

**Appendix C:
Telephone Survey Results of Residents' Attitudes Toward Recreation Trails
in the Mountainland Planning District**

Summary of Mountainland Planning District Results

- The use of trails by residents in the Mountainland Planning District is significant, as well over half of the respondents are Trail Users (51.4%), somewhat higher than the statewide results and the second highest among the seven Planning Districts.
- Trail Users in the Mountainland Planning District used trails in Utah, on average, slightly over 18 times in the past 12 months, somewhat less than the statewide results, although median use of 6 times is the same. Use of trails from once a week to more than once a day is slightly over 6% in the Mountainland Planning District, the smallest percentage among all seven of the Planning Districts.
- Use of trails is a family affair in the Mountainland Planning District, 80% of Trail Users indicating there were other household members who have used trails in Utah in the past 12 months, higher than the statewide result, with an average of somewhat over three other household members using trails. Slightly over 22% of Non-Users of Trails indicated there were other household members who have used trails in Utah in the past 12 months, well over the statewide result, with an average of three other household members using trails.
- Hiking was the most mentioned trail activity in the Mountainland Planning District, mentioned by almost 69% of Trail Users, although at somewhat less than the statewide result of Hiking at slightly over 71%. Hiking was mentioned by more Trail Users in the Mountainland Planning District than in any other Planning District except for the Wasatch Front. Biking/Mountain Biking is the second most mentioned trails activity at almost 30%, well over the statewide result of 23% and at the highest percentage of all seven Planning Districts.
- There is a very high level of awareness of trails in Utah among Trail Users in the Mountainland Planning District, with almost 90% indicating they knew of a trail within 15 minutes of their home or workplace, higher than the statewide result of slightly over 86% and the second greatest percentage of all the Planning Districts. Among Non-Users of Trails in the Mountainland Planning District, almost 63% indicated they knew of a trail within 15 minutes of their home or workplace, again, well over the statewide result of almost 56%.
- A substantial proportion of Non-Users of Trails, well over one-third, indicated there was not a trail within 15 minutes of their home or workplace or didn't know, somewhat less than the statewide result.
- Trail Users in the Mountainland Planning District, who indicated they were aware of a trail within 15 minutes of their home or workplace, also gave a wide range of responses regarding the use of this trail, ranging from never to 432 times a year, with average use of this trail at slightly over 52 times a year, well over the

statewide average of slightly over 42 times a year, and a median use of 12 times a year, much more than the statewide median of 8 times a year.

- The use of trails appears to be a significant part of Mountainland Trail Users' recreational activity and lifestyle.
- Trail Users in the Mountainland Planning District indicated their favorite trail was, on average, slightly over 37 minutes from home, ten minutes less than the statewide response of 47 minutes. The median response was 20 minutes from home, five minutes less than the statewide response. Slightly over 45% indicated their favorite trail was within 15 minutes of home, well over the statewide result of almost 38%, while slightly over 75% indicated their favorite trail was within 30 minutes of home, well over the statewide result of 65%.
- Slightly over 82% of Trail Users in the Mountainland Planning District indicated they would like to use trails in Utah more than they did in the past 12 months, a little higher than the statewide result of almost 81%. For Non-Users of Trails slightly more than 58% indicating they would like to use trails in Utah more.
- The main reason most often given by slightly over 69% of Trail Users in the Mountainland Planning District for not using trails more than they would like was not enough time and/or too busy with other activities. For Non-Users of Trails who would like to use trails more, almost 49% said the main reason they did not use trails more was not enough time and/or too busy with other activities. However, slightly over 16% of these respondents indicated their main reason as personal health concerns, age, and/or disability, and almost 7% said there were no trails convenient/no trails close to home.
- Slightly over 45% of Trail Users in the Mountainland Planning District indicated they would support the use of additional public funds for motorized trails, somewhat less than the statewide result of almost 48%. A much larger majority, almost 82%, indicated their support for the use of additional public funds for non-motorized trails, somewhat less than the statewide result of almost 86%. Almost 47% indicated they would support a tax increase if the additional money would be used to enhance their use and enjoyment of trails, somewhat lower than the statewide result of almost 51%.
- Support from Non-Users of Trails in the Mountainland Planning District is similar, with 47% supporting the use of additional public funds for motorized trails and almost 73% supporting the use of additional public funds for non-motorized trails. However, a clear majority of slightly more than 59% would not support a tax increase to enhance their use and enjoyment of trails.
- Slightly over 93% of Trail Users and slightly over 66% of Non-Users of Trails strongly agree or agree that having quality trails in Utah was personally important to them, very close to the statewide results.

- The vast majority of Trail Users in the Mountainland Planning District imply they personally receive benefits from trails in Utah.
- A majority of both Trail Users and Non-Users of Trails agree that trails in their area result in economic benefit for local communities, but Trail Users are at somewhat less than the statewide result and Non-Users of Trails are somewhat higher.
- A great percentage of Trail Users in the Mountainland Planning District, slightly over 91%, agree that preservation of historic trails in Utah is important, somewhat higher than the statewide results of slightly over 90%. A high percentage of Non-Users of Trails also agree, almost 81%, higher than the statewide results of slightly over 77%, and this percentage was the second highest among the seven Planning Districts.
- Almost 92% of Trail Users in the Mountainland Planning District strongly agree or agree that trails in their area allow them to be physically active and lead a healthy lifestyle, slightly less than the statewide result of slightly over 92%, and slightly over two-thirds of Non-Users of Trails also strongly agree or agree.
- Having trails in or near a community in the Mountainland Planning District is perceived as doing much for the quality of life of both Trail Users and Non-Users of Trails.

Telephone Survey Results of Residents' Attitudes Toward Recreation Trails in the Mountainland Planning District

Sampling

In the Mountainland Planning District, as in every Planning District in the state, a random sample of household telephone numbers was selected for the telephone survey. A total of 370 telephone interviews were completed from September 6-17, 2001, proportionately divided based on the percentage population of Summit, Utah, and Wasatch Counties in the Mountainland Planning District. See **Table C-1** for Mountainland Planning District county populations and number of interviews completed in each county.

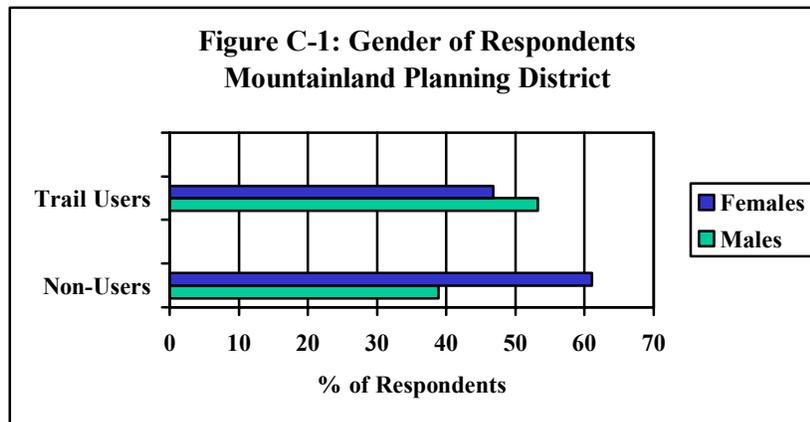
Table C-1: Mountainland Planning District, Counties, Populations, and Number of Telephone Interviews Completed

Planning Districts	Total Population ¹ (% of Statewide Population)	County Population ¹ (% of District)	Interviews Completed (% of Total for District)
Mountainland	389,900 (18.4%)		370 (100%)
Summit County		26,300 (7%)	25 (7%)
Utah County		350,200 (90%)	332 (90%)
Wasatch County		13,400 (3%)	13 (3%)

Characteristics of Mountainland Planning District

Trail Users and Non-Users of Trails

For Trail Users in the Mountainland Planning District, there is a somewhat greater proportion of males, at 53.2%, compared to females at 46.8%. For Non-Users of Trails, there are many more females, at 61.1%, compared to males at 38.9% (**Figure C-1**). The proportion of males and females for both Trail Users and Non-Users of Trails is similar to the statewide results.



The average age of Trail Users in the Mountainland Planning District is the second youngest in the state at almost 38 years old, and below the statewide average of almost 40 years old (**Table C-2**). The average age of Non-Users of Trails is slightly over 44 years old, well below the statewide average of almost 48 years old. Slightly over 33% of Trail

Users are 18-29 years old, the second largest percentage of any of the Planning Districts in this age category. Slightly over 22% of Trail Users are 30-39 years old, and slightly over 27% are 40-49 years old. Thus, slightly over one-third of adult Trail Users in the Mountainland Planning District are under 30 years old, slightly over 55% are under 40 years old, and almost 83% are under 50 years old. Well over one-third of Non-Users of Trails in the Mountainland Planning District are also in the 18-29 year old category.

Table C-2: Age of Trail Users and Non-Users of Trails

		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean years	Trail User	36.4	39.5	37.8	42.1	43.3	45.2	45.6	39.7
	Non-User	45.7	48.6	44.1	45.1	50.3	52.9	52.2	47.9
Median years	Trail User	33.0	38.5	38.0	42.0	43.0	45.5	45.0	39.0
	Non-User	42.5	48.0	40.0	45.0	50.0	54.0	53.0	48.0
18-29 years old	Trail User	42.2%	25.5%	33.2%	19.3%	23.8%	15.5%	22.5%	27.4%
	Non-User	29.1%	19.5%	34.4%	26.2%	16.9%	11.2%	19.0%	22.6%
30-39 years old	Trail User	19.1%	27.2%	22.1%	22.9%	17.1%	19.6%	14.4%	24.4%
	Non-User	15.3%	14.1%	15.0%	11.8%	13.6%	10.2%	11.2%	14.0%
40-49 years old	Trail User	19.7%	25.5%	27.4%	28.6%	24.4%	25.0%	21.9%	25.3%
	Non-User	14.8%	17.8%	8.3%	21.0%	18.1%	21.9%	16.8%	16.1%
50-59 years old	Trail User	12.1%	12.5%	9.5%	19.3%	18.7%	22.6%	17.6%	12.7%
	Non-User	12.2%	22.7%	14.4%	19.7%	19.8%	17.9%	10.6%	19.5%
60-69 years old	Trail User	5.2%	6.0%	6.3%	7.1%	10.9%	11.3%	14.4%	6.8%
	Non-User	14.3%	9.2%	13.9%	10.5%	9.6%	16.3%	17.9%	11.1%
70 years and greater	Trail User	1.7%	3.3%	1.6%	2.9%	5.2%	6.0%	9.1%	3.3%
	Non-User	14.3%	16.8%	13.9%	10.9%	22.0%	22.4%	24.6%	16.7%

Use of Trails in the Mountainland Planning District

Well over half of the respondents in the Mountainland Planning District are Trail Users (51.4%), somewhat higher than the statewide result and the second highest among the seven Planning Districts (Table C-3). Almost 49% of the respondents are Non-Users of Trails (48.6%), which is somewhat below the statewide result.

Table C-3: Have you used any trails in Utah in the past 12 months?

Response	<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Yes Trail Users	46.8% (173)	49.7% (184)	51.4% (190)	37.8% (140)	52.2% (193)	45.9% (170)	50.8% (188)	49.7% (2978) ¹
No Non-Users of Trails	53.2% (197)	50.3% (186)	48.6% (180)	62.2% (230)	47.8% (177)	54.1% (200)	49.2% (182)	50.3% (3017) ¹

¹These figures represent statewide “weighted” numbers of Trail Users and Non-Users of Trails, figured by taking the number of respondents in each Planning District and multiplying each by its respective weighting factor (1.0 for Bear River, 10.0 for Wasatch Front, 3.0 for Mountainland, 0.3 for Uintah Basin, 0.5 for Central, 0.4 for Southeastern, 1.0 for Southwestern), and then summing the results.

Trail Users in the Mountainland Planning District used trails in Utah, on average, slightly over 18 times in the past 12 months, somewhat less than the statewide result, although median use of 6 times is the same (Table C-4). Noticeable is that Mountainland Trail Users mentioned trail use of 2-4 times in the past 12 months most often (30.5%), but at a somewhat smaller percentage than the statewide results. Over one-quarter of Mountainland Trail Users used trails 5-10 times in the past 12 months, and slightly over 17% used trails 2-4 times a month. Use of trails from once a week to more than once a day is slightly over 6% in the Mountainland Planning District, the smallest percentage among all seven of the Planning Districts.

Table C-4: How Many Times Respondents Used Trails in Utah in the Past 12 Months¹

Statement	<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean ²	19.3	20.4	18.5	13.5	23.0	31.2	26.1	20.57
Median ²	6.0	5.0	6.0	5.0	8.0	10.0	5.0	6.0
Range ²	1-300	1-400	1-300	1-100	1-500	1-365	1-600	1-600 ³
Once	9.8%	9.2%	8.4%	10.1%	7.3%	4.2%	4.8%	8.7%
2-4 times	26.0%	34.2%	30.5%	30.9%	27.7%	26.2%	38.5%	32.9%
5-10 times	30.6%	25.0%	26.3%	24.5%	23.0%	23.8%	25.7%	25.6%
Once a month	9.8%	10.3%	11.1%	12.9%	8.9%	14.3%	8.6%	10.4%
2-4 times a month	14.5%	10.9%	17.4%	12.9%	18.3%	14.3%	11.8%	12.8%
Once a week	4.6%	3.3%	1.1%	6.5%	7.9%	8.3%	3.7%	3.3%
Twice a week	1.2%	2.7%	2.1%	2.2%	4.2%	4.2%	0.5%	2.6%
3-5 times a week	3.5%	3.8%	3.2%	0.0%	2.1%	2.4%	3.2%	3.5%
Once a day	0.0%	0.5%	0.0%	0.0%	0.0%	2.4%	1.1%	0.1%
More than once a day	0.0%	0.0%	0.0%	0.0%	0.5%	0.0%	0.5%	0.4%

¹Figures shown are those of Trail Users who indicated that they had used a Utah trail in the previous 12 months (Bear River n=173; Wasatch Front n=184; Mountainland n=190; Uintah Basin n=139; Central n=191; Southeastern n=168; Southwestern n=187).

²Values shown are mean, median, and range of trail use in the past 12 months.

³The range of values for frequency of trail use statewide is not weighted here.

Use of trails by other household members of Trail Users and Non-Users of Trails in the Mountainland Planning District is higher than the statewide results, with 80% of Trail Users indicating there were other household members who have used trails in Utah in the past 12 months, with an average of somewhat over three other household members using trails. For Non-Users of Trails, slightly over 22% indicated there were other household members who have used trails in Utah in the past 12 months, well over the statewide result, with an average of three other household members using trails (Tables C-5 and C-6).

**Table C-5:
Are there other members of your household
who have used trails in Utah in the past 12 months?**

		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Yes	Trail User	78.0%	75.0%	80.0%	85.7%	82.9%	76.5%	73.9%	76.5%
	Non-User	18.8%	16.7%	22.2%	16.5%	23.2%	14.5%	21.4%	18.2%
No	Trail User	19.7%	22.3%	17.9%	12.9%	14.5%	18.2%	21.3%	20.7%
	Non-User	72.6%	76.3%	72.8%	73.9%	68.9%	68.0%	69.2%	74.5%
Don't Know	Trail User	1.2%	2.2%	1.1%	0.7%	1.0%	2.4%	2.1%	1.8%
	Non-User	5.1%	4.3%	5.0%	7.4%	4.5%	7.0%	5.5%	4.7%
Single Person Household ¹	Trail User	1.2%	0.5%	1.1%	0.7%	1.6%	2.9%	2.7%	0.9%
	Non-User	3.6%	2.7%	0.0%	2.2%	3.4%	10.5%	3.8%	2.5%

¹There were a number of Trail Users and Non-Users of Trails who lived alone, and therefore did not have other household members.

Table C-6: If Yes, how many other members of your household have used trails?

		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean	Trail User	3.2	2.8	3.4	3.7	3.3	3.0	3.1	3.0
	Non-User	3.0	3.0	3.0	3.0	3.0	2.0	3.0	2.2
Median	Trail User	2.2	2.1	2.1	2.7	2.4	2.5	2.8	3.0
	Non-User	2.0	2.0	1.0	2.0	2.0	2.0	2.0	2.0

Different Kinds of Activities on Trails in Utah for the Mountainland Planning District

As in all but one other Planning District, the activity of Hiking, mentioned by almost 69% of Trail Users in the Mountainland Planning District (**Table C-7**), is clearly the most popular activity occurring on trails in Utah in the past 12 months, although this is somewhat less than the statewide result of Hiking at slightly over 71% (**Table 8**). Hiking was mentioned by more Trail Users in the Mountainland Planning District than in any other Planning District except for the Wasatch Front. Biking/Mountain Biking is the second most mentioned trails activity at almost 30%, well over the statewide result of 23% and at the highest percentage of all seven Planning Districts. This is followed by Walking at slightly over 15%, somewhat less than the statewide result of slightly over 18%, All Terrain Vehicle (ATV) Driving at slightly over 13%, the same as the statewide result, and Horseback Riding at almost 8%, somewhat higher than the statewide result of almost 7%. Birdwatching/Wildlife Viewing was mentioned by slightly over 5% of Trail Users, and Backpacking was mentioned by almost 5% of Trail Users. All other trail activities were mentioned by less than 4% of Trail Users in the Mountainland Planning District.

For Non-Users of Trails in the Mountainland Planning District, who indicated there were other household members who have used trails in Utah in the past 12 months, Hiking was mentioned by almost 53% as being an activity these other household members participated in on trails (**Table C-8**). The second most mentioned trails activity was Biking/Mountain Biking at 20%, the highest reported of any of the other Planning Districts for this trails activity. ATV Driving followed at 15%, with Walking and Jogging/Running mentioned by 10% and almost 8% respectively. Horseback Riding and Camping were each mentioned by 5% of respondents. All other trail activities of other household members were mentioned by less than 3% of Non-Users of Trails in the Mountainland Planning District.

**Table C-7:
Activities of Trail Users in the Mountainland Planning District**

<i>Category</i>	<i>Activity</i>	<i>Respondents (n)</i> <i>(Total n=190)</i>	<i>Percent</i>
PEDESTRIAN			
	Hiking	131	68.9%
	Walking	29	15.3%
	Backpacking	9	4.7%
	Jogging/Running	7	3.7%
MOTORIZED CONVEYANCE			
	ATV driving	25	13.1%
	Motorcycle/Dirt biking	3	1.6%
	OHV driving	3	1.6%
	Snowmobiling	2	1.1%
	Auto touring	2	1.1%
NON-MOTORIZED CONVEYANCE			
	Biking/Mountain biking	56	29.5%
	Horseback riding	15	7.9%
	Cross-country skiing	2	1.1%
	Snowshoeing	2	1.1%
	Canoeing/Kayaking	1	0.5%
	Skating/Skateboarding	1	0.5%
EDUCATION/CULTURAL			
	Birdwatching/Wildlife viewing	10	5.3%
	Sightseeing	1	0.5%
RECREATION ACTIVITY ACCESS			
	Camping	6	3.2%
	Hunting	6	3.2%
	Fishing	1	0.5%

**Table C-8:
Trail Activities of Other Household Members of Non-Users
of Trails in the Mountainland Planning District**

<i>Category</i>	<i>Activity¹</i>	<i>Respondents (n) (Total n=40)</i>	<i>Percent</i>
PEDESTRIAN			
	Hiking	21	52.5%
	Walking	4	10.0%
	Jogging/Running	3	7.5%
	Backpacking	1	2.5%
MOTORIZED CONVEYANCE			
	ATV driving	6	15.0%
	Motorcycle/Dirt biking	1	2.5%
NON-MOTORIZED CONVEYANCE			
	Biking/Mountain biking	8	20.0%
	Horseback riding	2	5.0%
RECREATION ACTIVITY ACCESS			
	Hunting	5	12.5%
	Camping	2	5.0%
	Scouting	1	2.5%
	Rockclimbing	1	2.5%

¹The number of respondents that didn't know what trail activities their household member(s) participated in was 4 or 10.0%.

Awareness of Trails in Utah in the Mountainland Planning District

There is a very high level of awareness of trails in Utah among Trail Users in the Mountainland Planning District, with almost 90% indicating they knew of a trail within 15 minutes of their home or workplace (Table C-9), higher than the statewide result of slightly over 86% and the second greatest percentage of all the Planning Districts. Among Non-Users of Trails in the Mountainland Planning District, almost 63% indicated they knew of a trail within 15 minutes of their home or workplace, again, well over the statewide result of almost 56%. Yet a substantial proportion of Non-Users of Trails, well over one-third, indicated there was not a trail within 15 minutes of their home or workplace or didn't know, somewhat less than the statewide result.

Trail Users in the Mountainland Planning District, who indicated they were aware of a trail within 15 minutes of their home or workplace, also gave a wide range of responses regarding the use of this trail, ranging from never to 432 times a year, with average use of this trail at slightly over 52 times a year, well over the statewide average of slightly over

42 times a year, and a median use of 12 times a year, much more than the statewide median of 8 times a year (Table C-10). Only one other Planning District, the Central Planning District, had a greater range in use of this trail, and two Planning Districts (Southeastern and Southwestern) had greater average use. Three other Planning Districts (Bear River, Central, and Southwestern) had the same median use of this trail, and only the Southeastern Planning District had greater median use of 20 times a year. Almost 19% of Trail Users in the Mountainland Planning District had never used this trail, well over the statewide result and the highest percentage among all seven Planning Districts. Almost 39% of Trail Users used this trail from once a year to 5-10 times a year, much less than the statewide result of slightly over 51%. Almost 32% used this trail from once a month to 2-4 times a month, substantially higher than the statewide result of slightly over 22%. Finally, almost 30% used this trail from once a week to more than once a day, somewhat more than the statewide result of almost 27%.

Table C-9:

Do you know if there is a trail within 15 minutes of your home or workplace?

Response		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Utah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Trail Users	Yes	89.0%	84.8%	89.5%	67.1%	85.5%	82.9%	92.0%	86.1%
	No	6.4%	10.3%	7.4%	27.9%	11.4%	11.8%	6.4%	9.6%
	DK	4.6%	4.9%	3.2%	5.0%	3.1%	5.3%	1.6%	4.3%
Non-Users	Yes	56.3%	53.8%	62.8%	40.4%	53.1%	45.5%	68.1%	55.9%
	No	19.8%	26.9%	20.6%	30.4%	24.3%	32.0%	15.4%	24.7%
	DK	23.9%	19.4%	16.7%	29.1%	22.6%	22.5%	16.5%	19.4%

Table C-10: How Often Trail Users Used the Trail Within 15 Minutes of Home or Workplace¹

	<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean ²	38.1	35.8	52.4	25.8	51.3	66.8	59.3	42.1
Median ²	12.0	5.5	12.0	6.0	12.0	20.0	12.0	8.0
Range ²	0-728	0-365	0-432	0-260	0-1040	0-600	0-365	0-1040
Never	9.7%	16.0%	18.8%	12.8%	8.5%	8.5%	16.2%	15.8%
Less than once a year	6.5%	8.3%	3.5%	14.9%	3.6%	7.8%	5.8%	7.0%
Once a year	14.0%	17.8%	9.1%	13.2%	6.9%	7.6%	8.1%	14.5%
2-4 times a year	23.3%	28.8%	23.5%	27.9%	23.4%	16.1%	22.2%	26.4%
5-10 times a year	12.4%	10.9%	6.1%	16.1%	11.7%	5.9%	14.0%	10.3%
Once a month	15.5%	10.1%	17.4%	8.8%	13.1%	21.1%	14.8%	12.6%
2-4 times a month	13.8%	6.7%	14.5%	13.3%	15.9%	13.5%	10.3%	9.6%
Once a week	10.9%	11.8%	11.4%	11.8%	15.2%	11.0%	8.8%	11.7%
Twice a week	0.0%	0.8%	0.8%	0.0%	2.1%	2.5%	0.7%	0.9%
3-5 times a week	7.8%	10.9%	12.9%	8.8%	6.2%	13.5%	14.1%	11.2%
Once a day	2.3%	1.7%	3.9%	0.0%	4.8%	7.6%	6.6%	2.8%
More than once a day	0.8%	0.0%	0.8%	0.0%	0.7%	0.8%	0.0%	0.3%

¹Figures shown are those of respondents who indicated that they had used a Utah trail in the past 12 months and were aware that there was a trail within 15 minutes of their home or workplace (Bear River n=154; Wasatch Front n=156; Mountainland n=170; Uintah Basin n=94; Central n=165; Southeastern n=141; Southwestern n=173).

²Values shown are mean, median, and range of trail use in the past 12 months.

Favorite Trails in Utah for Trail Users in the Mountainland Planning District

Trail Users in the Mountainland Planning District indicated that their favorite trail was, on average, slightly over 37 minutes from home, ten minutes less than the statewide response of 47 minutes (Table C-11). The median response was 20 minutes from home, five minutes less than the statewide response. Slightly over 45% indicated their favorite trail was within 15 minutes of home, well over the statewide result of almost 38%, while slightly over 75% indicated their favorite trail was within 30 minutes of home, well over the statewide result of 65%. Almost 12% indicated their favorite trail was from 31 minutes to one hour from home, while almost 13% indicated from one hour to 4-6 hours. Trail Users in the Mountainland Planning District indicated a wide range of use of their favorite trail from less than once a year to once a day (Table C-12). Almost 5% indicated use as less than once a year, somewhat less than the statewide result of almost 7%. Use of their favorite trail at 2-4 times a year and 5-10 times a year was also less than the statewide results. However, the use at once a month and from 2-4 times a month was

Table C-11: Length of Time for Trail Users to Get From Home to Their Favorite Trail¹

	<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean ²	59.4	50.7	37.4	51.4	44.4	37.6	32.0	47.0
Median ²	25.0	30.0	20.0	40.0	20.0	25.0	20.0	25.0
Range ²	3-540	1-360	1-300	2-360	1-1140	1-360	1-180	1-1140
5 minutes or less	8.3%	11.5%	12.7%	5.0%	18.7%	21.3%	24.3%	12.8%
6 to 15 minutes	28.6%	22.5%	32.8%	15.7%	24.1%	19.5%	24.9%	24.9%
16 to 30 minutes	26.2%	27.5%	30.2%	25.0%	27.3%	28.0%	18.4%	27.3%
31 to 45 minutes	11.3%	12.1%	6.9%	23.6%	6.7%	11.6%	11.9%	11.0%
46 minutes to 1 hour	7.7%	6.6%	4.8%	14.3%	8.2%	9.8%	9.2%	6.7%
1 hour to 2 hours	3.0%	4.9%	3.7%	5.7%	5.3%	3.7%	6.5%	4.7%
2 to 3 hours	7.1%	10.4%	5.3%	8.6%	7.5%	3.7%	4.9%	8.6%
4 to 6 hours	6.5%	4.4%	3.7%	2.1%	1.6%	2.4%	0.0%	3.9%
More than 6 hours	1.2%	0.0%	0.0%	0.0%	0.5%	0.0%	0.0%	0.1%

¹Figures shown are for those respondents who indicated that they had used a Utah trail in the past 12 months (Bear River n=168; Wasatch Front n=182; Mountainland n=189; Uintah Basin n=140; Central n=187; Southeastern n=164; Southwestern n=185).

²Values shown are mean, median, and range of minutes to get to trail from home.

much higher than the statewide results. A good proportion of Trail Users in the Mountainland Planning District, almost 18%, use their favorite trail from once a week to once a day, which is somewhat more than the statewide result of almost 16%.

Intent to Use Trails in Utah More in the Mountainland Planning District

Slightly over 82% of Trail Users in the Mountainland Planning District indicated they would like to use trails in Utah more than they did in the past 12 months, a little higher than the statewide results of almost 81% (Table C-13). Responses from Non-Users of Trails are closely aligned with the statewide results, with slightly more than 58% indicating they would like to use trails in Utah more, slightly more than 37% indicating they would not like to use trails in Utah more, and 4.4% indicating they didn’t know. When Trail Users in the Mountainland Planning District were asked, “What is the main reason you did not use trails as much as you would have liked?”, the main reason most often given by slightly over 69% of the respondents was not enough time and/or too busy with other activities (Table C-14). All other responses represented about 5% or less of the main reasons given by these respondents. Non-Users of Trails in the Mountainland Planning District were also asked if they would like to use trails in Utah more than they

Table C-12: How Often Trail Users Used Their Favorite Trail.¹

Statement	<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Mean ²	30.0	29.2	30.3	16.6	35.1	36.8	45.7	30.7
Median ²	5.0	4.0	6.0	4.0	8.0	9.5	5.0	4.0
Range ²	1-365	1-365	1-365	1-365	1-1040	1-365	1-365	1-1040
Less than once a year	12.7%	6.5%	4.7%	5.7%	9.8%	8.2%	9.0%	6.9%
Once a year	16.2%	17.9%	15.8%	16.4%	8.8%	8.2%	8.5%	16.3%
2-4 times a year	26.6%	34.2%	28.9%	32.9%	26.4%	28.2%	32.4%	32.3%
5-10 times a year	9.2%	14.1%	8.9%	13.6%	14.5%	11.8%	13.8%	12.8%
Once a month	11.0%	3.8%	14.7%	10.7%	9.8%	15.3%	11.7%	7.4%
2-4 times a month	10.4%	8.2%	8.9%	11.4%	14.0%	8.2%	5.3%	8.5%
Once a week	5.2%	5.4%	9.5%	5.7%	8.3%	7.1%	5.9%	6.3%
Twice a week	4.6%	2.2%	3.2%	1.4%	3.1%	5.3%	2.1%	2.6%
3-5 times a week	2.3%	6.0%	2.6%	1.4%	2.6%	4.7%	5.3%	4.9%
Once a day	2.3%	1.6%	2.6%	0.7%	2.1%	2.9%	5.9%	2.1%
More than once a day	0.0%	0.0%	0.0%	0.0%	0.5%	0.0%	0.0%	0.03%

¹Figures shown are those of respondents who indicated that they had used a Utah trail in the past 12 months and used their favorite trail at least once a year (Bear River n=173; Wasatch Front n=184; Mountainland n=190; Uintah Basin n=140; Central n=193; Southeastern n=170; Southwestern n=188).

²Values shown are mean, median, and range of trail use per year. Responses of less than one year not calculated in means and medians.

did in the past 12 months. For those indicating Yes, almost 49% said the main reason they did not use trails more was not enough time and/or too busy with other activities (Table C-15). However, slightly over 16% of these respondents indicated their main reason as personal health concerns, age, and/or disability, and almost 7% said there were no trails convenient/no trails close to home. Almost 6% said they were new to the area and almost 5% said they didn't know where trails were located. All other responses represented less than 3% of the main reasons given by these respondents. For Non-Users of Trails in the Mountainland Planning District who would not have liked to use trails more, 40% indicated the main reason as personal health concerns, age, and/or disability (Table C-16). Slightly over 21% of these respondents indicated not enough time and/or too busy with other activities, and slightly over 17% indicated the main reason as little or no interest/do not care for the outdoors. All other responses represented 4% or less of the main reasons given by these respondents.

Table C-13:

Would you like to use trails in Utah more than you did in the past 12 months?

		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Trail Users	Yes	83.2%	81.5%	82.1%	78.6%	77.7%	72.9%	74.5%	80.9%
	No	15.6%	16.8%	15.8%	15.0%	20.7%	22.9%	22.3%	17.2%
	DK ¹	1.2%	1.6%	2.1%	6.4%	1.6%	4.1%	3.2%	1.9%
Non-Users	Yes	57.4%	60.2%	58.3%	46.1%	53.1%	47.5%	54.4%	58.5%
	No	37.1%	36.6%	37.2%	46.5%	44.1%	44.5%	44.5%	37.8%
	DK ¹	5.6%	3.2%	4.4%	7.4%	2.8%	8.0%	1.1%	3.7%

¹DK means “Don’t Know.”

Table C-14:

Main Reason Trail Users in the Mountainland Planning District Did Not Use Trails As Much As They Would Have Liked

Reasons	n	%
Not enough time/too busy with other activities	108	69.2
Personal health concerns/Age/Disability	8	5.1
None convenient/No trails close to home	6	3.8
Closed to certain activities	5	3.2
Family/Little children	4	2.6
Don’t know where trails are located	3	1.9
Don’t like trails with non-motorized use	3	1.9
No one to go with	3	1.9
Traveling out-of-state in the past 12 months	2	1.3
Not enough information about trails	2	1.3
Not enough money	2	1.3
Not safe	1	0.6
Poorly maintained	1	0.6
Don’t have equipment needed	1	0.6
Too crowded	1	0.6
Walk other places	1	0.6
Other	5	3.2

n= 156

**Table C-15:
Main Reason Non-Users of Trails in the Mountainland
Planning District, Who Would Have Liked to Use Trails
More, Did Not Use Trails**

Reasons	n	%
Not enough time/too busy with other activities	51	48.6
Personal health concerns/Age/Disability	17	16.2
None convenient/No trails close to home	7	6.7
New to area	6	5.7
Don't know where trails are located	5	4.8
Traveling out-of-state in the past 12 months	3	2.9
Not enough money	2	1.9
Not enough information about trails	2	1.9
Family/Little children	2	1.9
Little or no interest/Do not care for outdoors	1	1.0
No one to go with	1	1.0
Too crowded	1	1.0
Too difficult to get to	1	1.0
Other	6	5.7

n= 105

**Table C-16:
Main Reason Non-Users of Trails in the Mountainland
Planning District, Who Would Not Have Liked to Use
Trails More, Did Not Want To Use Trails**

Reasons	n	%
Personal health concerns/Age/Disability	30	40.0%
Not enough time/too busy with other activities	16	21.3%
Little or no interest/Do not care for outdoors	13	17.3%
Walk other places	3	4.0%
None convenient/No trails close to home	2	2.7%
Not enough information about trails	2	2.7%
No one to go with	1	1.3%
Not enough money	1	1.3%
Poorly maintained	1	1.3%
Too steep/too strenuous	1	1.3%
Work	1	1.3%
Other	4	5.3%

n= 75

Support of the Use of Additional Public Funds for Trails in the Mountainland Planning District

Only slightly over 45% of Trail Users in the Mountainland Planning District indicated they would support the use of additional public funds for motorized trails, somewhat less than the statewide result of almost 48% (Table C-17). A much larger majority, almost 82%, indicated their support for the use of additional public funds for non-motorized trails, somewhat less than the statewide result of almost 86%. Almost 47% of Mountainland Planning District Trail Users indicated they would support a tax increase if the additional money would be used to enhance their use and enjoyment of trails, somewhat lower than the statewide result of almost 51%. Support from Non-Users of Trails in the Mountainland Planning District is similar, with 47% supporting the use of additional public funds for motorized trails and almost 73% supporting the use of

Table C-17: Support for the Use of Additional Public Funds for Trails

			<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Utah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Motorized Trails	Trail Users	Yes	52.0%	46.2%	45.3%	47.1%	69.4%	57.1%	52.1%	47.7%
		No	43.9%	49.5%	47.4%	43.6%	26.4%	29.4%	38.3%	46.7%
		DK ¹	4.0%	4.3%	7.4%	9.3%	4.1%	13.5%	9.6%	5.5%
	Non-Users	Yes	44.7%	40.3%	45.0%	47.0%	55.9%	54.0%	54.9%	43.3%
		No	44.7%	55.4%	44.4%	38.3%	34.5%	32.5%	30.2%	49.6%
		DK ¹	10.7%	4.3%	10.6%	14.8%	9.6%	13.5%	14.8%	7.1%
Non-Motorized Trails	Trail Users	Yes	81.5%	89.7%	81.6%	79.3%	68.9%	68.8%	78.2%	85.6%
		No	17.3%	9.8%	12.1%	15.7%	25.4%	21.8%	14.9%	11.9%
		DK ¹	1.2%	0.5%	6.3%	5.0%	5.7%	9.4%	6.9%	2.5%
	Non-Users	Yes	67.5%	66.1%	72.8%	63.9%	57.1%	60.0%	59.9%	66.6%
		No	21.8%	29.0%	21.1%	24.3%	35.0%	26.5%	29.7%	27.2%
		DK ¹	10.7%	4.8%	6.1%	11.7%	7.9%	13.5%	10.4%	6.3%
Tax Increase	Trail Users	Yes	59.0%	52.2%	46.8%	47.1%	48.7%	46.5%	46.3%	50.9%
		No	32.4%	42.4%	45.3%	40.0%	41.5%	40.0%	41.5%	42.2%
		DK ¹	8.7%	5.4%	7.9%	12.9%	9.8%	13.5%	12.2%	7.0%
	Non-users	Yes	33.0%	32.3%	33.9%	31.7%	35.0%	32.5%	34.6%	32.8%
		No	57.4%	62.4%	59.4%	50.0%	58.8%	53.5%	51.6%	60.2%
		DK ¹	9.6%	5.4%	6.7%	18.3%	6.2%	14.0%	13.7%	6.9%

¹DK means “Don’t Know.”

additional public funds for non-motorized trails. However, a clear majority of slightly more than 59% would not support a tax increase to enhance their use and enjoyment of trails.

Values of Trails in the Mountainland Planning District:

Benefits, Importance, Healthy Lifestyles, and Quality of Life

A number of statements were read to both Trail Users and Non-Users of Trails in the Mountainland Planning District in order to find out about their perceptions of the values, benefits, and importance of trails (Table C-18). Overall, responses are similar to the statewide results, with some noticeable exceptions. Slightly over 93% of Trail Users and slightly over 66% of Non-Users of Trails strongly agreed or agreed that having quality trails in Utah was personally important to them, very close to the statewide results. Trail Users strongly agreed or agreed with the statement, “I personally receive little or no benefit from trails in Utah,” the same as the statewide result of slightly over 11%. Clearly, the vast majority of Trail Users in the Mountainland Planning District strongly disagree or disagree with this statement and imply they personally receive benefits from trails in Utah. A majority of both Trail Users and Non-Users of Trails strongly agreed or agreed with the statement, “Trails in my area result in economic benefit for local communities,” but Trail Users were at somewhat less than the statewide result and Non-Users of Trails were somewhat higher. A greater percentage of Trail Users in the Mountainland Planning District (slightly over 91%) strongly agreed or agreed that preservation of historic trails in Utah is important, somewhat higher than the statewide results of slightly over 90%. A higher percentage of Non-Users of Trails, almost 81%, also strongly agreed or agreed with this statement, higher than the statewide result of slightly over 77%, and this percentage was the second highest among the seven Planning Districts. Almost 92% of Trail Users in the Mountainland Planning District strongly agreed or agreed that trails in their area allow them to be physically active and lead a healthy lifestyle, slightly less than the statewide result of slightly over 92%, and slightly over two-thirds of Non-Users of Trails also strongly agreed or agreed. Almost 6% of Trail Users in the Mountainland Planning District strongly agreed or agreed that trails in their area do little for their quality of life, as did slightly over 32% of Non-Users of Trails, similar to the statewide results. Clearly, having trails in or near a community in the Mountainland Planning District is perceived as doing much for the quality of life of both Trail Users and Non-Users of Trails.

Table C-18: Agreement With Statements Regarding the Value of Trails

Statements ¹		<i>Bear River</i>	<i>Wasatch Front</i>	<i>Mountainland</i>	<i>Uintah Basin</i>	<i>Central</i>	<i>Southeastern</i>	<i>Southwestern</i>	<i>Statewide Weighted</i>
Having quality trails in Utah is important to me.	Trail Users	95.4%	96.2%	93.2%	85.7%	89.1%	87.1%	89.4%	94.5%
	Non-Users	65.5%	66.1%	66.1%	62.2%	59.3%	71.5%	65.9%	65.9%
I personally receive little or no benefit from trails in Utah.	Trail Users	6.4%	10.9%	11.1%	14.3%	14.0%	21.8%	11.2%	11.1%
	Non-Users	41.6%	46.8%	45.0%	50.4%	36.7%	49.0%	50.5%	46.2%
Trails in my area result in economic benefit for local communities.	Trail Users	63.0%	66.8%	53.2%	77.1%	76.7%	82.9%	70.2%	65.0%
	Non-Users	53.8%	43.0%	52.2%	56.5%	65.0%	65.5%	65.9%	48.3%
Preservation of historic trails in Utah is important.	Trail Users	92.5%	89.7%	91.1%	92.9%	88.6%	91.8%	91.0%	90.2%
	Non-Users	80.7%	75.8%	80.6%	79.1%	78.5%	79.5%	78.6%	77.4%
Trails in my area allow me to be physically active and lead a healthy lifestyle.	Trail Users	88.4%	93.5%	91.6%	86.4%	88.1%	91.2%	89.4%	92.2%
	Non-Users	66.0%	67.2%	67.8%	62.2%	58.2%	60.5%	68.1%	66.7%
Trails in my area do little for my quality of life.	Trail Users	5.2%	3.8%	5.8%	12.9%	13.5%	14.1%	10.6%	5.4%
	Non-Users	28.4%	28.5%	32.2%	35.2%	33.9%	41.5%	36.8%	30.3%

¹After each statement was read, the respondent was asked to indicate his or her level of agreement by using strongly agree, agree, neutral, disagree, or strongly disagree.