

## In Attendance:

Beaver	✓
Box Elder	X
Cache	X
Carbon	X
Davis	✓
Duchesne/Uintah	✓
Emery	✓
Garfield	✓
Iron	✓
Juab	✓
Kane	✓
Millard	X
Rich	X
Salt Lake	✓
Sanpete	✓
Sevier	✓
Summit	X
Tooele	X
Utah	✓
Wasatch	X
Washington	X
Wayne/Piute	✓
Weber	✓

Counties shared:  
Kane, Juab

Counties sharing next:  
Salt Lake, Sanpete

## Casey- Live Well Cookbooks

The new cookbooks were sent out last Friday (8/12). These cookbooks place a much higher emphasis on Family Mealtime. Recipes revolve around promoting and discussing the benefits of FMT. This was a limited printing of the cookbooks. If there is enough demand, we may be able to print more next fiscal year.

## Casey- Family Mealtime Pledge Cards

In addition to promoting Family Mealtime through the cookbooks mentioned above, we have distributed several “pledge cards” to each county included with the cookbooks. Participants sign the pledge and take the top part of the pledge card, while we keep the data on the bottom part of the survey cards.

## Kim- Furlough

Thank you all for your effort with the furlough. We know it was a sacrifice for many of you, and appreciate it is such.

# Social Media

## Candi Merrit- Eat Well Utah

In August, it is mostly back-to-school posts about healthy lunchboxes and after-school snacks. In the month of September, there will be a focus on Family Mealtime in order to support FMT month.

## Kerry Garvin- Snappily Ever After

In August, posts have been focused on Farmers’ Market recipes and in September, posts will be focused on FMT. The focus will be on showing the realities and benefits of having Family Mealtime.

# County Sharing

## Kane

See PSE Powerpoint

## Juab

Laurie has a tool that she uses to teach youth. She has a box with a hole in one end. She will place a fruit or vegetable in the box and have the kids feel it and guess what the vegetable is. After the kids all guess, she will reveal what the fruit or vegetable is and teach them about it.

She also had a success story. A student of Laurie’s class approached her in a grocery store. He showed her that he was shopping using a list and handouts from the class.