

P.I.C.K. ("Avoid Jerks") Post-Program Survey: Relationship Skills-High Schools v2021-Feb 19

1. What is your **Participant ID**? _____ (Please use the SAME ID you created before, using the last 4 digits of your phone number and your favorite color).
2. Rate your agreement: I currently have the skills and knowledge needed for a healthy romantic relationship.
 Strongly Disagree Disagree Neither Agree/Disagree Agree Strongly Agree

How important is it to you to know the following about someone as a relationship develops BUT before there is commitment?

| | Unimportant | Less Important | Somewhat important | Very important |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| 3. What s/he learned about relationships from her/his family. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. What s/he has been like in past relationships. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. How well s/he gets along with her/his parent(s). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. What her/his friendships are like. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Please mark your level of agreement.

| | Strongly Disagree | Disagree | Neither Agree/Disagree | Agree | Strongly Agree |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 7. It is important to make conscious decisions about whether to take each minor step in romantic relationships. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. I weigh the pros and cons before allowing myself to take the next step in the relationship. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. I feel good about the prospects of making a romantic relationship last. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. I am able to recognize early on the warning signs in a bad relationship. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. I have the skills needed for a lasting stable romantic relationship. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Considering the pros and cons of each major step in a romantic relationship destroys its chemistry. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. I am very confident when I think of having a stable, long term relationship. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. I am quickly able to see warning signs in a romantic relationship. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. I believe I will be able to effectively deal with conflicts that arise in my relationships. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. It is important to me to discuss with a boyfriend/girlfriend each major step we take in the relationship. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. I know what to do when I recognize the warning signs in a bad relationship. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. It is better to "go with the flow" than think carefully about each major step in a romantic relationship. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Please mark your level of agreement.

| | Strongly Disagree | Disagree | Neither Agree/Disagree | Agree | Strongly Agree |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 19. I would recommend this course to others. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. The information in this course was useful to me. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. The facilitator(s) answered questions well. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. The facilitator(s) managed time well. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

23. What did you like **most** about this course?

24. As a result of what I learned in this class, I...

- am not changing am thinking about changing am getting ready to change
 am actively making changes have already made changes

Thank you for your participation!

Office Use Only. Course ID: _____ **Facilitator:** _____ **Entered:** _____