Appendix B: Telephone Survey Results of Residents' Attitudes Toward Recreation Trails in the Wasatch Front Planning District

Summary of Wasatch Front Planning District Results

- Almost half of the respondents in the Wasatch Front Planning District are Trail Users (49.7%), and slightly over 50% of the respondents are Non-Users of Trails (50.3%), both the same as the statewide results.
- For Trail Users in the Wasatch Front Planning District, there is a somewhat greater proportion of males, at 53.3%, compared to females at 46.7%. For Non-Users of Trails, there are many more females, at 63.4%, compared to males at 36.6%. Both of these results are similar to the statewide results.
- The average age of Trail Users in the Wasatch Front Planning District is almost 40 years old, very close to the statewide average, while the average age of Non-Users of Trails is almost 49 years old, one year older than the statewide average of almost 48 years old.
- Use of trails is a family affair in the Wasatch Front Planning District, with 75% of Trail Users indicating there were other household members who have used trails in Utah in the past 12 months, with an average of not quite three other household members using trails. For Non-Users of Trails, almost 17% indicated there were other household members who have used trails in Utah in the past 12 months, with an average of three other household members using trails. Both of these are somewhat lower than the statewide results.
- Hiking was mentioned as a trail activity by more Trail Users (almost 76%) in the Wasatch Front Planning District than in any other Planning District in the state. Biking/Mountain Biking was the second most mentioned trail activity at almost 24%, somewhat higher than the statewide result of 23%.
- There is a high level of awareness of trails in Utah among Trail Users in the Wasatch Front Planning District, with almost 85% indicating they knew of a trail within 15 minutes of their home or workplace, somewhat less than the statewide result of slightly over 86%. However, slightly over 15% of Trail Users said there was not a trail within 15 minutes for their home or workplace or didn't know.
- Among Non-Users of Trails in the Wasatch Front Planning District, almost 54% indicated they knew of a trail within 15 minutes of their home or workplace, again, somewhat less than the statewide result of almost 56%. Yet a substantial proportion of Non-Users of Trails, slightly over 46%, indicated there was not a trail within 15 minutes of their home or workplace or didn't know, somewhat more than the statewide result.

- Trail Users in the Wasatch Front Planning District who indicated they were aware of a trail within 15 minutes of their home or workplace also gave a wide range of responses regarding the use of this trail, ranging from never to 365 times a year, with average use of this trail at almost 36 times a year, less than the statewide average of slightly over 42 times a year. Only one other Planning District, the Uintah Basin Planning District, had less average use. The median use of 5.5 times a year is less than the statewide median of 8 times a year, and the lowest of all seven Planning Districts.
- The use of trails appears to be a significant part of Wasatch Front Trail Users' recreational activity and lifestyle.
- Trail Users in the Wasatch Front Planning District indicated their favorite trail was, on average, almost 51 minutes from home, four minutes more than the statewide response of 47 minutes. The median response was 30 minutes from home, five minutes more than the statewide response. Some 34% of Trails Users indicated their favorite trail was within 15 minutes of home, lower than the statewide result of almost 38%, while almost 62% indicated their favorite trail was within 30 minutes of home, again lower than the statewide result of 65%.
- A good proportion of Trail Users in the Wasatch Front Planning District, slightly over 15%, use their favorite trail from once a week to once a day, which is somewhat less than the statewide result of almost 16%.
- Almost 82% of Trail Users in the Wasatch Front Planning District indicated they would like to use trails in Utah more than they did in the past 12 months, a little higher than the statewide result of almost 81%. The main reason given by two-thirds of these Trail Users for not using trails more than they would have liked was not enough time and/or too busy with other activities.
- Slightly more than 60% of Non-Users of Trails indicated they would like to use trails in Utah more, and slightly over 56% said the main reason they did not use trails more was not enough time and/or too busy with other activities. However, almost 12% of these Non-Users of Trail indicated their main reason as personal health concerns, age, and/or disability, and slightly over 7% said there was not enough information on trails.
- Slightly over 46% of Trail Users in the Wasatch Front Planning District indicated they would support the use of additional public funds for motorized trails, somewhat less than the statewide result of almost 48%. A much larger majority, almost 90%, indicated their support for the use of additional public funds for non-motorized trails, more than the statewide result of almost 86%. A majority, slightly over 52%, indicated they would support a tax increase if the additional money would be used to enhance their use and enjoyment of trails, slightly higher than the statewide result of almost 51%.

- Support from Non-Users of Trails in the Wasatch Front Planning District is somewhat different, with a clear majority of slightly over 55% not supporting the use of additional public funds for motorized trails, but slightly over two-thirds (66.1%) supporting the use of additional public funds for non-motorized trails. However, a clear majority, slightly more than 62%, would not support a tax increase to enhance their use and enjoyment of trails.
- Slightly over 96% of Trail Users and slightly over 66% of Non-Users of Trails strongly agree or agree that having quality trails in Utah was personally important to them, very close to the statewide results.
- A large majority of Trail Users in the Wasatch Front Planning District imply they personally receive benefits from trails in Utah. However, only about 47% of Non-Users of Trails perceive personal benefits from trails.
- A majority of both Trail Users and Non-Users of Trails strongly agree or agree that trails in their area result in economic benefit for local communities.
- Almost 90% of Trail Users and almost 76% of Non-Users of Trails in the Wasatch Front Planning District strongly agree or agree that preservation of historic trails in Utah is important.
- Almost 94% of Trail Users in the Wasatch Front Planning District strongly agree or agree that trails in their area allow them to be physically active and lead a healthy lifestyle, slightly higher than the statewide result of slightly over 92%, and the highest among all seven Planning Districts. Slightly more than 67% of Non-Users of Trails also strongly agree or agree.
- Having trails in or near a community in the Wasatch Front Planning District is perceived as doing much for the quality of life of both Trail Users and Non-Users of Trails.

Telephone Survey Results of Residents' Attitudes Toward Recreation Trails in the Wasatch Front Planning District

Sampling

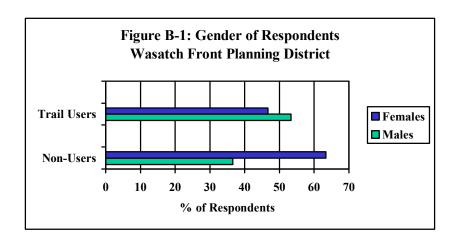
In the Wasatch Front Planning District, as in every Planning District in the state, a random sample of household telephone numbers was selected for the telephone survey. A total of 370 telephone interviews were completed from September 6-17, 2001, proportionately divided based on the percentage population of Davis, Morgan, Salt Lake, Tooele, and Weber Counties in the Wasatch Front Planning District. See Table B-1 for Wasatch Front Planning District county populations and number of interviews completed in each county.

Table B-1: Wasatch Front Planning District, Counties, Populations, and Number of Telephone Interviews Completed

Planning Districts	Total Population ¹ (% of Statewide Population)	County Population ¹ (% of District)	Interviews Completed (% of Total for District)
Wasatch Front	1,306,500 (61.7%)		370 (100%)
Davis County		231,300 (18%)	66 (18%)
Morgan County		7,100 (.5%)	2 (.5%)
Salt Lake County		848,300 (65%)	240 (65 %)
Tooele County		34,300 (2.5%)	10 (2.5%)
Weber County		185,500 (14%)	52 (14%)

Characteristics of Wasatch Front Planning District Trail Users and Non-Users of Trails

For Trail Users in the Wasatch Front Planning District, there is a somewhat greater proportion of males, at 53.3%, compared to females at 46.7%. For Non-Users of Trails, there are many more females, at 63.4%, compared to males at 36.6% (Figure B-1). The proportion of males and females for both Trail Users and Non-Users of Trails is similar to the statewide results.



The average age of Trail Users in the Wasatch Front Planning District is almost 40 years old, very close to the statewide average, while the average age of Non-Users of Trails is almost 49 years old, one year older than the statewide average of almost 48 years old (Table B-2). Slightly over one-quarter of Trail Users are 18-29 years old, slightly over 27% are 30-39 years old, and slightly over another quarter are 40-49 years old. Thus, slightly over one-quarter of adult Trail Users in the Wasatch Front Planning District are under 30 years old, well over half are under 40 years old, and slightly over three-quarters are under 50 years old. The remaining 22% of Trail Users are 50 years and older.

Table B-2: Age of Trail Users and Non-Users of Trails

		1	1	1	1			1	
		Bear River	Wasatch Front	Mountainland	Uintah Basin	Central	Southeastern	Southwestern	Statewide Weighted
Mean years	Trail User	36.4	39.5	37.8	42.1	43.3	45.2	45.6	39.7
Wearr years	Non-User	45.7	48.6	44.1	45.1	50.3	52.9	52.2	47.9
Median years	Trail User	33.0	38.5	38.0	42.0	43.0	45.5	45.0	39.0
Wiedlan years	Non-User	42.5	48.0	40.0	45.0	50.0	54.0	53.0	48.0
18-29 years old	Trail User	42.2%	25.5%	33.2%	19.3%	23.8%	15.5%	22.5%	27.4%
16-27 years old	Non-User	29.1%	19.5%	34.4%	26.2%	16.9%	11.2%	19.0%	22.6%
30-39 years old	Trail User	19.1%	27.2%	22.1%	22.9%	17.1%	19.6%	14.4%	24.4%
30-39 years old	Non-User	15.3%	14.1%	15.0%	11.8%	13.6%	10.2%	11.2%	14.0%
40.40	Trail User	19.7%	25.5%	27.4%	28.6%	24.4%	25.0%	21.9%	25.3%
40-49 years old	Non-User	14.8%	17.8%	8.3%	21.0%	18.1%	21.9%	16.8%	16.1%
50-59 years old	Trail User	12.1%	12.5%	9.5%	19.3%	18.7%	22.6%	17.6%	12.7%
30-37 years old	Non-User	12.2%	22.7%	14.4%	19.7%	19.8%	17.9%	10.6%	19.5%
60-69 years old	Trail User	5.2%	6.0%	6.3%	7.1%	10.9%	11.3%	14.4%	6.8%
00-07 years ord	Non-User	14.3%	9.2%	13.9%	10.5%	9.6%	16.3%	17.9%	11.1%
70 years and greater	Trail User	1.7%	3.3%	1.6%	2.9%	5.2%	6.0%	9.1%	3.3%
70 yours and greater	Non-User	14.3%	16.8%	13.9%	10.9%	22.0%	22.4%	24.6%	16.7%

Use of Trails in the Wasatch Front Planning District

Almost half of the respondents in the Wasatch Front Planning District are Trail Users (49.7%), exactly the same as the statewide results. Slightly over 50% of the respondents are Non-Users of Trails (50.3%), again, exactly the same as the statewide results (Table B-3).

Table B-3: Have you used any trails in Utah in the past 12 months?

Response	Bear River	Wasatch Front	Mountainland	Unitah Basin	Central	Southeastern	Southwestern	Statewide Weighted
Yes Trail Users	46.8% (173)	49.7% (184)	51.4% (190)	37.8% (140)	52.2% (193)	45.9% (170)	50.8% (188)	49.7% (2978) ¹
No Non-Users of Trails	53.2% (197)	50.3% (186)	48.6% (180)	62.2% (230)	47.8% (177)	54.1% (200)	49.2% (182)	50.3% (3017) ¹

¹These figures represent statewide "weighted" numbers of Trail Users and Non-Users of Trails, figured by taking the number of respondents in each Planning District and multiplying each by its respective weighting factor (1.0 for Bear River, 10.0 for Wasatch Front, 3.0 for Mountainland, 0.3 for Uintah Basin, 0.5 for Central, 0.4 for Southeastern, 1.0 for Southwestern), and then summing the results.

Trail Users in the Wasatch Front Planning District used trails in Utah, on average, slightly over 20 times in the past 12 months, about the same as the statewide results, although median use of 5 times is less (Table B-4). Noticeable is that Wasatch Front Trail Users mentioned trail use of 2-4 times in the past 12 months most often (34.2%), at a somewhat greater percentage than the statewide result. One-quarter of Wasatch Front Trail Users used trails 5-10 times in the past 12 months, and therefore not quite 60% of Trail Users used trails from 2-4 to 5-10 times in the past 12 months. Over 20% used trails from once a month to 2-4 times a month. Use of trails from once a week to once a day is slightly over 10% in the Wasatch Front Planning District, about the same as the statewide results

Table B-4: How Many Times Respondents Used Trails in Utah in the Past 12 Months¹

Statement	Bear River	Wasatch Front	Mountainland	Uintah Basin	Central	Southeastern	Southwestern	Statewide Weighted
Mean ²	19.3	20.4	18.5	13.5	23.0	31.2	26.1	20.57
Median ²	6.0	5.0	6.0	5.0	8.0	10.0	5.0	6.0
Range ²	1-300	1-400	1-300	1-100	1-500	1-365	1-600	$1-600^3$
Once	9.8%	9.2%	8.4%	10.1%	7.3%	4.2%	4.8%	8.7%
2-4 times	26.0%	34.2%	30.5%	30.9%	27.7%	26.2%	38.5%	32.9%
5-10 times	30.6%	25.0%	26.3%	24.5%	23.0%	23.8%	25.7%	25.6%
Once a month	9.8%	10.3%	11.1%	12.9%	8.9%	14.3%	8.6%	10.4%
2-4 times a month	14.5%	10.9%	17.4%	12.9%	18.3%	14.3%	11.8%	12.8%
Once a week	4.6%	3.3%	1.1%	6.5%	7.9%	8.3%	3.7%	3.3%
Twice a week	1.2%	2.7%	2.1%	2.2%	4.2%	4.2%	0.5%	2.6%
3-5 times a week	3.5%	3.8%	3.2%	0.0%	2.1%	2.4%	3.2%	3.5%
Once a day	0.0%	0.5%	0.0%	0.0%	0.0%	2.4%	1.1%	0.1%
More than once a day	0.0%	0.0%	0.0%	0.0%	0.5%	0.0%	0.5%	0.4%

¹Figures shown are those of Trail Users who indicated that they had used a Utah trail in the previous 12 months (Bear River n=173; Wasatch Front n=184; Mountainland n=190; Uintah Basin n=139; Central n=191; Southeastern n=168; Southwestern n=187).

Use of trails by other household members of Trail Users and Non-Users of Trails in the Wasatch Front Planning District is somewhat lower than the statewide results, with 75% of Trail Users indicating there were other household members who have used trails in Utah in the past 12 months, with an average of not quite three other household members using trails (Tables B-5 and B-6). For Non-Users of Trails, almost 17% indicated there were other household members who have used trails in Utah in the past 12 months, with an average of three other household members using trails.

²Values shown are mean, median, and range of trail use in the past 12 months.

³The range of values for frequency of trail use statewide is not weighted here.

Table B-5: Are there other members of your household who have used trails in Utah in the past 12 months?

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		Bear River	Wasatch Front	Mountainland	Uintah Basin	Central	Southeastern	Southwestern	Statewide Weighted
Yes	Trail User	78.0%	75.0%	80.0%	85.7%	82.9%	76.5%	73.9%	76.5%
1 03	Non- User	18.8%	16.7%	22.2%	16.5%	23.2%	14.5%	21.4%	18.2%
No	Trail User	19.7%	22.3%	17.9%	12.9%	14.5%	18.2%	21.3%	20.7%
140	Non- User	72.6%	76.3%	72.8%	73.9%	68.9%	68.0%	69.2%	74.5%
Don't	Trail User	1.2%	2.2%	1.1%	0.7%	1.0%	2.4%	2.1%	1.8%
Know	Non- User	5.1%	4.3%	5.0%	7.4%	4.5%	7.0%	5.5%	4.7%
Single Person	Trail User	1.2%	0.5%	1.1%	0.7%	1.6%	2.9%	2.7%	0.9%
Household ¹	Non- User	3.6%	2.7%	0.0%	2.2%	3.4%	10.5%	3.8%	2.5%

¹There were a number of Trail Users and Non-Users of Trails who lived alone, and therefore did not have other household members.

Table B-6: If Yes, how many other members of your household have used trails?

	/	Bear River	Wasatch Front	Mountainland	Uintah Basin	Central	Southeastern	Southwestern	Statewide Weighted
Mean	Trail User	3.2	2.8	3.4	3.7	3.3	3.0	3.1	3.0
Mean	Non- User	3.0	3.0	3.0	3.0	3.0	2.0	3.0	2.2
Median	Trail User	2.2	2.1	2.1	2.7	2.4	2.5	2.8	3.0
Median	Non- User	2.0	2.0	1.0	2.0	2.0	2.0	2.0	2.0

Different Kinds of Activities on Trails in Utah for the Wasatch Front Planning District

As in all but one other Planning District, the activity of Hiking, mentioned by almost 76% of Trail Users in the Wasatch Front Planning District (Table B-7), but at somewhat more than the statewide result of Hiking at slightly over 71% (Table 8), is clearly the most popular activity occurring on trails in Utah in the past 12 months. Hiking was mentioned as a trail activity by more Trail Users in the Wasatch Front Planning District than in any other Planning District. Biking/Mountain Biking is the second most mentioned trails activity at almost 24%, somewhat higher than the statewide result of 23%. This is followed by Walking at almost 17%, somewhat less than the statewide result of slightly over 18%, All Terrain Vehicle (ATV) Driving at almost 10%, somewhat less than the statewide result, Backpacking at almost 8%, Jogging/Running at 6%, and Horseback Riding at almost 5%, somewhat lower than the statewide result of almost 7%. All other trail activities were mentioned by about 4% and less of Trail Users in the Wasatch Front Planning District.

For Non-Users of Trails in the Wasatch Front Planning District, who indicated there were other household members who have used trails in Utah in the past 12 months, Hiking was mentioned by slightly over 80% as being an activity these other household members participated in on trails (Table B-8). The second most mentioned trail activity was Biking/Mountain Biking at slightly over 19%. Camping as a trail activity followed at almost 10%, followed by ATV Driving at 6.5%. All other trail activities of other household members were mentioned by slightly less than 3% of Non-Users of Trails in the Wasatch Front Planning District.

Table B-7: Activities of Trail Users in the Wasatch Front Planning District

Category	Respondents (n)	
Activity	(Total n=184)	Percent
PEDESTRIAN	· ·	
Hiking	139	75.5%
Walking	31	16.8%
Backpacking	14	7.6%
Jogging/Running	11	6.0%
MOTORIZED CONVEYANCE		
ATV driving	18	9.8%
OHV driving	6	3.3%
Auto touring	5	2.7%
Motorcycle/Dirt biking	4	2.2%
Snowmobiling	2	1.1%
Non-motorized Conveyance		
Biking/Mountain biking	44	23.9%
Horseback riding	9	4.9%
Cross-country skiing	7	3.8%
Snowshoeing	5	2.7%
Canoeing/Kayaking	4	2.2%
Skating/Skateboarding	3	1.6%
EDUCATION/CULTURAL		
Historic/Heritage activities	6	3.3%
Birdwatching/Wildlife viewing	4	2.2%
Sightseeing	2	1.1%
RECREATION ACTIVITY ACCESS		
Camping	8	4.3%
Hunting	6	3.3%
Fishing	2	1.1%
Hunting and Fishing	1	0.5%
Gold Panning	1	0.5%
Orienteering	1	0.5%
Walking dog	1	0.5%

Table B-8:
Trail Activities of Other Household Members of Non-Users of Trails in the Wasatch Front Planning District

Category Activity ¹	Respondents (n) (Total n=31)	Percent
PEDESTRIAN	(2000 0 02)	1 0.00.00
Hiking Walking Backpacking Jogging/Running	25 1 1 1	80.6% 3.2% 3.2% 3.2%
MOTORIZED CONVEYANCE		
ATV driving Motorcycle/Dirt biking OHV driving	2 1 1	6.5% 3.2% 3.2%
NON-MOTORIZED CONVEYANCE		
Biking/Mountain biking Cross-country skiing	6 1	19.4% 3.2%
RECREATION ACTIVITY ACCESS		
Camping Fishing	3 1	9.7% 3.2%

¹The number of respondents that didn't know what trail activities their household member(s) participated in was 2 or 6.5%.

Awareness of Trails in Utah in the Wasatch Front Planning District

There is a high level of awareness of trails in Utah among Trail Users in the Wasatch Front Planning District, with almost 85% indicating they knew of a trail within 15 minutes of their home or workplace (Table B-9), somewhat less than the statewide result of slightly over 86%. However, slightly over 15% of Trail Users said there was not a trail within 15 minutes for their home or workplace or didn't know. Among Non-Users of Trails in the Wasatch Front Planning District, almost 54% indicated they knew of a trail within 15 minutes of their home or workplace, again, somewhat less than the statewide result of almost 56%. Yet a substantial proportion of Non-Users of Trails, slightly over 46%, indicated there was not a trail within 15 minutes of their home or workplace or didn't know, somewhat more than the statewide result.

Trail Users in the Wasatch Front Planning District who indicated they were aware of a trail within 15 minutes of their home or workplace also gave a wide range of responses regarding the use of this trail, ranging from never to 365 times a year, with average use of this trail at almost 36 times a year, less than the statewide average of slightly over 42 times a year (Table B-10). Only one other Planning District, the Uintah Basin Planning

District, had less average use. The median use of 5.5 times a year is less than the statewide median of 8 times a year, and the lowest of all seven Planning Districts. Very close to the statewide result, 16% of Trail Users in the Wasatch Front Planning District had never used this trail. Almost 58% of Trail Users used this trail from once a year to 5-10 times a year, more than the statewide result of slightly over 51%. Almost 17% used this trail from once a month to 2-4 times a month, somewhat lower than the statewide result of slightly over 22%. Finally, slightly more than 25% used this trail from once a week to once a day, somewhat less than the statewide result of almost 27%.

Table B-9: Do you know if there is a trail within 15 minutes of your home or workplace?

Respo	nse	Bear River	Wasatch Front	Mountainland	Unitah Basin	Central	Southeastern	Southwestern	Statewide Weighted
	Yes	89.0%	84.8%	89.5%	67.1%	85.5%	82.9%	92.0%	86.1%
Trail Users	No	6.4%	10.3%	7.4%	27.9%	11.4%	11.8%	6.4%	9.6%
	DK	4.6%	4.9%	3.2%	5.0%	3.1%	5.3%	1.6%	4.3%
	Yes	56.3%	53.8%	62.8%	40.4%	53.1%	45.5%	68.1%	55.9%
Non- Users	No	19.8%	26.9%	20.6%	30.4%	24.3%	32.0%	15.4%	24.7%
	DK	23.9%	19.4%	16.7%	29.1%	22.6%	22.5%	16.5%	19.4%

Table B-10: How Often Trail Users Used the Trail Within 15 Minutes of Home or Workplace¹

	Bear River	Wasatch Front	Mountainland	Uintah Basin	Central	Southeastern	Southwestern	Statewide Weighted
Mean ²	38.1	35.8	52.4	25.8	51.3	66.8	59.3	42.1
Median ²	12.0	5.5	12.0	6.0	12.0	20.0	12.0	8.0
Range ²	0-728	0-365	0-432	0-260	0-1040	0-600	0-365	0-1040
Never	9.7%	16.0%	18.8%	12.8%	8.5%	8.5%	16.2%	15.8%
Less than once a year	6.5%	8.3%	3.5%	14.9%	3.6%	7.8%	5.8%	7.0%
Once a year	14.0%	17.8%	9.1%	13.2%	6.9%	7.6%	8.1%	14.5%
2-4 times a year	23.3%	28.8%	23.5%	27.9%	23.4%	16.1%	22.2%	26.4%
5-10 times a year	12.4%	10.9%	6.1%	16.1%	11.7%	5.9%	14.0%	10.3%
Once a month	15.5%	10.1%	17.4%	8.8%	13.1%	21.1%	14.8%	12.6%
2-4 times a month	13.8%	6.7%	14.5%	13.3%	15.9%	13.5%	10.3%	9.6%
Once a week	10.9%	11.8%	11.4%	11.8%	15.2%	11.0%	8.8%	11.7%
Twice a week	0.0%	0.8%	0.8%	0.0%	2.1%	2.5%	0.7%	0.9%
3-5 times a week	7.8%	10.9%	12.9%	8.8%	6.2%	13.5%	14.1%	11.2%
Once a day	2.3%	1.7%	3.9%	0.0%	4.8%	7.6%	6.6%	2.8%
More than once a day	0.8%	0.0%	0.8%	0.0%	0.7%	0.8%	0.0%	0.3%

¹Figures shown are those of respondents who indicated that they had used a Utah trail in the past 12 months and were aware that there was a trail within 15 minutes of their home or workplace (Bear River n=154; Wasatch Front n=156; Mountainland n=170; Uintah Basin n=94; Central n=165; Southeastern n=141; Southwestern n=173).

Favorite Trails in Utah for Trail Users in the Wasatch Front Planning District

Trail Users in the Wasatch Front Planning District indicated their favorite trail was, on average, almost 51 minutes from home, four minutes more than the statewide response of 47 minutes (Table B-11). The median response was 30 minutes from home, five minutes more than the statewide response. Some 34% of Trails Users indicated their favorite trail was within 15 minutes of home, lower than the statewide result of almost 38%, while almost 62% indicated their favorite trail was within 30 minutes of home, again lower than the statewide result of 65%. Almost 19% indicated their favorite trail was from 31 minutes to one hour from home, while almost 20% indicated from one hour to 4-6 hours. Trail Users in the Wasatch Front Planning District indicated a wide range of use of their favorite trail from less than once a year to once a day (Table B-12), with 6.5% indicating use as less than once a year, slightly less than the statewide result of almost 7%, and slightly over one-third indicating their use at 2-4 times a year, the greatest percentage of

²Values shown are mean, median, and range of trail use in the past 12 months.

Table B-11: Length of Time for Trail Users to Get From Home to Their Favorite Trail

	Bear River	Wasatch Front	Mountainland	Uintah Basin	Central	Southeastern	Southwestern	Statewide Weighted
Mean ²	59.4	50.7	37.4	51.4	44.4	37.6	32.0	47.0
Median ²	25.0	30.0	20.0	40.0	20.0	25.0	20.0	25.0
Range ²	3-540	1-360	1-300	2-360	1-1140	1-360	1-180	1-1140
5 minutes or less	8.3%	11.5%	12.7%	5.0%	18.7%	21.3%	24.3%	12.8%
6 to 15 minutes	28.6%	22.5%	32.8%	15.7%	24.1%	19.5%	24.9%	24.9%
16 to 30 minutes	26.2%	27.5%	30.2%	25.0%	27.3%	28.0%	18.4%	27.3%
31 to 45 minutes	11.3%	12.1%	6.9%	23.6%	6.7%	11.6%	11.9%	11.0%
46 minutes to 1 hour	7.7%	6.6%	4.8%	14.3%	8.2%	9.8%	9.2%	6.7%
1 hour to 2 hours	3.0%	4.9%	3.7%	5.7%	5.3%	3.7%	6.5%	4.7%
2 to 3 hours	7.1%	10.4%	5.3%	8.6%	7.5%	3.7%	4.9%	8.6%
4 to 6 hours	6.5%	4.4%	3.7%	2.1%	1.6%	2.4%	0.0%	3.9%
More than 6 hours	1.2%	0.0%	0.0%	0.0%	0.5%	0.0%	0.0%	0.1%

¹Figures shown are for those respondents who indicated that they had used a Utah trail in the past 12 months (Bear River n=168; Wasatch Front n=182; Mountainland n=189; Uintah Basin n=140; Central n=187; Southeastern n=164; Southwestern n=185).

use among these respondents. A good proportion of Trail Users in the Wasatch Front Planning District, slightly over 15%, use their favorite trail from once a week to once a day, which is somewhat less than the statewide result of almost 16%.

Intent to Use Trails in Utah More in the Wasatch Front Planning District

Almost 82% of Trail Users in the Wasatch Front Planning District indicated they would like to use trails in Utah more than they did in the past 12 months, a little higher than the statewide result of almost 81% (Table B-13). Responses from Non-Users of Trails are similar to the statewide result, with slightly more than 60% indicating they would like to use trails in Utah more, almost 37% indicating they would not like to use trails in Utah more, and 3.2% indicating they didn't know. When Trail Users in the Wasatch Front Planning District were asked, "What is the main reason you did not use trails as much as you would have liked?", the main reason given by two-thirds of the respondents was not enough time and/or too busy with other activities (Table B-14). Slightly over 7% said they didn't use trails more because no trails were convenient or no trails were close to home, and 6% said they didn't use trails more because of personal health concerns, age, and/or disability. All other responses represented 3% or less of the main reasons given by these respondents.

²Values shown are mean, median, and range of minutes to get to trail from home.

Table B-12: How Often Trail Users Used Their Favorite Trail.1

Statement	Bear River	Wasatch Front	Mountainland	Uintah Basin	Central	Southeastern	Southwestern	Statewide Weighted
Mean ²	30.0	29.2	30.3	16.6	35.1	36.8	45.7	30.7
Median ²	5.0	4.0	6.0	4.0	8.0	9.5	5.0	4.0
Range ²	1-365	1-365	1-365	1-365	1-1040	1-365	1-365	1-1040
Less than once a year	12.7%	6.5%	4.7%	5.7%	9.8%	8.2%	9.0%	6.9%
Once a year	16.2%	17.9%	15.8%	16.4%	8.8%	8.2%	8.5%	16.3%
2-4 times a year	26.6%	34.2%	28.9%	32.9%	26.4%	28.2%	32.4%	32.3%
5-10 times a year	9.2%	14.1%	8.9%	13.6%	14.5%	11.8%	13.8%	12.8%
Once a month	11.0%	3.8%	14.7%	10.7%	9.8%	15.3%	11.7%	7.4%
2-4 times a month	10.4%	8.2%	8.9%	11.4%	14.0%	8.2%	5.3%	8.5%
Once a week	5.2%	5.4%	9.5%	5.7%	8.3%	7.1%	5.9%	6.3%
Twice a week	4.6%	2.2%	3.2%	1.4%	3.1%	5.3%	2.1%	2.6%
3-5 times a week	2.3%	6.0%	2.6%	1.4%	2.6%	4.7%	5.3%	4.9%
Once a day	2.3%	1.6%	2.6%	0.7%	2.1%	2.9%	5.9%	2.1%
More than once a day	0.0%	0.0%	0.0%	0.0%	0.5%	0.0%	0.0%	0.03%

¹Figures shown are those of respondents who indicated that they had used a Utah trail in the past 12 months and used their favorite trail at least once a year (Bear River n=173; Wasatch Front n=184; Mountainland n=190; Uintah Basin n=140; Central n=193; Southeastern n=170; Southwestern n=188).

Non-Users of Trails in the Wasatch Front Planning District were also asked if they would like to use trails in Utah more than they did in the past 12 months. For those indicating Yes, slightly over 56% said the main reason they did not use trails more was not enough time and/or too busy with other activities (Table B-15). However, almost 12% of these respondents indicated their main reason as personal health concerns, age, and/or disability, and slightly over 7% said there was not enough information on trails. Almost 5% said there were no trails convenient/no trails close to home, and almost 5% said they had been traveling out-of-state in the past 12 months. All other responses represented less than 2% of the main reasons given by these respondents. For Non-Users of Trails in the Wasatch Front Planning District who would not have liked to use trails more, slightly over 47% indicated the main reason as personal health concerns, age, and/or disability (Table B-16). Almost 19% indicated the main reason as little or no interest/do not care for the outdoors, and slightly over 16% indicated not enough time and/or too busy with other activities. All other responses represented 3% or less of the main reasons.

²Values shown are mean, median, and range of trail use per year. Responses of less than one year not calculated in means and medians.

Table B-13: Would you like to use trails in Utah more than you did in the past 12 months?

		Bear River	Wasatch Front	Mountainland	Uintah Basin	Central	Southeastern	Southwestern	Statewide Weighted
	Yes	83.2%	81.5%	82.1%	78.6%	77.7%	72.9%	74.5%	80.9%
Trail Users	No	15.6%	16.8%	15.8%	15.0%	20.7%	22.9%	22.3%	17.2%
	DK ¹	1.2%	1.6%	2.1%	6.4%	1.6%	4.1%	3.2%	1.9%
	Yes	57.4%	60.2%	58.3%	46.1%	53.1%	47.5%	54.4%	58.5%
Non- Users	No	37.1%	36.6%	37.2%	46.5%	44.1%	44.5%	44.5%	37.8%
	DK ¹	5.6%	3.2%	4.4%	7.4%	2.8%	8.0%	1.1%	3.7%

¹DK means "Don't Know."

Table B-14: Main Reason Trail Users in the Wasatch Front Planning District Did Not Use Trails As Much As They Would Have Liked

Did Not Use Trans As Much As They Would Have Liked								
Reasons	n	%						
Not enough time/too busy with other activities	99	66.0						
None convenient/No trails close to home	11	7.3						
Personal health concerns/Age/Disability	9	6.0						
No one to go with	4	2.7						
Too difficult to get to	4	2.7						
Family/Little children	3	2.0						
Not enough information about trails	3	2.0						
Don't know where trails are located	3	2.0						
Dogs not allowed	2	1.3						
New to area	2	1.3						
Not enough money	2	1.3						
Don't like trails with motorized use	1	0.7						
Closed to certain activities	1	0.7						
Too crowded	1	0.7						
Other	5	3.3						

n=150

Table B-15: Main Reason Non-Users of Trails in the Wasatch Front Planning District, Who Would Have Liked to Use Trails More, Did Not Use Trails

Reasons	n	%
Not enough time/too busy with other activities	63	56.3
Personal health concerns/Age/Disability	13	11.6
Not enough information about trails	8	7.1
None convenient/No trails close to home	5	4.5
Traveling out-of-state in the past 12 months	5	4.5
Family/Little children	2	1.8
Don't know where trails are located	2	1.8
Little or no interest/Do not care for outdoors	2	1.8
New to area	2	1.8
No one to go with	1	0.9
Poorly maintained	1	0.9
Don't have equipment needed	1	0.9
Too crowded	1	0.9
Too difficult to get to	1	0.9
Too steep/too strenuous	1	0.9
Other	4	0.9

n= 112

Table B-16: Main Reason Non-Users of Trails in the Wasatch Front Planning District, Who Would Not Have Liked to Use Trails More, Did Not Want To Use Trails

Reasons	n	%
Personal health concerns/Age/Disability	35	47.3%
Little or no interest/Do not care for outdoors	14	18.9%
Not enough time/too busy with other activities	12	16.2%
None convenient/No trails close to home	2	2.7%
Closed to certain activities	1	1.4%
Don't have equipment needed	1	1.4%
Don't know where trails are located	1	1.4%
No one to go with	1	1.4%
Not enough information about trails	1	1.4%
Not safe	1	1.4%
Too difficult to get to	1	1.4%
Walk other places	1	1.4%
Work	1	1.4%
Other	2	2.7%

n= 74

Support of the Use of Additional Public Funds for Trails in the Wasatch Front Planning District

Slightly over 46% of Trail Users in the Wasatch Front Planning District indicated they would support the use of additional public funds for motorized trails, somewhat less than the statewide result of almost 48% (Table B-17). A much larger majority, almost 90%, indicated their support for the use of additional public funds for non-motorized trails, more than the statewide result of almost 86%. A majority, slightly over 52%, indicated they would support a tax increase if the additional money would be used to enhance their use and enjoyment of trails, slightly higher than the statewide result of almost 51%. Support from Non-Users of Trails in the Wasatch Front Planning District is somewhat different, with a clear majority of slightly over 55% not supporting the use of additional public funds for motorized trails, but slightly over two-thirds (66.1%) supporting the use of additional public funds for non-motorized trails. However, a clear majority, slightly

Table B-17: Support for the Use of Additional Public Funds for Trails

			Bear River	Wasatch Front	Mountainland	Unitah Basin	Central	Southeastern	Southwestern	Statewide Weighted
	Trail	Yes	52.0%	46.2%	45.3%	47.1%	69.4%	57.1%	52.1%	47.7%
	Users	No	43.9%	49.5%	47.4%	43.6%	26.4%	29.4%	38.3%	46.7%
Motorized		DK ¹	4.0%	4.3%	7.4%	9.3%	4.1%	13.5%	9.6%	5.5%
Trails	Non- Users	Yes	44.7%	40.3%	45.0%	47.0%	55.9%	54.0%	54.9%	43.3%
		No	44.7%	55.4%	44.4%	38.3%	34.5%	32.5%	30.2%	49.6%
		DK ¹	10.7%	4.3%	10.6%	14.8%	9.6%	13.5%	14.8%	7.1%
	Trail Users	Yes	81.5%	89.7%	81.6%	79.3%	68.9%	68.8%	78.2%	85.6%
Non		No	17.3%	9.8%	12.1%	15.7%	25.4%	21.8%	14.9%	11.9%
Non- Motorized		DK ¹	1.2%	0.5%	6.3%	5.0%	5.7%	9.4%	6.9%	2.5%
Trails	Non- Users	Yes	67.5%	66.1%	72.8%	63.9%	57.1%	60.0%	59.9%	66.6%
		No	21.8%	29.0%	21.1%	24.3%	35.0%	26.5%	29.7%	27.2%
		DK ¹	10.7%	4.8%	6.1%	11.7%	7.9%	13.5%	10.4%	6.3%
	Trail Users	Yes	59.0%	52.2%	46.8%	47.1%	48.7%	46.5%	46.3%	50.9%
		No	32.4%	42.4%	45.3%	40.0%	41.5%	40.0%	41.5%	42.2%
Tax	03013	DK ¹	8.7%	5.4%	7.9%	12.9%	9.8%	13.5%	12.2%	7.0%
Increase	Non- users	Yes	33.0%	32.3%	33.9%	31.7%	35.0%	32.5%	34.6%	32.8%
		No	57.4%	62.4%	59.4%	50.0%	58.8%	53.5%	51.6%	60.2%
	users	DK ¹	9.6%	5.4%	6.7%	18.3%	6.2%	14.0%	13.7%	6.9%

¹DK means "Don't Know."

more than 62%, would not support a tax increase to enhance their use and enjoyment of trails.

Values of Trails in the Wasatch Front Planning District: Benefits, Importance, Healthy Lifestyles, and Quality of Life

A number of statements were read to both Trail Users and Non-Users of Trails in the Wasatch Front Planning District in order to find out about their perceptions of the values, benefits, and importance of trails (Table B-18). Overall, responses are very similar to the statewide results. Slightly over 96% of Trail Users and slightly over 66% of Non-Users of Trails strongly agreed or agreed that having quality trails in Utah was personally important to them, very close to the statewide results. About 11% of Trail Users and almost 47% of Non-Users of Trails strongly agreed or agreed with the statement, "I personally receive little or no benefit from trails in Utah," very similar to the statewide results. Clearly, the vast of majority of Trail Users in the Wasatch Front Planning District strongly disagree or disagree with this statement and imply they personally receive benefits from trails in Utah. A majority of both Trail Users and Non-Users of Trails strongly agreed or agreed with the statement, "Trails in my area result in economic benefit for local communities," but Trail Users were somewhat higher than the statewide result and Non-Users of Trails were less. A greater percentage of Trail Users in the Wasatch Front Planning District, almost 90%, strongly agreed or agreed that preservation of historic trails in Utah is important, about the same as the statewide result of slightly over 90%. A higher percentage of Non-Users of Trails also strongly agreed or agreed with this statement, almost 76%, somewhat lower than the statewide result of slightly over 77%. Almost 94% of Trail Users in the Wasatch Front Planning District strongly agreed or agreed that trails in their area allow them to be physically active and lead a healthy lifestyle, slightly higher than the statewide result of slightly over 92%, and the highest among all seven Planning Districts. Slightly more than 67% of Non-Users of Trails also strongly agreed or agreed with this statement. Almost 4% of Trail Users in the Wasatch Front Planning District strongly agreed or agreed that trails in their area do little for their quality of life, as did almost 29% of Non-Users of Trails. Clearly, having trails in or near a community in the Wasatch Front Planning District is perceived as doing much for the quality of life of both Trail Users and Non-Users of Trails.

Table B-18: Agreement With Statements Regarding the Value of Trails

Statements ¹		Bear River	Wasatch Front	Mountainland	Uintah Basin	Central	Southeastern	Southwestern	Statewide Weighted
Having quality trails in	Trail Users	95.4%	96.2%	93.2%	85.7%	89.1%	87.1%	89.4%	94.5%
Utah is important to me.	Non- Users	65.5%	66.1%	66.1%	62.2%	59.3%	71.5%	65.9%	65.9%
I personally receive	Trail Users	6.4%	10.9%	11.1%	14.3%	14.0%	21.8%	11.2%	11.1%
little or no benefit from trails in Utah.	Non- Users	41.6%	46.8%	45.0%	50.4%	36.7%	49.0%	50.5%	46.2%
Trails in my area result in economic benefit	Trail Users	63.0%	66.8%	53.2%	77.1%	76.7%	82.9%	70.2%	65.0%
for local communities.	Non- Users	53.8%	43.0%	52.2%	56.5%	65.0%	65.5%	65.9%	48.3%
Preservation of	Trail Users	92.5%	89.7%	91.1%	92.9%	88.6%	91.8%	91.0%	90.2%
historic trails in Utah is important.	Non- Users	80.7%	75.8%	80.6%	79.1%	78.5%	79.5%	78.6%	77.4%
Trails in my area allow me to be	Trail Users	88.4%	93.5%	91.6%	86.4%	88.1%	91.2%	89.4%	92.2%
physically active and lead a healthy lifestyle.	Non- Users	66.0%	67.2%	67.8%	62.2%	58.2%	60.5%	68.1%	66.7%
Trails in my area do little	Trail Users	5.2%	3.8%	5.8%	12.9%	13.5%	14.1%	10.6%	5.4%
for my quality of life.	Non- Users	28.4%	28.5%	32.2%	35.2%	33.9%	41.5%	36.8%	30.3%

¹After each statement was read, the respondent was asked to indicate his or her level of agreement by using strongly agree, agree, neutral, disagree, or strongly disagree.