



4-H Newsletter

Salt Lake County

January 2016

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Upcoming Events

January

- 7-10 [Western National Roundup](#)
- 16 Horse Council Rules Meeting
- 16 [Skills Workshop: Sewing Camp](#)
- 28-30 [Teen Winter Retreat](#)

February

- 1 State: Volunteer Award Nominations Due
- 6 [Beginning Robotics Class Starts](#)
- 11 County Contest: Favorite Foods
- 13 [STEM Electronics Class - "Tell Tale Heart"](#)
- 15 State: Portfolio Scholarships Applications Due
- 25 Skills Workshop: Public Speaking

March

- 2-3 State: Extension Annual Conference
- 12 [STEM Electronics Class - "Bat Eyes"](#)
- 24 County Contest: 4-H Contest Day
- 31 Skills Workshop: Chef Skills



Youth Leadership

TEEN COUNCIL - Groups of teens grades 9-12 work, plan, and play together to strengthen their own personal leadership, communications and teamwork skills while mentoring and teaching younger youth.

Teen Council meets on the 2nd Thursday of each month (Sept. - May) from 4:30-6:00pm at the Sandra N. Lloyd Community Center (12830 S. Redwood Rd.)

JR. TEEN COUNCIL - Groups of teens grades 6-8 come together for leadership training focused on fun, interactive activities.

Southern Jr. Teen Council meets on the 1st Thursday of each month (Sept. - May) from 4:30-6:00pm at the Sandra N. Lloyd Community Center (12830 S. Redwood Rd.)

Northern Jr. Teen Council meets on the 3rd Thursday of each month (Sept.-May) from 4:30-6:00pm at the Sandra N. Lloyd Community Center (12830 S. Redwood Rd.).

Interested in joining a Youth Leadership Council? Call the 4-H office for an application.



Gored Skirt

Sewing Camp

SATURDAY, JAN. 16, 2016

9:00am - 3:00pm

Nuttall's Bernina Sewing Ctr.
(12538 South 1960 West)

Cost: \$5.00/youth or adult
(includes lunch)

Register through your family/
profile at [4-H Online](#).

We'll be making 2 projects
during this camp:

PROJECT #1 - Gored Skirt
PROJECT #2 - Fabric Box

Fabric and sewing supply re-
quirements are posted on the 4
-H website and are available
during registration as docu-
ments for download.

Don't forget to bring your
sewing machine and sewing kit.
Bring a walking foot for your
sewing machine if you have
one. If you need to borrow a

sewing machine from the 4-H
office you may do so by indicat-
ing the need when you register.
We'll happily bring them if
requested!

We ask that you also bring
along an adult to assist you in
making these projects.

***"It's hard to get
movie studios to
pay a lot of
money for
movies that don't
have robots or
explosions."
-- John Green***

Beginning Robotics Class

USU Extension/4-H is offering a
4 session robotics class de-
signed for ALL YOUTH ages 9-
11. (You DO NOT need to be
enrolled in 4-H to attend.)

The course material is struc-
tured as a "hands on" and
"learn by doing" experience,
with new programming ideas.
Participants will build small
Lego Mindstorm EV3 robots
and learn to command them to

smile and speak, travel in
straight and curved lines, and
follow a path.

DATES: Feb. 6, Mar. 5, Apr. 2,
& May 7

TIME: 10:00am - 12:00pm

LOCATION: SLCo Govt. Ctr.,
2001 S. State St., USU Exten-
sion Conference Rm (SI-950)

COST: \$10.00 (all sessions)

REGISTER: [Eventbrite.com](#)

These classes will be taught by
Mark Mathias, Salt Lake County
4-H STEM Coordinator.



"Tell Tale Heart"

STEM - "Tell Tale Heart" Electronics Class (and more)

USU Extension/4-H is offering a
series of STEM Electronics
classes for YOUTH ages 10-15.
(You DO NOT need to be
enrolled in 4-H to attend.)

A different "project" will be
studied on 4 different dates.

FEB. 13 - "Tell Tale Heart"
MAR. 12 - "Bat Eyes"
APR. 9 - "Space Invaders"
MAY 14 - "Rubber Band Sen-
try"

Class materials are presented
in a "hands on" format and
participants will "learn by do-
ing".

These classes will be co-
presented by Brian Ivie and
Mark Mathias, Salt Lake Coun-
ty/4-H STEM Coordinator.

TIME: 10:00am - 1:00pm

LOCATION: SLCo Govt. Ctr.,
2001 S. State St, USU Exten-
sion Conference Rm (SI-950)

COST: \$7.00 / each class in
the series

REGISTER: [Eventbrite.com](#)

Space is limited so don't delay.
You won't want to miss this
opportunity to explore the
world of electronics.

Skills Workshops

Salt Lake County 4-H is excited to continue the Skills Workshop Series again this year!

These workshops will help 4-H members prepare for this year's County Contests by focusing on different skill sets that a 4-H member needs to participate in the different contests.

Skills Workshops vary in topic and include Sewing Camp, Public Speaking, Chef Skills, and

Fashion Night Out!. During each workshop you will explore and learn practical skills and techniques as well as presentation skills. You will become familiar with contest rules and protocol.

Skills Workshops are designed to help you be successful and to "make the best better".

You can find a complete list and schedule for all the Skills Workshops on our website at saltlakecounty4-h.org. Regis-

tration takes place through your 4-H Online family/profile page.



Master Chef in the making.....

County Contests

Competitions are designed to give youth an opportunity to showcase their talents in a wide variety of disciplines.

Contests are held throughout the year and are a safe environment in which youth can develop their talents, receive positive feedback or constructive criticism, as well as learn from or teach others.

There is a contest for all talents: Public and Impromptu Speaking, Demonstrations, World of Work and Congress Interviews. Consumer Sciences: Smart Shopping Challenge, Fashion Revue & Sewing Contest, and Consumer Bowl. Culinary Contests: Chef Extraordinaire, Favorite Foods, and Healthy Cuisine. Talent: Dance, Piano, Instrumental, Vocal, and Variety. Horse/Livestock: Horse Bowl, Horse Judging, Livestock Bowl.

Participation in County Contests is a great way to prepare to compete in Utah State 4-H Contests. When practical, county staff tries to conduct contests as similar to the state contest as possible, utilizing the same rules, time allowances, and judge's sheets.

Check the [website](http://saltlakecounty4-h.org) for a full schedule and details for upcoming contests.

"The real contest is always between what you've done and what you're capable of doing. You measure yourself against yourself and nobody else."
 --- Geoffrey Gaberino

New Website

We have been working diligently over the past few months to transfer the information on the old website to a new website.

At times, this appeared to be a monumental task with no end in sight. However, we feel like we have finally reached the point where we can take the new site "live".

This website will have many similarities to every other county's 4-H website as well as each USU Extension website. The new platform provides a uniform look but each website will still present unique information.

We welcome you to take a tour and tell us what you think. There are still a few things left to add and it will be a work in progress for a few months.

The web address for the new site is saltlakecounty4h.org. You may have to clear your browsers cache to view the updated site.

If you feel we are missing pertinent information or want to see something added to the site, please feel free to email the "webmaster" at paula.ericson@usu.edu



Making the Best Better!



4-H'ers across the nation are responding to challenges every day in their communities and their world.

As the youth development program of the Cooperative Extension System of land-grant universities, 4-H is the nation's largest youth development organization, empowering six million young people throughout the United States. Cooperative Extension of 1862 and 1890 land-grant universities provide the leadership to engage young people in 4-H in all 3,007 counties of the United States. The impact of the Cooperative Extension partnership is profound, bringing together National Institute of Food and Agriculture of USDA, land grant universities and county government to resource learning opportunities for youth.

Through America's 110 land-grant universities and its Cooperative Extension System, 4-H reaches every corner of our nation—from urban neighborhoods to suburban schoolyards to rural farming communities. With a network of more than 6 million youth, 611,800 volunteers, 3,500 professionals, and more than 25 million alumni, 4-H helps shape youth to move our country and the world forward in ways that no other youth organization can.

4-H Enrollment

As most of you are aware, we began a new 4-H year on October 1. This means that it's time to re-enroll for the 2015-2016 year. To do this, you will need to log in to your profile and/or family at ut.4honline.com, select the member/volunteer name that you want to re-enroll and click on "edit". At the bottom of that person's profile page there will be a button titled "Enroll for 2015-2016". Click it and continue on through the pages.

The annual 4-H enrollment fee is \$10/youth for 4-H club membership. This fee provides accidental insurance during 4-H activities and events and covers county program administrative costs. **4-H enrollment fees are due at the time of enrollment.**



Payment options: (1) Cash, check, and credit cards accepted in person at the 4-H office. (2) Checks may be mailed to the 4-H office - please include the names of the 4-H members that you are paying for so their account can be credited, (3) credit cards accepted over the phone in the 4-H office.

This year we have added an online option to submit your fee payment. The link is provided on the "Confirm" page in the payment instructions box.

ONLINE PAYMENT OPTION: <http://slco4henrollment.eventbrite.com>

