4-H empowers youth to reach their full potential, working and learning in partnership with caring adults. 4-H is the nation’s largest Positive Youth Development Program. 4-H focuses on learning by doing. Through our unique partnership with USU Extension we are able to provide opportunities for youth throughout Utah! 4-H offers a wide variety of programs, projects, contests and events from livestock to sewing, and leadership to robotics!

Youth are eligible to participate in 4-H between kindergarten and 12 grades. The 4-H Year runs from September 1 to August 31.

**HOW DO I JOIN 4-H?**

- **Teen Summer Camp:** Bi-County 3 day camp for youth 6th-12th grade
- **Agri-Science Camp:** Day camp for youth 5th-8th grade. Activities will combine agriculture, science and technology.
- **Cloverbud Camp:** 1/2 day camp for K-2nd graders. Camp will be planned by senior 4-H members.
- **Cooking Camp:** Day camp for 3rd-5th grade. Basic cooking skills & nutrition.
- **Sewing Camp:** Day camp for 6th-8th grade. Complete a simple sewing project.
- **Beginner Sewing Camp:** Day camp for 3rd-5th grades. Learn beginning sewing skills.
- **STEM Camp:** Two day camps will be offered. One for 3rd-5th grades and one for 6th-12th grades. Fun equipment will be used to create individual STEM related projects.
- **Farm Safety:** Course to certify 14 & 15 year olds to work on non-family farms. Safety component for 10-13 year olds.

**WHAT IS 4-H?**

Go to [https://4h.zsuite.org/](https://4h.zsuite.org/)
Create your household profile.
Sign up for the club that interests you the most. (If you will only be participating in camps or events, choose "Rich County Camp and Events Club")
Pay annual $10 enrollment fee.
Once approved, you can register for any event you are eligible for.

20 S Main St, PO Box 8, Randolph, UT 84064
Office Phone: 435-793-2435
Website: extension.usu.edu/rich
Facebook: USU Extension - Rich County 4-H
Instagram: richcounty4h
3RD-5TH GRADES

OPPORTUNITIES & EVENTS

Rich County Contests
Compete in our county contests for a chance to compete at the State 4-H Classic.
- Favorite Foods Contest
- 4-H Cooking Challenge
- Demonstrations, Illustrated Talks & Public Speaking in any area: Family & Consumer Sciences, Horse, Livestock, STEM.
- Fashion Show
- Decorate Your Duds

Rich County Camps
See the attached list of camps that will be offered this summer.

State 4-H Junior Youth Conference
5th & 6th Grade (just completed)
June 9-11, 2022, USU Campus, Logan
Fun workshops and experiences with youth from across the state.

State 4-H Classic
All ages plus adults and volunteers
June 27-29, Utah County
Youth can compete in horse, livestock, STEM, and FCS contests. Workshops will be available for youth and adults in all areas.

6TH-8TH GRADES

OPPORTUNITIES & EVENTS

Rich County Contests
Compete in our county contests for a chance to compete at the State 4-H Classic.
- Favorite Foods Contest
- 4-H Cooking Challenge
- Demonstrations, Illustrated Talks & Public Speaking in any area: Family & Consumer Sciences, Horse, Livestock, STEM.
- Fashion Show
- Decorate Your Duds

Rich County Camps
See the attached list of camps that will be offered this summer.

Rich County Teen Council
6th-12th Grade - Group of teens that help plan & implement county events. Great leadership, service, and social opportunity.

State i4-H Camp
7th & 8th Grade (just completed)
June 16-18, 2022, USU Campus, Logan
Team building workshops and activities for statewide youth.

State 4-H Classic
All ages plus adults and volunteers
June 27-29, Utah County
Youth can compete in horse, livestock, STEM, and FCS contests. Workshops will be available for youth and adults in all areas.

9TH-12TH GRADES

OPPORTUNITIES & EVENTS

Rich County Contests
Compete in our county contests for a chance to compete at the State 4-H Classic.
- Favorite Foods Contest
- 4-H Cooking Challenge
- Demonstrations, Illustrated Talks & Public Speaking in any area: Family & Consumer Sciences, Horse, Livestock, STEM.
- Fashion Show
- Decorate Your Duds

Rich County Camps
See the attached list of camps that will be offered this summer.

Rich County Teen Council
6th-12th Grade - Group of teens that help plan & implement county events. Great leadership, service, and social opportunity.

State 4-H Classic
All ages plus adults and volunteers
June 27-29, Utah County
Youth can compete in horse, livestock, STEM, and FCS contests. Workshops will be available for youth and adults in all areas.