems like a lot, but it isn't!)

Top of Shoulder to end point + 3 inches = Y

Waist size + 20 inches = X

$X \div 2 = Z$



FOR EXAMPLE
ONLY

Top of shoulder to end point
is 34 inches

$$34 + 3 = 37$$

$$Y = 37$$

Waist measures 32 inches

$$32 + 20 \text{ inches} = 52$$

$$52 \div 2 = 26$$

$$Z = 26$$

$2 \frac{1}{8}$ yards of fabric

We are going to **FINISH ALL THE EDGES**

So, we are going to do the next step for EVERY EDGE all 4 sides on each piece of fabric.

**** We will have a templet made so you will not have to measure this out. ****

Fold in the sides $\frac{1}{2}$ inch, and then fold in half, pin down then sew with a straight stitch. – **All 4 sides on each piece of fabric**

Make a 2” casing at the top of the fabric – Fold $\frac{1}{4}$ inch seam down and then fold the 2” casing to hide the seam inside.

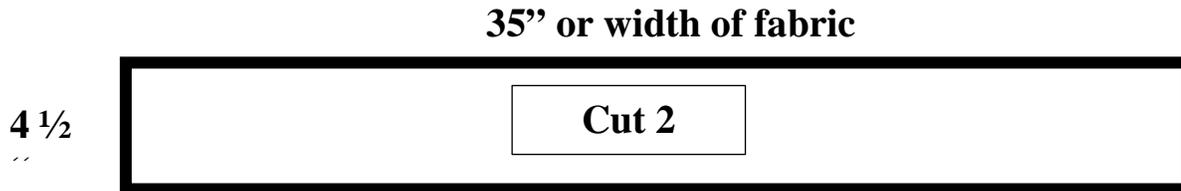
Sew casing down with a Straight Stitch

If you are adding extra fabric to the bottom of the dress, sew this on now. Not ribbon or lace, just the extra fabric.

Put aside for now

Sash – 1 Yard Complimenting Fabric

Cut 2 Strips of complimenting fabric $4\frac{1}{2}$ " x 35" ** This can be longer, it's your choice



Put right sides together and sew together ONE SHORT SIDE $\frac{1}{4}$ inch seam allowance

Fold in half and pin together (Wrong sides together) – Should be 2" x 70"

Make sure you pin the seam down.

Draw a diagonal on ends, and sew together with a $\frac{1}{2}$ inch seam allowance leaving about 3" opening to pull fabric through.

Cut off extra fabric and iron.

Pull right side out, iron and hand sew the 3" hole together. Or you can add a top stitch and add a fun decoration to your dress too.

Pull sash through dress.

Finishing Up

Try on dress. Measure down from the top of the fabric to under the armpit.

Pin dress seams right sides together from the mark under the armpit to the bottom of the dress.

Sew seams together. Iron seams flat, and turn dress right side out.

Add-ons if you want: lace or ribbon