

Extension

I hope everyone had a Merry Christmas and is looking forward to a fantastic New Year. This time of year often brings reflection on the past twelve months and the many things we have to be grateful for, along with thoughts about the year ahead and how we might improve ourselves. Like many people, my resolutions often focus on eating healthier, but this year I'm choosing something different—and I'd like to invite you to do the same: learning something new.

For me, that new challenge is learning how to grow dahlia flowers. It's something I've never tried before, and I'm looking forward to stepping outside my comfort zone and picking up a new skill along the way.

Many of you may be thinking about learning something new as well. Maybe you'd like to improve your gardening skills. Perhaps you're interested in food preservation, including newer methods like freeze drying. Others may want to learn more about farming or raising crops or livestock, whether on a small scale or a larger operation. You may also be looking for opportunities that help your children build confidence, leadership, and lifelong skills. If any of this sounds familiar, USU Extension can help.

USU Extension is part of Utah State University, but its classrooms extend far beyond campus. Its mission is to provide research-based, practical education directly to communities across the state. Rather than keeping information in textbooks or laboratories, Extension brings it to kitchens, gardens, farms, classrooms, and community spaces—making learning useful, accessible, and relevant to everyday life.

Here in Juab County, the USU Extension office works to serve local residents by focusing on youth development, agriculture, horticulture, and strengthening homes and communities. Programs are shaped by local needs and delivered by educators who understand the unique challenges and opportunities our county faces.

What truly sets USU Extension apart is its community-based approach. Programs are guided by local input, grounded in university research, and focused on real-world application. The goal isn't just to share information, but to provide skills and knowledge that can be put to use right away.

As we move into the new year, consider making “learning something new” part of your resolution. Whether your interests include gardening, agriculture, food preservation, youth development, or building stronger homes and communities, USU Extension is a trusted local resource—ready to learn alongside you and help Juab County continue to thrive.