County Contests

Christi Nicholls 4-H Program Coordinator

It is that time of year again. Time for County Contests. This year all of our contest will be done in March & April. Here is a breakdown of what we are doing and when.

**March 29: Impromptu Speech**

Impromptu Speech a contestant will select a topic for their speech by randomly drawing three questions from a pool of questions. They will select one question and return the other two. A maximum of one minute will be allowed for this process. Questions will be relative to today’s youth and may include current events, 4-H, and/or social issues.

**March 29: Prepared Speech**

Prepared Speech each contestant will prepare a speech on any topic relative to today’s youth. Topic is not required to be 4H related but must be of interest to youth.

**March 30: Fashion Review**

Youth can participate in 2 different divisions and will be judged separately. Those divisions are:

- **Constructed-** 50% of the score will be on sewing construction and 50% will be on modeling and interview.
- **Purchased/ Modified-** 100% will be on modeling and interview.

**April 5: Family and Consumer Science Bowl**

FCS Bowl is a knowledge bowl team competition that tests your knowledge of all aspects of Family Consumer Science.

**April 5: Family and Consumer Science Skill-a-thon**

FCS Skill-a-thon This is an overall contest that covers skills and knowledge gained by participating in all aspects of the Family Consumer Science project. The first part is an identification of 3 areas: Clothing & Sewing, Foods & Cooking Interior Design & Home Repairs. Then, you judge a foods class similar to the consumer decision making contest and finally, as a team, you give a life skill assessment presentation.

**April 5: Consumer Decision Making**

Youth will judge and rank 4 different consumer projects and give oral reasons why they choose and ranked them based on the scenario given.

**April 6: Cooking Challenge**
A team of two members or an individual contestant will prepare and complete a dish highlighting the challenge ingredient. Dish must be completed and presented to the judges within a 40 min timeframe. Contestants must prepare one complete plate of the dish for the judges. Contestants can prepare an appetizer, main course, or a dessert. Contestants then have three minutes to describe the dish, tell how they highlighted the challenge ingredient, and share some facts/knowledge about the challenge ingredient.

**April 6: Favorite Foods**

Contestants will be judged on their selection, knowledge, and presentation of a favorite food. Contestants should be prepared to discuss the favorite food- why it’s your favorite, where you got the recipes, any special techniques used in preparing it, history of this food, and anything you’d like to share about your favorite food.

**April 27: Shooting Sports**

Contestants will be judged on .22 rifle, shotgun, and archery.

All contest will be done by appointment only. Please call our office to schedule 435-623-3450.