

Ask an Expert – Be Ready: What to Do If You Need to Evacuate

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With wildfires threatening communities across the state, evacuation orders can happen with little warning. Preparing your household now can help you evacuate quickly and safely if it becomes necessary.

- Assemble grab-and-go kits. The [Ready.Gov website](#) offers printable instructions for building a basic disaster supply kit, including:
 - [Water](#) – one gallon per person per day for three days for drinking and sanitation
 - [Food](#) – at least a three-day supply of non-perishable food per person
 - Sleeping bag or warm blanket
 - Change of clothes
 - Cash (small bills)
 - Battery, solar, or hand-cranked radio
 - Flashlight, extra batteries
 - First aid kit
 - Portable power bank or solar charger
 - Whistle (to signal for help)
 - Dust mask (to help filter contaminated air)
 - Plastic sheeting, scissors and duct tape for [sheltering in place](#)
 - Moist towelettes, garbage bags and plastic ties as well as soap, hand sanitizer, and disinfecting wipes
 - Personal hygiene items
 - Cell phone with chargers and a backup battery or solar charger
 - Prescriptions and other medications
 - Pet food, water, and supplies
 - Infant formula, bottles, diapers, wipes, and other supplies
 - A complete change of clothing for each person, including underwear and sturdy shoes
 - Mess kits, paper cups, plates, paper towels, and plastic utensils
 - Paper and pencil plus books, games, puzzles, and activities for children
- Ensure that a copy of your important documents, such as birth certificates, insurance policies, and financial records, is easily accessible.
- Identify emergency meeting spots and practice going there regularly.
- Make sure at least one family member knows first aid and CPR.
- Write down or memorize all family members' contact information, including phone numbers and birthdates.
- Have a family communication plan. Review and practice the plan regularly.
- Be sure to involve children and youth in preparedness efforts. Research shows that youth who are involved experience less stress and anxiety during and after an emergency.
- Visit [USU Extension's preparedness website](#) for additional emergency preparedness information.

Contact

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