



## Data food security sheet definitions

### Social and Economic Factors

**Living wage:** The hourly wage needed to cover basic household expenses plus all relevant taxes for a household of one adult and two children.

**Severe household problems:** Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen facilities, or lack of plumbing facilities.

**Children in poverty:** The number of people under age 18 living in a household whose income is below the poverty level. Poverty status is defined by family; either everyone in the family is in poverty or no one in the family is in poverty. The characteristics of the family used to determine the poverty threshold are: number of people, number of related children under 18, and whether or not the primary householder is over age 65. Family income is then compared to the poverty threshold; if that family's income is below that threshold, the family is in poverty.

**Child care cost burden:** Child care costs for a household with two children as a percent of median household income.

### Health Behavior Factors

**Food Environment Index:** Index of factors that contribute to a healthy food environment, from 0 (worst) to 10 (best). The County Health Rankings measure of the food environment accounts for both **proximity to healthy foods** and **income**. This measure includes access to healthy foods by considering the distance an individual lives from a grocery store or supermarket, locations for health food purchases in most communities, and the inability to access healthy food because of cost barriers.

**Physical Inactivity:** The percentage of adults age 18 and over reporting no leisure-time physical activity (age-adjusted).

**Limited Access to healthy foods:** Percentage of population who are low-income and do not live close to a grocery store. Living close to a grocery store is defined differently in rural and nonrural areas; in rural areas, it means living less than 10 miles from a grocery store; in nonrural areas, less than one mile. Low income is defined as having an annual family income of less than or equal to 200 percent of the federal poverty threshold for the family size.

**Access to exercise opportunities:** The percentage of individuals in a county who live reasonably close to a location for physical activity. Locations for physical activity are defined as parks or recreational facilities. Individuals are considered to have adequate access to exercise opportunities if they:

- reside in a census block that is within a half mile of a park, or
- reside in a census block that is within one mile of a recreational facility in an urban area, or
- reside in a census block that is within three miles of a recreational facility in a rural area.



**Recommendation for aerobic physical activity:** 150+ min/week of at least moderate intensity, or 75+ min/week of vigorous intensity, or an equivalent combination of aerobic physical activity.

### **Health Outcomes in Adults**

**BMI:** Body Mass Index (BMI) is a person's weight in kilograms (or pounds) divided by the square of height in meters (or feet). A high BMI can indicate high body fatness.

**Adult Obesity:** Percentage of the adult population (age 18 and older) that reports a BMI greater than or equal to 30 kg/m<sup>2</sup> (age-adjusted).



## Food Security Fact Sheet: Beaver County

### Food insecurity in Beaver County

Household: 8%

Children (<18 years)<sup>1</sup>: 9.7%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Beaver County
Age			
Persons under 5 years	5.6%	6.9%	6.7%
Persons under 18 years	21.7%	27.6%	28.7%
Persons 65 years and over	17.3%	12.0%	15.4%
White alone	75.5%	90.0%	94.1%
Black or African American alone	13.6%	1.6%	0.5%
American Indian and Alaska Native	1.3%	1.5%	2.2%
Asian alone	6.3%	2.8%	0.8%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.4%
Two or More Races	3.0%	2.9%	2.0%
Hispanic or Latino	19.1%	15.1%	13.5%
White alone, not Hispanic or Latino	58.9%	76.7%	82.8%

Factors that Influence Food Security	United States	State of Utah	Beaver County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	91%
Some college completed	67%	72%	68%
Unemployment	5.4%	2.7%	2.8%
Median household income	\$69,700	\$79,400	\$59,400
Living wage	\$45.00	\$45.69	\$41.67
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.47
Households with severe housing problems	17%	13%	12%
Overall uninsured (<65 years old)	10%	10%	14%
Uninsured adults (19-64 years old)	12%	11%	15%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	13%
Children in single-parent households	25%	14%	10%
Child care cost burden	27%	22%	25%
Uninsured children	5%	7%	12%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.7
Physical inactivity	22%	16%	16%
Limited access to healthy foods	6%	6%	4%
Access to exercise opportunities	84%	84%	80%



Factors that Influence Food Security	United States	State of Utah	Beaver County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	44.6% (2019 data)
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	-
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	-
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	38%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	40%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	11%
Diabetes prevalence <sup>2</sup>	-	8.4%	-
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	-
High Cholesterol <sup>2</sup>	-	25.4%	-
High Blood pressure <sup>2</sup>	-	27.6%	-
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	-
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	-

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Box Elder County

### Food insecurity in Box Elder County

Household: 10%  
Children (<18 years)<sup>1</sup>: 9.7%

### Overall food insecurity

HH food insecurity in State of Utah: 9%  
HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Box Elder County
Age			
Persons under 5 years	5.6%	6.9%	7.4%
Persons under 18 years	21.7%	27.6%	30.5%
Persons 65 years and over	17.3%	12.0%	12.9%
White alone	75.5%	90.0%	94.9%
Black or African American alone	13.6%	1.6%	0.7%
American Indian and Alaska Native	1.3%	1.5%	1.1%
Asian alone	6.3%	2.8%	0.8%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.3%
Two or More Races	3.0%	2.9%	2.2%
Hispanic or Latino	19.1%	15.1%	10.2%
White alone, not Hispanic or Latino	58.9%	76.7%	86.2%

Factors that Influence Food Security	United States	State of Utah	Box Elder County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	94%
Some college completed	67%	72%	63%
Unemployment	5.4%	2.7%	2.4%
Median household income	\$69,700	\$79,400	\$69,500
Living wage	\$45.00	\$45.69	\$42.77
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.54
Households with severe housing problems	17%	13%	10%
Overall uninsured (<65 years old)	10%	10%	10%
Uninsured adults (19-64 years old)	12%	11%	11%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	8%
Children in single-parent households	25%	14%	11%
Child care cost burden	27%	22%	22%
Uninsured children	5%	7%	8%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.3
Physical inactivity	22%	16%	18%
Limited access to healthy foods	6%	6%	5%
Access to exercise opportunities	84%	84%	75%



Factors that Influence Food Security	United States	State of Utah	Box Elder County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	48.3% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	67.5%*
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	91.5%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	9.9%*
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	29%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	36%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	12%
Diabetes prevalence <sup>2</sup>	-	8.4%	9.8%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	11.9% <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	27.2%
High Blood pressure <sup>2</sup>	-	27.6%	32.9%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	71.2%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	37.7%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Cache County

### Food insecurity in Cache County

Household: 10%  
Children (<18 years)<sup>1</sup>: 10.4%

### Overall food insecurity

HH food insecurity in State of Utah: 9%  
HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Cache County
Persons under 5 years	5.6%	6.9%	7.4%
Persons under 18 years	21.7%	27.6%	28.9%
Persons 65 years and over	17.3%	12.0%	10.1%
White alone	75.5%	90.0%	92.7%
Black or African American alone	13.6%	1.6%	1.1%
American Indian and Alaska Native	1.3%	1.5%	1.0%
Asian alone	6.3%	2.8%	2.3%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.6%
Two or More Races	3.0%	2.9%	2.2%
Hispanic or Latino	19.1%	15.1%	11.3%
White alone, not Hispanic or Latino	58.9%	76.7%	82.9%

Factors that Influence Food Security	United States	State of Utah	Cache County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	94%
Some college completed	67%	72%	75%
Unemployment	5.4%	2.7%	2.0%
Median household income	\$69,700	\$79,400	\$69,700
Living wage	\$45.00	\$45.69	\$42.76
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.54
Households with severe housing problems	17%	13%	15%
Overall uninsured (<65 years old)	10%	10%	10%
Uninsured adults (19-64 years old)	12%	11%	12%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	9%
Children in single-parent households	25%	14%	15%
Child care cost burden	27%	22%	22%
Uninsured children	5%	7%	6%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	7.8
Physical inactivity	22%	16%	17%
Limited access to healthy foods	6%	6%	9%
Access to exercise opportunities	84%	84%	81%



Factors that Influence Food Security	United States	State of Utah	Cache County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	38.9% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	54.7%
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	90.0%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	7.4%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	35%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	55%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	13%
Diabetes prevalence <sup>2</sup>	-	8.4%	7.3%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	9.5% <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	25.5%
High Blood pressure <sup>2</sup>	-	27.6%	27.4%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	66.5%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	30.1%

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<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

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## Food Security Fact Sheet: Carbon County

### Food insecurity in Carbon County

Household: 14%

Children (<18 years)<sup>1</sup>: 16.5%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Carbon County
Persons under 5 years	5.6%	6.9%	5.9%
Persons under 18 years	21.7%	27.6%	25.1%
Persons 65 years and over	17.3%	12.0%	19.0%
White alone	75.5%	90.0%	94.5%
Black or African American alone	13.6%	1.6%	0.7%
American Indian and Alaska Native	1.3%	1.5%	1.7%
Asian alone	6.3%	2.8%	0.7%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.3%
Two or More Races	3.0%	2.9%	2.2%
Hispanic or Latino	19.1%	15.1%	13.8%
White alone, not Hispanic or Latino	58.9%	76.7%	82.3%

Factors that Influence Food Security	United States	State of Utah	Carbon County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	91%
Some college completed	67%	72%	67%
Unemployment	5.4%	2.7%	3.9%
Median household income	\$69,700	\$79,400	\$50,500
Living wage	\$45.00	\$45.69	\$41.92
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.34
Households with severe housing problems	17%	13%	17%
Overall uninsured (<65 years old)	10%	10%	9%
Uninsured adults (19-64 years old)	12%	11%	11%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	18%
Children in single-parent households	25%	14%	24%
Child care cost burden	27%	22%	31%
Uninsured children	5%	7%	6%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	7.1
Physical inactivity	22%	16%	22%
Limited access to healthy foods	6%	6%	9%
Access to exercise opportunities	84%	84%	59%



Factors that Influence Food Security	United States	State of Utah	Carbon County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	56.5% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	66.9%*
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	88.4%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	13.6%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	45%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	53%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	15%
Diabetes prevalence <sup>2</sup>	-	8.4%	8.3%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	10.6% <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	32.4%
High Blood pressure <sup>2</sup>	-	27.6%	29.0%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	64.8%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	43.1%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

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## Food Security Fact Sheet: Daggett County

### Food insecurity in Daggett County

Household: 8%  
Children (<18 years)<sup>1</sup>: 8.6%

### Overall food insecurity

HH food insecurity in State of Utah: 9%  
HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Daggett County
Persons under 5 years	5.6%	6.9%	4.6%
Persons under 18 years	21.7%	27.6%	21.2%
Persons 65 years and over	17.3%	12.0%	26.5%
White alone	75.5%	90.0%	95.1%
Black or African American alone	13.6%	1.6%	0.1%
American Indian and Alaska Native	1.3%	1.5%	1.4%
Asian alone	6.3%	2.8%	0.6%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.1%
Two or More Races	3.0%	2.9%	2.8%
Hispanic or Latino	19.1%	15.1%	7.1%
White alone, not Hispanic or Latino	58.9%	76.7%	89.3%

Factors that Influence Food Security	United States	State of Utah	Daggett County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	96%
Some college completed	67%	72%	76%
Unemployment	5.4%	2.7%	3.6%
Median household income	\$69,700	\$79,400	\$57,400
Living wage	\$45.00	\$45.69	\$45.98
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.46
Households with severe housing problems	17%	13%	8%
Overall uninsured (<65 years old)	10%	10%	13%
Uninsured adults (19-64 years old)	12%	11%	13%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	11%
Child care cost burden	27%	22%	37%
Uninsured children	5%	7%	14%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	7.7
Physical inactivity	22%	16%	17%
Limited access to healthy foods	6%	6%	15%
Access to exercise opportunities	84%	84%	98%



Factors that Influence Food Security	United States	State of Utah	Daggett County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	-
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	-
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	-
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	-
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	17%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	29%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	11%
Diabetes prevalence <sup>2</sup>	-	8.4%	-
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	-
High Cholesterol <sup>2</sup>	-	25.4%	-
High Blood pressure <sup>2</sup>	-	27.6%	-
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	-
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	-

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Davis County

### Food insecurity in Davis County

Household: 8%  
Children (<18 years)<sup>1</sup>: 7.9%

### Overall food insecurity

HH food insecurity in State of Utah: 9%  
HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Davis County
Persons under 5 years	5.6%	6.9%	6.9%
Persons under 18 years	21.7%	27.6%	29.9%
Persons 65 years and over	17.3%	12.0%	11.1%
White alone	75.5%	90.0%	91.4%
Black or African American alone	13.6%	1.6%	1.5%
American Indian and Alaska Native	1.3%	1.5%	0.8%
Asian alone	6.3%	2.8%	2.3%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.9%
Two or More Races	3.0%	2.9%	3.0%
Hispanic or Latino	19.1%	15.1%	11.1%
White alone, not Hispanic or Latino	58.9%	76.7%	81.8%

Factors that Influence Food Security	United States	State of Utah	Davis County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	96%
Some college completed	67%	72%	76%
Unemployment	5.4%	2.7%	2.4%
Median household income	\$69,700	\$79,400	\$93,300
Living wage	\$45.00	\$45.69	\$44.78
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.66
Households with severe housing problems	17%	13%	10%
Overall uninsured (<65 years old)	10%	10%	7%
Uninsured adults (19-64 years old)	12%	11%	8%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	6%
Children in single-parent households	25%	14%	13%
Child care cost burden	27%	22%	17%
Uninsured children	5%	7%	5%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.7
Physical inactivity	22%	16%	16%
Limited access to healthy foods	6%	6%	5%
Access to exercise opportunities	84%	84%	92%



Factors that Influence Food Security	United States	State of Utah	Davis County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	41.1% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	54.0%
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	89.4%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	7.3%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	18%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	30%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	10%
Diabetes prevalence <sup>2</sup>	-	8.4%	7.0%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	11.5% <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	27.3%
High Blood pressure <sup>2</sup>	-	27.6%	27.4%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	68.3%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	34.5%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Duchesne County

### Food insecurity in Duchesne County

Household: 14%  
Children (<18 years)<sup>1</sup>: 14.9%

### Overall food insecurity

HH food insecurity in State of Utah: 9%  
HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Duchesne County
Persons under 5 years	5.6%	6.9%	7.7%
Persons under 18 years	21.7%	27.6%	32.0%
Persons 65 years and over	17.3%	12.0%	13.2%
White alone	75.5%	90.0%	90.6%
Black or African American alone	13.6%	1.6%	0.6%
American Indian and Alaska Native	1.3%	1.5%	4.9%
Asian alone	6.3%	2.8%	0.6%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.4%
Two or More Races	3.0%	2.9%	3.0%
Hispanic or Latino	19.1%	15.1%	8.8%
White alone, not Hispanic or Latino	58.9%	76.7%	84.3%

Factors that Influence Food Security	United States	State of Utah	Duchesne County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	90%
Some college completed	67%	72%	48%
Unemployment	5.4%	2.7%	4.9%
Median household income	\$69,700	\$79,400	\$63,300
Living wage	\$45.00	\$45.69	\$41.68
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.46
Households with severe housing problems	17%	13%	14%
Overall uninsured (<65 years old)	10%	10%	14%
Uninsured adults (19-64 years old)	12%	11%	17%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	16%
Children in single-parent households	25%	14%	15%
Child care cost burden	27%	22%	23%
Uninsured children	5%	7%	10%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	7.3
Physical inactivity	22%	16%	19%
Limited access to healthy foods	6%	6%	7%
Access to exercise opportunities	84%	84%	58%



Factors that Influence Food Security	United States	State of Utah	Duchesne County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	47.8% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	64.6%*
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	90.9%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	10.1%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	41%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	48%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	15%
Diabetes prevalence <sup>2</sup>	-	8.4%	12.4%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	11.7% <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	24.6%
High Blood pressure <sup>2</sup>	-	27.6%	29.1%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	63.2%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	28.8%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%





## Food Security Fact Sheet: Emery County

### Food insecurity in Emery County

Household: 12%

Children (<18 years)<sup>1</sup>: 15.5%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Emery County
Persons under 5 years	5.6%	6.9%	6.2%
Persons under 18 years	21.7%	27.6%	27.7%
Persons 65 years and over	17.3%	12.0%	17.8%
White alone	75.5%	90.0%	95.5%
Black or African American alone	13.6%	1.6%	0.5%
American Indian and Alaska Native	1.3%	1.5%	1.3%
Asian alone	6.3%	2.8%	0.6%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.1%
Two or More Races	3.0%	2.9%	2.0%
Hispanic or Latino	19.1%	15.1%	7.1%
White alone, not Hispanic or Latino	58.9%	76.7%	89.5%

Factors that Influence Food Security	United States	State of Utah	Emery County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	94%
Some college completed	67%	72%	64%
Unemployment	5.4%	2.7%	3.9%
Median household income	\$69,700	\$79,400	\$62,300
Living wage	\$45.00	\$45.69	\$42.62
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.34
Households with severe housing problems	17%	13%	9%
Overall uninsured (<65 years old)	10%	10%	10%
Uninsured adults (19-64 years old)	12%	11%	11%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	15%
Children in single-parent households	25%	14%	19%
Child care cost burden	27%	22%	27%
Uninsured children	5%	7%	8%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	7.2
Physical inactivity	22%	16%	18%
Limited access to healthy foods	6%	6%	12%
Access to exercise opportunities	84%	84%	41%



Factors that Influence Food Security	United States	State of Utah	Emery County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	42.3% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	-
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	-
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	-
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	51%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	50%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	13%
Diabetes prevalence <sup>2</sup>	-	8.4%	9.4%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	-
High Cholesterol <sup>2</sup>	-	25.4%	33.0%
High Blood pressure <sup>2</sup>	-	27.6%	27.5%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	90.3%*
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	52.3%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Garfield County

### Food insecurity in Garfield County

Household: 17%

Children (<18 years)<sup>1</sup>: 19.7%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Garfield County
Persons under 5 years	5.6%	6.9%	5.5%
Persons under 18 years	21.7%	27.6%	22.1%
Persons 65 years and over	17.3%	12.0%	24.0%
White alone	75.5%	90.0%	90.2%
Black or African American alone	13.6%	1.6%	0.7%
American Indian and Alaska Native	1.3%	1.5%	3.0%
Asian alone	6.3%	2.8%	1.3%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.4%
Two or More Races	3.0%	2.9%	4.4%
Hispanic or Latino	19.1%	15.1%	7.6%
White alone, not Hispanic or Latino	58.9%	76.7%	85.3%

Factors that Influence Food Security	United States	State of Utah	Garfield County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	95%
Some college completed	67%	72%	59%
Unemployment	5.4%	2.7%	6.5%
Median household income	\$69,700	\$79,400	\$56,900
Living wage	\$45.00	\$45.69	\$40.90
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.47
Households with severe housing problems	17%	13%	13%
Overall uninsured (<65 years old)	10%	10%	15%
Uninsured adults (19-64 years old)	12%	11%	15%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	15%
Children in single-parent households	25%	14%	14%
Child care cost burden	27%	22%	24%
Uninsured children	5%	7%	12%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	5.3
Physical inactivity	22%	16%	19%
Limited access to healthy foods	6%	6%	22%
Access to exercise opportunities	84%	84%	23%



Factors that Influence Food Security	United States	State of Utah	Garfield County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	37.9% <i>(2019 data)</i>
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	-
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	-
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	38%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	49%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	13%
Diabetes prevalence <sup>2</sup>	-	8.4%	-
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	-
High Cholesterol <sup>2</sup>	-	25.4%	27.3%*
High Blood pressure <sup>2</sup>	-	27.6%	-
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	52.0%*
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	35.1%*

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Grand County

### Food insecurity in Grand County

Household: 15%

Children (<18 years)<sup>1</sup>: 15.1%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Grand County
Persons under 5 years	5.6%	6.9%	5.0%
Persons under 18 years	21.7%	27.6%	20.1%
Persons 65 years and over	17.3%	12.0%	20.6%
White alone	75.5%	90.0%	88.6%
Black or African American alone	13.6%	1.6%	1.1%
American Indian and Alaska Native	1.3%	1.5%	5.0%
Asian alone	6.3%	2.8%	2.3%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.3%
Two or More Races	3.0%	2.9%	2.7%
Hispanic or Latino	19.1%	15.1%	11.2%
White alone, not Hispanic or Latino	58.9%	76.7%	79.9%

Factors that Influence Food Security	United States	State of Utah	Grand County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	94%
Some college completed	67%	72%	64%
Unemployment	5.4%	2.7%	4.4%
Median household income	\$69,700	\$79,400	\$52,600
Living wage	\$45.00	\$45.69	\$43.10
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.83
Households with severe housing problems	17%	13%	15%
Overall uninsured (<65 years old)	10%	10%	15%
Uninsured adults (19-64 years old)	12%	11%	16%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	17%
Children in single-parent households	25%	14%	30%
Child care cost burden	27%	22%	31%
Uninsured children	5%	7%	11%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	7.5
Physical inactivity	22%	16%	18%
Limited access to healthy foods	6%	6%	2%
Access to exercise opportunities	84%	84%	95%



Factors that Influence Food Security	United States	State of Utah	Grand County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	41.6% (2019 data)
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	-
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	-
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	24.2%*
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	43%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	49%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	12%
Diabetes prevalence <sup>2</sup>	-	8.4%	-
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	11.2%* (2020 data)
High Cholesterol <sup>2</sup>	-	25.4%	23.7%*
High Blood pressure <sup>2</sup>	-	27.6%	26.0%*
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	55.2%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	22.3%*

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Iron County

### Food insecurity in Iron County

Household: 13%

Children (<18 years)<sup>1</sup>: 13.1%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Iron County
Persons under 5 years	5.6%	6.9%	6.6%
Persons under 18 years	21.7%	27.6%	27.0%
Persons 65 years and over	17.3%	12.0%	13.8%
White alone	75.5%	90.0%	92.8%
Black or African American alone	13.6%	1.6%	0.8%
American Indian and Alaska Native	1.3%	1.5%	2.5%
Asian alone	6.3%	2.8%	1.1%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.4%
Two or More Races	3.0%	2.9%	2.4%
Hispanic or Latino	19.1%	15.1%	10.4%
White alone, not Hispanic or Latino	58.9%	76.7%	84.1%

Factors that Influence Food Security	United States	State of Utah	Iron County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	93%
Some college completed	67%	72%	69%
Unemployment	5.4%	2.7%	2.8%
Median household income	\$69,700	\$79,400	\$61,400
Living wage	\$45.00	\$45.69	\$43.56
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.47
Households with severe housing problems	17%	13%	14%
Overall uninsured (<65 years old)	10%	10%	13%
Uninsured adults (19-64 years old)	12%	11%	15%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	15%
Children in single-parent households	25%	14%	18%
Child care cost burden	27%	22%	26%
Uninsured children	5%	7%	8%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	6.5
Physical inactivity	22%	16%	18%
Limited access to healthy foods	6%	6%	18%
Access to exercise opportunities	84%	84%	55%



Factors that Influence Food Security	United States	State of Utah	Iron County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	40.1% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	69.5%*
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	87.0%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	17.7%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	37%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	60%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	14%
Diabetes prevalence <sup>2</sup>	-	8.4%	9.2%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	6.1%* <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	23.1%
High Blood pressure <sup>2</sup>	-	27.6%	34.2%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	67.3%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	39.5%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%





## Food Security Fact Sheet: Juab County

### Food insecurity in Juab County

Household: 11%

Children (<18 years)<sup>1</sup>: 11.7%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Juab County
Persons under 5 years	5.6%	6.9%	8.4%
Persons under 18 years	21.7%	27.6%	33.2%
Persons 65 years and over	17.3%	12.0%	12.0%
White alone	75.5%	90.0%	95.3%
Black or African American alone	13.6%	1.6%	0.6%
American Indian and Alaska Native	1.3%	1.5%	1.3%
Asian alone	6.3%	2.8%	0.5%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.3%
Two or More Races	3.0%	2.9%	2.0%
Hispanic or Latino	19.1%	15.1%	5.8%
White alone, not Hispanic or Latino	58.9%	76.7%	90.6%

Factors that Influence Food Security	United States	State of Utah	Juab County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	93%
Some college completed	67%	72%	55%
Unemployment	5.4%	2.7%	2.0%
Median household income	\$69,700	\$79,400	\$77,000
Living wage	\$45.00	\$45.69	\$43.93
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.61
Households with severe housing problems	17%	13%	9%
Overall uninsured (<65 years old)	10%	10%	12%
Uninsured adults (19-64 years old)	12%	11%	13%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	11%
Children in single-parent households	25%	14%	12%
Child care cost burden	27%	22%	20%
Uninsured children	5%	7%	10%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	7.3
Physical inactivity	22%	16%	18%
Limited access to healthy foods	6%	6%	13%
Access to exercise opportunities	84%	84%	59%



Factors that Influence Food Security	United States	State of Utah	Juab County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	45.9% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	-
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	-
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	-
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	22%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	42%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	13%
Diabetes prevalence <sup>2</sup>	-	8.4%	-
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	-
High Cholesterol <sup>2</sup>	-	25.4%	20.1%
High Blood pressure <sup>2</sup>	-	27.6%	31.3%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	77.7%*
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	40.8%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Kane County

### Food insecurity in Kane County

Household: 14%

Children (<18 years)<sup>1</sup>: 12.5%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Kane County
Persons under 5 years	5.6%	6.9%	5.7%
Persons under 18 years	21.7%	27.6%	23.2%
Persons 65 years and over	17.3%	12.0%	23.6%
White alone	75.5%	90.0%	93.9%
Black or African American alone	13.6%	1.6%	1.0%
American Indian and Alaska Native	1.3%	1.5%	1.8%
Asian alone	6.3%	2.8%	0.9%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.1%
Two or More Races	3.0%	2.9%	2.4%
Hispanic or Latino	19.1%	15.1%	5.6%
White alone, not Hispanic or Latino	58.9%	76.7%	89.1%

Factors that Influence Food Security	United States	State of Utah	Kane County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	93%
Some college completed	67%	72%	69%
Unemployment	5.4%	2.7%	2.9%
Median household income	\$69,700	\$79,400	\$62,300
Living wage	\$45.00	\$45.69	\$41.83
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.47
Households with severe housing problems	17%	13%	11%
Overall uninsured (<65 years old)	10%	10%	11%
Uninsured adults (19-64 years old)	12%	11%	12%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	13%
Children in single-parent households	25%	14%	22%
Child care cost burden	27%	22%	21%
Uninsured children	5%	7%	9%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	6.5
Physical inactivity	22%	16%	18%
Limited access to healthy foods	6%	6%	14%
Access to exercise opportunities	84%	84%	71%



Factors that Influence Food Security	United States	State of Utah	Kane County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	30.3% (2019 data)
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	-
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	-
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	-
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	33%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	46%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	12%
Diabetes prevalence <sup>2</sup>	-	8.4%	-
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	-
High Cholesterol <sup>2</sup>	-	25.4%	23.3%
High Blood pressure <sup>2</sup>	-	27.6%	11.3%*
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	52.8%*
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	-

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Millard County

### Food insecurity in Millard County

Household: 11%

Children (<18 years)<sup>1</sup>: 13.7%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Millard County
Persons under 5 years	5.6%	6.9%	7.3%
Persons under 18 years	21.7%	27.6%	30.9%
Persons 65 years and over	17.3%	12.0%	17.6%
White alone	75.5%	90.0%	93.2%
Black or African American alone	13.6%	1.6%	0.7%
American Indian and Alaska Native	1.3%	1.5%	2.2%
Asian alone	6.3%	2.8%	1.7%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.2%
Two or More Races	3.0%	2.9%	2.0%
Hispanic or Latino	19.1%	15.1%	12.8%
White alone, not Hispanic or Latino	58.9%	76.7%	82.6%

Factors that Influence Food Security	United States	State of Utah	Millard County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	90%
Some college completed	67%	72%	51%
Unemployment	5.4%	2.7%	2.4%
Median household income	\$69,700	\$79,400	\$68,100
Living wage	\$45.00	\$45.69	\$42.20
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.36
Households with severe housing problems	17%	13%	8%
Overall uninsured (<65 years old)	10%	10%	14%
Uninsured adults (19-64 years old)	12%	11%	16%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	14%
Children in single-parent households	25%	14%	12%
Child care cost burden	27%	22%	24%
Uninsured children	5%	7%	11%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.0
Physical inactivity	22%	16%	20%
Limited access to healthy foods	6%	6%	5%
Access to exercise opportunities	84%	84%	59%



Factors that Influence Food Security	United States	State of Utah	Millard County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	43.8% (2019 data)
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	66.5%*
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	89.9%*
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	11.3%*
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	47%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	47%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	14%
Diabetes prevalence <sup>2</sup>	-	8.4%	8.1%*
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	4.4%* (2020 data)
High Cholesterol <sup>2</sup>	-	25.4%	19.0%
High Blood pressure <sup>2</sup>	-	27.6%	24.1%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	67.6%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	28.9%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Morgan County

### Food insecurity in Morgan County

Household: 6%

Children (<18 years)<sup>1</sup>: 4.8%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Morgan County
Persons under 5 years	5.6%	6.9%	6.0%
Persons under 18 years	21.7%	27.6%	33.3%
Persons 65 years and over	17.3%	12.0%	12.4%
White alone	75.5%	90.0%	97.1%
Black or African American alone	13.6%	1.6%	0.4%
American Indian and Alaska Native	1.3%	1.5%	0.4%
Asian alone	6.3%	2.8%	0.6%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.2%
Two or More Races	3.0%	2.9%	1.3%
Hispanic or Latino	19.1%	15.1%	3.0%
White alone, not Hispanic or Latino	58.9%	76.7%	94.5%

Factors that Influence Food Security	United States	State of Utah	Morgan County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	98%
Some college completed	67%	72%	86%
Unemployment	5.4%	2.7%	2.1%
Median household income	\$69,700	\$79,400	\$111,500
Living wage	\$45.00	\$45.69	\$46.52
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.66
Households with severe housing problems	17%	13%	8%
Overall uninsured (<65 years old)	10%	10%	7%
Uninsured adults (19-64 years old)	12%	11%	7%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	5%
Children in single-parent households	25%	14%	5%
Child care cost burden	27%	22%	17%
Uninsured children	5%	7%	6%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	9.7
Physical inactivity	22%	16%	14%
Limited access to healthy foods	6%	6%	0%
Access to exercise opportunities	84%	84%	94%



Factors that Influence Food Security	United States	State of Utah	Morgan County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	34.5%* (2019 data)
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	-
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	-
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	-
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	10%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	16%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	9%
Diabetes prevalence <sup>2</sup>	-	8.4%	-
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	14.8%* (2020 data)
High Cholesterol <sup>2</sup>	-	25.4%	42.8%
High Blood pressure <sup>2</sup>	-	27.6%	21.9%*
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	63.7%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	49.1%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%





## Food Security Fact Sheet: Piute County

### Food insecurity in Piute County

Household: 17%

Children (<18 years)<sup>1</sup>: 18.5%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Piute County
Persons under 5 years	5.6%	6.9%	5.9%
Persons under 18 years	21.7%	27.6%	20.4%
Persons 65 years and over	17.3%	12.0%	29.3%
White alone	75.5%	90.0%	96.1%
Black or African American alone	13.6%	1.6%	0.3%
American Indian and Alaska Native	1.3%	1.5%	1.0%
Asian alone	6.3%	2.8%	0.5%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.2%
Two or More Races	3.0%	2.9%	1.9%
Hispanic or Latino	19.1%	15.1%	8.0%
White alone, not Hispanic or Latino	58.9%	76.7%	89.4%

Factors that Influence Food Security	United States	State of Utah	Piute County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	89%
Some college completed	67%	72%	44%
Unemployment	5.4%	2.7%	4.4%
Median household income	\$69,700	\$79,400	\$50,800
Living wage	\$45.00	\$45.69	\$38.83
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.36
Households with severe housing problems	17%	13%	8%
Overall uninsured (<65 years old)	10%	10%	11%
Uninsured adults (19-64 years old)	12%	11%	13%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	25%
Children in single-parent households	25%	14%	4%
Child care cost burden	27%	22%	21%
Uninsured children	5%	7%	8%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	2.5%
Physical inactivity	22%	16%	21%
Limited access to healthy foods	6%	6%	48%
Access to exercise opportunities	84%	84%	12%



Factors that Influence Food Security	United States	State of Utah	Piute County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	82.1%* <i>(2019 data)</i>
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	-
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	59%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	68%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	16%
Diabetes prevalence <sup>2</sup>	-	8.4%	-
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	-
High Cholesterol <sup>2</sup>	-	25.4%	-
High Blood pressure <sup>2</sup>	-	27.6%	-
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	-
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	-

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Rich County

### Food insecurity in Rich County

Household: 12%

Children (<18 years)<sup>1</sup>: 12.3%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Rich County
Persons under 5 years	5.6%	6.9%	5.3%
Persons under 18 years	21.7%	27.6%	27.4%
Persons 65 years and over	17.3%	12.0%	20.5%
White alone	75.5%	90.0%	95.1%
Black or African American alone	13.6%	1.6%	0.6%
American Indian and Alaska Native	1.3%	1.5%	0.9%
Asian alone	6.3%	2.8%	0.4%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.2%
Two or More Races	3.0%	2.9%	2.9%
Hispanic or Latino	19.1%	15.1%	6.6%
White alone, not Hispanic or Latino	58.9%	76.7%	90.0%

Factors that Influence Food Security	United States	State of Utah	Rich County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	97%
Some college completed	67%	72%	77%
Unemployment	5.4%	2.7%	2.3%
Median household income	\$69,700	\$79,400	\$70,800
Living wage	\$45.00	\$45.69	\$40.77
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.54
Households with severe housing problems	17%	13%	5%
Overall uninsured (<65 years old)	10%	10%	14%
Uninsured adults (19-64 years old)	12%	11%	14%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	11%
Children in single-parent households	25%	14%	8%
Child care cost burden	27%	22%	19%
Uninsured children	5%	7%	14%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	5.0
Physical inactivity	22%	16%	17%
Limited access to healthy foods	6%	6%	35%
Access to exercise opportunities	84%	84%	45%



Factors that Influence Food Security	United States	State of Utah	Rich County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	69.0%* (2019 data)
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	-
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	-
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	-
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	31%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	44%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	12%
Diabetes prevalence <sup>2</sup>	-	8.4%	-
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	-
High Cholesterol <sup>2</sup>	-	25.4%	-
High Blood pressure <sup>2</sup>	-	27.6%	-
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	-
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	39.7%*

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Salt Lake County

### Food insecurity in Salt Lake County

Household (HH): 10%  
Children (<18 years)<sup>1</sup>: 9.6%

### Overall food insecurity

HH food insecurity in State of Utah: 9%  
HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Salt Lake County
Age			
Persons under 5 years	5.6%	6.9%	6.3%
Persons under 18 years	21.7%	27.6%	25.0%
Persons 65 years and over	17.3%	12.0%	12.1%
Race			
White alone	75.5%	90.0%	86.4%
Black or African American alone	13.6%	1.6%	2.4%
American Indian and Alaska Native	1.3%	1.5%	1.4%
Asian alone	6.3%	2.8%	4.8%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	1.9%
Two or More Races	3.0%	2.9%	3.1%
Hispanic or Latino	19.1%	15.1%	19.7%
White alone, not Hispanic or Latino	58.9%	76.7%	68.9%

Factors that Influence Food Security	United States	State of Utah	Salt Lake County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	92%
Some college completed	67%	72%	71%
Unemployment	5.4%	2.7%	2.8%
Median household income	\$69,700	\$79,400	\$80,700
Living wage	\$45.00	\$45.69	\$47.24
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.72
Households with severe housing problems	17%	13%	14%
Overall uninsured (<65 years old)	10%	10%	10%
Uninsured adults (19-64 years old)	12%	11%	11%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	9%
Children in single-parent households	25%	14%	17%
Child care cost burden	27%	22%	27%
Uninsured children	5%	7%	7%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.6
Physical inactivity	22%	16%	18%
Limited access to healthy foods	6%	6%	3%
Access to exercise opportunities	84%	84%	92%



Factors that Influence Food Security	United States	State of Utah	Salt Lake County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	46.9% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	69.1%
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	85.9%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	11.7%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	35%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	37%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	11%
Diabetes prevalence <sup>2</sup>	-	8.4%	9.0%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	12.8% <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	25.2%
High Blood pressure <sup>2</sup>	-	27.6%	28.2%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	64.4%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	30.8%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: San Juan County

### Food insecurity in San Juan County

Household: 19%

Children (<18 years)<sup>1</sup>: 20.0%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	San Juan County
Persons under 5 years	5.6%	6.9%	6.1%
Persons under 18 years	21.7%	27.6%	28.1%
Persons 65 years and over	17.3%	12.0%	15.2%
White alone	75.5%	90.0%	49.4%
Black or African American alone	13.6%	1.6%	0.4%
American Indian and Alaska Native	1.3%	1.5%	47.1%
Asian alone	6.3%	2.8%	0.6%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.1%
Two or More Races	3.0%	2.9%	2.5%
Hispanic or Latino	19.1%	15.1%	6.7%
White alone, not Hispanic or Latino	58.9%	76.7%	45.4%

Factors that Influence Food Security	United States	State of Utah	San Juan County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	87%
Some college completed	67%	72%	62%
Unemployment	5.4%	2.7%	6.3%
Median household income	\$69,700	\$79,400	\$48,100
Living wage	\$45.00	\$45.69	\$43.12
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.81
Households with severe housing problems	17%	13%	21%
Overall uninsured (<65 years old)	10%	10%	16%
Uninsured adults (19-64 years old)	12%	11%	19%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	30%
Children in single-parent households	25%	14%	22%
Child care cost burden	27%	22%	36%
Uninsured children	5%	7%	10%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	3.9
Physical inactivity	22%	16%	22%
Limited access to healthy foods	6%	6%	30%
Access to exercise opportunities	84%	84%	20%



Factors that Influence Food Security	United States	State of Utah	San Juan County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	34.8% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	77.6%*
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	90.4%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	11.6%*
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	100%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	60%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	19%
Diabetes prevalence <sup>2</sup>	-	8.4%	19.2%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	19.2% <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	17.7%
High Blood pressure <sup>2</sup>	-	27.6%	27.4%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	67.4%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	31.9%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%





## Food Security Fact Sheet: Sanpete County

### Food insecurity in Sanpete County

Household: 11%

Children (<18 years)<sup>1</sup>: 11.7%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Sanpete County
Persons under 5 years	5.6%	6.9%	6.0%
Persons under 18 years	21.7%	27.6%	23.5%
Persons 65 years and over	17.3%	12.0%	14.8%
White alone	75.5%	90.0%	93.4%
Black or African American alone	13.6%	1.6%	1.3%
American Indian and Alaska Native	1.3%	1.5%	1.7%
Asian alone	6.3%	2.8%	0.9%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.7%
Two or More Races	3.0%	2.9%	2.0%
Hispanic or Latino	19.1%	15.1%	9.4%
White alone, not Hispanic or Latino	58.9%	76.7%	85.8%

Factors that Influence Food Security	United States	State of Utah	Sanpete County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	91%
Some college completed	67%	72%	58%
Unemployment	5.4%	2.7%	2.8%
Median household income	\$69,700	\$79,400	\$62,100
Living wage	\$45.00	\$45.69	\$42.56
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.38
Households with severe housing problems	17%	13%	14%
Overall uninsured (<65 years old)	10%	10%	13%
Uninsured adults (19-64 years old)	12%	11%	16%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	12%
Children in single-parent households	25%	14%	10%
Child care cost burden	27%	22%	26%
Uninsured children	5%	7%	8%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	7.7
Physical inactivity	22%	16%	19%
Limited access to healthy foods	6%	6%	8%
Access to exercise opportunities	84%	84%	46%



Factors that Influence Food Security	United States	State of Utah	Sanpete County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	45.4% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	65.7%*
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	85.1%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	9.2%*
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	46%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	52%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	14%
Diabetes prevalence <sup>2</sup>	-	8.4%	5.4%*
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	8.3% <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	18.6%
High Blood pressure <sup>2</sup>	-	27.6%	25.5%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	66.9%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	34.8%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Sevier County

### Food insecurity in Sevier County

Household: 12%

Children (<18 years)<sup>1</sup>: 13.6%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Sevier County
Persons under 5 years	5.6%	6.9%	6.4%
Persons under 18 years	21.7%	27.6%	27.9%
Persons 65 years and over	17.3%	12.0%	17.1%
White alone	75.5%	90.0%	95.5%
Black or African American alone	13.6%	1.6%	0.6%
American Indian and Alaska Native	1.3%	1.5%	1.6%
Asian alone	6.3%	2.8%	0.4%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.3%
Two or More Races	3.0%	2.9%	1.6%
Hispanic or Latino	19.1%	15.1%	5.8%
White alone, not Hispanic or Latino	58.9%	76.7%	90.7%

Factors that Influence Food Security	United States	State of Utah	Sevier County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	92%
Some college completed	67%	72%	61%
Unemployment	5.4%	2.7%	3.3%
Median household income	\$69,700	\$79,400	\$68,300
Living wage	\$45.00	\$45.69	\$42.14
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.36
Households with severe housing problems	17%	13%	9%
Overall uninsured (<65 years old)	10%	10%	11%
Uninsured adults (19-64 years old)	12%	11%	13%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	12%
Children in single-parent households	25%	14%	12%
Child care cost burden	27%	22%	23%
Uninsured children	5%	7%	8%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.2
Physical inactivity	22%	16%	18%
Limited access to healthy foods	6%	6%	1%
Access to exercise opportunities	84%	84%	53%



Factors that Influence Food Security	United States	State of Utah	Sevier County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	41.3% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	-
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	92.8%*
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	9.3%*
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	46%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	45%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	13%
Diabetes prevalence <sup>2</sup>	-	8.4%	10.5%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	13.8% <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	31.3%
High Blood pressure <sup>2</sup>	-	27.6%	31.8%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	72.2%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	41.6%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Summit County

### Food insecurity in Summit County

Household: 8%

Children (<18 years)<sup>1</sup>: 5.2%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Summit County
Persons under 5 years	5.6%	6.9%	4.8%
Persons under 18 years	21.7%	27.6%	22.5%
Persons 65 years and over	17.3%	12.0%	15.6%
White alone	75.5%	90.0%	94.2%
Black or African American alone	13.6%	1.6%	1.0%
American Indian and Alaska Native	1.3%	1.5%	0.6%
Asian alone	6.3%	2.8%	2.2%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.2%
Two or More Races	3.0%	2.9%	1.9%
Hispanic or Latino	19.1%	15.1%	10.9%
White alone, not Hispanic or Latino	58.9%	76.7%	84.4%

Factors that Influence Food Security	United States	State of Utah	Summit County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	95%
Some college completed	67%	72%	74%
Unemployment	5.4%	2.7%	2.9%
Median household income	\$69,700	\$79,400	\$124,400
Living wage	\$45.00	\$45.69	\$50.04
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$5.11
Households with severe housing problems	17%	13%	14%
Overall uninsured (<65 years old)	10%	10%	9%
Uninsured adults (19-64 years old)	12%	11%	9%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	6%
Children in single-parent households	25%	14%	18%
Child care cost burden	27%	22%	16%
Uninsured children	5%	7%	7%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.6
Physical inactivity	22%	16%	13%
Limited access to healthy foods	6%	6%	6%
Access to exercise opportunities	84%	84%	95%



Factors that Influence Food Security	United States	State of Utah	Summit County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	31.0% (2019 data)
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	57.4%
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	84.4%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	9.2%*
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	18%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	25%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	8%
Diabetes prevalence <sup>2</sup>	-	8.4%	5.9%
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	8.8% (2020 data)
High Cholesterol <sup>2</sup>	-	25.4%	22.6%
High Blood pressure <sup>2</sup>	-	27.6%	19.7%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	51.9%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	41.6%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Tooele County

### Food insecurity in Tooele County

Household: 9%  
Children (<18 years)<sup>1</sup>: 8.3%

### Overall food insecurity

HH food insecurity in State of Utah: 9%  
HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Tooele County
Persons under 5 years	5.6%	6.9%	7.3%
Persons under 18 years	21.7%	27.6%	30.9%
Persons 65 years and over	17.3%	12.0%	9.4%
White alone	75.5%	90.0%	92.8%
Black or African American alone	13.6%	1.6%	1.1%
American Indian and Alaska Native	1.3%	1.5%	1.4%
Asian alone	6.3%	2.8%	0.9%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	1.1%
Two or More Races	3.0%	2.9%	2.7%
Hispanic or Latino	19.1%	15.1%	15.0%
White alone, not Hispanic or Latino	58.9%	76.7%	79.4%

Factors that Influence Food Security	United States	State of Utah	Tooele County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	92%
Some college completed	67%	72%	62%
Unemployment	5.4%	2.7%	2.9%
Median household income	\$69,700	\$79,400	\$90,600
Living wage	\$45.00	\$45.69	\$44.59
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.35
Households with severe housing problems	17%	13%	10%
Overall uninsured (<65 years old)	10%	10%	12%
Uninsured adults (19-64 years old)	12%	11%	13%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	6%
Children in single-parent households	25%	14%	13%
Child care cost burden	27%	22%	18%
Uninsured children	5%	7%	10%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.4
Physical inactivity	22%	16%	18%
Limited access to healthy foods	6%	6%	7%
Access to exercise opportunities	84%	84%	81%



Factors that Influence Food Security	United States	State of Utah	Tooele County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	45.1% (2019 data)
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	67.5%
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	84.7%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	7.8%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	25%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	31%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	13%
Diabetes prevalence <sup>2</sup>	-	8.4%	10.6%
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	11.0% (2020 data)
High Cholesterol <sup>2</sup>	-	25.4%	22.1%
High Blood pressure <sup>2</sup>	-	27.6%	29.6%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	67.8%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	38.7%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%





## Food Security Fact Sheet: Uintah County

### Food insecurity in Uintah County

Household: 14%

Children (<18 years)<sup>1</sup>: 14.1%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Uintah County
Persons under 5 years	5.6%	6.9%	7.4%
Persons under 18 years	21.7%	27.6%	30.9%
Persons 65 years and over	17.3%	12.0%	12.4%
White alone	75.5%	90.0%	88.2%
Black or African American alone	13.6%	1.6%	0.7%
American Indian and Alaska Native	1.3%	1.5%	7.5%
Asian alone	6.3%	2.8%	0.7%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.4%
Two or More Races	3.0%	2.9%	2.5%
Hispanic or Latino	19.1%	15.1%	9.0%
White alone, not Hispanic or Latino	58.9%	76.7%	81.3%

Factors that Influence Food Security	United States	State of Utah	Uintah County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	88%
Some college completed	67%	72%	55%
Unemployment	5.4%	2.7%	5.6%
Median household income	\$69,700	\$79,400	\$64,100
Living wage	\$45.00	\$45.69	\$41.47
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.46
Households with severe housing problems	17%	13%	12%
Overall uninsured (<65 years old)	10%	10%	17%
Uninsured adults (19-64 years old)	12%	11%	19%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	15%
Children in single-parent households	25%	14%	12%
Child care cost burden	27%	22%	21%
Uninsured children	5%	7%	12%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	7.1
Physical inactivity	22%	16%	22%
Limited access to healthy foods	6%	6%	8%
Access to exercise opportunities	84%	84%	68%



Factors that Influence Food Security	United States	State of Utah	Uintah County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	46.0% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	63.2%
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	84.8%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	14.1%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	40%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	48%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	15%
Diabetes prevalence <sup>2</sup>	-	8.4%	8.0%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	11.7%* <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	16.1%
High Blood pressure <sup>2</sup>	-	27.6%	30.4%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	69.1%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	41.4%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Utah County

### Food insecurity in Utah County

Household: 9%

Children (<18 years)<sup>1</sup>: 8.1%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Utah County
Persons under 5 years	5.6%	6.9%	8.4%
Persons under 18 years	21.7%	27.6%	31.3%
Persons 65 years and over	17.3%	12.0%	8.0%
White alone	75.5%	90.0%	92.0%
Black or African American alone	13.6%	1.6%	0.9%
American Indian and Alaska Native	1.3%	1.5%	0.9%
Asian alone	6.3%	2.8%	2.0%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	1.0%
Two or More Races	3.0%	2.9%	3.2%
Hispanic or Latino	19.1%	15.1%	13.1%
White alone, not Hispanic or Latino	58.9%	76.7%	80.2%

Factors that Influence Food Security	United States	State of Utah	Utah County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	95%
Some college completed	67%	72%	80%
Unemployment	5.4%	2.7%	2.3%
Median household income	\$69,700	\$79,400	\$86,600
Living wage	\$45.00	\$45.69	\$46.03
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.61
Households with severe housing problems	17%	13%	15%
Overall uninsured (<65 years old)	10%	10%	8%
Uninsured adults (19-64 years old)	12%	11%	10%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	6%
Children in single-parent households	25%	14%	10%
Child care cost burden	27%	22%	21%
Uninsured children	5%	7%	6%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.1
Physical inactivity	22%	16%	15%
Limited access to healthy foods	6%	6%	8%
Access to exercise opportunities	84%	84%	80%



Factors that Influence Food Security	United States	State of Utah	Utah County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	43.6% (2019 data)
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	70.8%
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	84.8%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	7.5%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	21%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	41%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	11%
Diabetes prevalence <sup>2</sup>	-	8.4%	9.4%
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	10.0% (2020 data)
High Cholesterol <sup>2</sup>	-	25.4%	25.6%
High Blood pressure <sup>2</sup>	-	27.6%	25.1%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	65.7%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	29.9%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Wasatch County

### Food insecurity in Wasatch County

Household: 9%  
Children (<18 years)<sup>1</sup>: 7.6%

### Overall food insecurity

HH food insecurity in State of Utah: 9%  
HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Wasatch County
Persons under 5 years	5.6%	6.9%	5.9%
Persons under 18 years	21.7%	27.6%	28.4%
Persons 65 years and over	17.3%	12.0%	14.0%
White alone	75.5%	90.0%	95.2%
Black or African American alone	13.6%	1.6%	0.8%
American Indian and Alaska Native	1.3%	1.5%	0.7%
Asian alone	6.3%	2.8%	1.3%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.3%
Two or More Races	3.0%	2.9%	1.7%
Hispanic or Latino	19.1%	15.1%	13.8%
White alone, not Hispanic or Latino	58.9%	76.7%	82.8%

Factors that Influence Food Security	United States	State of Utah	Wasatch County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	96%
Some college completed	67%	72%	75%
Unemployment	5.4%	2.7%	2.9%
Median household income	\$69,700	\$79,400	\$102,200
Living wage	\$45.00	\$45.69	\$47.35
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.87
Households with severe housing problems	17%	13%	14%
Overall uninsured (<65 years old)	10%	10%	10%
Uninsured adults (19-64 years old)	12%	11%	11%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	6%
Children in single-parent households	25%	14%	12%
Child care cost burden	27%	22%	18%
Uninsured children	5%	7%	9%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.3
Physical inactivity	22%	16%	14%
Limited access to healthy foods	6%	6%	7%
Access to exercise opportunities	84%	84%	75%



Factors that Influence Food Security	United States	State of Utah	Wasatch County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	36.3% (2019 data)
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	52.4%
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	88.8%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	9.8%*
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	22%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	32%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	9%
Diabetes prevalence <sup>2</sup>	-	8.4%	4.9%
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	11.1%* (2020 data)
High Cholesterol <sup>2</sup>	-	25.4%	26.1%
High Blood pressure <sup>2</sup>	-	27.6%	24.0%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	60.0%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	23.6%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Washington County

### Food insecurity in Washington County

Household: 11%

Children (<18 years)<sup>1</sup>: 11.9%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Washington County
Persons under 5 years	5.6%	6.9%	5.8%
Persons under 18 years	21.7%	27.6%	24.0%
Persons 65 years and over	17.3%	12.0%	22.4%
White alone	75.5%	90.0%	92.8%
Black or African American alone	13.6%	1.6%	0.9%
American Indian and Alaska Native	1.3%	1.5%	1.7%
Asian alone	6.3%	2.8%	1.2%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.9%
Two or More Races	3.0%	2.9%	2.5%
Hispanic or Latino	19.1%	15.1%	11.6%
White alone, not Hispanic or Latino	58.9%	76.7%	82.8%

Factors that Influence Food Security	United States	State of Utah	Washington County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	94%
Some college completed	67%	72%	71%
Unemployment	5.4%	2.7%	2.9%
Median household income	\$69,700	\$79,400	\$63,600
Living wage	\$45.00	\$45.69	\$44.84
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.65
Households with severe housing problems	17%	13%	17%
Overall uninsured (<65 years old)	10%	10%	13%
Uninsured adults (19-64 years old)	12%	11%	14%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	10%
Children in single-parent households	25%	14%	12%
Child care cost burden	27%	22%	25%
Uninsured children	5%	7%	10%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	7.5
Physical inactivity	22%	16%	16%
Limited access to healthy foods	6%	6%	11%
Access to exercise opportunities	84%	84%	77%



Factors that Influence Food Security	United States	State of Utah	Washington County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	44.2% <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	66.7%
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	88.3%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	12.2%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	30%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	42%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	12%
Diabetes prevalence <sup>2</sup>	-	8.4%	5.3%
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	7.2% <i>(2020 data)</i>
High Cholesterol <sup>2</sup>	-	25.4%	26.7%
High Blood pressure <sup>2</sup>	-	27.6%	28.3%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	67.5%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	33.0%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%





## Food Security Fact Sheet: Wayne County

### Food insecurity in Wayne County

Household: 13%

Children (<18 years)<sup>1</sup>: 15.0%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Wayne County
Persons under 5 years	5.6%	6.9%	6.4%
Persons under 18 years	21.7%	27.6%	22.9%
Persons 65 years and over	17.3%	12.0%	23.1%
White alone	75.5%	90.0%	94.5%
Black or African American alone	13.6%	1.6%	0.7%
American Indian and Alaska Native	1.3%	1.5%	1.1%
Asian alone	6.3%	2.8%	1.1%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.2%
Two or More Races	3.0%	2.9%	2.5%
Hispanic or Latino	19.1%	15.1%	7.0%
White alone, not Hispanic or Latino	58.9%	76.7%	88.5%

Factors that Influence Food Security	United States	State of Utah	Wayne County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	92%
Some college completed	67%	72%	57%
Unemployment	5.4%	2.7%	4.7%
Median household income	\$69,700	\$79,400	\$57,800
Living wage	\$45.00	\$45.69	\$41.67
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.36
Households with severe housing problems	17%	13%	10%
Overall uninsured (<65 years old)	10%	10%	15%
Uninsured adults (19-64 years old)	12%	11%	16%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	15%
Children in single-parent households	25%	14%	14%
Child care cost burden	27%	22%	26%
Uninsured children	5%	7%	13%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	6.6
Physical inactivity	22%	16%	19%
Limited access to healthy foods	6%	6%	16%
Access to exercise opportunities	84%	84%	43%



Factors that Influence Food Security	United States	State of Utah	Wayne County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% <i>(2019 data)</i>	32.6%* <i>(2019 data)</i>
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	-
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	-
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	-
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	43%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	50%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	13%
Diabetes prevalence <sup>2</sup>	-	8.4%	-
Prediabetes <sup>2</sup>	-	11.1% <i>(2020 data)</i>	-
High Cholesterol <sup>2</sup>	-	25.4%	-
High Blood pressure <sup>2</sup>	-	27.6%	20.3%*
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	45.4%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	-

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



## Food Security Fact Sheet: Weber County

### Food insecurity in Weber County

Household: 10%

Children (<18 years)<sup>1</sup>: 10.5%

### Overall food insecurity

HH food insecurity in State of Utah: 9%

HH food insecurity in United States: 12%

Demographics (U.S. Census, 2022 Estimates)	United States	State of Utah	Weber County
Persons under 5 years	5.6%	6.9%	6.6%
Persons under 18 years	21.7%	27.6%	26.4%
Persons 65 years and over	17.3%	12.0%	12.4%
White alone	75.5%	90.0%	91.8%
Black or African American alone	13.6%	1.6%	1.8%
American Indian and Alaska Native	1.3%	1.5%	1.4%
Asian alone	6.3%	2.8%	1.7%
Native Hawaiian and Other Pacific Islander alone	0.3%	1.2%	0.4%
Two or More Races	3.0%	2.9%	2.9%
Hispanic or Latino	19.1%	15.1%	19.2%
White alone, not Hispanic or Latino	58.9%	76.7%	74.9%

Factors that Influence Food Security	United States	State of Utah	Weber County
<b>Social and Economic Factors</b>			
Education			
High school completed	89%	93%	92%
Some college completed	67%	72%	61%
Unemployment	5.4%	2.7%	2.9%
Median household income	\$69,700	\$79,400	\$72,300
Living wage	\$45.00	\$45.69	\$44.56
Average meal cost <sup>1</sup>	\$3.59	\$3.38	\$3.62
Households with severe housing problems	17%	13%	13%
Overall uninsured (<65 years old)	10%	10%	10%
Uninsured adults (19-64 years old)	12%	11%	12%
<b>Key Indicators for Children, &lt;18 years old</b>			
Children in poverty	17%	9%	10%
Children in single-parent households	25%	14%	20%
Child care cost burden	27%	22%	21%
Uninsured children	5%	7%	7%
<b>Health Behavior Factors</b>			
Food Environment Index	7.0	7.9	8.3
Physical inactivity	22%	16%	20%
Limited access to healthy foods	6%	6%	6%
Access to exercise opportunities	84%	84%	85%



Factors that Influence Food Security	United States	State of Utah	Weber County
Adults that do not meet the recommendation for aerobic physical activity <sup>2</sup>	-	44.8% (2019 data)	45.4% (2019 data)
Adults eating less than 2 servings of fruits each day <sup>2</sup>	-	67.8%	75.7%
Adults eating less than 3 servings of vegetables each day <sup>2</sup>	-	87.4%	89.9%
Adults unable to get needed care due to health care costs <sup>2</sup>	-	10.3%	13.0%
<b>Utilization of Federal Nutrition Programs</b>			
Children eligible for free or reduced-price lunch	53%	30%	37%
Population eligible for SNAP benefits (below 130% poverty) <sup>1</sup>	49%	28%	39%
<b>Health Outcomes in Adults (18-65)</b>			
Poor or fair health	12%	11%	13%
Diabetes prevalence <sup>2</sup>	-	8.4%	8.9%
Prediabetes <sup>2</sup>	-	11.1% (2020 data)	12.2% (2020 data)
High Cholesterol <sup>2</sup>	-	25.4%	24.7%
High Blood pressure <sup>2</sup>	-	27.6%	29.9%
BMI (kg/m <sup>2</sup> )			
Overweight or obese (>25 kg/m <sup>2</sup> ) <sup>2</sup>	-	65.5%	66.8%
Obese (30+ kg/m <sup>2</sup> ) <sup>2</sup>	-	31.8%	33.1%

**Data sources:** County Health Rankings (2021), unless indicated as below:

<sup>1</sup> Feeding America, 2021

<sup>2</sup> BRFSS, 2021

\*Use caution in interpreting; the estimate has a coefficient of variation > 30%



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