

Weber County

Substance Use Disorder & Recovery Resource Book

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UtahStateUniversity[®]

EXTENSION 

EMMA ECCLES JONES
COLLEGE of EDUCATION
and HUMAN SERVICES



HEALTH EXTENSION
Advocacy. Research. Teaching.



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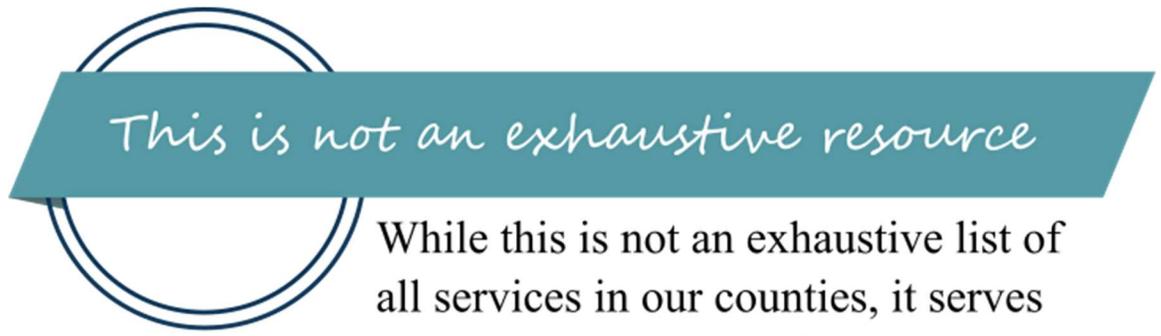
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While this is not an exhaustive list of all services in our counties, it serves as a **stepping stone** to learn about sources on your or a loved one's path to recovery.

**FOR UPDATED AND ALL OTHER NEEDED RESOURCES,
 PLEASE REFER TO:
 UNITED WAY 2-1-1
 CALL 2-1-1 OR 211UTAH.ORG**

My Resources



This book belongs to:

Things that trigger stress for me:	
How I can help myself feel better:	
Friends I can call when I need to talk:	
Name	Phone Number
Professionals and Agencies I can call if I need more help:	
Name	Phone Number
Suicide Hotlines	1-800-SUICIDE (784-2433) 1-800-273-TALK (8455) (833) 372-3388 (chat/app available)

Emergency Resources



Davis Hospital: Emergency Room

(801) 896-5600
3409 West 5600 South
Roy, Utah 84067

McKay Dee Hospital: Emergency Room

(801) 387-7000
4401 Harrison Blvd
Ogden, Utah 84403

Ogden Regional: Emergency Room

(801) 479-2111
5475 South 500 East, 1st Floor
Ogden, Utah 84405

Pleasant View Emergency Center

(801) 786-7911
2690 North 600 West
Pleasant View, Utah 84414

University of Utah Neuropsychiatric Institute (UNI) Crisis Line

(801) 587-3000
Crisis Text Line: Text “START” to 741-741

Utah Poison Control Center

(800) 222-1222
poisoncontrol.utah.edu/

The Good Samaritan Law

If you think someone is overdosing, call **9-1-1**. The Good Samaritan Law enables bystanders to report an overdose without fear of criminal prosecution for possession of controlled substances.

Naloxone

Is a safe antidote to opioids that has no risk of abuse and will not help or harm someone if they are overdosing on another drug. To find Naloxone in your area, visit naloxone.utah.gov/



Small, pinpoint pupils



Faint heartbeat



Blue/purple fingernails & lips



Can't be woken



Shallow or slow breathing



Gurgling, choking noise

Signs of an Opioid Overdose

Suicide Prevention Resources



Local Law Enforcement (*for immediate danger*)

9-1-1

National Hope-Line Network

1(800) SUICIDE (784-2433)

National Suicide Hotline

1(800) 273-TALK (8255)

Safe UT App

uofuhealth.org/safeut

Suicide Prevention Hotline for Law Enforcement Personnel

1 (800) 267-5463

Medication Disposal Drop Boxes



CVS Pharmacy

4240 Harrison Blvd
Ogden Utah 84403

FDA Drug Take-Back Locations Finder

fda.gov/drugdisposal

Harrisville Police Department

363 Independence Blvd
Ogden Utah 84404

Intermountain North Ogden Clinic

Intermountain Healthcare Health Services, Inc.
2400 North Washington Blvd.
Ogden, Utah 84414

Intermountain McKay Dee Surgical Center & Orthopedics

Intermountain Healthcare Health Services, Inc.
3895 Harrison Blvd.
Ogden, Utah 84403

Intermountain South Ogden InstaCare

Intermountain Healthcare Health Services, Inc.
975 Chamber Street
South Ogden, Utah 84403

McKay Dee Hospital

Intermountain Healthcare Health Services, Inc.
4401 Harrison Blvd
Ogden, Utah 84401

Midland Pharmacy

4815 South 3500 West
Roy, Utah 84067

North Ogden Police Department

505 East 2600 North
Ogden, Utah 84414

Roy Pharmacy Group

3460 West 4800 South
Roy, Utah 84067

Roy Police Department

5051 South 1900 West
Roy, Utah 84067

Utah CVS Pharmacy

5305 South 1900 West
Roy, Utah 84067

Walgreen Co.

5554 South 1900 West
Roy, Utah 84067

Weber Human Services Pharmacy

237 26th Street
Ogden, Utah 84401

Weber County Sheriff Substation

1896 North 1800 West
Farr West, Utah 84404

Weber County Sheriff Substation 1

1570 West 400 North
Marriott-Slaterville, Utah 84404

Weber County Sheriff's Department

721 West 12th Street
Ogden, Utah 84404



Action Recovery Group

(801) 475-4673
1708 East 5550 South #23
Ogden, Utah 84403

Alan W. Brooks

Northern Utah Therapy Services
(801) 829-9169
3670 Quincy Avenue Suite 101
Ogden, Utah 84403

Aloha Behavioral Consultants

(801) 399-1818
811 North Harrisville Road
Harrisville, Utah 84404

Alpha Counseling & Treatment

(801) 939-3546
533 26th Street Suite 100
Ogden, Utah 84401

Brian Melcher

All Better Counseling
(801) 701-1333
2909 Washington Blvd Suite 102
Ogden, Utah 84401

Capstone Counseling

(801) 341-0411
893 24th Street
Ogden, Utah 84401

Chet D. Brooks

Northern Utah Therapy Services
(801) 251-1470
3670 Quincy Avenue Suite 101
Ogden, Utah 84403

Curtis W Watson

(801) 528-7520
Ogden, Utah 84404

GMS Counseling

(801) 621-1901
3505 Grant Avenue
Ogden, Utah 84401

Grace & Peace Christian Counseling

(888) 801-1556
2909 Washington Blvd
Ogden, Utah 84401

Joseph R. Gouveia-Grant

IPSSSE - Integrated Psychotherapy Services
(385) 235-7142
707 24th Street
Ogden, Utah 84403

Kristi Keding

(385) 206-6914
2351 Grant Avenue Suite 202
Ogden, Utah 84401

Lee L Perry

A1 Alliance Counseling Services
(801) 475-0402
5149 South 1500 West
Riverdale, Utah 84405

McKay-Dee Behavioral Health

(801) 387-5525
3903 Harrison Blvd Suite 300
Ogden, Utah 84403

Mindful Life Recovery

Brighton Recovery Center
(385) 393-1769
1075 East 6000 South
South Ogden, Utah 84405

Misty Rosier

(801) 643-0909
Ogden, Utah 84401

Philip B. Johnson

(385) 236-0241
3670 Quincy Avenue, Suite 103
Ogden, Utah 84403

QYS Clinical Services

(801) 935-8886
2240 North Highway 89 Suite C
Harrisville, Utah 84404

Rachel Nielsen

(801) 316-3314
5685 South 1475 East #3B
Ogden, Utah 84403

Scott Howes

(801) 890-2943
3500 Harrison Blvd Suite 105
Ogden, Utah 84403

Sheila Taylor

Taylor'd Solutions
(385) 244-2417
2389 North 2000 West
Farr West, Utah 84404

Weber Human Services

(801) 625-3700
237 26th Street
Ogden, Utah 84401
contactWHS@weberhs.org

*Listed social workers specialize in substance use disorder treatment in Weber County.

For more counseling resources please visit:

<https://www.psychologytoday.com/us/therapists/ut/weber-county>

Medication-Assisted Treatment & Harm Reduction Resources



Aloha Behavioral Consultants

(801) 399-1818
811 North Harrisville Road
Harrisville, Utah 84404

Altium Health

(385) 645-1808
7613 South Jordan Landing Blvd Suite 200
West Jordan, Utah 84084
Serves Marriot-Slaterville, Utah 84201

Annie's House

(385) 324-5977
1601 East 13200 South
Draper, Utah 84020
Serves Marriot-Slaterville, Utah 84201

BAART Programs Ogden

(801) 622-5272
2557 Lincoln Avenue
Ogden, Utah 84401

Clinical Consultants

(801) 621-8670
2661 Washington Blvd #102
Ogden, Utah 84401

Discovery House Treatment Center

(844) 299-7886

523 West Heritage Park Blvd Suite 4
Layton, Utah 84041

Infinite Arches LLC

(801) 928-7770

136 25th Street
Ogden, Utah 84401

Opportunity Center

(385) 206-8545

1845 West 4400 South Suite 202
Roy, Utah 84067

Professional Services Corporation

(801) 621-3624

533 26th Street #102
Ogden, Utah 84401

Renaissance Ranch Ogden

(385) 282-4414

5677 South 1475 East Suite 4A
South Ogden, Utah 84403

Spirit Mountain Recovery:

Eden

(385) 217-3318
3181 East 3350 North
Eden, Utah 84310

Roy

(385) 217-3318
5145 1750 West St Suite 400
Roy, Utah 84067

Turning Point Centers

(888) 827-2912
2945 East Turning Point Cir
Sandy, Utah 84092
Serves Ogden, Utah 84401

Valley Behavioral Health: Highland Springs Specialty Clinic

(800) 403-0295
1785 East 1450 South
Clearfield, Utah 84015

Weber Human Services

(801) 625-3700
237 26th Street
Ogden, Utah 84401

Alternative Pain Management



Diamond Tree Recovery

(801) 928-2485
845 West 200 North
Kaysville, Utah 84037

Lifetime Family Wellness

(801) 479-3200
5089 Adams Avenue
Ogden, Utah

Living Well with Chronic Pain Self-Management Program

Free 6-Session Workshop Series
1-888-222-2542
livingwell@utah.gov
Register online: livingwell@utah.gov

North Ogden Yoga Tai Chi

(801) 689-3389
2850 North 2000 West Suite #203
Farr West, Utah 84404

Peak Health and Wellness

(801) 689-3389
2850 North 2000 West Suite #203
Farr West, Utah 84404

Sara Harvey Health and Wellness

(901) 270-6753

3582 Quincy Ave

Ogden, Utah 84403

Utah Pain & Rehab

(801) 337-4000

1276 Wall Avenue #1

Ogden, Utah 84404

40th Street Chiropractic

(801) 627-0880

725 40th Street

Ogden, Utah 84403

Recovery Resources



USARA Recovery Community Center

(385) 263-1600
893 24th Street Unit A
Ogden, Utah 84401

Alcoholics Anonymous & Narcotics Anonymous

For further information please visit:

- *na.org*
- *aa.org*
- *al-anon.org*
- *utahaa.org/northern.php*

LDS Family Services – Support Groups

Find a meeting:

<https://addictionrecovery.churchofjesuschrist.org/find-a-meeting?lang=eng>

Ogden Regional Medical Center

(801) 479-2111
5475 South 500 East
Ogden, Utah 84405

Weber Human Services

(801) 625-3700
237 26th Street
Ogden, Utah 84401

In-Patient Treatment Resources



Alcohol Chemical Treatment Center

(801) 479-2250
5475 South 500 East
Ogden, Utah 84405

Brighton Recovery Center

(801) 479-4083
6000 South 1075 East
Ogden, Utah 84405

House of Hope – Recovery House for Women

Serenity House
(801) 392-5971
<https://www.houseofhopeut.org/>

Keystone Recovery Center [Male]

(385) 492-7772
115930th Street
Ogden, Utah 84403
info@keystonerecoveryutah.com

MGA Intervention

(888) 829-2069
1186 East 4600 South #307
Ogden, Utah 84403

Ogden Recovery House for Men

Serenity House

(801) 487-3276 ext. 1207

megbert@houseofhopeut.org

Weber Human Services:

Stepping Stone [Men]

(801) 625-3700

contactWHS@weberhs.org

Tranquility House [Women]

(801) 625-3700

contactWHS@weberhs.org

Children's Residential

(801) 625-3700

contactWHS@weberhs.org

Weber Recovery Center

(801) 675-5624

2740 Pennsylvania Avenue

Ogden, Utah 84401

Women's Retreat House

(801) 393-0344

(801) 791-9084

340 West 2550 North

Pleasant View, Utah 84414

Healthcare Services



Dental Hygiene Clinic – Weber State University

(801) 626-6131

dhcfrontdesk@weber.edu

Health Clinics of Utah

(801) 395-6499

2540 Washington Blvd Suite 122

Ogden, Utah 84401

Hope Community Health Center

(801) 393-2742

269 West 33rd Street

Ogden, Utah 84401

James Madison Elementary Health Center

(801) 334-2213

2563 Monroe Blvd

Ogden, Utah 84401

Midtown Community Health Center

(801) 393-5355

2240 Adams Avenue

Ogden, Utah 84401

<https://www.midtownchc.org/directory/listing/midtown-community-health-center-of-ogden>

Midtown Community Health Center Children's Clinic

(801) 393-5355

5285 South 400 East Suite A

Washington Terrace, Utah 84405

Family Resources



Having a family member with a substance use disorder affects the entire family. With education and treatment for themselves, the family can be an important resource of healing for people with a substance use disorder.

Al-Anon

Al-Anon members are people, just like you, who are worried about someone with drinking problem.

al-anon.org

American Psychological Association Psychologist Finder

Find the right psychologist for you.

locator.apa.org

Substance Abuse and Mental Health Services Administration Locator

A confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use disorder and/or mental health conditions.

findtreatment.samhsa.gov

Community Reinforcement and Family Training (CRAFT)

Now located at the USARA Recovery Center – a safe place for families of people with substance use disorder to gather for support in their everyday lives. Remote support options also available.

www.myusara.com/support/craft

National Association for Caregivers

Resources on peer support for caregivers

caregiving.org/advocacy/peer-support

How You Can Support Recovery



Many of the resources in other sections also offer services for family members. Check with a resource of interest to learn if they offer additional services.

Other Resources



Cold Creek Behavioral Health Female Sober Living

(385) 271-9702

703-709 North 400 West

Kaysville, Utah 84037

Davis Behavioral Health Inc. Women's Recovery Center

(801) 399-1600

3518 Washington Blvd

Ogden, Utah 84403

Family Counseling Service of Northern Utah

(801) 799-9228

2250 North 1700 West Building B

Layton, Utah 84041

Family Support Center of Ogden

(801) 393-3113

Ogden Rescue Mission

(801) 621-4360

2775 Wall Avenue

Ogden, Utah 84401

<https://ogdenrescuemission.org/>

Ogden VA Clinic

(801) 479-4105
982 Chambers Street
South Ogden, Utah 84403

Samantha Tilton

Substance Abuse Prevention Coordinator
(801) 625-3679
237 26th Street
Ogden, Utah 84401
smamanthat@weberhs.org

UTurn Recovery Housing

(801) 645-1242
justin@uturnhousing.com

Weber Morgan Health Department

(801) 399-7200
477 23rd Street
Ogden, Utah 84401
www.webermorganhealth.org

YCC Family Crisis Center

(801) 394-9456
2261 Adams Avenue
Ogden, Utah 84401

Other Resources

Stop the Opidemic

opidemic.org

Stop the Opidemic advocates for safer opioid use, encouraging people to steer clear of opioids, avoid taking more, never share painkillers, get rid of unused meds, reach out, and to carry naloxone.

Steward Community Connection

<https://www.stewardcommunityconnection.org/>

Search tool for free or reduced cost services and programs such as food, housing, transportation, support groups and more.

Use Only as Directed

useonlyasdirected.org

Use Only as Directed is a website that offers a three-part solution to better opioid use: Speak Out, Opt Out, and Throw Out. They advocate for opioid safety and connect communities with their local medication disposal drop-boxes.

Utah Naloxone

utahnaloxone.org

Utah Naloxone is a group of prescribers, pharmacists, public health workers, recovery advocates, and people who have lost loved ones to the opioid crisis committed to increasing the access to naloxone to prevent opioid overdose death in Utah.

Utah State University- ACT (Acceptance and Commitment Therapy)

scce.usu.edu/services/act-guide/

ACT Guide is an online self-help program designed by psychologists at Utah State University to foster emotional wellbeing and help individuals cope with mental health issues including depression, anxiety, and stress.

- Participation is open to all adults aged 18 years and older
- Currently enrolled USU students can access the program for free for six months
- Members of the general public can pay \$10 to access the program for six months

Utah State University Extension

extension.usu.edu/

Davis County Office: (801) 499-5370

Weber County Office: (801) 399-8200

Homemaking, food preservation, life skills, health and wellness, relationships, animal and yard care, and insect identification.

Health Extension: Advocacy, Research & Teaching Initiative (HEART)

extension.usu.edu/heart/

HEART brings unique academic resources into the community, partnering locally and nationally to address the opioid epidemic and other pressing public health issues.

Other Resources

Ogden Civic Action Network (OgdenCAN)

<https://www.weber.edu/ogdencan>

OgdenCAN is a coalition of local stakeholders committed to improving the welfare of our community.

We are focused on health, education and housing of the East Central Neighborhood.

Our mission is to create a comprehensive neighborhood revitalization using a place-based strategy centralized in the East Central Neighborhood of Ogden, UT.

Courts – Weber County



Ogden District Court

(801) 395-1079
Spanish: (801) 395-1080
2525 Grant Avenue
Ogden, Utah 84401

Juvenile Court

(801) 334-4700
165 20th Street
Ogden, Utah 84401

Farr West Justice Court

(801) 731-4187
1896 North 1800 West
Farr West, Utah 84404

Harrisville Justice Court

(801) 782-4100
363 West Independence Blvd
Harrisville, Utah 84404

North Ogden Justice Court

(801) 737-2203
515 East 2600 North
North Ogden, Utah 84414

Ogden City Justice Court

(801) 629-8560
310 26th Street
Ogden, Utah 84401

Plain City Justice Court

(801) 731-4908
4160 West 2200 North
Plain City, Utah 84404

Pleasant View Justice Court

(801) 782-6741
520 West Elberta Drive
Pleasant View, Utah 84414

Riverdale Justice Court

(801) 394-9314
4600 South Weber River Drive
Riverdale, Utah 84405

Roy/Weber Justice Court

(801) 774-1051
5051 South 1900 West
Roy, Utah 84067

South Ogden Justice Court

(801) 622-1710
3950 Adams Avenue
South Ogden, Utah 84403

Uintah-Huntsville Justice Court

(801) 479-4130

2191 East 6550 South

Uintah, Utah 84405

Washington Terrace Justice Court

(801) 393-8951

5249 South 400 East

Washington Terrace, Utah 84405

Public Safety Listings– Law Enforcement



Ask to be connected with an officer certified in Crisis Intervention Training (CIT)

Weber County Sheriff

(801) 778-6600

Weber County Jail

(801) 778-6700

Weber County Dispatch (Non-Emergency)

(801) 395-8221

Deputy State Fire Marshall (Washington Terrace)

(801) 476-7734

Harrisville Police Department

(801) 782-4100

North Ogden Police Department

(801) 782-7219

Ogden City Police Department

(801) 629-8221

Pleasant View City Police Department

(801) 782-6736

Riverdale City Police Department

(801) 394-6616

Roy Police Department

(801) 774-1011

South Ogden Police Department

(801) 622-2800

Weber State University Police

(801) 626-6460

Public Safety Listings— Fire Department*



Weber Fire District

(801) 782-3580

Ogden City Fire Department

(801) 629-8069

Plain City Fire Department

(801) 731-1110

Riverdale Fire Department

(801) 394-7481

Roy Fire Department

(801) 774-1080

South Ogden Fire Department

(801) 394-4966

South Weber Fire Department

(801) 476-8907

Uintah City Fire Department

(801) 479-0744

Washington Terrace Fire Department
(801) 393-6349

*These are non-emergency numbers, for emergencies
please call: **911**.

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If you find any incorrect information in this booklet or would like to add any additional resources, please contact:

Utah State University Extension
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ashley.yaughner@usu.edu
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Price, Utah 84501

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