

Spark Events Light Up New Possibilities for 4-H Youth

By Christi Nicholls, Juab County 4-H Coordinator

For the past couple of months, I've been working on several "Spark" camps. And no, this isn't what you might be thinking, there were no fires built at the Extension office! In 4-H, Spark camps are all about giving youth a chance to try something new, something that might ignite an interest in a topic they've never explored before.

This 4-H year, we started with several cooking Spark camps. Most recently, we hosted **Snack Attack** and **Cookie Crave**. Snack Attack focuses on afterschool snacks that can be prepared in under an hour using ingredients most families already have on hand. In Cookie Crave, participants dove into three different cookie recipes, exploring the measurements and the chemistry that make baking so much fun. Both camps were a hit—we had plenty of laughs, learned new skills, and of course, enjoyed some delicious treats!

What makes Spark Events special is the energy and curiosity they inspire. Youth who attend often find a new project they want to pursue, meet caring adult mentors, and gain confidence in trying unfamiliar things. It's amazing to watch a shy first-time participant leave with a big smile, a new friend, and a plan for their next 4-H adventure.

Whether your child loves animals, technology, cooking, leadership, or creative arts, there's a spark waiting to be discovered. Our goal is to help each young person find that interest that keeps them engaged and growing.

If your family missed this round of Spark Events, don't worry—more opportunities are coming soon! Follow Juab County 4-H on Facebook and Instagram or contact the Extension office to learn how to get involved. You never know which activity might ignite your child's next big passion!