

Carbon & Emery Counties

Substance Use Disorder & Recovery Resource Book

Updated and Printed October, 2021.



UtahStateUniversity

Emma Eccles Jones College of Education and Human Services
Extension



HEALTH EXTENSION
Advocacy, Research, Teaching.

CARBON & EMERY
OPIOID &
SUBSTANCE USE
COALITION

Table of Contents

MY RESOURCES8

EMERGENCY RESOURCES9

CASTLEVIEW HOSPITAL: EMERGENCY ROOM9
EMERY MEDICAL CENTER9
GREEN RIVER MEDICAL CENTER.....9
UNIVERSITY OF UTAH NEUROPSYCHIATRIC INSTITUTE (UNI) CRISIS LINE.....9
UNI CRISIS TEXT LINE9
UTAH POISON CONTROL CENTER9
THE GOOD SAMARITAN LAW.....10
SIGNS OF AN OPIOID OVERDOSE.....10

SUICIDE PREVENTION RESOURCES11

NATIONAL SUICIDE HOTLINE11
NACIONAL DE PREVENCIÓN DEL SUICIDIO11
SAFE UT.....11
SUICIDE PREVENTION HOTLINE FOR LAW ENFORCEMENT PERSONNEL11
LOCAL LAW ENFORCEMENT (FOR IMMEDIATE DANGER)11

MEDICATION DISPOSAL DROP BOXES12

FDA DRUG TAKE-BACK LOCATIONS FINDER12
HELPER CLINIC.....12
HELPER POLICE DEPARTMENT.....12
CASTLEVIEW HOSPITAL12
CASTLEVIEW URGENT CARE12
PRICE CITY POLICE DEPARTMENT.....12
CARBON MEDICAL SERVICE12
MEDICATION DISPOSAL DROP BOXES.....13
EAST CARBON POLICE DEPARTMENT13
EMERY MEDICAL CENTER13
BOYD’S FAMILY PHARMACY.....13
GREEN RIVER MEDICAL CENTER.....13

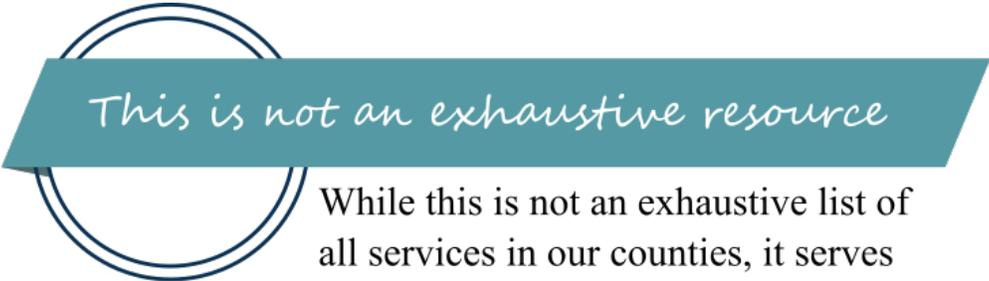
COUNSELING AND SOCIAL WORK14

FOUR CORNERS COMMUNITY BEHAVIORAL HEALTH14
CARBON COUNTY.....14
EMERY COUNTY.....14
GRAY MATTERS COUNSELING.....15
LDS FAMILY SERVICES15
JAY JEPPSON, PHD.....16
HEATH EARL, PHD.....16

KARA HEUGLY COUNSELING	16
USU EASTERN FOR STUDENTS	17
BURT BRUNO, LCSW	17
CHRISTOPHER GRAVETT, LCSW	17
DEANNA FULCHER, RN, CGP	18
DANNETTE MOYNIER, LCSW	18
BONI TAYLOR, LCSW - MINDFUL HEALING	18
GREEN RIVER MEDICAL CENTER.....	18
AMBER FOWLER, CMHC	18
CARBON MEDICAL SERVICE	18
HELPER.....	18
EAST CARBON	18
PRICE	18
<u>MEDICATION-ASSISTED TREATMENT & HARM REDUCTION RESOURCES</u>	19
CARBON MEDICAL SERVICE	19
EAST CARBON	19
HELPER.....	19
PRICE	19
GREEN RIVER MEDICAL CENTER.....	20
STERLING POTTER, MD FAMILY MEDICINE.....	20
SOUTHEAST UTAH HEALTH DEPARTMENT (SEUHD) HARM REDUCTION.....	21
OPERATION RECOVERY.....	22
POSITIVE PATHWAYS/PEACEFUL TRANSITIONS.....	22
<u>ALTERNATIVE PAIN MANAGEMENT.....</u>	23
MATSUDA ACUPUNCTURE AND HERBAL MEDICINE.....	23
TAI CHI WITH ACTIVE RE-ENTRY	23
LIVING WELL WITH CHRONIC PAIN.....	23
SCOVILLE CHIROPRACTIC PAIN RELIEF CLINIC.....	24
HEALING ARTS CENTER.....	24
<u>RECOVERY RESOURCES.....</u>	25
UTAH SUPPORT ADVOCATES FOR RECOVERY AWARENESS (USARA) CARBON AND EMERY COUNTY	25
RECOVERY COMMUNITY CENTER.....	25
CRAFT (COMMUNITY REINFORCEMENT AND FAMILY TRAINING).....	26
LOST AND FOUND MINISTRIES.....	26
LIFE BALANCE RECOVERY.....	26
LDS ADDICTION RECOVERY	27
ALCOHOLICS ANONYMOUS & NARCOTICS ANONYMOUS	27
WOMEN’S GROUP	27
<u>IN-PATIENT TREATMENT RESOURCES</u>	28

STEPONE SERVICES AT CASTLEVIEW HOSPITAL – ACUTE WITHDRAWAL MANAGEMENT	28
PAVILION AT MOUNTAIN VIEW HOSPITAL	28
PROVO CANYON SCHOOL / RESIDENTIAL TREATMENT	29
UNIVERSITY OF UTAH NEUROPSYCHIATRIC INSTITUTE	29
HEALTHCARE SERVICES	30
ADVANCED SURGICAL ASSOCIATES OF PRICE	30
CASTLE COUNTRY ORTHOPEDICS & SPORTS MEDICINE	30
CASTLE VALLEY FOOT & ANKLE SPECIALIST	31
CASTLEVIEW HOSPITAL WOMEN'S SERVICES	31
DANIEL MONAHAN, MD – INTERNAL MEDICINE	32
DAVID BRADSHAW, MD & HOLLIE STAPLEY, PA-C	32
EASTERN UTAH FAMILY MEDICINE	33
EASTERN UTAH SPINE & PAIN	33
EASTERN UTAH WOMEN'S HEALTH	34
FAMILY RESOURCES	35
AL-ANON	35
AMERICAN PSYCHOLOGICAL ASSOCIATION PSYCHOLOGIST FINDER	35
SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION LOCATOR	35
CRAFT (COMMUNITY REINFORCEMENT AND FAMILY TRAINING)	36
CURE THE CONVERSATION	36
NATIONAL ASSOCIATION FOR CAREGIVERS	37
HOW YOU CAN SUPPORT RECOVERY	37
OTHER RESOURCES	38
SOUTHEAST UTAH HEALTH DEPARTMENT	38
STOP THE OPIDEMIC	39
USE ONLY AS DIRECTED	39
UTAH NALOXONE IN CARBON/EMERY/GRAND COUNTIES+	39
ACTIVE RE-ENTRY: DISABILITY SERVICES	40
VA MEDICAL CENTER	40
COLLEEN QUIGLEY WOMEN'S CENTER FOR DOMESTIC VIOLENCE	41
CACILIA JENSEN	41
UTAH STATE UNIVERSITY- ACT (ACCEPTANCE AND COMMITMENT THERAPY)	42
CASTLE COUNTRY YOUTH CENTER – YOUTH SERVICES	42
UTAH STATE UNIVERSITY EXTENSION	43
HEALTH EXTENSION: ADVOCACY, RESEARCH & TEACHING INITIATIVE (HEART)	43
CARBON & EMERY OPIOID & SUBSTANCE USE COALITION	43
COURTS—CARBON COUNTY	44
7 TH DISTRICT & JUVENILE COURT	44
EAST CARBON JUSTICE COURT	44

HELPER JUSTICE COURT	44
PRICE JUSTICE COURT	44
WELLINGTON JUSTICE COURT	44
<u>COURTS—EMERY COUNTY</u>	45
CASTLE DALE 7 TH DISTRICT & JUVENILE COURT	45
CASTLE DALE JUSTICE COURT	45
GREEN RIVER JUSTICE COURT	45
<u>PUBLIC SAFETY LISTINGS— LAW ENFORCEMENT*</u>	46
DISPATCH.....	46
CARBON COUNTY SHERIFF’S OFFICE.....	46
EAST CARBON POLICE DEPARTMENT	46
HELPER POLICE DEPARTMENT.....	46
PRICE POLICE DEPARTMENT	46
USU-EASTERN POLICE DEPARTMENT	46
WELLINGTON POLICE DEPARTMENT.....	46
EMERY COUNTY SHERIFF’S OFFICE.....	46
GREEN RIVER POLICE DEPARTMENT.....	46
<u>PUBLIC SAFETY LISTINGS— FIRE DEPARTMENT*</u>	47
EAST CARBON FIRE DEPARTMENT	47
EMERY FIRE DEPARTMENT	47
GREEN RIVER FIRE DEPARTMENT	47
HELPER FIRE DEPARTMENT	47
PRICE FIRE DEPARTMENT.....	47
WELLINGTON FIRE DEPARTMENT.....	47
CREDITS.....	48
NOTES	50



While this is not an exhaustive list of all services in our counties, it serves as a **stepping stone** to learn about sources on your or a loved one's path to recovery.

**THE CARBON & EMERY OPIOID & SUBSTANCE USE
COALITION CREATED THIS RESOURCE BOOK IN
OCTOBER 2019.**

**FOR UPDATED AND ALL OTHER NEEDED RESOURCES,
PLEASE REFER TO:
UNITED WAY 2-1-1
CALL 2-1-1 OR 211UTAH.ORG**

My Resources



This book belongs to:

Things that trigger stress for me:

How I can help myself feel better (coping skills):

Friends I can call when I need to talk:	
Name	Phone Number

Professionals and Agencies I can call if I need more help:	
Name	Phone Number
Suicide Hotlines	1-800-SUICIDE (784-2433) 1-800-273-TALK (8255) (833) 372-3388 (chat/app available)

Emergency Resources



Castleview Hospital: Emergency Room

(435) 637-4800
300 North Hospital Drive
Price, Utah 84501

Emery Medical Center

(435) 381-2305
90 West Main Street
Castle Dale, Utah 84513

Green River Medical Center

(435) 564-3434
585 Main Street
Green River, Utah 84525

University of Utah Neuropsychiatric Institute (UNI) Crisis Line

(801) 587-3000

UNI Crisis Text Line

Text "START" to 741-741

Utah Poison Control Center

(800) 222-1222
poisoncontrol.utah.edu

Emergency Resources

The Good Samaritan Law

If you think someone is overdosing, call **9-1-1**. The Good Samaritan Law enables bystanders to report an overdose without fear of criminal prosecution for possession of controlled substances.

Naloxone is a safe antidote to opioids that has no risk of abuse and will not help or harm someone if they are overdosing on another drug. To find Naloxone in your area, visit naloxone.utah.gov

Signs of an Opioid Overdose



Small, pinpoint pupils



Faint heartbeat



Blue/purple fingernails & lips



Can't be woken



Shallow or slow breathing



Gurgling, choking noise

Suicide Prevention Resources



National Suicide Hotline

suicidepreventionlifeline.org/talk-to-someone-now

Confidential and free emotional support for people in suicidal crisis or emotional distress: 24/7, phone or text.

Chat available online.

1(800) 273-TALK (8255)

1(800) SUICIDE (784-2433)

For TTY Users: Use your preferred relay service or dial 711 then 1-800-273-8255.

Nacional de Prevención del Suicidio

1 (888) 628-9454

Safe UT

Crisis chat, tip line, and app.

(833) 372-3388

uofuhealth.org/safeut

Suicide Prevention Hotline for Law Enforcement Personnel

1 (800) 267-5463

Local Law Enforcement (*for immediate danger*)

9-1-1

Medication Disposal Drop Boxes



FDA Drug Take-Back Locations Finder

[fda.gov/drugdisposal](https://www.fda.gov/drugdisposal)

Helper Clinic

125 South Main Street
Helper, Utah 84526

Helper Police Department

97 South Main Street
Helper, Utah 84526

Castleview Hospital

300 Hospital Dr
Price, Utah 84501

Castleview Urgent Care

317 East 100 North
Price, Utah 84501

Price City Police Department

910 North 7th East Street
Price, Utah 84501

Carbon Medical Service

331 Highway 123
Sunnyside, Utah 84539

Medication Disposal Drop Boxes

East Carbon Police Department

101 West Geneva Dr
East Carbon, Utah 84520

Emery Medical Center

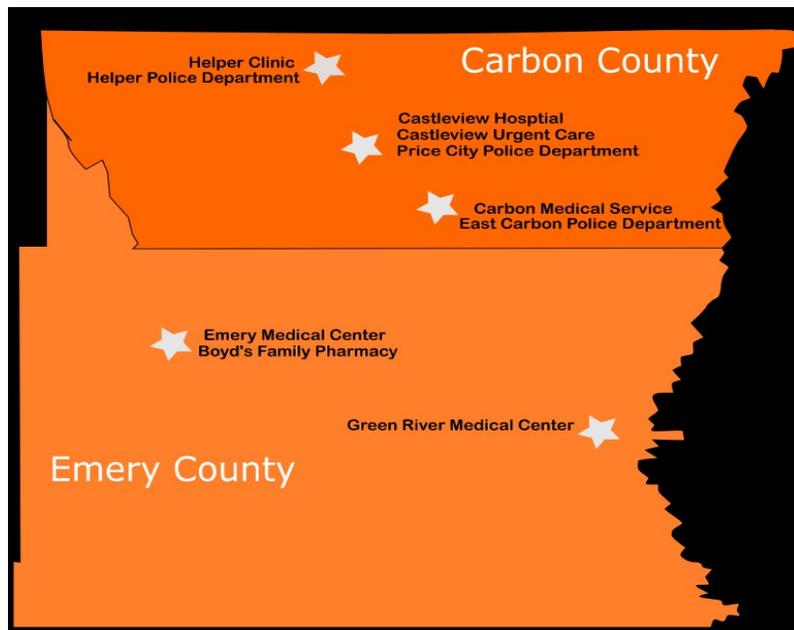
90 West Main St
Castle Dale, Utah 84513

Boyd's Family Pharmacy

25 West Main St
Castle Dale, Utah 84513

Green River Medical Center

585 Main Street
Green River, Utah 84525





Four Corners Community Behavioral Health

Carbon County

(435) 637-2358
575 East 100 South
Price, Utah 84501

Emery County

(435) 381-2432
45 East 100 South
Castle Dale, Utah 84513

Four Corners has 26 different licensed clinicians and therapists to choose from. It is also the sole source provider for most citizens that qualify or currently have Medicaid insurance. Services include:

- Substance Use Treatment Services
 - Adults and Adolescents
 - Pregnant Individuals
- Comprehensive Mental Health Services
 - Adults, Adolescents, and Children
- In-Patient Services
- Residential Support Services
- Case Management
- Peer Support Services
- Psychosocial Rehabilitation
- Medication Evaluation and Management Services
- And more!

Counseling and Social Work

Gray Matters Counseling

(435) 437-4852 or (435) 637-0467

23 South Carbon Ave. Suite No. 5

Price, Utah 84501

greg.graymatters@gmail.com

graymatterscounseling.com

We all see life through our own prism, with different shapes, colors and ideas. For example, what do you think of when you hear the name *Gray Matters Counseling*? Life experience, Depression, Unclear solutions?

LDS Family Services

Quinn Nelson

(435) 637-2991

630 West Price River Drive

Price, Utah 84501

LDS Family Services offers support groups, counseling services, single expectant parent services, and adoption consultations.

Counseling and Social Work

Jay Jeppson, PhD

(435) 637-2358

(435) 820-2199

575 East 100 South

Price, Utah 84501

Clinical Psychologist

Heath Earl, PhD

(435) 637-6348

590 East 100 North

Price, Utah 84501-2640

Clinical Psychologist

Kara Heugly Counseling

(435) 637-0171

70 West Main Street

Price, Utah 84501

khcounseling.wordpress.com

Through their years of experience, training, and strategies tailored to your needs, your goals of happiness and peace are within reach.

Counseling and Social Work

USU Eastern for Students

Karl Burnside

(435) 613-5337

Jennifer Leavitt Student Center Rm 233,

451 East 400 North

Price, Utah 84501

Monday – Friday 8:00 am – 5:00 pm

The Student Counseling Center provides free counseling on a short-term basis for many concerns and issues facing today's college students.

Burt Bruno, LCSW

(435) 637-5032

(435) 650-6562

Christopher Gravett, LCSW

(435) 610-1896

Counseling and Social Work

Deanna Fulcher, RN, CGP

(435) 630-3985

Eating to Heal: Nutritional Counseling. Learn how healing your gut may help with recovery and other illnesses.

Dannette Moynier, LCSW

(435) 650-3013

(435) 637-4800

Boni Taylor, LCSW - Mindful Healing

375 S. Carbon Ave, Room 129

(435) 630-5086

Price, Utah 84501

Green River Medical Center

grmedicalcenter.org

Amber Fowler, CMHC

(435) 564-3434

John Dahle, CMHC

(435) 564-3434

Carbon Medical Service

carbonmedicals-service.com

Helper

(435) 472-7000

East Carbon

(435) 888-4411

Price

(435) 637-6338

Medication-Assisted Treatment & Harm Reduction Resources



Carbon Medical Service

carbonmedicalsevice.com

East Carbon

(435) 881-4411
331 Highway 123
Sunnyside, Utah 84539

Helper

(435) 472-7000
125 South Main Street
Helper, Utah 84526

Price

(435) 637-6338
250 North Fairgrounds Rd.
Price, Utah 84501

Carbon Medical Service has two locations: one in East Carbon, an expanded clinic in Helper, and a new location in Price. Both locations have a pharmacy for your convenience, full-time providers, and a fleet of certified nurses to assist you with any health-related questions or needs. A full-time dental clinic has been opened in East Carbon that is fully equipped to serve you and all your dental needs. All service fees are based on a sliding scale.

Medication-Assisted Treatment & Harm Reduction Resources

Green River Medical Center

(435) 564-3434
585 West Main Street
Green River, Utah 84525
grmedicalcenter.org

Green River Medical Center provides Primary Care, Dental Services, and Behavioral Health Services for patients of all ages. They also have a Pharmacy on-site to fill prescriptions. GRMC provides Medication Assisted Treatment (MAT) for those on the journey to recovery.

Sterling Potter, MD Family Medicine

(435) 637-6190 ext. 3906
945 Hospital Drive # 2
Price, Utah 84501

Dr. Potter and his staff are trained to meet the diverse health needs of children and families.

Medication-Assisted Treatment & Harm Reduction Resources

Southeast Utah Health Department (SEUHD) Harm Reduction

(435) 636-1176

(435) 636-1157

28 South 100 East

Price, Utah 84501

seuhealth.com

HCV/HIV testing offered as Mobile Outreach through
Southeast Health Department Harm Reduction, Thursdays
3:00pm-7:00pm.

Medication-Assisted Treatment & Harm Reduction Resources

Operation Recovery

(435) 613-1420

77 S 600 East Suite C

Price, Utah 84501

cpowell@fourcorners.ws

Operation Recovery offers various resources to help individuals find physical and emotional stabilization, detox safely, and gain skills to live a fulfilling life in recovery. They offer case management, medication, individual and group therapy, and skills development.

Positive Pathways/Peaceful Transitions

(435) 299-5003

23 South Carbon Ave Suite 21

Price, Utah 84501

postivepathways101@gmail.com

zenarobinson5200@gmail.com (Life Coach)

sabinakcarter.wixsite.com/positivepathways

Providers at Positive Pathways strive to optimize health and wellness by using evidence-based medicine to strengthen the mind and body. Services include prescription management of psychiatric medication and transitional life coaching.

Alternative Pain Management



Matsuda Acupuncture and Herbal Medicine

(435) 650-2302

894 East 100 North

Price, Utah 84501

matsudaacupuncture.com

Matsuda Acupuncture and Herbal Medicine uses time-tested, traditional Oriental medicine. They treat individuals using a holistic approach that can simultaneously heal physical, emotional, and spiritual ailments. They seek to help their patients live without pain, have more energy, prevent disease, and heal illnesses.

Tai Chi with Active Re-Entry

Lisa Martinez

(435) 637-4950 ext. 107

Tai Chi can alleviate chronic pain by teaching relaxation methods, strength of body and mind, and by relieving stress and anxiety.

Living Well with Chronic Pain

Free 6-Session Workshop Series

1-888-222-2542

livingwell@utah.gov

Register online: livingwell@utah.gov

Alternative Pain Management

Scoville Chiropractic Pain Relief Clinic

(888) 637-4802

248 South Utah Highway 55

Price, Utah 84513

scovillechiropractic.com

Whether you're looking for relief from severe chronic pain, searching for ways to beat the aches and pains of day-to-day living, or seeking the "holy grail" of optimal health and peak performance, the Scoville Chiropractic Pain Relief Clinic can help.

Healing Arts Center

Southeastern Integrative Yoga and Mindfulness Classes

(435) 637-5556

790 N. Cedar Hills Drive

Price, Utah 84501

healingartscenter.net

Call for class schedules, additional information, or questions.

Recovery Resources



**Utah Support Advocates for Recovery Awareness
(USARA) Carbon and Emery County**
(877) 590-5965

Peer Recovery Coach

Mersades Morgan: (435) 299-8677

Recovery Community Center

91 East Main St.

Price, Utah 84501

[facebook.com/groups/usara.price](https://www.facebook.com/groups/usara.price)

[facebook.com/groups/usara.emery](https://www.facebook.com/groups/usara.emery)

USARA's mission is to celebrate, advocate, support, and empower people in all stages of substance use disorder recovery through building community, connection to resources, and raising awareness that long-term recovery is possible.

USARA offers all pathways to recovery meetings, we currently have meetings every day but Saturday and that may change. Call and/or visit the Facebook page ([facebook.com/groups/usara.price](https://www.facebook.com/groups/usara.price) or [facebook.com/groups/usara.emery](https://www.facebook.com/groups/usara.emery)) for current in-person and online meeting information.

Recovery Resources

CRAFT (Community Reinforcement and Family Training)

Now located at the USARA Recovery Community Center
91 East Main St.

Price, Utah 84501

A safe space for families of people with substance use disorder to gather for support in their everyday lives.

Remote support options available.

www.myusara.com/support/craft

Lost and Found Ministries

(435) 287-5120

lostandfound275@gmail.com

Lost and Found Ministries seeks to educate Christians, church leaders, and ministers about substance use disorder and to provide people with substance use disorder the necessary tools to overcome.

Life Balance Recovery

90 W 100 N Suite 17

Price, UT 84501

(801) 367-0394 ex. 702 Heather Barker & Chelsie Durden

www.lifebalancerecovery.com

Life Balance Recovery is here to help support and change the lives of those affected by substance use and mental health disorders through evidence-based practices and individualized treatment plans to meet each individual's needs.

Recovery Resources

LDS Addiction Recovery

Monica Johnson-Phelps
(435) 314-9268
40 South Center Street
Castledale, Utah 84513

AA and NA meeting Every Tuesday at 7pm to 8pm on the second floor of the County Commissioners Chambers.

Alcoholics Anonymous & Narcotics Anonymous

For further information please visit:

- na.org
- aa.org
- utahaa.org/southeast.php

Women's Group

Trinity Christian Center
925 East Main Street
Price, Utah 84501
Tuesdays - 6:00PM

Gather with women who are going down the same paths as yourself. A safe space for all.

In-Patient Treatment Resources



StepOne Services at Castlevew Hospital – Acute Withdrawal Management

Savannah Eley – Service Coordinator

Intake: 435-636-4808

Direct: 434-749-0279

300 N Hospital Drive

Price, Utah 84501

Inpatient, hospital-based, three to five day acute withdrawal management service. This service is available to adults requiring medical management of withdrawal symptoms from alcohol and/or opioids.

Pavilion at Mountain View Hospital

(435) 465-7041

1000 East 100 North

Payson, Utah 84651

The Pavilion at Mountain View Hospital is a short-term, comprehensive inpatient psychiatric program. It is designed to meet the emotional and psychological needs of adults ages 18 to 55. In addition, their Geriatric Psychiatry services are designed to meet the emotional and psychological needs of senior adults ages 55 and over.

In-Patient Treatment Resources

Provo Canyon School / Residential Treatment

(801) 491-3910

4501 North University Ave

Provo, Utah 84604

Provo Canyon School, founded in 1971, is accredited by the Joint Commission and is licensed by the State of Utah to provide Residential Treatment to youth between the ages of 8 and 18. They are known for their comprehensive programs that provide a wide range of individualized and compassionate care to the students and families they serve. They are committed to providing innovative, evidence-based therapeutic interventions, academic instruction, and life-skills training tailored to the individual needs of each student.

University of Utah Neuropsychiatric Institute

(801) 583-2500

501 Chipeta Way

Salt Lake City, Utah 84108

Specialists at the institute treat conditions like anxiety, eating disorders, major depression, mood disorders, personality disorders, schizophrenia, and substance abuse/chemical dependency for all ages. Their inpatient facility is designed to offer a safe, healing, and beautiful environment. In addition, they provide a continuum of exceptional patient care through intensive outpatient programs, day treatment, and outpatient services throughout the Salt Lake Valley.



Advanced Surgical Associates of Price

(435) 613-7874

945 West Hospital Drive, Suite 4

Price, Utah 84501

castleviewmedicalgroup.com

Dr. Jeffery and his staff are committed to providing the high-quality care their patients deserve, while treating them with the utmost respect. Their main goal is the satisfaction, confidence, and comfort of their patients.

Castle Country Orthopedics & Sports Medicine

(435) 613-6600

4242, 377 North Fairgrounds Road #2

Price, Utah 84501

Dr. Justesen and Dr. Kelly are the physicians that operate at Castle Country Orthopedics & Sports Medicine. They provide services for fractures, sprains, carpal tunnel, sports injuries, trigger finger, osteoporosis, back pain, joint degeneration, and more.

Healthcare Services

Castle Valley Foot & Ankle Specialist

(435) 637-6797

230 North Hospital Drive, Suite 4

Price, Utah 84501

castleviewmedicalgroup.com

Dr. Brian Griffith and the team at Castle Valley Foot & Ankle specialize in medicine and surgery of the foot and ankle. Whether your pain is annoying or excruciating, Castle Valley Foot & Ankle will diagnose the issue that may be causing you pain and recommend a treatment plan that meets your needs.

Castleview Hospital Women's Services

(435) 637-4800 ext. 3160

300 North Hospital Drive

Price, Utah 84501

castleviewhospital.net

Castleview Hospital Women's Services offer education and assistance to families preparing for the birth of a child, such as: prenatal classes, Smart Start classes, breastfeeding education and support, and Sibling Classes (which encourage big brothers and sisters to be part of the event).

Healthcare Services

Daniel Monahan, MD – Internal Medicine

(435) 637-7960 ext. 3911
230 Hospital Drive
Price, Utah 84501

Dr. Daniel C. Monahan is an Internal Medicine Specialist in Price, Utah. He graduated with honors from UMDNJ New Jersey Medical School in 1976. Dr. Monahan has been practicing internal medicine for over 42 years.

David Bradshaw, MD & Hollie Stapley, PA-C

(435) 613-2229 ext. 3976
280 Hospital Drive #2
Price, Utah 84501

bradshawobgyn.com

At his OBGYN clinic, Dr. Bradshaw and his staff provide a full range of inpatient and outpatient care to women of all ages in all stages of life; including puberty, childbearing, menopause, and aging.

Healthcare Services

Eastern Utah Family Medicine

(435) 637-3584

317 East 100 North

Price, Utah 84501

Eastern Utah Family Medicine offers:

- Obstetrics
- Sports Medicine
- Pediatric Medicine
- Geriatric Medicine
- Women's Services
- Adolescent Medicine
- Preventative Medicine
- Acute and Chronic Adult Medicine

Eastern Utah Spine & Pain

(435) 613-PAIN (7246)

230 North Hospital Drive Suite 2

Price, Utah 84501

drrussbeecher.com

Eastern Utah Spine and Pain Center offers:

- Chronic Pain Treatment
- Physical medicine and rehabilitation
- Therapeutic and diagnostic interventional pain procedures
- Non-surgical evaluation and treatment of spine, nerve, and musculoskeletal pain
- Nerve conduction studies and EMG (to diagnose nerve related conditions including carpal tunnel syndrome)

Healthcare Services

Eastern Utah Women's Health

(435) 637-0313

590 E 100 N. Suite B, Price, Utah 84501

Danielle Howa Pendergrass DNP, APRN, WHNP

info@easternutahwomenshealth.com

easternutahwomenshealth.com

Eastern Utah Women's Health has created a comfortable, trusted place for women to go for their most personal healthcare needs. A place where you can take the time to sit down and openly discuss your health care questions, concerns and problems. Whether it is a simple preventative visit, or a complex hormonal consultation, they are there to listen, guide, and assist you in your healthcare decisions. Services include:

- Comprehensive Women's Healthcare
- Physical Exams for People of Any Sex
- Birth Control Options
- Hormone Therapy Options
- Mental Health Support
- Support for Pregnant Individuals with Substance Use Disorder
- And More!

Family Resources



Having a family member with a substance use disorder affects the entire family. With education and treatment for themselves, the family can be an important resource of healing for people with a substance use disorder.

Al-Anon

Al-Anon members are people, just like you, who are worried about someone with a drinking problem.

al-anon.org

American Psychological Association Psychologist Finder

Find the right psychologist for you.

locator.apa.org

Substance Abuse and Mental Health Services Administration Locator

A confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use disorder/addiction and/or mental health problems.

findtreatment.samhsa.gov

Family Resources

CRAFT (Community Reinforcement and Family Training)

Now located at the USARA Recovery Community Center
(877) 921-0330

91 East Main St.

Price, Utah 84501

A safe space for families of people with substance use disorder to gather for support in their everyday lives.

Remote support options available.

www.myusara.com/support/craft

Cure the Conversation

A resource created by Southeastern Utah Health Department to bring together information on reducing overdose deaths, resources, and personal stories.

www.curetheconversation.org

Family Resources

National Association for Caregivers
Resources on Peer Support for Caregivers
caregiving.org/advocacy/peer-support

How You Can Support Recovery

Learn about prevention and harm reduction strategies 	 Listen
Be patient 	 Refrain from using stigmatizing language
Ask to join a meeting to learn about the condition and recovery 	 Offer rides to recovery meetings or difficult destinations
Reach out, anything can make a difference 	 Be available
Express hope 	 Promote and encourage choices that will benefit overall health

For more resources visit:
extension.usu.edu/heart/resources

Other Resources



Southeast Utah Health Department

(435) 637-3671
28 South 100 East
Price, Utah 84501
seuhealth.com

Michelle Ward

(435) 636-1157
kmward@utah.gov
Opioid Prevention Specialist

Amanda McIntosh

(435) 637-1153
amcintosh@utah.gov
Suicide Prevention Specialist

Southeastern Utah Health Department offers a variety of services: Baby Your Baby, Cancer Prevention/Be Wise, HIV and STD Testing, Home Visitation, Immunizations, Medicaid Newborn Home Visits, Tuberculosis Screening, Well Child Screening, and WIC (Women, Infants, and Children).

Other Resources

Stop the Opidemic

opidemic.org

Stop the Opidemic advocates for safer opioid use, encouraging people to steer clear of opioids, avoid taking more, never share painkillers, get rid of unused meds, reach out, and to carry naloxone.

Use Only as Directed

useonlyasdirected.org

Use Only as Directed is a website that offers a three-part solution to better opioid use: Speak Out, Opt Out, and Throw Out. They advocate for opioid safety and connect communities with their local medication disposal drop-boxes.

Utah Naloxone in Carbon/Emery/Grand Counties+

utahnaloxone.org

Tori Palma, RN, BSN
Central Utah Sr. Outreach Educator
(801) 750-8763

Offering naloxone training and kits in Carbon, Emery, and Grand Counties.

Other Resources

Active Re-entry: Disability Services

(435) 637-4950

10 South Fairgrounds Road

Price, Utah 84501

arecil.org

Active Re-Entry is a community-based program that seeks to assist individuals with disabilities. They strive to help individuals achieve self-sufficient, productive lives in their own communities and homes.

VA Medical Center

(435) 613-0342

189 South 600 West Suite B

Price, Utah 84501

A medical clinic that exclusively serves Veterans, offering a variety of services in Carbon County.

Other Resources

Colleen Quigley Women's Center for Domestic Violence

(435) 637-6589

475 West Price River Drive Suite #152

Price, Utah 84501

This local shelter will help women who are victims of domestic violence. Abuse can be caused by a spouse, boyfriend or girlfriend, cohabitants, or even other family members. It is not a homeless shelter.

Cacilia Jensen

(435) 299-0003

575 East 100 South

Price, Utah 84501

cjensen@fourcorners.us

Opioid Project Coordinator

“A good half of the art of living is resilience.”

- Alain de Botton

Other Resources

Utah State University- ACT (Acceptance and Commitment Therapy)

scce.usu.edu/services/act-guide

ACT Guide is an online self-help program designed by psychologists at Utah State University to foster emotional wellbeing and help individuals cope with mental health issues including depression, anxiety, and stress.

- Participation is open to all adults aged 18 years and older
- Currently enrolled USU students can access the program for free for six months
- Members of the general public can pay \$10 to access the program for six months

Castle Country Youth Center – Youth Services

(435) 636-4740 or 636-4720

1395 So. Carbon Ave.

Price, UT 84501

jjs.utah.gov

Mission: The Division of Juvenile Justice Services is to be a leader in the field of juvenile justice by changing young lives, supporting families, and keeping communities safe.

Services Include:

- Crisis Intervention
- Youth Skill-building
- Family and Parenting Classes
- 24 Hour Services

Other Resources

Utah State University Extension

extension.usu.edu

Carbon

(435) 636-3233

Emery

(435) 381-2381

Homemaking, food preservation, life skills, health and wellness, relationships, animal and yard care, 4H, and insect identification.

Health Extension: Advocacy, Research & Teaching Initiative (HEART)

extension.usu.edu/heart

Ashley Yaughner, PhD

(435) 636-3276

HEART brings unique academic resources into the community, partnering locally and nationally to address the opioid epidemic and other pressing public health issues.

Carbon & Emery Opioid & Substance Use Coalition

The Carbon and Emery Opioid and Substance Use Coalition is a grass-roots effort that seeks to coordinate the efforts of our communities to comprehensively address the opioid epidemic we are facing. We seek to decrease stigma; increase effective prevention, treatment, harm reduction, mental health and other efforts; and come together to create healthier communities.

utahprevention.org/coalitions/carbon-emery-opioid-substance-use-coalition

Courts—Carbon County



7th District & Juvenile Court

(435) 636-3400

East Carbon Justice Court

(435) 888-6613

Helper Justice Court

(435) 472-3039

Price Justice Court

(435) 636-3289

Wellington Justice Court

(435) 637-5353

Courts—Emery County



Castle Dale 7th District & Juvenile Court

(435) 381-5419

Castle Dale Justice Court

(435) 381-5194

Green River Justice Court

(435) 564-3204

Public Safety Listings— Law Enforcement*



Ask to be connected with an officer certified in Crisis Intervention Training (CIT).

Dispatch

(435) 637-0890

Carbon County Sheriff's Office

(435) 636-3251

East Carbon Police Department

(435) 888-2081

Helper Police Department

(435) 472-3719

Price Police Department

(435) 636-3190

USU-Eastern Police Department

Office: (435) 613-5612

Wellington Police Department

(435) 637-4830

Emery County Sheriff's Office

(435) 381-2404

Green River Police Department

(435) 564-3474

Public Safety Listings— Fire Department*



Ask to be connected with an officer certified in Crisis Intervention Training (CIT).

East Carbon Fire Department

(435) 888-2100

Emery Fire Department

(435) 381-5540

Green River Fire Department

(435) 564-3229

Helper Fire Department

(435) 472-3572

Price Fire Department

(435) 636-3187

Wellington Fire Department

(435) 637-5213

*These are non-emergency numbers, for emergencies please call: **911**.

Disclaimer

Please note that the provided resources are for informational purposes and that Utah State University or Utah State University - Extension does not specifically endorse their services. These resources are intended as a guide to available, local services. USU and USU Extension do not control the companies, websites, or services listed in this resource.

If you find any incorrect information in this booklet or would like to add any additional resources, please contact:

Utah State University Extension
Ashley Yaughner, PhD
(435) 636-3276
ashley.yaughner@usu.edu
751 East 100 North, Suite 2300
Price, Utah 84501

Credits

Ashley Yaughner, PhD; Justin Sacco, Intern; Melissa Arrien, Intern; Alise Williams Condie, Intern; and Chapel Taylor-Olsen, Health and Wellness Coordinator.

EEO/Civil Rights and Non-Discrimination Statements

In its programs and activities, including in admissions and employment, Utah State University does not discriminate or tolerate discrimination, including harassment, based on race, color, religion, sex, national origin, age, genetic information, sexual orientation, gender identity or expression, disability, status as a protected veteran, or any other status protected by University policy, Title IX, or any other federal, state, or local law. The following individuals have been designated to handle inquiries regarding the application of Title IX and its implementing regulations and/or USU's non-discrimination policies: Executive Director of the Office of Equity, Alison Adams-Perlac, alison.adams-perlac@usu.edu, Title IX Coordinator, Hilary Renshaw, hilary.renshaw@usu.edu, Old Main Rm. 161, 435-797-1266. For further information regarding non-discrimination, please visit equity.usu.edu, or contact: U.S. Department of Education, Office of Assistant Secretary for Civil Rights, 800-421-3481, ocr@ed.gov or U.S. Department of Education, Denver Regional Office, 303-844-5695 ocr.denver@ed.gov. Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Kenneth L. White, Vice President for Extension and Agriculture, Utah State University.

Special thanks to our coalition members and funding partners.



Extension
UtahStateUniversity



HEALTH EXTENSION
Advocacy. Research. Teaching.

CARBON & EMERY
**OPIOID &
SUBSTANCE USE
COALITION**



BE EPIC
ESCAPE the VAPE
E-Cigarette Prevention
in Rural Communities



This booklet is periodically updated on the
USU Extension HEART website, found at:
extension.usu.edu/heart/community-education-dinner