MILLARD COUNTY
4-H NEWSLETTER
October & November 2016

Welcome to the new 4-H Year!
We are so excited to welcome everyone to start the new year of 4-H. We are welcoming new members to our team who are excited and ready to help create a great 4-H program for the youth of Millard County.

Remember 4-H is a Volunteer Program, and we can’t offer the kinds of clubs we want without the hands and knowledge the Volunteers provide.

So . . . Come on in and let us know what you can teach! Let’s make this a great year!

Welcome Marinda Willoughby

The 4-H Team would like to welcome Marinda Willoughby. Marinda lives in Oasis, her husband Kirk is a teacher at the Delta tech. She is the mother of two sons and two daughters. She will be Coordinating the Livestock program.

Livestock
If you would like to start a Livestock/Small Animal Club with your family, community or neighborhood, let us help you set it up . . . Contact Marinda Willoughby @ 406-9917

Watch for future Clinics coming during the year!

Civil Rights

Using Foods in Extension Programs: A Cultural Sensitivity Issue
Some cultures and religions have rules about what foods people can eat and what foods they cannot eat. Some people also choose specific diets—such as being vegetarian—for reasons that are not based on their culture, religion or faith. Extension programs often include foods in planned events and training programs. Having an awareness of some of the many dietary guidelines of other cultures and religions helps maintain cultural sensitivity in work with stakeholders.

Dallas L. Holmes, EdD., USU Cooperative Extension, Diversity and Civil Rights Specialist

4-H AGES
- Cloverbud 4-H Members: K-grade two (K-2) There are fun activities for youth who are not yet regular 4-H age.
- Junior members: Grades three – five (3-5) and at least 8 years old by October 1, 2012.
- Intermediate 4-H Members: Grades six – eight (6-8)
- Senior 4-H Members: Grades nine – twelve (9-12)
USU Extension
83 So. Manzanita Ave.
Delta, UT 84624

Address Service Requested

Other Contact Information:
Phone: 435-743-5412 or 435-864-1480
Fax: 435-743-4221 or 435-864-1488
E-mail: millardextension@usu.edu

Check us out on the web:
http://extension.usu.edu/millard

“Like” us on Facebook:
USU Extension—Millard County

“Utah State University is an affirmative action/equal opportunity institution.”

Upcoming Events

October
4 - Portfolio's Due!
4 - Extra Mile Award Due!
4 - Delta Arts & Craft Club
4 — Fillmore Cloverbud Club
4, 6, 10, 11, 12, 13 Delta Tennis Club
10 - Delta Cloverbud Club
11 — Delta 4-H Fun
12 - Fillmore F$ SNAP Ed/4-H Cooking & Nutrition
12 — Delta Sewing Club
13-Horse Awards Banquet - Fillmore Pod
19 RSVP for Awards Banquet
20 - Delta F$ SNAP Ed/4-H Cooking & Nutrition class
26 — 4-H Awards Banquet

Register today at: ut.4honline.com

October 1st begins the new 4-H year all registrations will be reset. Login in and enroll for the 2016-17 year!

November
1 - Delta Arts & Craft Club
8 — Delta 4-H Fun
9 - Delta Sewing Club
14 - Delta Cloverbud Club
16 - Fillmore F$ SNAP Ed/4-H Cooking & Nutrition
17 - Delta F$ SNAP Ed/4-H Cooking & Nutrition class

Call 435-864-1480 or 435-743-5412

Remember to call and sign up for Clubs that you would like to attend. You must register for 4-H each year. Make sure you are registered!
West Millard 4-H!
Register and sign up at:
83 S. Manzanita Ave.
864-1480

Food Sense Cooking Club
All Ages
Oct. 20 at 3:30
Nov. 17 at 3:30
Extension Office
Call the Office to sign up!

Sewing Club
Dates: Oct. 12 & Nov. 9
Time: 3:00
Location: Extension Building
Cost: Bring your own supplies!
An adult needs to come with the youth!
Call to Sign up!

NXT Lego Robotics
Start Date: Sept. 8th
Ages: 7th & 8th grades
Place: Extension Office – taught by Isaac Hansen
Robotics is still going strong!
Sign up for the next opportunity!

Arts & Craft Club
Date: Oct. 4, Nov. 1
Time: 3:00
Location: Extension Office
Cost: Maybe $2.00 or Free
Call to Sign up!

Tennis Club
Dates: Oct. 4, 6, 10, 11, 12, 13,
Time: Right after school
Location: DHS Tennis Courts
Teachers: Kassie Banks & Jason Fowles
Bring a racquet or call with questions!
Call to Sign up . . . Or just show up!

Cloverbud Club
For youth and a parent up to 8 years old
Dates: Oct. 10, Nov. 14
Location: Extension Building
Cost: $2.00 Call to sign up!

4-H Fun!
~ For boys 3rd - 5th grade ~
Dates: Oct. 11, Nov. 8
Time: 3:00
Location: Extension Building
Leaders: Parents
Sign up for fun!

Oak City Club
Come join the fun
Contact: Shellie Lovell @406-6368
For details!
Come see what’s going on in East Millard 4-H!

Register and sign up at:
50 S. Main or call 743-5412

Welcome Deanne Hare!

The 4-H Team would like to welcome Deanne Hare. Deanne lives in Fillmore, she and her husband Joe are the parents of two children.

Deanne has had lifelong experiences of 4-H in her home. She will be Coordinating the many 4-H activities in the Fillmore area.

Food Sense Cooking Club

All Ages
Oct. 12 at 3:15
Nov. 16 at 3:15
Legion Hall - Fillmore

Call the Office to sign up!

Watch the News...

4-H will be having an Open House in the near future to welcome our new 4-H Coordinator and let you sign up for Clubs and Volunteer to help!

Watch for the time and date . . .
Coming soon to your email and Facebook!

Friday 4-H!

This Club will be in conjunction with the elementary and high schools, with great teen leaders leading the way. Watch for details coming your way!

Call to get on the list!

4-H Needs . . . YOU to Volunteer to teach a 4-H Club!!

The youth of Millard County are waiting for your expertise to learn something new!

Contact the office at 743-5412 and let us know where you can help!!