



## Food Security Fact Sheet: Davis County

### Food insecurity in Davis County

Household: 8%  
Children (<18 years)<sup>1</sup>: 7.9%

### Overall food insecurity

HH food insecurity in State of Utah: 9%  
HH food insecurity in United States: 12%

| Demographics (U.S. Census, 2022 Estimates)       | United States | State of Utah | Davis County |
|--|---------------|---------------|--------------|
| Persons under 5 years                            | 5.6%          | 6.9%          | 6.9%         |
| Persons under 18 years                           | 21.7%         | 27.6%         | 29.9%        |
| Persons 65 years and over                        | 17.3%         | 12.0%         | 11.1%        |
| White alone                                      | 75.5%         | 90.0%         | 91.4%        |
| Black or African American alone                  | 13.6%         | 1.6%          | 1.5%         |
| American Indian and Alaska Native                | 1.3%          | 1.5%          | 0.8%         |
| Asian alone                                      | 6.3%          | 2.8%          | 2.3%         |
| Native Hawaiian and Other Pacific Islander alone | 0.3%          | 1.2%          | 0.9%         |
| Two or More Races                                | 3.0%          | 2.9%          | 3.0%         |
| Hispanic or Latino                               | 19.1%         | 15.1%         | 11.1%        |
| White alone, not Hispanic or Latino              | 58.9%         | 76.7%         | 81.8%        |

| Factors that Influence Food Security                 | United States | State of Utah | Davis County |
|--|---------------|---------------|--------------|
| <b>Social and Economic Factors</b>                   |               |               |              |
| Education  |               |               |              |
| High school completed                                | 89%           | 93%           | 96%          |
| Some college completed                               | 67%           | 72%           | 76%          |
| Unemployment   | 5.4%          | 2.7%          | 2.4%         |
| Median household income                              | \$69,700      | \$79,400      | \$93,300     |
| Living wage  | \$45.00       | \$45.69       | \$44.78      |
| Average meal cost <sup>1</sup>                       | \$3.59        | \$3.38        | \$3.66       |
| Households with severe housing problems              | 17%           | 13%           | 10%          |
| Overall uninsured (<65 years old)                    | 10%           | 10%           | 7%           |
| Uninsured adults (19-64 years old)                   | 12%           | 11%           | 8%           |
| <b>Key Indicators for Children, &lt;18 years old</b> |               |               |              |
| Children in poverty                                  | 17%           | 9%            | 6%           |
| Children in single-parent households                 | 25%           | 14%           | 13%          |
| Child care cost burden                               | 27%           | 22%           | 17%          |
| Uninsured children                                   | 5%            | 7%            | 5%           |
| <b>Health Behavior Factors</b>                       |               |               |              |
| Food Environment Index                               | 7.0           | 7.9           | 8.7          |
| Physical inactivity                                  | 22%           | 16%           | 16%          |
| Limited access to healthy foods                      | 6%            | 6%            | 5%           |
| Access to exercise opportunities                     | 84%           | 84%           | 92%          |



| Factors that Influence Food Security  | United States | State of Utah        | Davis County         |
|---|---------------|----------------------|----------------------|
| Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup> | -             | 44.8%<br>(2019 data) | 41.1%<br>(2019 data) |
| Adults eating less than 2 servings of fruits each day <sup>2</sup>                    | -             | 67.8%                | 54.0%                |
| Adults eating less than 3 servings of vegetables each day <sup>2</sup>                | -             | 87.4%                | 89.4%                |
| Adults unable to get needed care due to health care costs <sup>2</sup>                | -             | 10.3%                | 7.3%                 |
| <b>Utilization of Federal Nutrition Programs</b>                                      |               |                      |                      |
| Children eligible for free or reduced-price lunch                                     | 53%           | 30%                  | 18%                  |
| Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>               | 49%           | 28%                  | 30%                  |
| <b>Health Outcomes in Adults (18-65)</b>  |               |                      |                      |
| Poor or fair health   | 12%           | 11%                  | 10%                  |
| Diabetes prevalence <sup>2</sup>  | -             | 8.4%                 | 7.0%                 |
| Prediabetes <sup>2</sup>  | -             | 11.1%<br>(2020 data) | 11.5%<br>(2020 data) |
| High Cholesterol <sup>2</sup>   | -             | 25.4%                | 27.3%                |
| High Blood pressure <sup>2</sup>  | -             | 27.6%                | 27.4%                |
| BMI (kg/m <sup>2</sup> )  |               |                      |                      |
| Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>                             | -             | 65.5%                | 68.3%                |
| Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>   | -             | 31.8%                | 34.5%                |

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

Definitions of indicators listed can be found by scanning this QR code:



\*Use caution in interpreting; the estimate has a coefficient of variation > 30%

## References

*How Healthy is your County?* | *County Health Rankings*. (n.d.). County Health Rankings & Roadmaps. Retrieved July 28, 2023, from <https://www.countyhealthrankings.org/county-health-rankings-roadmaps>

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