



**Hunger Solutions Institute**  
**UtahStateUniversity®**

# Student Food Security

A Summary of Recent Data, Resources, and Insights

USU is committed to a learning and working environment free from discrimination, including harassment.  
For USU's non-discrimination notice, see <https://equity.usu.edu/non-discrimination>.

# 33% of USU students are food insecure

The United States Department of Agriculture (USDA) defines food insecurity as inadequate access to enough food for an active and healthy lifestyle.



1. Mateja R. Savoie-Roskos, Caleb Harrison, Casey Coombs, Jackie Hendrickson, Rachel Hawes, Madison Barney, Jamie Doxey & Heidi LeBlanc (2021) Food Insecurity Exists among College Students at a Midsized University in Utah, *Journal of Hunger & Environmental Nutrition*, DOI: 10.1080/19320248.2021.2022367

The Student Nutrition Access Center is the location of USU's food pantry.

**Our mission is to increase access to nutritious food while educating Aggies about basic needs resources and sustainable food practices.**

Food pantry patrons may receive assistance once per week, no questions asked.

# Food Available in SNAC



## Canned Food

Canned and nonperishable food is donated by the Cache Community Food Pantry and the Utah Food Bank.

\*We also often carry personal care products.



## Breads & Premade Meals

Unsold breads, desserts, and premade meals are donated by USU Dining Services and Kneaders Bakery & Cafe.



## Fresh Produce

Fresh produce in the summer and fall comes from the Student Organic Farm, Cache Community Gleaning, and local farmers and gardeners. During the winter produce is bought by donated funds.



# SNAC Insights



9,753

Visits and orders in 2021.



\$4,000

Dollars were donated to assist paying for paid student positions, produce during the winter, and packaging supplies in 2021.



16,601

Pounds of previously unsold food was recovered and distributed by SNAC in 2021.



2,000

Pounds of food is picked up from the Cache Community Food Pantry EACH WEEK to stock the shelves.

Nearly all this food is gone by the end of the week.

# Location & Hours

## Fall 2022 Hours

- **Monday: Closed**
- **Tuesday: 1-5 pm**
- **Wednesday: 1-5 pm**
- **Thursday: 1-6 pm**
- **Friday: 1-3 pm**

We are no longer offering the option to order and pickup. It was in place to address COVID precautions which are no longer required at this time.

## Additional Information

Taggart Student Center (TSC) 332B, located on the East side of the building

Email: [snac@usu.edu](mailto:snac@usu.edu)

Phone: 435-797-7378

*\*hours subject to change, visit [snac.usu.edu](http://snac.usu.edu) for most up to date info*

*Last Updated September 2022*





# Additional Information

To find other basic needs resources or to receive assistance applying for SNAP Benefits (food stamps) visit our website [snac.usu.edu](http://snac.usu.edu).

Stay updated with the latest information, closures, and events follow us on Instagram & Facebook @ususunac.

Have questions? Email or call SNAC:

[snac@usu.edu](mailto:snac@usu.edu)

435-797-7378



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# QUESTION/ANSWER SESSION

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