USU Extension Co-Sponsors Celebrating Women Conference in Davis County

Julene Reese

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Utah State University Extension co-sponsors the Celebrating Women Conference held at the Weber State University Davis Campus Saturday, September 22, from 10 a.m. to 1 p.m.

Designed as an event to promote wellness and balance in the lives of women across the Wasatch Front, the conference features workshops presented by professionals from Northern Utah. Workshops include such topics as self-care, body image, mindfulness and communication. Meg Johnson is the keynote speaker with her presentation, “Connect. Inspire. Thrive.” Wheelchair bound after an accident left her paralyzed at the age of 22, her determination will not allow her to sit still. Her motto: “When life gets too hard to stand, just keep on rollin’,” has motivated tens of thousands of people across the globe. Her presentation concludes the event.

The conference begins at 10 a.m. and includes two sets of workshop sessions followed by the keynote presentation at noon.

“We are excited about this new event,” said Naomi Brower, USU Extension family and consumer sciences faculty for Weber County. “We have a fantastic lineup of speakers and we are confident that the women who attend will come away feeling inspired and with information and skills to help them in their lives.”

Tickets are available at celebratingwomen2018.eventbrite.com or by calling 1-801-399-8207. Early registration is $15 per person through September 9. Tickets purchased after September 9 are $25 a person. A limited number of tickets may be available at the door with credit purchase only. More information can be found at celebratingwomen.usu.edu. An additional co-sponsor for the Celebrating Women Conference is the Weber State University Davis Campus.

Writer: Julene Reese, 435-757-6418, julene.reese@usu.edu

Contact: Naomi Brower, 801-399-8206, naomi.brower@usu.edu