

**Appendix E:  
Telephone Survey Results of Residents' Attitudes Toward Recreation Trails  
in the Central Planning District**

## Summary of Central Planning District Results

- Well over half of the respondents in the Central Planning District are Trail Users (52.2%), the highest percentage of any of the Planning Districts, and consequently, well over the state result of slightly less than 50%. Almost 48% of respondents are Non-Users of Trails, the lowest percentage of any of the Planning Districts.
- For Trail Users in the Central Planning District, there is a slightly greater proportion of males, at 51.8%, compared to females at 48.2%, very similar to the statewide results. For Non-Users of Trails, there are many more females, at 72.9%, compared to males at 27.1%, a much larger proportion of females and much smaller proportion of males compared to the statewide results.
- The average age of Trail Users in the Central Planning District is slightly over 43 years old, well above the statewide average of almost 40 years old, while the average age of Non-Users of Trails is slightly over 50 years old, about two years older than the statewide average of almost 48 years old.
- Almost 15% of Trail Users in the Central Planning District indicated their use of trails from once a week to more than once a day, the second highest percentage of all the Planning Districts, and well over the statewide result of almost 10%.
- Use of trails is a family affair in the Central Planning District, with almost 83% of Trail Users indicating there were other household members who have used trails in Utah in the past 12 months, with an average of slightly over three other household members using trails. This is the second highest percentage reported among all the Planning Districts. For Non-Users of Trails, slightly over 23% indicated there were other household members who have used trails in Utah in the past 12 months, with an average of three other household members using trails. This is the highest percentage reported among all the Planning Districts.
- Unlike all other Planning Districts, the activity of All Terrain Vehicle (ATV) Driving was the most mentioned trail activity in the Central Planning District, mentioned by almost 51% of Trail Users here. Hiking was the second most mentioned trail activity at slightly over 46%. Horseback Riding was the third most mentioned trail activity, at slightly over 19%, and at the highest percentage of all the Planning Districts. Biking/Mountain Biking followed at slightly over 8%, among the lowest percentages of all the Planning Districts for this activity.
- There is a high level of awareness of trails in Utah among Trail Users in the Central Planning District, with 85.5% indicating they knew of a trail within 15 minutes of their home or workplace. However, almost 15% of Trail Users said there was not a trail within 15 minutes for their home or workplace or didn't know.

- Among Non-Users of Trails in the Central Planning District, slightly over 53% indicated they knew of a trail within 15 minutes of their home or workplace. Yet a substantial proportion of Non-Users of Trails, almost 47%, indicated there was not a trail within 15 minutes of their home or workplace or didn't know.
- Trail Users in the Central Planning District who indicated they were aware of a trail within 15 minutes of their home or workplace also gave the widest range of responses regarding the use of this trail, ranging from never to 1040 times a year, with average use of this trail at slightly over 51 times a year, much more than the statewide average of slightly over 42 times a year. The median use of 12 times a year is more than the statewide median of 8 times a year, and the same as three other Planning Districts.
- The use of trails appears to be a significant part of Central Trail Users' recreational activity and lifestyle.
- Trail Users in the Central Planning District indicated their favorite trail was, on average, slightly over 44 minutes from home, about three minutes less than the statewide average of 47 minutes. The median response was 20 minutes from home, five minutes less than the statewide result. Almost 43% of Trails Users indicated their favorite trail was within 15 minutes of home, higher than the statewide result of almost 38%, while slightly over 70% indicated their favorite trail was within 30 minutes of home, again higher than the statewide result of 65%.
- A good proportion of Trail Users in the Central Planning District, almost 17%, use their favorite trail from once a week to more than once a day, similar to the statewide result of almost 16%.
- Almost 78% of Trail Users in the Central Planning District indicated they would like to use trails in Utah more than they did in the past 12 months, somewhat less than the statewide result of almost 81%. The main reason given by almost two-thirds of Trail Users for not using trails more than they would have liked was not enough time and/or too busy with other activities.
- Slightly more than 53% Non-Users of Trails indicated they would like to use trails in Utah more, and of these, slightly over 54% said the main reason they did not use trails more was not enough time and/or too busy with other activities. However, almost 24% of these respondents indicated their main reason as personal health concerns, age, and/or disability.

- Slightly over 69% of Trail Users in the Central Planning District indicated they would support the use of additional public funds for motorized trails, the highest percentage of all the Planning Districts and much higher than the statewide result of almost 48%. Almost 69% indicated their support for the use of additional public funds for non-motorized trails, much less than the statewide result of almost 86%. Almost 49%, indicated they would support a tax increase if the additional money would be used to enhance their use and enjoyment of trails, somewhat lower than the statewide result of almost 51%.
- Support from Non-Users of Trails in the Central Planning District is somewhat different, with almost 56% supporting the use of additional public funds for motorized trails, and almost 69% supporting the use of additional public funds for non-motorized trails. However, a clear majority, almost 59%, would not support a tax increase to enhance their use and enjoyment of trails.
- Slightly over 89% of Trail Users and slightly over 59% of Non-Users of Trails strongly agree or agree that having quality trails in Utah was personally important to them, somewhat less than the statewide results.
- A large majority of both Trail Users and Non-Users of Trails in the Central Planning District imply they personally receive benefits from trails in Utah.
- A clear majority of both Trail Users and Non-Users of Trails strongly agree or agree that trails in their area result in economic benefit for local communities.
- Almost 89% of Trail Users and 79% of Non-Users of Trails in the Central Planning District strongly agree or agree that preservation of historic trails in Utah is important.
- Slightly over 88% of Trail Users in the Central Planning District strongly agree or agree that trails in their area allow them to be physically active and lead a healthy lifestyle, somewhat less than the statewide result of slightly over 92%. Slightly more than 58% of Non-Users of Trails also strongly agree or agree.
- Having trails in or near a community in the Central Planning District is perceived as doing much for the quality of life of both Trail Users and Non-Users of Trails.

## Telephone Survey Results of Residents' Attitudes Toward Recreation Trails in the Central Planning District

### Sampling

In the Central Planning District, as in every Planning District in the state, a random sample of household telephone numbers was selected for the telephone survey. A total of 370 telephone interviews were completed from September 6-17, 2001, proportionately divided based on the percentage population of Juab, Millard, Sanpete, Sevier, Piute, and Wayne Counties in the Central Planning District. See [Table E-1](#) for Central Planning District county populations and number of interviews completed in each county.

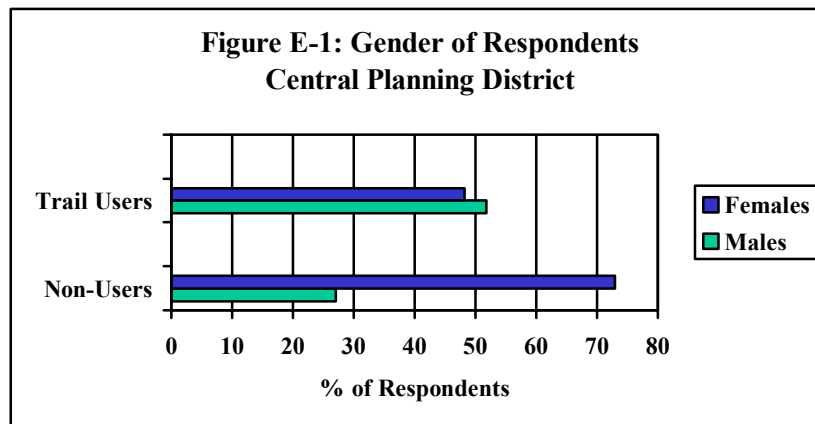
**Table E-1: Central Planning District, Counties, Populations, and Number of Telephone Interviews Completed**

Planning Districts	Total Population <sup>1</sup> (% of Statewide Population)	County Population <sup>1</sup> (% of District)	Interviews Completed (% of Total for District)
<b>Central District</b>	65,000 (100%)		370 (100%)
Juab County		8,100 (12%)	46 (12%)
Millard County		12,200 (19%)	70 (19%)
Sanpete County		21,500 (33%)	122 (33%)
Sevier County		19,100 (29%)	109 (29%)
Piute County		1,600 (3%)	9 (3%)
Wayne County		2,500 (4%)	14 (4%)

### Characteristics of Central Planning District

#### Trail Users and Non-Users of Trails

For Trail Users in the Central Planning District, there is a slightly greater proportion of males, at 51.8%, compared to females at 48.2%, very similar to the statewide results. For Non-Users of Trails, there are many more females, at 72.9%, compared to males at 27.1% ([Figure E-1](#)), a much larger proportion of females and much smaller proportion of males compared to the statewide results.



The average age of Trail Users in the Central Planning District is slightly over 43 years old, well above the statewide average of almost 40 years old, while the average age of Non-Users of Trails is slightly over 50 years old, about two years older than the statewide average of almost 48 years old (Table E-2). Close to one-quarter of Trail Users are 18-29 years old, slightly over 17% are 30-39 years old, and close to another quarter are 40-49 years old. Thus, about one-quarter of adult Trail Users in the Central Planning District are under 30 years old, slightly over 40% are under 40 years old, and almost two thirds (65.3%) are under 50 years old. Close to one third of Trail Users are 50 years and older.

**Table E-2: Age of Trail Users and Non-Users of Trails**

		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean years	Trail User	36.4	39.5	37.8	42.1	<b>43.3</b>	45.2	45.6	39.7
	Non-User	45.7	48.6	44.1	45.1	<b>50.3</b>	52.9	52.2	47.9
Median years	Trail User	33.0	38.5	38.0	42.0	<b>43.0</b>	45.5	45.0	39.0
	Non-User	42.5	48.0	40.0	45.0	<b>50.0</b>	54.0	53.0	48.0
18-29 years old	Trail User	42.2%	25.5%	33.2%	19.3%	<b>23.8%</b>	15.5%	22.5%	27.4%
	Non-User	29.1%	19.5%	34.4%	26.2%	<b>16.9%</b>	11.2%	19.0%	22.6%
30-39 years old	Trail User	19.1%	27.2%	22.1%	22.9%	<b>17.1%</b>	19.6%	14.4%	24.4%
	Non-User	15.3%	14.1%	15.0%	11.8%	<b>13.6%</b>	10.2%	11.2%	14.0%
40-49 years old	Trail User	19.7%	25.5%	27.4%	28.6%	<b>24.4%</b>	25.0%	21.9%	25.3%
	Non-User	14.8%	17.8%	8.3%	21.0%	<b>18.1%</b>	21.9%	16.8%	16.1%
50-59 years old	Trail User	12.1%	12.5%	9.5%	19.3%	<b>18.7%</b>	22.6%	17.6%	12.7%
	Non-User	12.2%	22.7%	14.4%	19.7%	<b>19.8%</b>	17.9%	10.6%	19.5%
60-69 years old	Trail User	5.2%	6.0%	6.3%	7.1%	<b>10.9%</b>	11.3%	14.4%	6.8%
	Non-User	14.3%	9.2%	13.9%	10.5%	<b>9.6%</b>	16.3%	17.9%	11.1%
70 years and greater	Trail User	1.7%	3.3%	1.6%	2.9%	<b>5.2%</b>	6.0%	9.1%	3.3%
	Non-User	14.3%	16.8%	13.9%	10.9%	<b>22.0%</b>	22.4%	24.6%	16.7%

### Use of Trails in the Central Planning District

Well over half of the respondents in the Central Planning District are Trail Users (52.2%), the highest percentage of any of the Planning Districts, and consequently, well over the state result of slightly less than 50%. Almost 48% of respondents are Non-Users of Trails, the lowest percentage of any of the Planning Districts ([Table E-3](#)).

**Table E-3: Have you used any trails in Utah in the past 12 months?**

Response	<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Yes Trail Users	46.8% (173)	49.7% (184)	51.4% (190)	37.8% (140)	<b>52.2%</b> <b>(193)</b>	45.9% (170)	50.8% (188)	49.7% (2978) <sup>1</sup>
No Non-Users of Trails	53.2% (197)	50.3% (186)	48.6% (180)	62.2% (230)	<b>47.8%</b> <b>(177)</b>	54.1% (200)	49.2% (182)	50.3% (3017) <sup>1</sup>

<sup>1</sup>These figures represent statewide “weighted” numbers of Trail Users and Non-Users of Trails, figured by taking the number of respondents in each Planning District and multiplying each by its respective weighting factor (1.0 for Bear River, 10.0 for Wasatch Front, 3.0 for Mountainland, 0.3 for Uintah Basin, 0.5 for Central, 0.4 for Southeastern, 1.0 for Southwestern), and then summing the results.

Trail Users in the Central Planning District used trails in Utah, on average, 23 times in the past 12 months, the third highest average use of all the Planning Districts and about three times more than the statewide average ([Table E-4](#)). The median use was 8 times, second highest of all the Planning Districts and two times more than the statewide result. Noticeable is that slightly over 50% of Central Trail Users mentioned trail use between 2-4 times and 5-10 times in the past 12 months, somewhat less than the statewide result. Use at 2-4 times a month, at 18.3% is the highest in this category of all the Planning Districts. Almost 15% of Trail Users in the Central Planning District indicated their use of trails from once a week to more than once a day, the second highest percentage of all the Planning Districts, and well over the statewide result of almost 10%.

**Table E-4: How Many Times Respondents Used Trails in Utah in the Past 12 Months<sup>1</sup>**

Statement	<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean <sup>2</sup>	19.3	20.4	18.5	13.5	<b>23.0</b>	31.2	26.1	20.57
Median <sup>2</sup>	6.0	5.0	6.0	5.0	<b>8.0</b>	10.0	5.0	6.0
Range <sup>2</sup>	1-300	1-400	1-300	1-100	<b>1-500</b>	1-365	1-600	1-600 <sup>3</sup>
Once	9.8%	9.2%	8.4%	10.1%	<b>7.3%</b>	4.2%	4.8%	8.7%
2-4 times	26.0%	34.2%	30.5%	30.9%	<b>27.7%</b>	26.2%	38.5%	32.9%
5-10 times	30.6%	25.0%	26.3%	24.5%	<b>23.0%</b>	23.8%	25.7%	25.6%
Once a month	9.8%	10.3%	11.1%	12.9%	<b>8.9%</b>	14.3%	8.6%	10.4%
2-4 times a month	14.5%	10.9%	17.4%	12.9%	<b>18.3%</b>	14.3%	11.8%	12.8%
Once a week	4.6%	3.3%	1.1%	6.5%	<b>7.9%</b>	8.3%	3.7%	3.3%
Twice a week	1.2%	2.7%	2.1%	2.2%	<b>4.2%</b>	4.2%	0.5%	2.6%
3-5 times a week	3.5%	3.8%	3.2%	0.0%	<b>2.1%</b>	2.4%	3.2%	3.5%
Once a day	0.0%	0.5%	0.0%	0.0%	<b>0.0%</b>	2.4%	1.1%	0.1%
More than once a day	0.0%	0.0%	0.0%	0.0%	<b>0.5%</b>	0.0%	0.5%	0.4%

<sup>1</sup>Figures shown are those of Trail Users who indicated that they had used a Utah trail in the previous 12 months (Bear River n=173; Wasatch Front n=184; Mountainland n=190; Uintah Basin n=139; Central n=191; Southeastern n=168; Southwestern n=187).

<sup>2</sup>Values shown are mean, median, and range of trail use in the past 12 months.

<sup>3</sup>The range of values for frequency of trail use statewide is not weighted here.

Use of trails by other household members of Trail Users and Non-Users of Trails in the Central Planning District is higher than the statewide results, with almost 83% of Trail Users indicating there were other household members who have used trails in Utah in the past 12 months, with an average of slightly over three other household members using trails (Tables E-5 and E-6). This is the second highest percentage reported among all the Planning Districts. For Non-Users of Trails, slightly over 23% indicated there were other household members who have used trails in Utah in the past 12 months, with an average of three other household members using trails. This is the highest percentage reported among all the Planning Districts.



**Table E-5:  
Are there other members of your household  
who have used trails in Utah in the past 12 months?**

		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Yes	Trail User	78.0%	75.0%	80.0%	85.7%	<b>82.9%</b>	76.5%	73.9%	76.5%
	Non-User	18.8%	16.7%	22.2%	16.5%	<b>23.2%</b>	14.5%	21.4%	18.2%
No	Trail User	19.7%	22.3%	17.9%	12.9%	<b>14.5%</b>	18.2%	21.3%	20.7%
	Non-User	72.6%	76.3%	72.8%	73.9%	<b>68.9%</b>	68.0%	69.2%	74.5%
Don't Know	Trail User	1.2%	2.2%	1.1%	0.7%	<b>1.0%</b>	2.4%	2.1%	1.8%
	Non-User	5.1%	4.3%	5.0%	7.4%	<b>4.5%</b>	7.0%	5.5%	4.7%
Single Person Household <sup>1</sup>	Trail User	1.2%	0.5%	1.1%	0.7%	<b>1.6%</b>	2.9%	2.7%	0.9%
	Non-User	3.6%	2.7%	0.0%	2.2%	<b>3.4%</b>	10.5%	3.8%	2.5%

<sup>1</sup>There were a number of Trail Users and Non-Users of Trails who lived alone, and therefore did not have other household members.

**Table E-6: If Yes, how many other members of your household have used trails?**

		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean	Trail User	3.2	2.8	3.4	3.7	<b>3.3</b>	3.0	3.1	3.0
	Non-User	3.0	3.0	3.0	3.0	<b>3.0</b>	2.0	3.0	2.2
Median	Trail User	2.2	2.1	2.1	2.7	<b>2.4</b>	2.5	2.8	3.0
	Non-User	2.0	2.0	1.0	2.0	<b>2.0</b>	2.0	2.0	2.0

### **Different Kinds of Activities on Trails in Utah for the Central Planning District**

Unlike all other Planning Districts, the activity of All Terrain Vehicle (ATV) Driving was the most mentioned trail activity in the Central Planning District, mentioned by almost 51% of Trail Users here (Table E-7). By comparison, only slightly over 13% of Trail Users statewide mentioned ATV Driving as a trail activity (Table 8). Hiking was the second most mentioned trail activity in the Central Planning District at slightly over 46%. In every other Planning District, Hiking was the most mentioned trail activity, mentioned by well over 50% of Trail Users. In the Central Planning District, Horseback Riding was the third most mentioned trail activity, at slightly over 19%, and at the highest percentage of all the Planning Districts. Biking/Mountain Biking followed at slightly over 8%, among the lowest percentages of all the Planning Districts for this activity. Birdwatching/Wildlife Viewing and Camping were each mentioned by slightly over 5% of Trail Users. All other trail activities were mentioned by about 4% and less of Trail Users in the Central Planning District.

For Non-Users of Trails in the Central Planning District, who indicated there were other household members who have used trails in Utah in the past 12 months, Hiking was the most mentioned trail activity, mentioned by slightly over 51% as being an activity these other household members participated in on trails (Table E-8). The second most mentioned trail activity was ATV Driving at slightly over 34%. Hunting as a trail activity followed at almost 15%, followed by Camping and Horseback Riding each mentioned by almost 10%. Walking was mentioned by slightly over 7% of these Non-Users of Trails. All other trail activities of other household members were mentioned by 5% and less of Non-Users of Trails in the Central Planning District.

**Table E-7:  
Activities of Trail Users in the Central Planning District**

<i>Category</i>	<i>Activity</i>	<i>Respondents (n)</i> <i>(Total n=193)</i>	<i>Percent</i>
<b>PEDESTRIAN</b>			
	Hiking	89	46.1%
	Walking	15	7.8%
	Backpacking	6	3.1%
	Jogging/Running	3	1.6%
<b>MOTORIZED CONVEYANCE</b>			
	ATV driving	98	50.8%
	OHV driving	8	4.1%
	Auto touring	6	3.1%
	Motorcycle/Dirt biking	5	2.6%
	Snowmobiling	3	1.6%
<b>NON-MOTORIZED CONVEYANCE</b>			
	Horseback riding	37	19.1%
	Biking/Mountain biking	16	8.3%
	Canoeing/Kayaking	1	0.5%
<b>EDUCATION/CULTURAL</b>			
	Birdwatching/Wildlife viewing	10	5.2%
	Historic/Heritage activities	2	1.0%
	Sightseeing	2	1.0%
	Animal track observation	1	0.5%
<b>RECREATION ACTIVITY ACCESS</b>			
	Camping	10	5.2%
	Hunting	6	3.1%
	Fishing	6	3.1%
	Ranching	2	1.0%
	Recreation	2	1.0%
	Camping and Hunting	1	0.5%
	Hunting and fishing	1	0.5%
	Fishing and rock hunting	1	0.5%
	Fly fishing and exercise	1	0.5%
	Rock hunting	1	0.5%
	Gather firewood	1	0.5%

**Table E-8:  
Trail Activities of Other Household Members of Non-Users of Trails in the Central Planning District**

<i>Category</i>	<i>Activity<sup>1</sup></i>	<i>Respondents (n) (Total n=41)</i>	<i>Percent</i>
<b>PEDESTRIAN</b>			
	Hiking	21	51.2%
	Walking	3	7.3%
	Backpacking	1	2.4%
<b>MOTORIZED CONVEYANCE</b>			
	ATV driving	14	34.1%
<b>NON-MOTORIZED CONVEYANCE</b>			
	Horseback riding	4	9.8%
	Biking/Mountain biking	1	2.4%
<b>EDUCATION/CULTURAL</b>			
	Birdwatching/Wildlife viewing	2	4.9%
<b>RECREATION ACTIVITY ACCESS</b>			
	Hunting	6	14.6%
	Camping	4	9.8%
	Ranching	2	4.9%

<sup>1</sup>The number of respondents that didn't know what trail activities their household member(s) participated in was 2 or 4.9%.

### **Awareness of Trails in Utah in the Central Planning District**

There is a high level of awareness of trails in Utah among Trail Users in the Central Planning District, with 85.5% indicating they knew of a trail within 15 minutes of their home or workplace (Table E-9), slightly less than the statewide result of slightly over 86%. However, almost 15% of Trail Users said there was not a trail within 15 minutes for their home or workplace or didn't know. Among Non-Users of Trails in the Central Planning District, slightly over 53% indicated they knew of a trail within 15 minutes of their home or workplace, somewhat less than the statewide result of almost 56%. Yet a substantial proportion of Non-Users of Trails, almost 47%, indicated there was not a trail within 15 minutes of their home or workplace or didn't know, somewhat more than the statewide result.

Trail Users in the Central Planning District who indicated they were aware of a trail within 15 minutes of their home or workplace also gave the widest range of responses regarding the use of this trail, ranging from never to 1040 times a year, with average use

of this trail at slightly over 51 times a year, much more than the statewide average of slightly over 42 times a year (Table E-10). The median use of 12 times a year is more than the statewide median of 8 times a year, and the same as three other Planning Districts. Slightly over 57% of Trail Users used this trail from once a year to 5-10 times a year, more than the statewide result of slightly over 51%. Slightly over 22% used this trail from once a month to 2-4 times a month, the same as the statewide result. Finally, 29% used this trail from once a week to once a day, more than the statewide result of almost 27%.

**Table E-9:**

**Do you know if there is a trail within 15 minutes of your home or workplace?**

Response		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Utah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Trail Users	Yes	89.0%	84.8%	89.5%	67.1%	<b>85.5%</b>	82.9%	92.0%	86.1%
	No	6.4%	10.3%	7.4%	27.9%	<b>11.4%</b>	11.8%	6.4%	9.6%
	DK	4.6%	4.9%	3.2%	5.0%	<b>3.1%</b>	5.3%	1.6%	4.3%
Non-Users	Yes	56.3%	53.8%	62.8%	40.4%	<b>53.1%</b>	45.5%	68.1%	55.9%
	No	19.8%	26.9%	20.6%	30.4%	<b>24.3%</b>	32.0%	15.4%	24.7%
	DK	23.9%	19.4%	16.7%	29.1%	<b>22.6%</b>	22.5%	16.5%	19.4%

**Table E-10: How Often Trail Users Used the Trail Within 15 Minutes of Home or Workplace<sup>1</sup>**

	<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean <sup>2</sup>	38.1	35.8	52.4	25.8	<b>51.3</b>	66.8	59.3	42.1
Median <sup>2</sup>	12.0	5.5	12.0	6.0	<b>12.0</b>	20.0	12.0	8.0
Range <sup>2</sup>	0-728	0-365	0-432	0-260	<b>0-1040</b>	0-600	0-365	0-1040
Never	9.7%	16.0%	18.8%	12.8%	<b>8.5%</b>	8.5%	16.2%	15.8%
Less than once a year	6.5%	8.3%	3.5%	14.9%	<b>3.6%</b>	7.8%	5.8%	7.0%
Once a year	14.0%	17.8%	9.1%	13.2%	<b>6.9%</b>	7.6%	8.1%	14.5%
2-4 times a year	23.3%	28.8%	23.5%	27.9%	<b>23.4%</b>	16.1%	22.2%	26.4%
5-10 times a year	12.4%	10.9%	6.1%	16.1%	<b>11.7%</b>	5.9%	14.0%	10.3%
Once a month	15.5%	10.1%	17.4%	8.8%	<b>13.1%</b>	21.1%	14.8%	12.6%
2-4 times a month	13.8%	6.7%	14.5%	13.3%	<b>15.9%</b>	13.5%	10.3%	9.6%
Once a week	10.9%	11.8%	11.4%	11.8%	<b>15.2%</b>	11.0%	8.8%	11.7%
Twice a week	0.0%	0.8%	0.8%	0.0%	<b>2.1%</b>	2.5%	0.7%	0.9%
3-5 times a week	7.8%	10.9%	12.9%	8.8%	<b>6.2%</b>	13.5%	14.1%	11.2%
Once a day	2.3%	1.7%	3.9%	0.0%	<b>4.8%</b>	7.6%	6.6%	2.8%
More than once a day	0.8%	0.0%	0.8%	0.0%	<b>0.7%</b>	0.8%	0.0%	0.3%

<sup>1</sup>Figures shown are those of respondents who indicated that they had used a Utah trail in the past 12 months and were aware that there was a trail within 15 minutes of their home or workplace (Bear River n=154; Wasatch Front n=156; Mountainland n=170; Uintah Basin n=94; Central n=165; Southeastern n=141; Southwestern n=173).

<sup>2</sup>Values shown are mean, median, and range of trail use in the past 12 months.

### **Favorite Trails in Utah for Trail Users in the Central Planning District**

Trail Users in the Central Planning District indicated their favorite trail was, on average, slightly over 44 minutes from home, about three minutes less than the statewide average of 47 minutes (Table E-11). The median response was 20 minutes from home, five minutes less than the statewide result. Almost 43% of Trails Users indicated their favorite trail was within 15 minutes of home, higher than the statewide result of almost 38%, while slightly over 70% indicated their favorite trail was within 30 minutes of home, again higher than the statewide result of 65%. Almost 15% indicated their favorite trail was from 31 minutes to one hour from home, while almost 15% indicated from one hour to more than 6 hours. Trail Users in the Central Planning District indicated a wide range of use of their favorite trail from less than once a year to more than once a day (Table E-12), with almost 10% indicating use as less than once a year, more than the statewide result of almost 7%, and slightly over one-quarter indicating their use at 2-4 times a year. A good proportion of Trail Users in the Central Planning District, almost

**Table E-11: Length of Time for Trail Users to Get From Home to Their Favorite Trail<sup>1</sup>**

	<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean <sup>2</sup>	59.4	50.7	37.4	51.4	<b>44.4</b>	37.6	32.0	47.0
Median <sup>2</sup>	25.0	30.0	20.0	40.0	<b>20.0</b>	25.0	20.0	25.0
Range <sup>2</sup>	3-540	1-360	1-300	2-360	<b>1-1140</b>	1-360	1-180	1-1140
5 minutes or less	8.3%	11.5%	12.7%	5.0%	<b>18.7%</b>	21.3%	24.3%	12.8%
6 to 15 minutes	28.6%	22.5%	32.8%	15.7%	<b>24.1%</b>	19.5%	24.9%	24.9%
16 to 30 minutes	26.2%	27.5%	30.2%	25.0%	<b>27.3%</b>	28.0%	18.4%	27.3%
31 to 45 minutes	11.3%	12.1%	6.9%	23.6%	<b>6.7%</b>	11.6%	11.9%	11.0%
46 minutes to 1 hour	7.7%	6.6%	4.8%	14.3%	<b>8.2%</b>	9.8%	9.2%	6.7%
1 hour to 2 hours	3.0%	4.9%	3.7%	5.7%	<b>5.3%</b>	3.7%	6.5%	4.7%
2 to 3 hours	7.1%	10.4%	5.3%	8.6%	<b>7.5%</b>	3.7%	4.9%	8.6%
4 to 6 hours	6.5%	4.4%	3.7%	2.1%	<b>1.6%</b>	2.4%	0.0%	3.9%
More than 6 hours	1.2%	0.0%	0.0%	0.0%	<b>0.5%</b>	0.0%	0.0%	0.1%

<sup>1</sup>Figures shown are for those respondents who indicated that they had used a Utah trail in the past 12 months (Bear River n=168; Wasatch Front n=182; Mountainland n=189; Uintah Basin n=140; Central n=187; Southeastern n=164; Southwestern n=185).

<sup>2</sup>Values shown are mean, median, and range of minutes to get to trail from home.

17%, use their favorite trail from once a week to more than once a day, similar to the statewide result of almost 16%.

### **Intent to Use Trails in Utah More in the Central Planning District**

Almost 78% of Trail Users in the Central Planning District indicated they would like to use trails in Utah more than they did in the past 12 months, somewhat less than the statewide result of almost 81% (Table E-13). Responses from Non-Users of Trails are also somewhat less than the statewide result, with slightly more than 53% indicating they would like to use trails in Utah more, slightly over 44% indicating they would not like to use trails in Utah more, and almost 3% indicating they didn't know. When Trail Users in the Central Planning District were asked, "What is the main reason you did not use trails as much as you would have liked?", the main reason given by almost two-thirds of the respondents was not enough time and/or too busy with other activities (Table E-14). Almost 9% said they didn't use trails more because of personal health concerns, age, and/or disability. Slightly over 3% said they didn't use trails more because no trails were convenient or no trails were close to home, and another 3% said they didn't use trails more because trails were closed. All other responses represented less than 3% of the main reasons given by these respondents.

**Table E-12: How Often Trail Users Used Their Favorite Trail.<sup>1</sup>**

Statement	<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean <sup>2</sup>	30.0	29.2	30.3	16.6	<b>35.1</b>	36.8	45.7	30.7
Median <sup>2</sup>	5.0	4.0	6.0	4.0	<b>8.0</b>	9.5	5.0	4.0
Range <sup>2</sup>	1-365	1-365	1-365	1-365	<b>1-1040</b>	1-365	1-365	1-1040
Less than once a year	12.7%	6.5%	4.7%	5.7%	<b>9.8%</b>	8.2%	9.0%	6.9%
Once a year	16.2%	17.9%	15.8%	16.4%	<b>8.8%</b>	8.2%	8.5%	16.3%
2-4 times a year	26.6%	34.2%	28.9%	32.9%	<b>26.4%</b>	28.2%	32.4%	32.3%
5-10 times a year	9.2%	14.1%	8.9%	13.6%	<b>14.5%</b>	11.8%	13.8%	12.8%
Once a month	11.0%	3.8%	14.7%	10.7%	<b>9.8%</b>	15.3%	11.7%	7.4%
2-4 times a month	10.4%	8.2%	8.9%	11.4%	<b>14.0%</b>	8.2%	5.3%	8.5%
Once a week	5.2%	5.4%	9.5%	5.7%	<b>8.3%</b>	7.1%	5.9%	6.3%
Twice a week	4.6%	2.2%	3.2%	1.4%	<b>3.1%</b>	5.3%	2.1%	2.6%
3-5 times a week	2.3%	6.0%	2.6%	1.4%	<b>2.6%</b>	4.7%	5.3%	4.9%
Once a day	2.3%	1.6%	2.6%	0.7%	<b>2.1%</b>	2.9%	5.9%	2.1%
More than once a day	0.0%	0.0%	0.0%	0.0%	<b>0.5%</b>	0.0%	0.0%	0.03%

<sup>1</sup>Figures shown are those of respondents who indicated that they had used a Utah trail in the past 12 months and used their favorite trail at least once a year (Bear River n=173; Wasatch Front n=184; Mountainland n=190; Uintah Basin n=140; Central n=193; Southeastern n=170; Southwestern n=188).

<sup>2</sup>Values shown are mean, median, and range of trail use per year. Responses of less than one year not calculated in means and medians.

Non-Users of Trails in the Central Planning District were also asked if they would like to use trails in Utah more than they did in the past 12 months. For those indicating Yes, slightly over 54% said the main reason they did not use trails more was not enough time and/or too busy with other activities (Table E-15). However, almost 24% of these respondents indicated their main reason as personal health concerns, age, and/or disability. All other responses represented about 4% and less of the main reasons given by these respondents. For Non-Users of Trails in the Central Planning District who would not have liked to use trails more, 47% indicated the main reason as personal health concerns, age, and/or disability (Table E-16). Almost 22% indicated the main reason as little or no interest/do not care for the outdoors, and almost 11% indicated not enough time and/or too busy with other activities. All other responses represented 3% or less of the main reasons.



**Table E-13:**

**Would you like to use trails in Utah more than you did in the past 12 months?**

		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Trail Users	Yes	83.2%	81.5%	82.1%	78.6%	<b>77.7%</b>	72.9%	74.5%	80.9%
	No	15.6%	16.8%	15.8%	15.0%	<b>20.7%</b>	22.9%	22.3%	17.2%
	DK <sup>1</sup>	1.2%	1.6%	2.1%	6.4%	<b>1.6%</b>	4.1%	3.2%	1.9%
Non-Users	Yes	57.4%	60.2%	58.3%	46.1%	<b>53.1%</b>	47.5%	54.4%	58.5%
	No	37.1%	36.6%	37.2%	46.5%	<b>44.1%</b>	44.5%	44.5%	37.8%
	DK <sup>1</sup>	5.6%	3.2%	4.4%	7.4%	<b>2.8%</b>	8.0%	1.1%	3.7%

<sup>1</sup>DK means “Don’t Know.”

**Table E-14:**

**Main Reason Trail Users in the Central Planning District Did Not Use Trails As Much As They Would Have Liked**

Reasons	n	%
Not enough time/too busy with other activities	94	62.7
Personal health concerns/Age/Disability	13	8.7
None convenient/No trails close to home	5	3.3
Trails closed	5	3.3
Family/Little children	4	2.7
Closed to certain activities	4	2.7
Don’t have equipment needed	4	2.7
Poorly maintained	3	2.0
Work	2	1.3
No one to go with	2	1.3
Don’t know where trails are located	1	0.7
Don’t like trails with motorized use	1	0.7
Little or no interest/Do not care for outdoors	1	0.7
Not enough money	1	0.7
Too difficult to get to	1	0.7
Traveling out-of-state in the past 12 months	1	0.7
Other	8	5.3

n= 150

**Table E-15:  
Main Reason Non-Users of Trails in the Central  
Planning District, Who Would Have Liked to Use Trails  
More, Did Not Use Trails**

Reasons	n	%
Not enough time/too busy with other activities	50	54.3
Personal health concerns/Age/Disability	22	23.9
Family/Little children	4	4.3
Don't have equipment needed	3	3.3
New to area	2	2.2
Don't know where trails are located	1	1.1
Don't like trails with non-motorized use	1	1.1
Don't know	1	1.1
Horses not allowed	1	1.1
Little or no interest/Do not care for outdoors	1	1.1
Not enough information about trails	1	1.1
Poorly maintained	1	1.1
Too difficult to get to	1	1.1
Other	3	3.3

n= 92

**Table E-16:  
Main Reason Non-Users of Trails in the Central Planning  
District, Who Would Not Have Liked to Use Trails More,  
Did Not Want To Use Trails**

Reasons	n	%
Personal health concerns/Age/Disability	39	47.0%
Little or no interest/Do not care for outdoors	18	21.7%
Not enough time/too busy with other activities	9	10.8%
None convenient/No trails close to home	2	2.4%
Work	2	2.4%
Closed to certain activities	1	1.2%
Don't have equipment needed	1	1.2%
Don't know where trails are located	1	1.2%
Too steep/too strenuous	1	1.2%
Walk other places	1	1.2%
Other	8	9.6%

n= 83

**Support of the Use of Additional Public Funds for Trails  
in the Central Planning District**

Slightly over 69% of Trail Users in the Central Planning District indicated they would support the use of additional public funds for motorized trails, the highest percentage of all the Planning Districts and much higher than the statewide result of almost 48% (Table E-17). A slightly smaller percentage, almost 69%, indicated their support for the use of additional public funds for non-motorized trails, much less than the statewide result of almost 86%. Almost 49%, indicated they would support a tax increase if the additional money would be used to enhance their use and enjoyment of trails, somewhat lower than the statewide result of almost 51%. Support from Non-Users of Trails in the Central Planning District is somewhat different, with almost 56% supporting the use of additional public funds for motorized trails, and almost 69% supporting the use of additional public funds for non-motorized trails. However, a clear majority, almost 59%, would not

**Table E-17: Support for the Use of Additional Public Funds for Trails**

			<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Utah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Motorized Trails	Trail Users	Yes	52.0%	46.2%	45.3%	47.1%	<b>69.4%</b>	57.1%	52.1%	47.7%
		No	43.9%	49.5%	47.4%	43.6%	<b>26.4%</b>	29.4%	38.3%	46.7%
		DK <sup>1</sup>	4.0%	4.3%	7.4%	9.3%	<b>4.1%</b>	13.5%	9.6%	5.5%
	Non-Users	Yes	44.7%	40.3%	45.0%	47.0%	<b>55.9%</b>	54.0%	54.9%	43.3%
		No	44.7%	55.4%	44.4%	38.3%	<b>34.5%</b>	32.5%	30.2%	49.6%
		DK <sup>1</sup>	10.7%	4.3%	10.6%	14.8%	<b>9.6%</b>	13.5%	14.8%	7.1%
Non-Motorized Trails	Trail Users	Yes	81.5%	89.7%	81.6%	79.3%	<b>68.9%</b>	68.8%	78.2%	85.6%
		No	17.3%	9.8%	12.1%	15.7%	<b>25.4%</b>	21.8%	14.9%	11.9%
		DK <sup>1</sup>	1.2%	0.5%	6.3%	5.0%	<b>5.7%</b>	9.4%	6.9%	2.5%
	Non-Users	Yes	67.5%	66.1%	72.8%	63.9%	<b>57.1%</b>	60.0%	59.9%	66.6%
		No	21.8%	29.0%	21.1%	24.3%	<b>35.0%</b>	26.5%	29.7%	27.2%
		DK <sup>1</sup>	10.7%	4.8%	6.1%	11.7%	<b>7.9%</b>	13.5%	10.4%	6.3%
Tax Increase	Trail Users	Yes	59.0%	52.2%	46.8%	47.1%	<b>48.7%</b>	46.5%	46.3%	50.9%
		No	32.4%	42.4%	45.3%	40.0%	<b>41.5%</b>	40.0%	41.5%	42.2%
		DK <sup>1</sup>	8.7%	5.4%	7.9%	12.9%	<b>9.8%</b>	13.5%	12.2%	7.0%
	Non-users	Yes	33.0%	32.3%	33.9%	31.7%	<b>35.0%</b>	32.5%	34.6%	32.8%
		No	57.4%	62.4%	59.4%	50.0%	<b>58.8%</b>	53.5%	51.6%	60.2%
		DK <sup>1</sup>	9.6%	5.4%	6.7%	18.3%	<b>6.2%</b>	14.0%	13.7%	6.9%

<sup>1</sup>DK means “Don’t Know.”

support a tax increase to enhance their use and enjoyment of trails.

**Values of Trails in the Central Planning District:  
Benefits, Importance, Healthy Lifestyles, and Quality of Life**

A number of statements were read to both Trail Users and Non-Users of Trails in the Central Planning District in order to find out about their perceptions of the values, benefits, and importance of trails (Table E-18). Overall, responses are somewhat different from the statewide results. Slightly over 89% of Trail Users and slightly over 59% of Non-Users of Trails strongly agreed or agreed that having quality trails in Utah was personally important to them, somewhat less than the statewide results. Some 14% of Trail Users and almost 37% of Non-Users of Trails strongly agreed or agreed with the statement, “I personally receive little or no benefit from trails in Utah,” very similar to the statewide results. Clearly, a large majority of both Trail Users and Non-Users of Trails in the Central Planning District strongly disagree or disagree with this statement and imply they personally receive benefits from trails in Utah. A clear majority of both Trail Users and Non-Users of Trails strongly agreed or agreed with the statement, “Trails in my area result in economic benefit for local communities,” with both being quite a bit higher than the statewide results. A greater percentage of Trail Users in the Central Planning District, almost 89%, strongly agreed or agreed that preservation of historic trails in Utah is important, similar to the statewide result of slightly over 90%. A higher percentage of Non-Users of Trails also strongly agreed or agreed with this statement, almost 79%, somewhat higher than the statewide result of slightly over 77%. Slightly over 88% of Trail Users in the Central Planning District strongly agreed or agreed that trails in their area allow them to be physically active and lead a healthy lifestyle, somewhat less than the statewide result of slightly over 92%. Slightly more than 58% of Non-Users of Trails also strongly agreed or agreed with this statement. Close to 14% of Trail Users in the Central Planning District strongly agreed or agreed that trails in their area do little for their quality of life, as did almost 34% of Non-Users of Trails. Clearly, having trails in or near a community in the Central Planning District is perceived as doing much for the quality of life of both Trail Users and Non-Users of Trails.

**Table E-18: Agreement With Statements Regarding the Value of Trails**

Statements <sup>1</sup>		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Having quality trails in Utah is important to me.	Trail Users	95.4%	96.2%	93.2%	85.7%	<b>89.1%</b>	87.1%	89.4%	94.5%
	Non-Users	65.5%	66.1%	66.1%	62.2%	<b>59.3%</b>	71.5%	65.9%	65.9%
I personally receive little or no benefit from trails in Utah.	Trail Users	6.4%	10.9%	11.1%	14.3%	<b>14.0%</b>	21.8%	11.2%	11.1%
	Non-Users	41.6%	46.8%	45.0%	50.4%	<b>36.7%</b>	49.0%	50.5%	46.2%
Trails in my area result in economic benefit for local communities.	Trail Users	63.0%	66.8%	53.2%	77.1%	<b>76.7%</b>	82.9%	70.2%	65.0%
	Non-Users	53.8%	43.0%	52.2%	56.5%	<b>65.0%</b>	65.5%	65.9%	48.3%
Preservation of historic trails in Utah is important.	Trail Users	92.5%	89.7%	91.1%	92.9%	<b>88.6%</b>	91.8%	91.0%	90.2%
	Non-Users	80.7%	75.8%	80.6%	79.1%	<b>78.5%</b>	79.5%	78.6%	77.4%
Trails in my area allow me to be physically active and lead a healthy lifestyle.	Trail Users	88.4%	93.5%	91.6%	86.4%	<b>88.1%</b>	91.2%	89.4%	92.2%
	Non-Users	66.0%	67.2%	67.8%	62.2%	<b>58.2%</b>	60.5%	68.1%	66.7%
Trails in my area do little for my quality of life.	Trail Users	5.2%	3.8%	5.8%	12.9%	<b>13.5%</b>	14.1%	10.6%	5.4%
	Non-Users	28.4%	28.5%	32.2%	35.2%	<b>33.9%</b>	41.5%	36.8%	30.3%

<sup>1</sup>After each statement was read, the respondent was asked to indicate his or her level of agreement by using strongly agree, agree, neutral, disagree, or strongly disagree.