Utah State Equine Extension will host an introduction to dressage clinic featuring Jan Lawrence, dressage instructor for Millbrook Farms, located in Fairfield, Utah, on April 9 at the USU Equestrian Center.

Dressage is the art of riding and training a horse in a manner that develops obedience, flexibility and balance. Dressage training can improve a horse's performance for any discipline through the development of its natural abilities.

"Those who attend this workshop will leave with a greater understanding of dressage, improved riding position and classical techniques to incorporate in their training at home," said Haley Johnson, a USU equine science student and organizer of the clinic.

The workshop runs from 8:00 a.m. to 6:00 p.m. and includes a morning lecture, exemplary demo rides, single-rider sessions, ground pole sessions and a light lunch.

Auditor tickets are available for $15 online or at the door.

To register for this event, visit http://tinyurl.com/USUDressage. To learn more about English riding events in Cache Valley, contact Johnson at haley.mac@aggiemail.usu.edu.

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