Hi, my name is Melanie Dabb and I am excited to join USU Extension in Juab County as the Home & Community Faculty member. I grew up in Logan, UT and earned my bachelor's degree from Utah State University. I then earned my master's degree from The University of Georgia while working as a 4-H agent in Troup County, GA. During my undergraduate work I minored in music and still find places to play my flute and trumpet. I enjoy running and ran two half-marathons this past summer. I love cooking, handwritten cards, arts and crafts, and needlepoint. I tell people I have a very old soul.

What I enjoy most about working in Extension is the variety. My master's degree is in Financial Planning and I have a passion for helping people become financially stable, but I also get to work in programs for nutrition, food preservation, positive youth development and so much more. My job never gets routine or mundane and I love making sure everyone has access to resources that help improve lives.

Since my background is in financial education I will share here one of my favorite finance resources from Extension is the finance calendar. The 2023 edition is available for free. Each calendar describes 3 potential habits you could adopt each month to improve your overall financial well-being, along with a finance take 5 task which is a quick action you can take towards improving your finances. This calendar is free to download at <u>tinyurl.com/y557c925</u> or there are a few copies available in the Extension Office if you stop in and ask!