

## COUNTY IMPACT REPORT



**The Food \$ense program** in Box Elder County has developed a positive relationship with the managers at the Deseret Industries store in Brigham City. Team leaders choose someone in their crew to participate in a series of six 1-hour Food \$ense classes during work time. There are usually three employees in each class. Classes are held in the break room and focus on basic nutrition and planning meals within a budget, so each individual has good food choices available at work for lunch and at home for breakfast, dinner, and snacks. Nutrition Education Assistants report that they see changes in the food choices employees are making. Vegetables and dip appear in the break room, sack lunches replace fast food options, pizza boxes are seen less often, and employees are encouraging each other to make good choices.



### NUMBER OF PEOPLE REACHED THROUGH FOOD \$ENSE

 = 10



### PARTNERSHIPS WITH LOCAL ORGANIZATIONS AND AGENCIES

<b>Deseret Industries</b>	14 Presentations	46 People
<b>WIC</b>	20 Presentations (English)	60 People
	8 Presentations (Spanish)	25 People
<b>Community High School</b>	29 Presentations	130 People
<b>Senior Housing - Woodlands</b>	6 Presentations	31 People
<b>Bear River Mental Health</b>	6 Presentations (Adults)	30 People
	8 Presentations (Youth)	60 People
<b>Boys and Girls Club</b>	5 Presentations (Youth)	158 People
<b>Summer School Lunch sites at Mountain View, Lake View, Garland, McKinley</b>	8 Displays	861 People
<b>Migrant Head Start</b>	8 Presentations (Adults)	100 People
	5 Presentations (Youth)	108 People

