The 2018 Achievement Night has been set for November 1, 7 pm in the Juab County Center Cultural Hall.

Many outstanding youth and adults will be honored at this program. A display table will also be set up 15 minutes before the program starts which will showcase our member portfolios.

We encourage all of you to attend and see the many 4-H awards available in Juab County. 4-H portfolios can also be picked up after the program.

**Member Awards**

Awards will be presented to the following youth based on Portfolios, State 4-H Contests, State Horse Show, and State Fair Rosettes:


Achievement Night (cont.)

Member Awards Pins


4-H Leaders

1 Year: Cynthia (Cindy) Blackhurst, Melonie Brinkerhoff, Rhett Crandall, Emily Goodwin, June Higginson, Kara Manning, Neal Menlove, Ryan Pettit, Elishia Reynolds, Mandi Roe nebeck, Jessica Shepherd, Brenda Winn, Clay Winn.

5 Year: Amy Mitchell, Brian Bosh, Emilee Watkins, Donni Pay, Heather Poulsen.

10 Year: Jen Housley, Staci Stephensen.

15 Year: David Jones.

25 Year: Judy Jensen, Margie Memmott.

Cloverbuds

4-H Online Event Enrollment

It's a new 4-H year,—don’t wait until fair time or weigh-ins to enroll! The 4-H year goes from October 1st to September 30th. Members must enroll every year to be active in 4-H.

4-H Online is the enrollment & event registration system of Utah 4-H. Online enrollment is mandatory. The site to enroll for 4-H is www.ut.4honline.com.

**REMINDER**

You are now able to chose to pay for 4-H enrollment and club enrollment online using a credit card, or pay in person in the office. We are still unable to take credit cards in the office. There are several things to remember:

- Enrollment must be approved by our office before you can enroll in an event.
- Once approved, event enrollment and payment may be entered.
- Youth enrolling in Sheep, Swine or in a community club need to be assigned a leader.
- If you are setting up a new community club, call the office with the club name for set-up.
- We recommend using Mozilla Firefox or Google Chrome.
- Money or enrollments will no longer be accepted at events (including horse shows).

**Event Sign-up**

Instead of calling or coming into the office, you now sign your youth up for camps, clubs and activities (4-H software calls them ‘events’) using the 4-H Online software from the comfort of your home. Again, you have the choice of paying online using a credit card or paying in the office with cash or check.

To enroll in an event, login at https://ut.4honline. Press “Continue to Family”; your family’s Member List will be displayed. The lower area is used to register members in events. Select the Member and the Event from the dropdown menus (**see the screenshot below). Only members who are active and meet criteria for the event (for example grade level) will appear. Select the Register button and follow the step by step instructions and payment instructions for that particular event. If the event is full, the register button will not show. Click “Confirm Order”. The person’s registration will be added to the event with a pending registration status. Registration is complete once payment has been made and approved.

For more details or help:
- Call the Extension office.
- Helpful tutorials with pictures and screenshots available for members and volunteers at http://utah4h.org/staffresources/4honlinehelp
- Call the State 4-H Online specialist, Rob Griffin at 435-797-3761.

State Fair Livestock


State Horse Show

Junior group, 3rd-5th: Hadley Thompson received a blue in Showmanship and Reining.
Intermediate group, 6th-8th grade: Garrett Woolstenhulme received a blue in Poles and Flag Race.
Senior group, 9th-12th grade: Josie Woolstenhulme received a blue in Showmanship, Western Horsemanship, Poles and Barrels.

Livestock Checks

Attention Livestock Members!

An email will go out once Livestock Auction checks are received. A complete and updated 4-H Portfolio or FFA Book is required for check-off.
Healthy Snacks can help children get the nutrients needed to grow and maintain a healthy weight. Prepare single-serving snacks for younger children to help them get just enough to satisfy their hunger. Let older kids make their own snacks by keeping healthy foods in the kitchen.

**Mix-in Muffins**
Looking for a fun after school baking activity? Eat these moist muffins for school day breakfasts, lunch or snack time.

**Ingredients:**
- 1 1/2 cups flour
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 2 eggs
- 5 tablespoons butter, melted
- 2/3 cup brown sugar
- 1/2 cup chopped walnuts
- 1 cup applesauce
- 1/2 cup grated carrot or zucchini

**Step-by-Step:**
1. Preheat the oven to 350°. Butter the cups of a mini (or regular) muffin pan. Or line with paper liners.
2. Measure the flour, baking powder, baking soda, salt and cinnamon into a large mixing bowl and stir it all together.
3. Crack the egg into a separate bowl and whisk. Mix in the brown sugar. Then add the melted butter and applesauce. You can also stir in the chopped walnuts, grated carrot or zucchini, if you’d like.
4. Pour the applesauce mixture over the flour mixture and stir until all the flour disappears.
5. Spoon the batter into the muffin cups, filling each about two-thirds full.
6. Note: Bake for 15 minutes (or 20 minutes for regular size).

Makes 24 to 36 mini muffins or 12 regular size muffins

Source: [https://kidstir.com](https://kidstir.com)

**Upcoming Community Class**
**Food $ense SNAP-ED Program**
Create with Roasted Vegetables and Spices

January 17th 7-8 pm
Juab County Extension

Sign up online: [extension.usu.edu/juab/foodsense](http://extension.usu.edu/juab/foodsense) / or call us at 623-3450 to reserve your space.

This material was funded by USDA’s Supplemental Nutrition Assistance Program—SNAP.